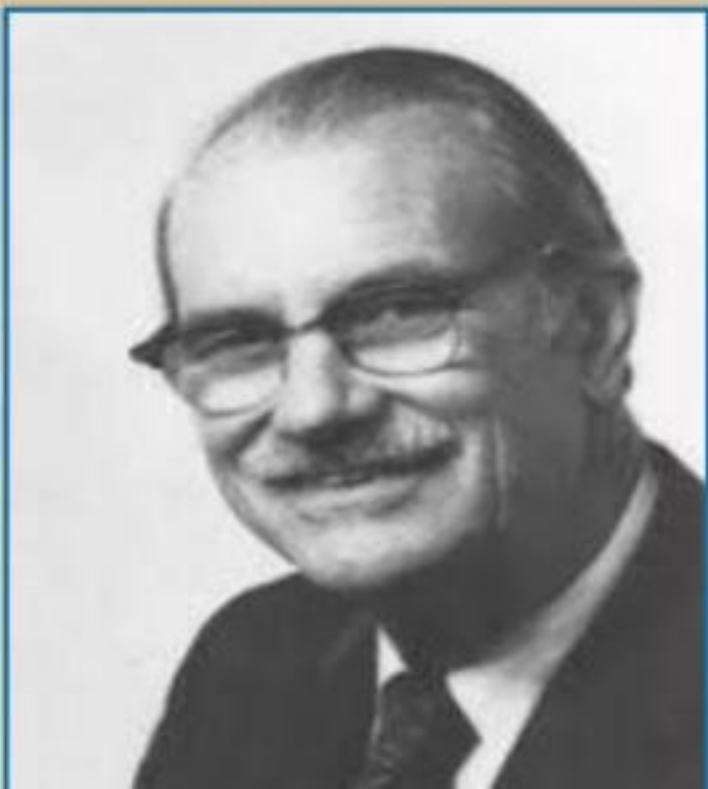


HAVIGHURST'S DEVELOPMENT THEORY: DEVELOPMENTAL TASK



The Concept Of Developmental Tasks

- ❖ The term developmental task was introduced by **Robert Havighurst** in 1950's.
- ❖ R.H.havighhurst (1953) has stated: “a development task is a task which arise at or about a certain period in the life of the individual, successful achievement of which leads to his happiness and to success with later tasks, while failure leads to unhappiness and difficulty with later task.”

Characteristics Of Developmental Task

- ❖ Developmental tasks are based on the aspirations and need of the society.
- ❖ Every society or culture has certain norms.
- ❖ Every society expects its members to follow these norms. These norms are in terms of certain essential skills. Mastery over these skills leads to happiness and failure leads to unhappiness.
- ❖ Some tasks are same for everyone, regardless of where he lives as they are about human biology.

(continue)

Characteristics Of Developmental Tasks

Example : learning to crawl and walk.

- ❖ Some tasks are different in different societies. Example: tasks of getting occupation in some cultures at very young stage.
- ❖ The tasks in different age levels depend up on the person and the society he lives in.

HAVIGHURST HAS IDENTIFIED SIX MAJOR AGE PERIODS:

- ❖ Infancy and Early childhood(0-5 years)
- ❖ Middle childhood(6-12 years)
- ❖ Adolescence (13-18 years)
- ❖ Early adulthood(19-29 years)
- ❖ Middle age(30-60 years)
- ❖ Later maturity(61 years and above)

Some Developmental Tasks At Infancy And Early Childhood Are

AGE (0-5 YEARS)

- ❖ Learning to
 - walk
 - talk
 - Achieving physiological stability
 - Relate oneself emotionally to parents,
siblings and other people.
 - To control the elimination of body wastes.



Some Developmental Tasks Of Middle Childhood

AGE (6-12 YEARS)



- Learning physical skills necessary for ordinary games.
- Developing fundamental skills-reading, writing and calculating.
- Achieving personal independence.
- Developing attitudes towards social group and institutions.
- Learning appropriate masculine and feminine social role.

Some Developmental Tasks Of Adolescence

AGE (13-18 YEARS)

- Achieving new and more mature relations with age mates of both sexes.
- Accepting one's physique and using the body effectively.
- Achieving emotional independence of parents and other adults.
- Preparing for marriage and family life.



Some Developmental Tasks Of Early Adulthood

AGE (19-29 YEARS)

- Selecting a life partner.
- Learning to live with marriage partner.
- Getting started in an occupation.
- Taking a civic responsibility.
- Starting a family.



Some Developmental Tasks Of Middle Age

AGE (30-60 YEARS)

- Achieving adult civic and social responsibility.
- Establishing and maintaining an economic standard of living.
- Developing adult leisure time activities.
- Relating oneself to ones' spouse as a person.



Some Developmental Tasks Of Later Maturity

AGE (61 and above years)

- Adjusting to decreasing physical strength and health.
- Establishing an explicit affiliation with ones' age group.
- Establishing satisfactory physical living arrangement.

