

# SHASHI PRABHA



**Age** : 26 years  
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## OBJECTIVE

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In quest of a challenging position in an organization that will enable to utilize my academic knowledge and organizational skills, which could contribute towards bilateral growth and bigger opportunities in life.

## CORE COMPETENCIES

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- A proactive and logical person
- Self-motivated, positive attitude with tireless enthusiasm and energy
- Exceptional adaptability and versatility
- Can work as a team and independently depending on situations
- Reasonably good at Microsoft Word, Excel, and PowerPoint

## ACADEMIC DOSSIER

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- **Post-graduation (M.Sc.) in Food & Nutrition** from Lady Irwin College (University of Delhi), *Sikandra road Mandi house, New Delhi.*  
(2013- 2015) – 75.9% marks
- **Graduation [B.Sc. (H)] in Food Technology** from Bhaskaracharya College of applied sciences (University of Delhi) *Dwarka sec-2, New Delhi.*  
(2010- 2013) – 68.6% marks
- Schooling from Andhra education society N. T. Rama Rao Memorial senior secondary school, *Janakpuri, New Delhi -110058.*  
(2010-CBSE Board) **12<sup>th</sup>** – 66.6% marks  
(2008- CBSE Board) **10<sup>th</sup>** – 73.4% marks
- Awarded with Sushma Sharma prize for highest marks in Dissertation, M.Sc. Food and Nutrition 2016.
- **UGC- NET Qualified as Assistant Professorship** in Home Science in December 2014

## PROJECTS & RESEARCH UNDERTAKEN

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- **BSc. (H) New Product Development** – Gulkand Frozen Dessert.
- **MSc. New Product Development** – Aloe Vera “Ready to Drink”
- **MSc. Dissertation** on topic “Stability of vitamin-C content in sprouted mung beans (*Vigna radiata*) stored at different temperatures”.

## RESEARCH PUBLICATION & PRESENTATIONS

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- **Prabha S, Goomer S.** (2016) Stability of Vitamin C in sprouted mung beans (*Vigna radiata*) stored at different temperatures. Proceeding of National Conference on Advances in Food Science and technology, ISBN: 978-93-81156-43-8.
- **Prabha S.** (2017) Nanotechnology approach towards green and sustainable environment. Proceeding of National conference on “Recent advance in chemical sciences towards green and sustainable environment: Swachh Bharat Abhiyaan Perspective”. ISBN: 978-93-5311-552-4.
- **Prabha S, Goomer S.** (2018) Vitamin- C retention in commercially available mung beans (*Vigna radiata*) sprouts. The Indian journal of Nutrition and Dietetics, Vol.55 (4) Oct- Dec, ISSN: 0022-3174; eISSN: 2348-621X
- **Prabha S.** (2018) Potential incipient disaster threat in urban system. Souvenir National Conference on “Climate change and disaster risk reduction in urban system.
- **Prabha S, Goomer S.** (2019) Quality assessment of sprouted mung beans at various storage temperatures. The Indian journal of Nutrition and Dietetics, Vol.56 (1) Jan- March, ISSN: 0022-3174; eISSN: 2348-621X
- Delivered an oral presentation entitled “*Nanotechnology approach towards green and sustainable environment*” in UGC funded National conference on “Recent advance in chemical sciences towards green and sustainable environment: Swachh Bharat Abhiyaan Perspective held on October 10-11, 2017 at Aditi Mahavidyalaya, University of Delhi.
- Delivered an Oral presentation entitled “*Potential incipient disaster threat in urban system*” in UGC funded National conference on climate change and disaster risk reduction in urban system held on 26<sup>th</sup> march 2018 organised by Aditi Mahavidyalaya, University of Delhi.

## PROFESSIONAL EXPERIENCE

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- 1) **Health educator at HRIDAY-SHAN, New Delhi** [From 12/11/2015 to 08/08/2016]
  - 2) **Assistant Professor (Adhoc) at Lady Irwin College (University of Delhi)** [From 08/08/2016 to 02/12/2016]
  - 3) **Assistant Professor (Adhoc) at Aditi Mahavidyalaya (University of Delhi)** [From 20/01/2017 till date]
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## **INTERNSHIPS EXPERIENCE**

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1) At **Delhi Milk Scheme (DMS)** *West Patel Nagar New Delhi – 110008* for 6 weeks from 28<sup>th</sup> may 2012 to 6<sup>th</sup> July 2012.

- Cyclic Training (in processing, packing, quality & by-product sections)

2) At **INTERTEK Food Lab**, *Udyog vihar, Gurgaon*, for 10 days, from 10<sup>th</sup> December 2012 to 21<sup>st</sup> December 2012.

- Cyclic training (In chemical, Atomic Absorption Spectroscopy (AAS), Gas Chromatography, Liquid Chromatography and Microbiology sections).

3) At **BIKANERWALA Foods Pvt. Ltd.**, *A-28 Lawrence road, New Delhi -110035*, for 6 weeks from 1<sup>st</sup> June 2013 to 15<sup>th</sup> July 2013.

- In production section (sweets, namkeens & baking sections).
- In Quality Control Section.

4) At **FICCI Research & Analysis Centre (FRAC)** *Dwarka Sec-9, New Delhi*, for 1 month, from 1<sup>st</sup> June to 30<sup>th</sup> June 2014.

5) At **Export Inspection Council of India (EIC)** (Ministry of Commerce & Industry, Govt. of India) *3<sup>rd</sup> floor, NDYMCA Cultural Centre Building, 1 Jai Singh road, New Delhi - 11000*, for 3 months, from 8<sup>th</sup> June 2015 to 8<sup>th</sup> September 2015.

## **EXTRAMURAL ENGAGEMENTS**

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- Participated in **volleyball** (girls) in B.Sc. final year and secured 2<sup>nd</sup> position at college level.
- Attended 4<sup>th</sup>. **International Summit cum Exhibition on Food Processing, Agribusiness and Cold Chain**, held on 5<sup>th</sup> November 2012; Hotel Le- Meridien, New Delhi.
- Attended 2<sup>nd</sup> **nutritionvista - CNE** on 28<sup>th</sup> September 2013 jointly organized by Department of Dietetics & Nutrition, Pushpanjali Crosslay Hospital, Vaishali, Ghaziabad and Indian dietetic association, Delhi chapter.
- Actively participated in **Sensory Evaluation of Processed Food**, project under **Department of Consumer Affairs, Govt. of India** during August – September 2013.
- Attended a pre-conference of the **45<sup>th</sup> national conference of the Nutrition Society of India** held on 21- 22 November, 2013 at the National Institute of Nutrition, ICMR, Hyderabad.
- Actively participated as a volunteer in **Special Olympics Bharat** during Healthy Athletes Health Promotion Program from 13<sup>th</sup> – 15<sup>th</sup> march 2014 held at Jawaharlal Nehru Stadium, New Delhi.
- Attended a seminar on **Power of Breakfast** held on 28<sup>th</sup> march 2014, by **Kellogg's**.
- Attended **Ranbaxy science foundation** 31<sup>st</sup> round table conference held on 12<sup>th</sup> April 2014 at Gulmohar Hall, India Habitat Centre, Lodhi Road, New Delhi.
- Attended a conference of **46<sup>th</sup> national conference of the nutrition society of India** held on 6<sup>th</sup> – 8<sup>th</sup> November 2014 at Dayal Singh Medical College, Ludhiana.

- Attended in **47<sup>th</sup> Annual National conference of Indian Dietetic Association**. Jointly organised by Indian Dietetic Association & Diabetes Foundation, from 21<sup>st</sup> – 23<sup>rd</sup> December 2014 at AIIMS.
- Certified as **Health & Wellness coordinator** training organised by AFSTI- Delhi Chapter with collaboration of Hindustan unilever limited, September 2018.
- Attended a seminar cum workshop entitled “**Recent Development in the field of Childhood disability**” organised by Aditi Mahavidyalaya held on 30<sup>th</sup> March 2019.
- Life Membership of **Nutrition Society of India**.
- Engaged as **Organising Committee member** in various academic workshops and national level conferences at workplace.
- Engaged as **Examiner** in Theory and practical examinations of University Of Delhi.

### **PERSONAL VITAE**

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<b>Father’s Name</b>	: Bijoy Kumar Bhagat
<b>Mother’s Name</b>	: Usha Verma
<b>Date Of Birth</b>	: 23 <sup>rd</sup> April, 1993
<b>Marital Status</b>	: Single
<b>Nationality</b>	: Indian
<b>Linguistic Proficiency</b>	: English & Hindi
<b>Interests</b>	: Learning New Concepts, Cooking, Art & Craft, & Listening to Music.

### **DECLARATION**

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I hereby declare that all the information mentioned above is true to the best of my knowledge.

**SHASHI PRABHA**

**Date:**

**Place: New Delhi**