



DEPARTMENT OF SOCIAL WORK
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI



Newsletter : Pravah

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Understanding Social Work

“Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work. Underpinned by theories of social work, social sciences, humanities and indigenous knowledge, social work engages people and structures to address life challenges and enhance wellbeing.” : IFSW (2014)

The Programme: B.A.(Hons.) Social Work

The programme is strongly committed to a diverse learning environment, in which respect for dignity and worth of all human being and understanding of diverse conditions are practiced.



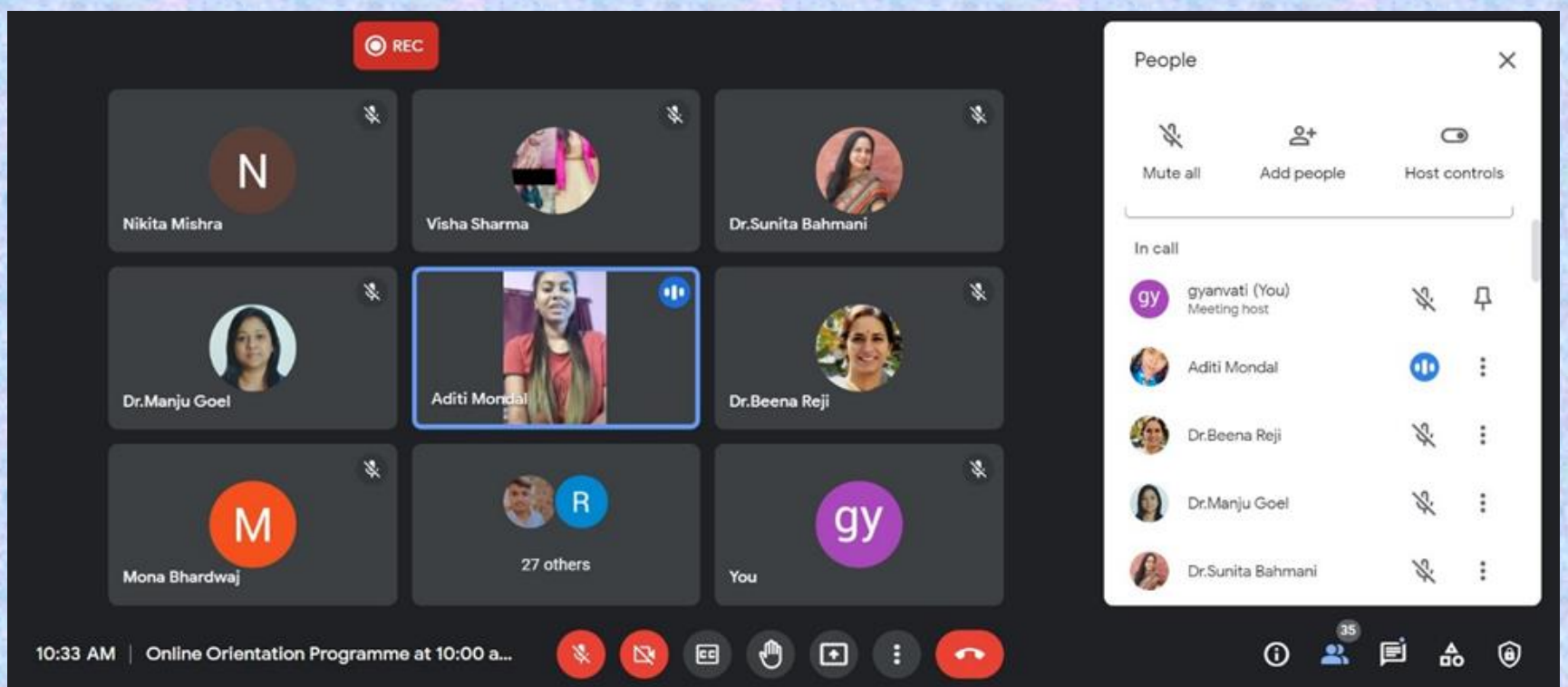
Vision: Promoting an egalitarian and just society that enables students to realize the value of strengthening interpersonal relationships and social justice through advance curriculum and research.

Mission

To ensure that Bachelor students have the knowledge, skills, techniques and attitude necessary for taking up the responsibilities both at grass-root and junior level management of social welfare and developmental services.

Journey through the year 2021-22

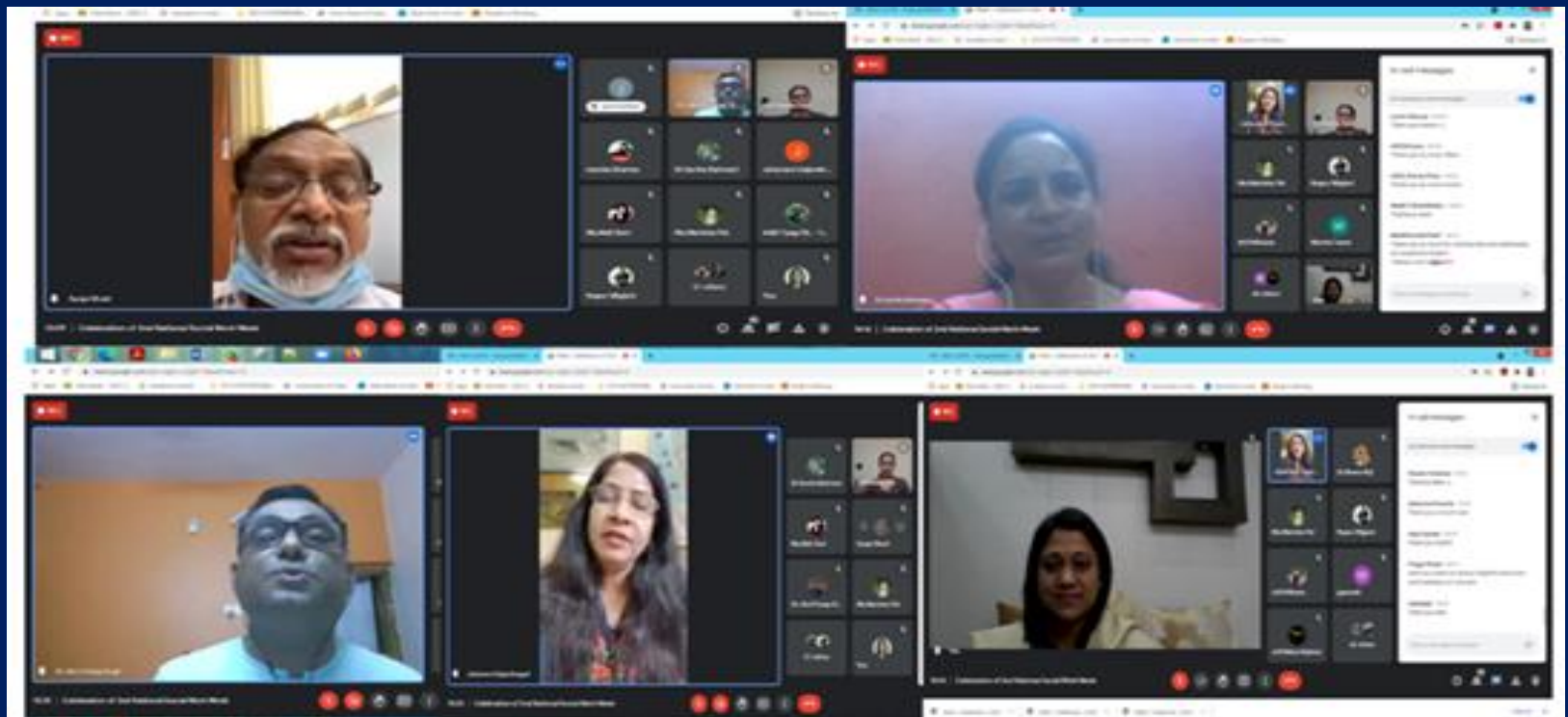
- Orientation Programme (2020-21)** -Three days online orientation programme was held from 22th November to 24th November 2021 with an objective of creating an orientation and conceptual clarity regarding the goals of professional social work for first year students of B.A (H) Social Work.



PARTICIPATION IN 2nd NATIONAL SOCIAL WORK WEEK - 2021

National Social Work Week 2021 celebrated by Department of Social Work, Aditi Mahavidyalaya, University of Delhi in association with National Association of Professional Social Workers in India (NAPSWI)

DAY- I: 16th August, 2021- Department of Social Work, Aditi Mahavidyalaya, University of Delhi celebrated 2nd National Social Work Week 2021 on 16th and 17th August, 2021. On 16th August, 2021 the event was coordinated by Dr. Manju Goel, Assistant Professor, Department of Social Work, Aditi Mahavidyalaya, University of Delhi.



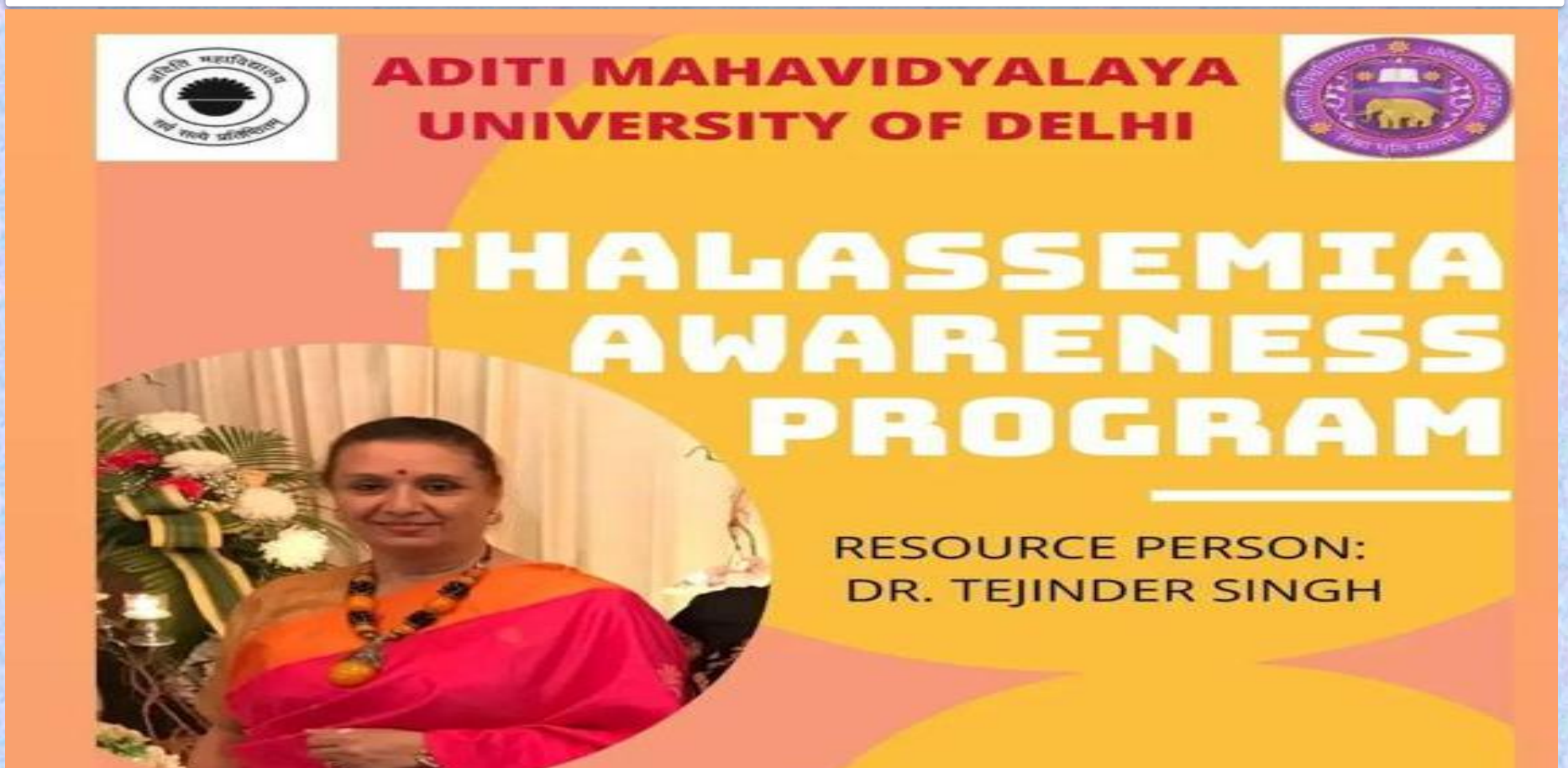
DAY- II: 17th August, 2021- On 17th August 2021, a session on ‘Jeevan Rakshika – Anti Covid Helpline: Showcasing the efforts of Aditi Mahavidyalaya during Pandemic’ was coordinated by Dr. Mali Devi Sawariya. Student volunteers from Jeevan Rakshika Team - Nupur Miglani from B.A (H) Social Work, Pratibha from B.El.Ed and Yashika Pawar from B.A (Programme), Aditi Mahavidyalaya, University of Delhi presented the initiatives by Jeevan Rakshika in response to Covid-19 on national level under the coordination of Dr. Sunita Bahmani and Dr. Mali Devi Sawariya.



Dronacharaya Day – On 5th September, 2021 celebrated Dronacharaya Day-Teacher’s Day, celebration started with the welcome note by Professor Mamta Sharma, Principal. Dr. Sunita Bahmani, Associate professor shared her views about the event.



Thalassemia Awareness Program- Thalassemia Awareness Program was organized by Skill enhancement committee, Department of Social Work and Department of HDFE on 10th September, 2021. The resource person was Dr. Tejinder Singh.



6) Project LEAD (Leadership through Education Action and Determination) a 4 months e-certificate course on Leadership and Communication



Vishwa Yuvak Kendra, NGO and Department of Social Work, Aditi Mahavidyalaya has inaugurated project LEAD (Leadership through Education Action and Determination) a 4 months e-certificate course on Leadership and Communication on 15th January, 2022. The course coordinators are Dr. Sunita Bahmani, Dr. Manju Goel and Ms. Manisha Pal. The online sessions are scheduled for every Saturday from 5-7 PM till May 8th, 2022. The course session details are as follows-

Session Date	Theme	Resource person
15-01-2022	Inaugural ceremony of Project LEAD	Padamshree Prof. Dinesh Singh , Former Vice Chancellor, University of Delhi; Prof. Rajni Abbi , Proctor, University of Delhi; Dr. O.P. Goel , Head, Bosch India Foundation, CSR
22-01-2022	Leadership: Concept, Types and Styles	Shri Suneel Keswani
29-01-2022	Traits and qualities of Leadership	Shri Govind Mishra
05-02-2022	The spirit of collaborative success & team building	Shri Govind Mishra
12-02-2022	The power of Influence and key to effective leadership	Shri Suneel Keswani
19-02-2022	Communication: Concept, Types & Importance	Shri S N Ahuja
26-02-2022	Non-verbal Communication	Shri S N Ahuja
05-03-2022	Communication: Process, Techniques Principles & Barriers	Shri S N Ahuja
12-03-2022	How to become an effective Communicator	Shri S N Ahuja
19-03-2022	Understanding Stress and its causes	Dr. Jayanti Dutta
26-03-2022	How to Minimise stress and Maximise happiness	Dr. Jayanti Dutta
02-04-2022	Time Management: Concept Importance and Techniques	Lalit Sharma
09-04-2022	Conflict Management: Concept Styles and Strategies	Dr. Jayanti Dutta
16-04-2022	Personality: Concept & dimensions Attitude & Motivation	Shri S N Ahuja
23-04-2022	How to build personal and professional personality	Shri S N Ahuja
30-04-2022	Experience Sharing and success stories	
07-05-2022	Valedictory Session	

Pearl Memorial Day- Ekta Society, Department of Social Work organized Pearl Memorial Day in the fond memory of the late student Pearl Gupta. An essay competition was organized on the theme "Effect of COVID-19 on differently abled". 15 students participated in the same and submitted essays on the above mentioned theme online. The judges announced first 3 positions which are-

- 1- Arpita Dubey (BSW)
- 2- Nupur Miglani (BSW)
- 3- Riya Singh (BSW)

The result was announced at NGO Meet organized on 28th January, 2022.

Aditi Mahavidyalaya
University of Delhi
Social Work Department
Ekta Society

Is organising Pearl memorial essay writing competition on Special memory as

PEARL MEMORIAL DAY

In the fond memory of our student late Pearl Gupta

Topic of the essay writing competition :
Effect of COVID 19 on differently abled.

Rules :-

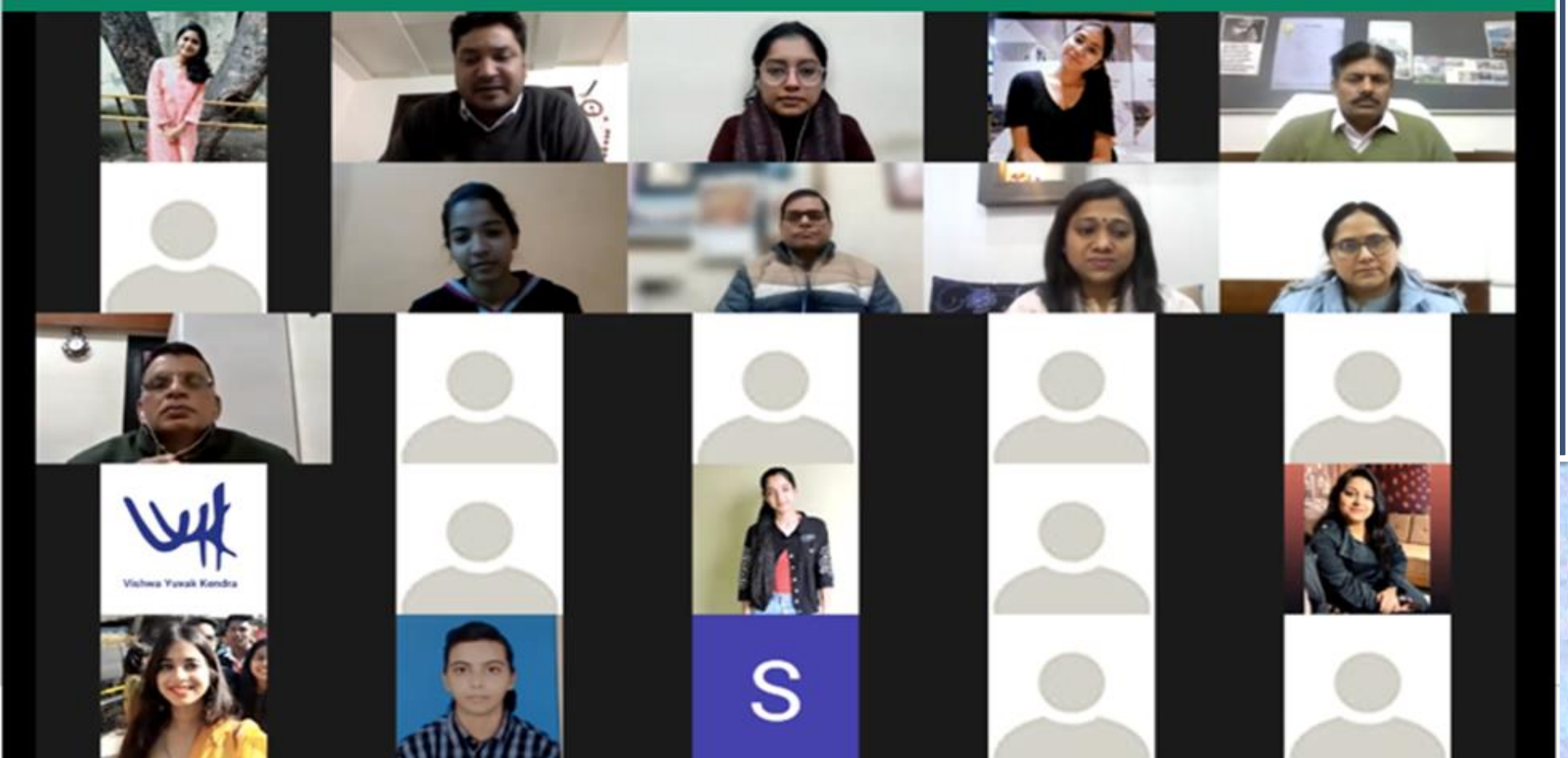
- Word limit -700 to 800 words
- Last date of submission- 24th January 2022 till 5pm.
- It should be submitted online latest by 05Pm on the below mentioned mail ID:
Pearlmemorial852@gmail.com
- Results will be annouced on 28th January 2022 at 12pm
- First 3 winners will be given cash prize:-
 - 1st - ₹500
 - 2nd - ₹300
 - 3rd- ₹200

- Prof. Mamta Sharma (Principal)
- Dr. Sunita Bahmani (Teacher-in-charge)
- Dr. Seema Rani (Field wotk co-ordinator)
- Dr. Beena Antony Reji (Senior Faculty)
- Shri Baldev Gulati (Co-ordinator of the Event)
- Dr. Manju Goel (Faculty)
- Ms. Manisha Pal (Faculty)
- Dr. Gyanvati Singh (Faculty)
- Mr. Rakesh Choudhary (Faculty)
- Dr. Mali Devi Sawariya (Faculty)
- Dr. Aneesh T.V (Faculty)

For further details contact:-

Kanika (President of Ekta society) 8447055159
Nimisha Jha (Vice President of Ekta society) 9310721139
Geetanjali (Secretary of Ekta society) 9210641827
Kunjika (Treasure of Ekta society) 9311447650

NGO MEET 2022 - Aditi mahavidyalaya Department of social work and Ekta Society in association with Vishwa Yuvak Kendra Organized NGO MEET 2022 on 28th January, 2022



Department of Social Work organised webinar series for field work- Department of social work organized the webinar series for field work. Field Work webinar sessions were taken by the internal resource persons, Dr. Beena Antony Reji, Dr. Sunita Bahmani, Dr. Seema Rani, Dr. Manju Goel, Ms. Manisha Pal, Ms. Gyanvati, Mr. Rakesh Chaudhary, Dr. Mali Devi Sawariya, Mr. Baldev Gulati and Dr. Aneesh T.V. Many of the field work webinar sessions were taken by the experts from the various fields which are as follows-

- I. How to deal with the burn out issues faced by the counsellors during COVID-19- The resource person was Ms. Elika Anand, Psychiatric Social Worker, Institute of Human Behaviour and Allied Sciences (IHBAS), Delhi.
- II. Women and Legal Issues-The field work session on “Women and Legal Issues” was conducted by Ms. Jaspreet Kaur Bhamra, Advocate, Delhi High Court on 8th September, 2021.
- III. Social Work Practice in Health Settings -The field work session on “Social Work Practice in Health Settings” was organised on 9th January 2022 by the external expert Dr. Seema Rani Bohet, Assistant Professor, IGNOU.

IV. Community Strengthening through Networking- Field Work Session on “Community Strengthening through Networking” was conducted by Ms. Rita Singh, Member in Child Welfare Committee, former Member-Delhi Commission for Protection of Child Rights on 2nd February, 2022.

V. Our understanding and sex worker?: the question of engagement-The session was conducted on 9th February 2022 with an objective to orient our social work students about the lives of Sex workers and the concerns about their social exclusion in India. The Resource person for this session was Ms. Naseema Khatoon who is the President and Founder of Parcham Foundation and also the editor of Jugnu - A Magazine for marginalized sections of society.



VI. Women and Legal Issues- Domestic Violence against Women- Case studies- The field work session on “Women and Legal Issues- Domestic Violence against Women- Case studies” was conducted by Ms. Apurva Gautam, Programme Officer, Vishwa Yuvak Kendra on 16th February, 2022.

9) Career Guidance Session-

- I. On 29th March, 2022 a career guidance session was taken by Ms. Tanya Jain and Ms. Pooja Ghugtyal, alumnus of Aditi Mahavidyalaya and currently pursuing masters in Social Work from Tata institute of social sciences (TISS).
- II. On 5th April, 2022 via online Mode (google meet) a session was conducted by Dr. Deepali Mathur, Assistant Professor, BPS Mahila Vishawvidyalaya, Khanpur, Haryana.

Career Guidance Session

Deepali Mathur is presenting

Courses Offered

- BPSMV offers PhD, Post Graduate , Under Graduate , Diplomas and Certificate Programs under 16 plus departments...
- Department of English, Laws, Computer Science & IT, Applied Sciences, Electronics and Telecommunications, Economics , Management Studies , Foreign Languages, Social Work, Ayurveda , Pharmaceutical Education and Research , Fashion Technology and many more....

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Deepali Mathur

Dr.Sunita Bahmani

25 others

Career Guidance Session

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