

**Criterion 7**  
**Institutional Values and Best Practices (100)**

**Key Indicator - 7.2 Best Practices (30)**

**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual**

**Response:**

The institution imparts **Empowering women through education** as a part of their curriculum. In addition, they are provided with insights through **experiential learning initiatives**. The Institution promotes its Institutional values through hands on practices.

The Institution focuses **on two best practices** that benefit the society and aligns with **its proclaimed mission and vision** that is institutionalized through **practices and initiatives** that are carried forward by the members of the college. Best practices at Aditi Mahavidyalaya can be broadly grouped under two headings:

**2020-21**

**BEST PRACTICES - I**

**Title: Empowering Women through Education : Sustainable Development Goal 4 Quality Education and Goal 5 to achieve gender equality and empower all women and girls through quality education**

**Objectives of the Practice:**

As expressed in the vision and mission, the college aims to groom young women- alive with knowledge which gives them the power to adopt and act successfully to the growing challenges of the changing world. The college has put all its women and girls as the core stakeholder of education system that fundamentally empowers them and brings more closer to sustainable development goals and we support rapid access, quality education and sustainable outcomes to achieve SDG 4 & 5 through this best practice by college:

In the attainment of this goal it is imperative that the teaching – learning process in the college is aligned to the best practices in the academics. As such, the goals of the practices are to:

1. Impart education that aims to create knowledgeable, employable and socially responsible young girls.
2. Provide sufficient exposure to the students on diverse aspects – legal, nutritional, academic, research through organization of conferences, seminars, workshops, talks by eminent resource persons etc.

3. Provide institutional support to promote women participation in practically all areas-physical sciences, sports, nutrition, entrepreneurship, teaching, journalism etc.

### **THE CONTEXT**

The college has been practicing best methods as a pioneering institution bringing higher education to women students. The college experienced many challenges while bringing diversity in college education and fostering the capacities and capabilities of the students coming from different socio-cultural and educational rural milieu. Aditi Mahavidyalaya dynamically worked on strategizing its role in overcoming the challenges bringing in women empowerment to the marginalized women population of Delhi rural outskirts. To overcome these challenges, Aditi Mahavidyalaya offered well designed courses to make the students feel confident, skillful and self-reliant.

### **THE PRACTICE**

At Aditi Mahavidyalaya, the focus on women empowerment leads to engagement of students, both within and outside the class room to develop scholarly inquiry which enables them to transform their knowledge into action. In order to achieve this mission the following efforts have been made:

1. UGC sponsored National conference “**Revamping Higher education for Girls in India**” by exploring possibilities through innovative teaching technique *Beti Bachao Beti Padhao* perspective on 28th August 2019.
2. Installation of sanitary pads dispenser in campus: It is a laudable attempt to promote women hygiene. Aditi is the first Rural College to procure the dispensing machine sponsored by ONGC in collaboration with CSR research foundation.
3. Self defence workshops organized in the college on regular basis to teach and train women in areas of self defence.
4. Food technology department developed entrepreneurship skills among students and encouraged them to participate in *Diwali Mela* where the students hosted food stalls for various bakery items and nutritional products.
5. Aditi Mahavidyalaya, in its attempt to generate a sense for nutritional awareness and to encourage self employability organized a training and certification course in association with FSSAI. The theme was food safety awareness and students were trained as food safety supervisors in the course organized on 20th to 21st February 2019.
6. To emphasize on the importance and need for physical fitness in women, the physical education department organized a 3kms **Cross Country Race** on 21st August 2019. The department also provides coaching of sports throughout the year by National Coaches.
7. To generate awareness about legal rights of women in property and inheritance, the Extensive Lecture series organized a talk cum interactive session by eminent Supreme Court Lawyer Pragna Parande.

8. Emotional and psychological well being amongst youth was discussed extensively by Dr. Vichitra Dargan in “**Young Adulthood: Handling key issues**” in an interactive session organized by Extensive Lecture Series.

9. To cater to medical fitness amongst young women and staff members, a medical camp was organized where important preventive checkups like Mammography, Pap-smear, etc. were conducted free of cost.

10. Sensitivity towards the “**Third Gender – Opening New Horizons**” was attempted successfully by Mr. Anjan Joshi from SPACE NGO.

11. The college also collaborated with Hero Honda to train women to drive two wheelers in a training programme organized by the company.

12. Inter Disciplinary Lecture cum Training series on “**Gender, Legal and Health Issues in Women’s Lives**” under the aegis of cultural committee was held in October November 2018. The goal was to prepare young girls for a successful transition into the world of work and its challenges.

13. To offer diverse career options, the Placement Cell organized a workshop on “Personality Development and Alternative Career Opportunities” for young girls on 20th August 2018.

14. Internship fair was also organized for the students.

15. “Communication Skills” enhancement and “Handling Stress at the Workplace” lectures by Dr. Archana Kaushik and Dr. Vandana Gambhir empowered young minds by developing these soft skills through their interactive sessions on September 2019.

### **EVIDENCE OF SUCCESS**

It is believed that if you educate a woman, you educate a family. At Aditi Mahavidyalaya, the teaching learning process is so strong, that it has a lift long impact on the students and continuous to play a guiding role even after the student has graduated from college. The alumni of the college endorse the efficiency of the practice as an endorse of its success in the absence of a tangible index. The alumni of our college are a reflection of the college’s efforts in empowering women legally, physiologically, nutritionally, emotionally, financially and psychologically. Our alumnus placed in diverse fields as journalism, entrepreneurship, entertainment sports, etc. are the reward of our efforts.

For more information, access college website link <https://aditi.du.ac.in/>

### **BEST PRACTICE - II**

**Title: Sensitivity to Climate and Environmental Issues : In accordance with Sustainable Development Goal 13 to work collectively to combat climate change.**

### **Objectives of the Practice:**

The primary goal of the practice is to join hands with the National Endeavour to do our bit in protecting the environment and climate that is under threat to the selfish and mindless acts of Man. Keeping in focus climate action strategies and plan in SDG 13, The motive is to inculcate a sense of self discipline where each student shares the responsibility of ushering in the change that we wish to bring in our society.

The overarching and intertwining goal of environmental protection through merging of personal development and social responsibilities is aimed –

1. To sensitize students about the need to act before it is too late.
2. To use the college as a nodal point for disseminating knowledge about techniques and measures to protect environment.
3. To have an eco-friendly campus.
4. To incorporate Infrastructural changes/adopt ways to saving natural resources.
5. To shoulder social responsibility by spreading awareness through organization of seminars, conferences, workshops, competitions, talks by eminent persons.

### **THE CONTEXT**

College faced major challenges like lack of construction and climate friendly buildings while initiating this best practice. It also faced challenges like lack of accessibility to the technological innovation to develop safer and more environmentally friendly products. It was really challenging to bring diverse stakeholders together on a common platform to work on various kinds of waste disposal and segregation procedures and environmental conservation, natural resources development and conducting campaigns and rallies for bringing the communities together.

### **THE PRACTICE**

Aditi Mahavidyalaya proudly boasts of numerous activities in attainment of the above goal. Some of them are listed as under:

1. UGC sponsored National Conference on E-Waste Management and ***Swach Bharat Mission*** on 10<sup>th</sup> April 2019 at Department of Environmental Studies, University of Delhi. The event facilitated opportunities for over 200 participants for Networking, collaboration and exchange of ideas with renowned experts in e-waste management and recycling research and development.
2. ***Jal Shakti Abhyan***” an initiative by the Modi government was given impetus by Aditi Mahavidyalaya on 19<sup>th</sup> August 2019 wherein a rally on “Water Conservation and Revival of *Johars* in Villages” was organized in association with the NSS wing of the college.

3. The college organized a cleanliness drive in the nearby Shahbad Dairy area on 29<sup>th</sup> August 2019 to generate awareness about proper waste disposal and its impact in keeping the environment clean.

4. ***Seva Saptah***” an initiative of the NSS wing at Aditi Mahavidyalaya organized a series of events in the adjoining ***Pooth Khurd*** area with the help of Ms. Anju Aman Kumar, councillor, to spread awareness about single use of plastic. Volunteer groups motivated street vendors and *subjiwalas* about stopping the use of plastic and promoting cloth bags.

5. The campus was declared “**Plastic Free**” in 2019 – a welcome and collaborative effort of the management, staff and students.

6. The work of **Solar Panelling** is another feather in our cap towards doing our bit in area of environmental protection.

7. The creation of **Compost Pits** in the campus and ongoing efforts towards **Rain Water Harvesting** are our ongoing efforts.

8. A Herbal Garden has successfully bloomed over the years in a “**Go Green**” initiative at the campus.

9. The Eco Club of the college organized on 6th March 2019 a series of intra college activities to generate environment awareness. Plastic Bottle Garden, Pen stands, decorative pieces were displayed in an attempt to create best out of waste. Besides- debates, notice boards and poster making competitions were also organized.

#### **EVIDENCE OF SUCCESS**

Our students developed strong resilience and adaptability to assertively respond to climate-related hazards and natural disasters occurring around them at local and national levels. This awareness has motivated them to develop critical thinking about the human actions which are leading to environmental hazards. Due to our efforts to make them aware about their self responsibility through educational programs, rallies and campaigns we were successful in developing behavioural change and strengthen institutional capacity to work towards mitigation, risk reduction and developing sensitization about environmental friendly actions. For more information, access college website link <https://aditi.du.ac.in/>

## **2019-20**

#### **BEST PRACTICES - I**

**Title: Developing good Quality life for all through effective collaborations: Sustainable Development Goal 15 and 17 to achieve better health and well-being, educational development and sustaining all life forms with training partners.**

### **Objectives of the Practice:**

- The Primary goal of practice is to promote all-round holistic growth of students to develop them into leaders and visionaries of tomorrow.
- To develop sensitization amongst students and staff about the cultural diversity in various remotely situated states of India.
- To collaborate and develop programmes specifically for effective resource and knowledge mobilisation for improving quality of life of students.

### **The Context**

As the college is located in rural outskirts and hence had lack of accessibility, so it was really challenging to develop a network of collaborations and practitioners who can update the ongoing developments in policies and strategies for healthy life and well being, educational opportunities and developing associations for rural camps and outdoor exposure. To meet the above mentioned goals, students were provided with the following opportunities.

### **The Practices**

1) Cultural Exchange Programme with Sikkim: A cultural exchange programme between Directorate of Primary Education (Samagra Siksha Abhiyan, H.R.D.D., Sikkim) and Aditi Mahavidyalaya, University of Delhi was organised under EK BHARAT SHRESHTA BHARAT initiative. A team of 21 students and 5 teachers started their journey to this 100% organic and divine place and deboarded at New Jalpaiguri to develop cultural awareness about the social and biological diversity and values in the state of Sikkim.

2) Empanelment of Food Technology: Aditi Mahavidyalaya partners with FSSAI as training partner. A training and certification course on food safety awareness 'Basic Manufacturing' was organised by Food Technology Department. Where 40 students were trained as Food Safety Supervisor.

3) Field Visits and Educational Trips: 32 students visited to Vidya Bhawan Society, Udaipur from 29th November, 2019 to 3rd December, 2019 to understand the innovative practices in school education, where students observed the schools in varied socio-cultural context.

4) Department of Geography organised a long excursion for 56 B.A. Hons Geography and B.El.Ed. students to Kerala. The main aim of the field work is to develop experience of field research, data collection, using of field instruments and conducting survey and observation. Students investigated the area, local community as well as tourists concerning to their specific objectives related to disaster management and medical tourism.

5) The rural camp was organised by Social work department at Social Centre for Rural Initiative and Advancement (SCRIA), Khori, Haryana. In this period students learned about the gender equality, community management and self livelihood.

6) Department of Food Technology has organised a Industrial visit to Parle-G on 31st August, 2019.

7) To instil marketing strategies, C.S.R. initiative of the brand and cost-benefit analysis, an industrial visit to Mother Dairy Plant, Delhi was organised. The purpose was to expose students to get into the insight of supply-chain management and working processes of one of the largest dairy cooperatives of India,

8) Department of Food Technology and NHE has organised training for students on Food Safety Supervisor and Certification in collaboration with FSSAI, New Delhi.

### **EVIDENCE OF SUCCESS**

Our students developed strong resilience and adaptability to assertively respond to climate-related hazards and natural disasters occurring around them at local and national levels. This awareness has motivated them to develop critical thinking about the human actions which are leading to environmental hazards. Due to our efforts to make them aware about their self responsibility through educational programs, rallies and campaigns we were successful in developing behavioural change and strengthen institutional capacity to work towards mitigation, risk reduction and developing sensitization about environmental friendly actions.

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### **BEST PRACTICES - II**

**Title: Ensuring Awareness oriented Education and Proactive behaviour for sustainability: In accordance with sustainable development goal 4, 5 and 9**

#### **The Objectives:**

- To facilitate the educational programs that can develop self responsibility and volunteer spirit amongst students to promote sustainable development.
- To undertake skill enhancement initiatives that disseminate the innovative knowledge, motivation and capabilities in the students for being a catalyst in socio-economic change.
- To promote inclusiveness and barrier free educational environment for all.

#### **The Context**

In order to develop awareness oriented education, it was really challenging for the college to gather all technological, infrastructural and social support systems. This was the stage where our practices not only has students and our social reformers like Mahatama Gandhi's

role as stakeholders but also the communities and entrepreneurs who were working in the fields and corporates.

**The Practice :**

1. Conference and Seminar on significant quality education and its accessibility for all by overcoming issues at Aditi Mahavidyalaya, University of Delhi had organized a U.G.C. sponsored National Conference titled 'Revamping higher education for girls in India by exploring possibilities through innovative teaching techniques – Beti Bachao Beti Padao perspective' on 28<sup>th</sup> August, 2019 in collaboration with the C.P.D.H.E.
2. Awareness about Entrepreneurship: Food Technology department has developed an entrepreneurship skill among students and encourage them to participated in Diwali Mela by organizing an exhibition cum food stall on various bakery and nutritional products.
3. UGC National Conference on E-waste management and Swachh Bharat Abhiyan was organised on 10th April, 2019 at Department of Environmental Studies, University of Delhi.
4. The event facilitated opportunities for 200 participants for networking, collaboration and exchange of ideas with renowned experts in e-waste management and recycling, research and development.
5. An interdisciplinary seminar was organised entitled 'Recent Development in the Field of Childhood Disability' with Dr. Neerja Sharma as a resource person. There was marked participation by students and faculty from various colleges of Delhi University.
6. Aditi Mahavidyalaya organised a National Conference on Gandhian Vision and Environment held during at Gandhi Bhawan, University of Delhi.

**EVIDENCE OF SUCCESS:**

Post these practices, the college was successfully working on building resilient infrastructure, promoting sustainable entrepreneurship and fostering innovation to its students.

It was now moving to overall up gradation of infrastructure and building network with student entrepreneurs to make them sustainable, with increased resource-use efficiency and greater adoption of clean and environmentally sound technologies. There was significant rise in access to information and communications technology as college strived to provide universal and affordable access to the Internet to all.



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