

## **Activities conducted by HDFE Department and HDFE Society in the Academic Session 2020-2021**

Although the Department of HDFE majorly operated in online mode in the academic year 2020-2021 the blended learning mode made it eventful in many ways for the teachers and students of Home Science. We started the year with great zeal, and zen. The students were excited to learn new skills and the teachers warmly looked forward to greeting students of semesters 3 and 5.



1. The orientation of the students of semesters 3 and 5 was done by their respective teachers in their respective classes through online mode. Another Orientation Programme was planned for the students of semester 1 when the session started for them in the month of October 2020.
2. As the session progressed, students acquired new skills, and insight through discussions, presentations, and other activities. All students actively participated in the poster-making activity, and video/reel-making activities during breastfeeding promotion week in month of August 2020. Students also made learning aids for preschool children
3. E-visits to organizations working for women and children like Anganwadi, Delhi Council for Child Welfare, and SoS were made as part of their curriculum. Later a critical evaluation of the functioning of the organizations was done.
4. The students of all semesters also participated in the various webinars organized by colleges having HDFE in BA Prog.
5. A few students of HDFE also participated in Short-term Courses of Skill Building Training with special reference to Disaster Management and Entrepreneurship and received certificates.
6. An online CRE webinar approved and sponsored by RCI on DISABILITY AND INTERSECTIONALITY IN HIGHER EDUCATION: JOINT EFFORT IN PROMOTING FULL INCLUSION was organized on 22nd -24th December 2021. The Coordinators of the program were Prof. Reema Lamba, Department of Human Development and Family Empowerment, and Mr. Baldev Gulati, Department of Social Work. The program was inaugurated by Chief guest Commodore Ranjan Mukherjee the Commissioner for persons with disability GNCT of Delhi and Professor Aneja, HOD Department of English and Grievance redressal officer, Persons with Disabilities, University of Delhi)

The key focus was barriers in inclusion which included policy barriers, negative approach, attitudinal barriers, curriculum barriers, infrastructure barriers which include both physical and digital, and reasonable annotation barriers that persons with disabilities face and need to be worked upon to change from being exclusive to inclusive.

There were six thematic sessions covering a range of issues namely accessibility, the impact of covid on the lives of Pwd barrier-free environment on campuses, etc. Resource persons were academia from the educational institution and people from Ngo's working at the ground level. All the sessions were followed by interactive questions answers and evaluation sessions. The valedictory was done by Dr.Himangshu Das, director of NIEPVD. The final evaluation was done on day two. At the end of the program, participants gave very positive feedback. The program was limited to 50 participants only with many with CRR number.

7. The HDFE Society organized an online talk on 'Let's build an Inclusive Society'. The resource person for the talk was Mr. Baldev Gulati from the Department of Social Work. Teachers from other colleges having HDFE papers in BA Prog participated in the program. He sensitized the students about the challenges faced by people with disabilities in the different spheres of life ie at home, school, society, etc with special reference to people with severe visual impairment and how an empathetic attitude, technology, and committed efforts, perseverance can enable them to succeed.
8. The HDFE Dept. in collaboration withJDMCGirlup Ardhya held an online session on "Saheli:Let'sBreak the silence"on menstrual health and hygiene on 30<sup>th</sup> sept 2021.

It is through the dedication, commitment, passion, and perseverance of the teachers, laboratory staff, and students together that the HDFE Department of Aditi Mahavidyalaya has been able to carve a niche for itself at the University of Delhi.

**ON THE  
WORLD DISABILITY DAY**

"DISABILITY NEED NOT BE AN  
OBSTACLE TO SUCCESS."

*Aditi Mahavidyalaya takes pride to collaborate  
with RCI for CRE webinar on  
Disability and Intersectionality in Higher  
Education : Joint efforts in promoting full  
inclusion.*

22-DEC-2021 TO 24-DEC-2021

Coordinator  
**Prof. Reema Lamba**  
Mr. Baldev Gulati

Principal  
**Prof. Mamta Sharma**





**Aditi Mahavidyalaya  
Janki Devi Memorial College**  
(University of Delhi)

In collaboration with  
**GirlUp Ardhya**  
Presents

**SAHELI : Let's Break the silence**

30th September 2021  
4 PM onwards

CHETALI  
President,  
GirlUp Ardhya

Prof. MAMTA SHARMA  
Principal ( AMV)

Prof. SWATI PAL  
Principal ( JDMC)

NIRMALA MURALIDHAR ( JDMC)  
REEMA LAMBA ( AMV)  
Teacher coordinators

Here are the pictures of the glimpses of the programs.




EVERYONE FOR A WEBINAR ON  
ADITI MAHAVIDYALAYA INVITES

LET'S BUILD AN INCLUSIVE SOCIETY

Resource Person- **Sh. Baldev Gulati** : "I AM A PERSON OF ABILITIES WITH DIFFERENCES"  
(MY EXPERIENCES OF INCLUSION AND EXCLUSION)

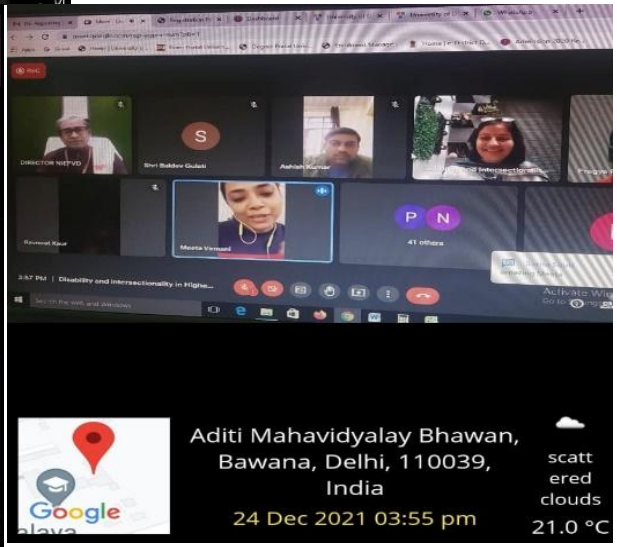
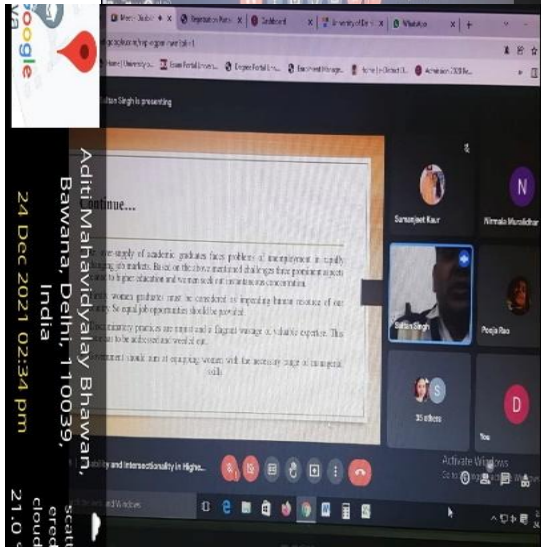
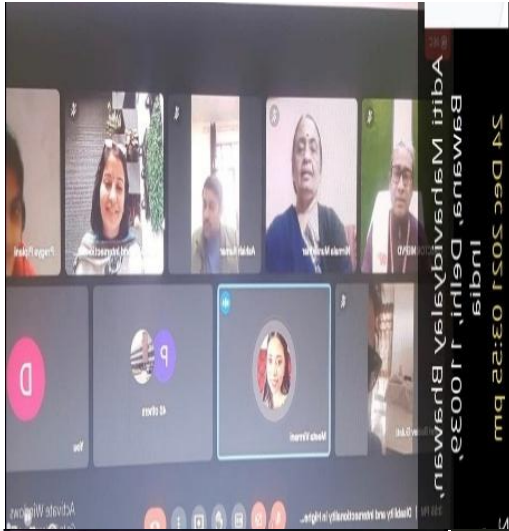
**DR. REEMA LAMBA**  
COORDINATOR

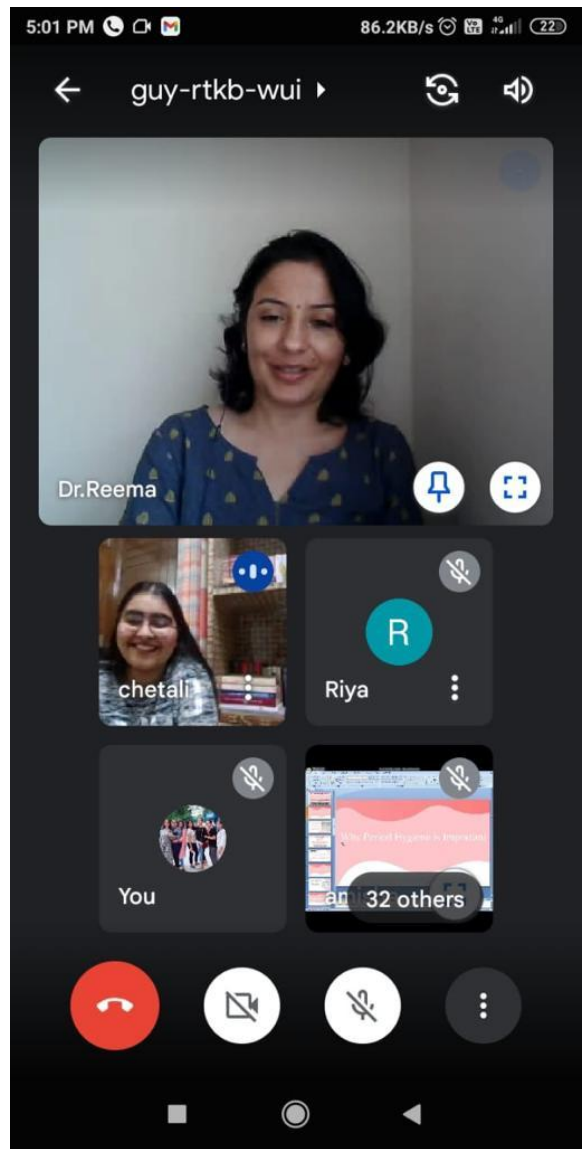
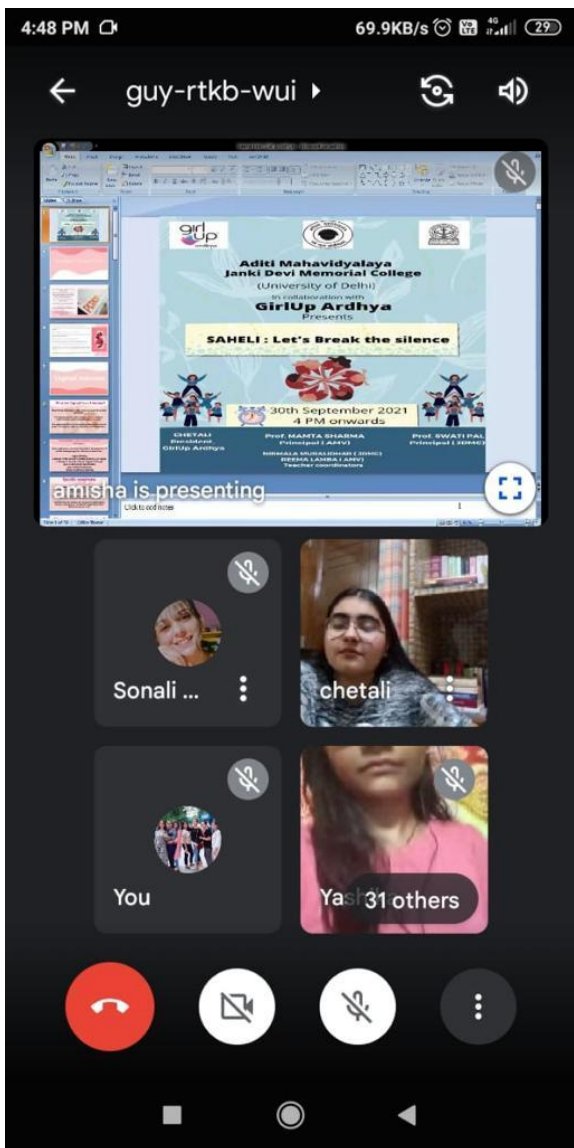
**DR. SWATI PAL**  
PRINCIPAL, JDMC

**DR. MAMTA SHARMA**  
PRINCIPAL, AMV

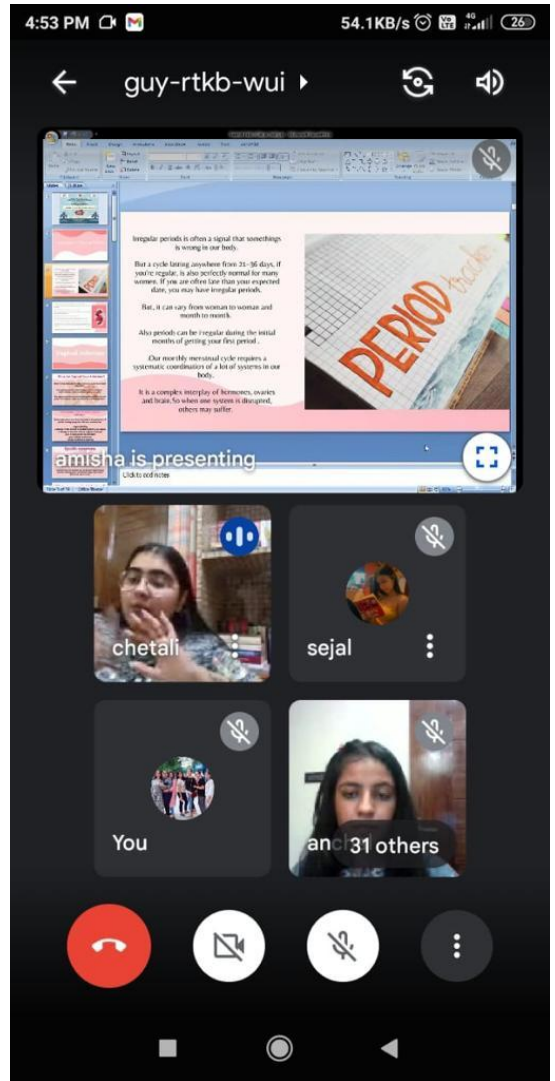
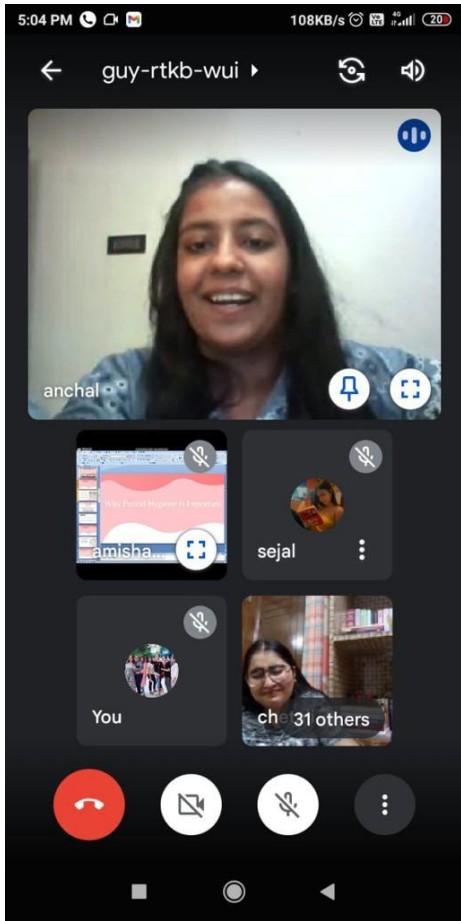
DATE  
31 JANUARY 2022  
5PM ONWARDS

PLATFORM  
GOOGLE MEET











**MAA - Mother's Absolute Affection**

- Breastmilk reduces infant's risk of INFECTION & DISEASE.
- PROVIDES IDEAL NUTRITION  
- For babies and reduces risk for obesity later in life.
- MOM WHO BREASTFEEDS  
- have lower risk of health problems.



माँ का दुध अक्षत के समान है  
यही शिशु को बनाता भव्य है

शिशु के पोषण का आधार है,  
माँ का दुध ही सर्वोत्तम आहार  
है,

माँ का दुध बीमारियों से बचाता है  
माँ का दुध ही शिशु को स्वस्थ बनाता है