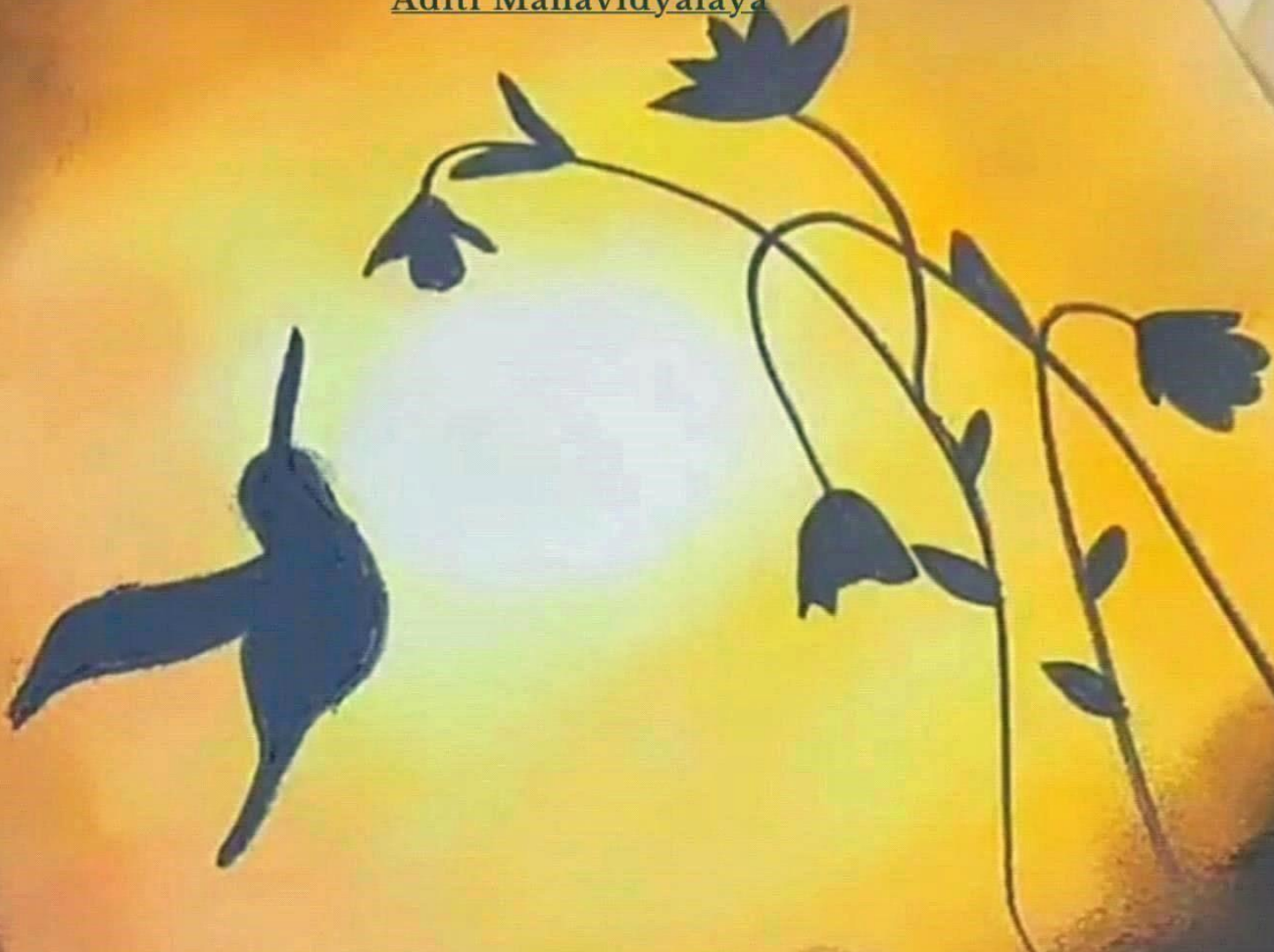


JULY 2021 VOL 1

AAROHI

Newsletter brought by Department of Education / B.El.Ed
Aditi Mahavidyalaya



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B.el.ed 2nd year

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MESSAGE FROM THE PRINCIPAL

Dear Students,

This too shall pass.

COVID-19 pandemic has surely made changes in our way of thinking and living. It has disrupted the everyday practices worldwide and established certain new normal for living. This situation has created a collective crisis of survival and safety. Waves have been disastrous and did loss to humans and humanity. Several people have come forward as saviours to humanity and humankind with their positivity. That is what all of us needs to grow, "Positivity", Positivity in Mind, Positivity in Heart and Positivity in Hand. Positivity in thoughts and actions definitely will help to find a way of this crisis. There was a phase when world felt that every thing has come to an end. There would be no revival. But constructive thoughts and intentions helped to curb the severity of pandemic.

Pandemic and continuous closure of academic institutions have also affected us emotionally and academically. But we are learning from these unprecedented times and facing the challenge boldly and empathetically.

Dear Students this is not the time to live in fear and trauma, think about the post pandemic situations and your role to make the world a better place to live. Your coming out with this new edition of Aarohi is a sign of new beginning towards the positivity. I congratulate you and your department for this. Think deeply about the present moment, analyse the situation and prepare for your future role and responsibility.

I believe that all of us will come out soon from this crisis collectively and also emerge out as better and stronger fraternity

With all good wishes

Prof Mamta Sharma

Principal



MESSAGE FROM TEACHER IN CHARGE

"No matter what happens, of how bad it seems today,
Life does go on, and it will be better tomorrow."

~MayaAngelou

Due to Covid -19 pandemic circumstances have been challenging for a long time and may continue. It has already produced profound impact on all of us. Educational institutions all around the world are carrying on with the online mediums which has caused stress and mental health challenges amongst students and teachers. Pandemic related stresses, frequent lockdowns, home quarantine, social distancing, online teaching learning, anxiety about health and many more other issues, we have experienced all this around us. It is a fact and cannot be denied. But there is another side to it too. Where even after everything is closed, relations got a chance to open. To be with family, to share joys and sorrows. All of us have experienced and felt this too.

Despite closures, along with health services globally, one thing for which the most efforts have been made is Education. Efforts are on to make Education accessible to all in changed circumstances. During these trying times many institutions and individuals have made unmatched efforts to connect the children left behind by their innovations in Education. These are commendable efforts and also worth putting into practice. The responsibility of the professionals involved in teaching learning has increased significantly. We are all part of that too and we have to be ready to take our share of responsibility.

A lot can be done with determination and positive thinking. Efforts made in the right directions lead to the desirable results.

Despite the uncertainty of the present, I do believe that tomorrow will be better for all.

With best wishes for a better future.

Dr Punita Gupta

Teacher In charge

Department of Education

Editor's Desk

As the academic year 2020-21 culminates, the Editorial Board of Aditi Mahavidyalaya brings before you the E-newsletter -- AAROHI. This humble initiative is taken to set the budding minds free, to exhibit their talents and share their abundant discoveries in these difficult times of epidemic .

As Maduwa Thabo rightly said -
" Talent is like a flower, it needs watering."

This newsletter is a platform for children's creative urges to blossom naturally. It is a multitude of events and activities which have been captured in pictures and words for your reading pleasure.

Our magazine which is now an e- magazine is back after a long break with lots of colours and warmth. Throughout this treasure book journey you will experience a heavy flow of creativity. Here, we put on some flickering lights to academic crystals, beauty of poems & articles, dainty recipes, paintings and posters which express the inner soul prettiness, stirring playlists suggestions which give peace to your mind.

During your magazine journey you will also discover a section of lockdown diaries. This word itself clarifies all your doubts.

We have tried our best to capture the glimpses of all those happening coherently and effectively while giving ample space for expressing the creativity and ideas of the students.

We are happy when we are growing, by collecting and sharing all the memoirs as the treasure we have in these situations. we strongly believe that the hallmark of good education is not the knowledge one accumulates in his head but it is the skill to apply that knowledge in environment

" Everything is going to be right at the end. If it's not right, then it is not the end. " - Ashwin sanghi,
Chanakya's chant.

Thus for making this newsletter a great success, we all need the support of all students, alumni and the faculty

So sit back and enjoy browsing through the letter ..
HAPPY READING....

-- EDITORIAL BOARD
Department of Education , BEIEd
Aditi mahavidyalaya



संपादक की ओर से

प्रिय पाठकों,

बीता एक साल किसी के लिए भी सरल नहीं था, हर व्यक्ति को कई तरह की चुनौतीपूर्ण स्थितियों का सामना करना पड़ा। चुनौतियों का सामना करना व कुछ सीखकर आगे बढ़ना ही जीवन है। आप हर पल का आनंद लें क्योंकि जिंदगी में पल लौटकर नहीं आते, केवल यादें रह जाती हैं। हम अच्छे पठन के महत्त्व को समझते हैं इसलिए हम अपनी सामाचार पत्रिका की टीम के साथ मिलकर हमारे पाठकों के लिए 'आरोही' सत्र (2020-21) लाए हैं।

यह समाचार पत्रिका विभिन्न गतिविधियों व प्रगति का स्नैपशॉट होगा। आमतौर पर हम कई लोगों के अच्छे कामों और गतिविधियों की सराहना करने में विफल हो जाते हैं।

यह समाचार पत्र हम सभी के

बीच जागरुकता, बेहतर बातचीत, सुदृण व उसमें वृद्धि करने का माध्यम होगी। हमारे कई सहपाठियों एवं साथियों ने इस सर्वव्यापी महामारी के दौरान अपने हुनर को पहचाना एवं निखारा। किसी ने अपना हुनर कलम में ढूंढा, किसी ने कोरे पन्नों को रंगों से भरने में, तो किसी ने घर की रसोई में, आदि।

संपादकीय डेस्क उन सभी का आभार व्यक्त करता है जिनके योगदान से यह यात्रा हम ने फिर शुरू कर और पूर्ण भी की

हम आपके समर्थन और प्रतिक्रिया की सराहना करते हैं। उम्मीद है कि यह आपके के लिए उतना ही सुखद होगा जितना इसको आपके लिए लाना। आपकी समीक्षा व सुझाव का हम दिल से स्वागत करेंगे।

संपादक मंडल

अदिति महाविद्यालय
शिक्षा विभाग

Editorial team



**ANKITA BHATTACHARJEE,
B.EL.ED 4TH YEAR**
WORKED ON EDITING,
DESIGNING AND
PRESENTATION OF POEMS.



**ANUSHKA JAYANT
B.EL.ED 4TH YEAR**
WORKED ON POEM
EDITING.



**AAKRITI GUPTA
B.EL.ED 4TH YEAR**
WORKED ON POEM,
DESIGNING AND
PRESENTATION.



**ROOPIKA
B.EL.ED 3RD YEAR**
WORKED ON COVER
DESIGNING AS WELL AS
MAGAZINE COMPILATION.



**PRANJAL PRIYA
B.EL.ED 2ND YEAR**
WORKED ON ENGLISH
EDITORIAL,
ARTWORKS,
MAGAZINE DESIGNING
AND COMPILATION.



**AREEBA HUSSAIN
B.EL.ED 2ND YEAR**
WORKED ON POETRY
EDITING, COLLAGE
DESIGNING, ART
WORK DESCRIPTION
AND COMPILATION.



**PALLAVI GUPTA
B.EL.ED 2ND YEAR**
WORKED ON MAGAZINE
DESIGNING, POEMS AND
COMPILATION.



**KAJAL
B.EL.ED 2ND YEAR**
WORKED ON ENGLISH
EDITORIAL DESK,
ARTWORKS AND
COLLAGE DESIGNING.



SANJANA
B.EL.ED 2ND YEAR
WORKED ON ENGLISH
EDITORIAL DESK,
COLLAGE DESIGNING
AND ART WORKS.



PRIYANKA TRIPATHI
B. EL. ED 2ND YEAR
WORKED ON HINDI
EDITORIAL AND POEM
EDITING.



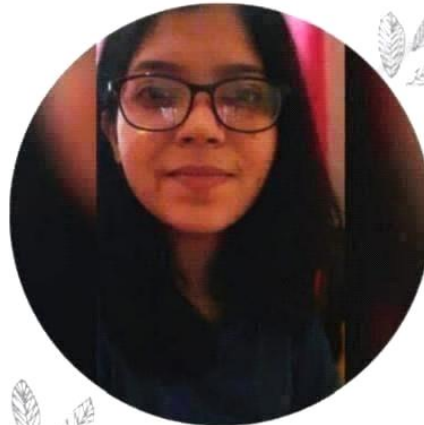
JHILMIL
B.EL.ED 2ND YEAR
WORKED ON ARTICLE
SECTION, DESIGNING
AND MAIL
REVERTING.



SHIVA KUMARI
B.EL.ED 2YR
WORKED ON POEM
EDITING.



TARANNUM SINGHAL
B.EL.ED 2ND YEAR
WORKED ON POETRY
AND ENGLISH
EDITORIAL



AASHNA MISHRA
B.EL.ED 2ND YEAR
WORKED ON HINDI
EDITORIAL AND
COLLAGE



DIVYA YADAV
B.EL.ED 2ND YEAR
WORKED ON HINDI
EDITORIAL AND POETRY
SELECTION.



MONA GUPTA
B.EL.ED 2ND YEAR
WORKED ON POETRY
SELECTION.



MAMTA
B.EL.ED 2ND YEAR
WORKED ON THE
POETRY SECTION.



SAPNA
B.EL.ED 2ND YEAR
WORKED ON HINDI
EDITORIAL DESK
ARTICLE SECTION AND
REVERTING MAILS.



PALLAVI
B.EL.ED 2ND YEAR
WORKED ON
ARTWORK EDITING



MAHIMA
B.EL.ED 2ND YEAR
WORKED ON POEM EDITING



HARPRIYA BHARDWAJ
B.EL.ED 2ND YEAR
WORKED ON THE
ARTWORK SECTION.



MAHIMA TOMAR
B.EL.ED 2ND YEAR
WORKED ON
ARTWORK SECTION.

ACHIEVERS

Achievements and awards Academic Year 2020-21

Vaishali Tomar Memorial scholarship to toppers

Kajal BEIEd I Year

Shweta Gautam BEIEd II Year

Rachna BEIEd III Year

Oti Milang Memorial Award

Mansi BEIEd III Year

Inter College Events

Muskan Gautam BEIEd I year **III position** in **Science Cartoon Competition** organised by **G.M momins women's college, Bhiwandi**

Riya Narwal BEIEd I year **2nd position with a cash prize of Rs. 500** in **“Photography and Caption Writing”** organised by **Kasturi Ram College of Higher Education**, on World Environment Day, on June 05, 2021

Reema BEIEd II year **I position** in **Slogan Writing** under **Fit India Movement** Organised by **NSS Rajdhani College, DU**

II position in **Essay Recitation** organised by **GGSIU, NSS Cell** in collaboration with **VIPS on NSS Day**

II consolation prize in **Slogan Writing** on **Gandhi Jayanti** organised by **Vivekananda Education Society**

III position in **Essay Writing** on **world menstrual hygiene day** organised by **AMOLI Society for women**

III position in **Poetry competition** organised by **Keshav Mahavidyalaya, DU** on **swachta pakhwada**

Priyanka Tripathi BEIEd II Year **I position** in **Story Telling** on world storytelling day organized by department of B.EL. ED, **IHE, DU.**

Mona Gupta BEIEd II Year **II position** in **“Mono act”** on the theme **“Be the voice of the institution you think has suffered the most in independent India”** organised by **Gandhi Study Circle, Zakir Hussain College, DU**

Sonali BEIEd IV-Year **III position** in **Essay Writing** in **Shah Satnam Ji College of Education Sirsa** on **Hindi Diwas**

ACHIEVERS

Intra College Events

Prachi BEIEd I Year **II position** in **Quiz** pre-conference student activities in "Unfolding the potential of women including girls and children: enhancing the benefits experience potentially for one and all sabka saath sabka vikaas"

Harshita Khanna BEIEd I Year **III position** in the **Quiz** organised by "Unfolding the potential of women including girls and children: enhancing the benefits ex potentially for one and all sabka saath sabka vikaas"

Dikshita BEIEd I Year **III position** in **Poster making** organised by Jal Shakti Abhiyan

Areeba Hussain BEIEd II Year **I position** in **Poetry competition** organised on Teachers' Day by deptt of Education

I position in **research paper reading** in the event "Unfolding the potential of women including girls and children: enhancing the benefits ex potentially for one and all sabka saath sabka vikaas"

Pranjal Priya BEIEd II-Year **Consolation prize** in **Poster Making** organised by Eco Club on Ozone Day

Mamta- B. Ed. Ed 2nd yr III position in slogan writing competition Jal shakti Abhiyan

Priyanka Tripathi BEIEd II Year **I position** in **Debate** on the topic of "Gandhian Ideas in action- a psychological perspective in modern times" organized by department of psychology

I position in "**one act play**" on the topic "swachh betiyan, swasth betiyan" organized by Eco club

II position in **Hindi Debate** on the topic of "Online shiksha offline shiksha ka vikalp hai" organized by Debate society.

Consolation prize in **Poster Making** on Teacher's Day organized by department of Education,

II position in **paper reading** on the "unfolding the potential of women including girls and children: enhancing the benefits exponentially for one and sabka saath sabka vikaas"

III position in **Poster competition** on the "unfolding the potential of women including girls and children: enhancing the benefits exponentially for one and sabka saath sabka vikaas "

Reema BEIEd II Year **I position** in **Slogan Writing** on Teachers' Day organised by Dept. of Education

Deeksha Wassan BEIEd III Year **II position** in **e- Poster Making** on the Teachers' Day organised by Department of Education on theme: Teachers and Teaching

Palak Sharma BEIEd III-year **II position** in pre-conference activity "unfolding the potential of women including girls and children: enhancing the benefits exponentially for one and sabka saath sabka vikaas"

Renu verma BEIEd III yr. **Slogan writing competition** teacher's day **IIIrd position**

Aakriti Gupta BEIEd IV Year **I position** in **e- Poster Making** on Teachers' Day

Kajol BEIEd IV Year **I position** in **Video -Making** on Teachers' Day

Anushka Jayant BEIEd IV Year **II position** in poetry Competition on Teachers' Day

Shivani Maheshwari BEIEd IV Year **III position** in **Poetry Competition** on Teachers' Day

Sheeba BEIEd IV Year **III position** in **Speech Competition** on Teachers' Day

Aastha Saroha BEIEd IV Year **consolation** in **e- Poster Making** on Teachers' Day

PARTICIPATION (2020-21)

BELED I YEAR

Akshita Pal

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Anjali

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Ambalika Singh

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in Poster making Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath- Sabka Vikas” organised by Aditi Mahavidyalaya.

Deepika Gudian

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Dikshita

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in *Poster making Competition* Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in quiz organized by Science Society Vigyan Sanjeevani

Disharaj Mourya

Participated in 2 days Webinar “Stand Firm” organized by NSS Unit, Aditi Mahavidyalaya

Hansika

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Harshita Khanna

Secured III Position in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in Poster making Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in Slogan Writing Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Paper reading on “Water Scarcity and Sustainability” in the Conference event on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in Inter-College Slam Poetry Competition ‘Mind to Mic’ organised by Lakshmi Bai College, University of Delhi

Participated in poetry recitation in Republic Day celebrations in the college

Isha

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in Poster making Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in quiz organized by Science Society Vigyan Sanjeevani on Bio Diversity Conservation

Participated in Hindi Debate competition on “Online Education” in college

Kareena Verma

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Kirti Kapoor

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya.



Komal Singh

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Nidhi Kumar

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Nidhi Swami

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Muskan Gautam

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Secured III position in Science Cartoon Competition organised by G.M momins women's college, Bhiwandi

Participated in inter college event on Women development organised by Hansraj College, DU

Participated in inter college event Resonance organised by Deshbandhu College, DU

Pooja

Participated in 2 days Webinar “Stand Firm” organized by NSS

Unit, Aditi Mahavidyalaya Participated in “Conflict management style” webinar organized by NSS Unit, Aditi Mahavidyalaya

Participated in the event “Patriotism” organized by NSS Unit, Aditi Mahavidyalaya.

Participated in “Youth Health Awareness Week” organized by NSS Unit Mata Devi sundari college of women, DU

Secured II position in inter college “Mono act” competition organized by Gandhi study Circle, Zakir Husain Delhi college., on the theme “Be the voice of the Institution you think has suffered the most in Independent India”

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Prachi

Secured II Position in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in poetry recitation in Republic Day celebrations in the college Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Prerna Sharma

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti

Abhiyan perspective” Paper reading on “Zero Liquid Discharge into Rivers” in the Conference event on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Presented a paper on “Nutrition for Women and Children -Are We Doing the Right Things in the Right Way?” in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath- Sabka Vikas” organised by Aditi Mahavidyalaya.



Rajni

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath- Sabka Vikas” organised by Aditi Mahavidyalaya.

Rakhi Saini

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Ritika

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in Poster making Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in Slogan Writing Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in Inter- College Slam Poetry Competition ‘Mind to Mic’ organised by Lakshmi Bai College, University of Delhi

Ritu

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Riya Narwal

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Ronika

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in Poster making Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”

Participated in Story Telling on Dr. B.R Ambedkar on Republic Day event in the college

Participated in Quiz and Poster making competition in the UGC funded conference on Domestic Violence organised by the college



Ruchika

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Seema

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Shagun Vashishth

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Simran Verma

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Sneha Roy

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in *Poster making* competition organised on Science day by Science Society of Aditi Mahavidyalaya
Participated in *Poster making* Competition Pre – Conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective”
Participated in *Poster making* competition organised by Amouli Society on World menstrual day
Participate in Hindi Debate competition organised by Hindi debate society, Aditi Mahavidyalaya)

Sonam

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya
Participated in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath- Sabka Vikas” organised by Aditi Mahavidyalaya.
Participated in the quiz organised by the Science Society Vigyan Sanjeevani.

Tanisha Malhotra

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Visha

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”
Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya



PARTICIPATION (2020-21)

BELED II YEAR

Akansha Sharma

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti

Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in ‘DHWANI’ virtual solo singing competition.

Organised by SRIJAN’21 annual cultural fest, Shyama Prasad

Mukherjee College, DU

Akansha Sharma

Participated in quiz activity in the pre-conference events of National

Conference “Water Scarcity and Sustainability: A Jal Shakti

Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in the Valedictory session on “Unfolding the

Potentials of Women including Girls and Children: Enhancing the

Benefits Exponentially for One and All- Sabka Saath- Sabka

Vikas” organised by Aditi Mahavidyalaya.

Participated in the conference on “Water Scarcity and

Sustainability: A Jal Shakti Abhiyan Perspective” organised

by Aditi Mahavidyalaya

Attended the session on Plant life Cycle conducted by Joy of

Learning Foundation in an event organised by Science

Society and Department of Education

Areeba Hussain

Secured I position in Poetry competition on Teachers’ Day organised by Department of Education on the theme “Teachers and Teaching”.

Participated in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath- Sabka Vikas” organised by Aditi Mahavidyalaya.

Presented a joint paper titled “accelerated eutrophication due to human intervention” in the National Conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan perspective” organised by Aditi Mahavidyalaya, Secured I position in research Paper reading competition.

Participated in inter college Nazm poetry competition organised by Sri Gurunanak Dev Khalsa college, University of Delhi

Participated in Biodiversity Quiz organised by Eco-club, Aditi Mahavidyalaya

Participated in inter college Essay Writing Competition on Conservation and Protection of Wildlife organised by Mata Sundri collage

Participated in inter college Quiz competition Enactus on World Cancer Day organised by Institute of home Economics

Participated in Essay Writing Competition organised by Ambedkar study circle, Aditi Mahavidyalaya on Philosophy of B. R Ambedkar and women empowerment

Participated in Quiz activity Pre conference event of National Conference “Water Scarcity and Sustainability: Jal Shakti Abhiyan perspective”

Participated in science quiz organized by science society, Vigyan Sanjeevani, Aditi Mahavidyalaya

Akansha

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in ‘DHWANI’ virtual solo singing competition. Organised by SRIJAN’21 annual cultural fest , Shyama Prasad Mukherjee College,DU

Diksha Pandey

Participated in a quiz organised by Science Society, Vigyan Sanjeevani.

Mona Gupta

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya
Participated in “FIT INDIA WEEK” organized by NSS Unit of Sri Aurobindo College, DU

Pallavi Gupta

Presented a joint paper titled “accelerated eutrophication due to human intervention” in the National Conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan perspective” organised by Aditi Mahavidyalaya

Participated in quiz activity in the pre-conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath- Sabka Vikas” organised by Aditi Mahavidyalaya.

Pranjal Priya

Participated in Inter college Poster making competition organised by NSS Unit of PGDAV College, DU on theme Fit India

Secured Consolation Prize in poster making competition organised by Eco Club on the theme “Ozon Day”

Participated in Poster making competition in Water Scarcity and Sustainability: A jal shakti abhiyan perspective, organized by Aditi Mahavidyalaya, UGC sponsored National Conference.



Reema

Participated in inter college Poetry competition Nazm organised by

Organised by Sri Guru Nanak Dev Khalsa college, DU

Participated in Poster making competition in Water Scarcity and Sustainability: A Jal shakti abhiyan perspective, organized by Aditi Mahavidyalaya, UGC sponsored National Conference.

Participated in Slogan Writing competition in Water Scarcity and Sustainability: A Jal shakti abhiyan perspective, organized by Aditi Mahavidyalaya, UGC sponsored National Conference.

Participated in inter college Photography competition picturesque Organised by NSS Vivekananda college, DU

Participated in inter college Slogan Writing Competition organised by NSS, Rajdhani College, DU

Participated in Debate Competition Organised by Aditi Mahavidyalaya

Sanjana

Participated in inter college Quiz competition Enactus on World Cancer Day organised by Institute of home Economics

Participated in Artistica (Art competition) on Portrayal of life under lockdown organised by Vivekananda Institute of Professional Studies

Participated in Art competition organised by Hope, Non- profit organization

Participated in inter college Poster making competition on Theme Wildlife organised by Mata Sundari College for Women 15th October 2020.P

Participated in Mandala Art Competition on Instagram page: - @art_competition.2

Participated in a drawing competition on Earth day on Site :-

www.paryavaransanrakshan.org

Participated in Chess competition on the occasion of international chess day organised by Rotaract club of Shahadara

Participated in quiz activity in the pre-conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya



Priyanka Tripathi

Secured I position in an online Debate Competition on the topic of “Gandhian Ideas in action- a psychological perspective in modern times “organized by department of Psychology, Aditi Mahavidyalaya

Secured I position in Inter College Story Telling competition on world storytelling day organized by department of BEEd, Institute of Home Economics, DU.

Secured I position in “one act play” on the topic “swach betiyan, swasth betiyan” organized by Eco club, Aditi Mahavidyalaya.

Secured consolation prize in poster making competition on Teachers’ Day organized by department of Education, Aditi Mahavidyalaya.

Secured II position in paper reading competition on the “unfolding the potential of women including girls and children: enhancing the benefits exponentially for one and sabka saath sabka vikaas “organized by Aditi Mahavidyalaya

Secured II position in Poster competition on the “unfolding the potential of women including girls and children: enhancing the benefits exponentially for one and sabka saath sabka vikaas “organized by Aditi Mahavidyalaya

Secured II position in an online Hindi debate Competition on the topic of “Online shiksha offline shiksha ka vikalp hai” organized by Debate society of Aditi Mahavidyalaya

Participated in oral presentation on water scarcity and sustainability: A Jal shakti abhiyan perspective, organized by Aditi Mahavidyalaya, UGC sponsored National Conference.

Participated in a Quiz competition on Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective, organized by Aditi Mahavidyalaya, UGC sponsored National conference.

Participated in Science quiz organized by Vigyan Sanjivani Science Society and Eco Club, Aditi Mahavidyalaya

Participated in a poster competition on the topic “Science in our lives” on the occasion of National Science Day organized by Vigyan Sanjivani Science Society, Aditi Mahavidyalaya

Participated in Biodiversity Quiz organized by Eco club, Aditi Mahavidyalaya

Participated in inter college meme making competition on the topic “Indian Economy” organized

by Sanghkriti, SBSEC. DU

Participated in inter college Pragya G.K Quiz competition organized by SPMC, DU

Participated in Inter college “Open mic competition” (story telling) organized by SPMC, DU

Participated in Baal katha lekhan pratiyogita organized by LSRWC, DU on the occasion of annual celebration of vagrath

Shiva

Participated in quiz activity in the pre-conference events of National Conference “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in the conference on “Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective” organised by Aditi Mahavidyalaya

Participated in the Valedictory session on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All- Sabka Saath-Sabka Vikas” organised by Aditi Mahavidyalaya.

Simran Lakra

Secured II position in Inter college NCC Fest Dance competition organised by in AtmaRam Sanatan Dharm college (ARSD), DU

Harpriya Bhardwaj, Mahima

TomarAashna Mishra, Pranjal

Priya, Sanjana, Bhumika

Madaan, Sandhya, Ridhika

participated as a team in an art exhibition Kala Kriti organised by SPM college, DU



PARTICIPATION (2020-21)

BELED III YEAR

Deeksha Wassan

Participated in the Teachers' Day e-poster making competition and poem recitation on the theme Teachers and Teaching and secured II Position in e-poster Making Competition organised by Department of Education

Palak Sharma

Participated in Quiz and paper presentation on Issues faced by Women: Menstruation in National Conference on "Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective organised by, Aditi Mahavidyalaya

Priyanka Malik

Participated in the online event on Basant Panchmi organised by the college

Roopika Thakur

Paper presentation on Water and Economics in National Conference on "Water Scarcity and Sustainability: A Jal Shakti Abhiyan Perspective organised by, Aditi Mahavidyalaya

Participated in a One Act play competition "Bleed without Violence" on Gandhi Jayanti on the theme Swachh Betiyan Swasthya Betiyan

Participated in Quiz competition organised by

Vigyan Sanjeevani, science society

Shristy Dixit

Participated in an Inter college competition organized by Swami Shraddhanand College (University of Delhi) and Shiksha Sanskrati Utthan Nyas, Delhi Prant, on the occasion of- Antarrashtriya Matrabhasha Diwas in online Swarachit Kavita Pratiyogita on the topic- 'Nij Bhasha Unnati ahe sab unnati ko mul'.

Participated in Poem Writing competition on Gandhi Jayanti on the topic 'Bhrashtachar'

Participated in Science Quiz organized by Vigyan Sanjivani, Science Society of the college

Participated in an inter college competition on Slogan Writing on the topic related to "Water" organized by Jal Shakti Abhiyan National Conference, Aditi Mahavidyalaya

PARTICIPATION (2020-21)

BELED IV YEAR

Aakriti Gupta

**Participated in National Webinar on
*Mathematics education in India: Retrospect and
Prospect* Organized by Mizoram University,
Aizawl**

**Attended Rajaswla 2.0 panel discussion in
*Menstrual Research: Theory, Praxis &
Perspective***

**Attended *Deciphering the M in STEM in Early
Education* presented by ArcBook**

**Attended Data Science Workshop for Teachers
by UNESCO, Mahatma Gandhi Institute of
Education for Peace and Sustainable
Development (MGIEP)**

**Attended three days National level workshop
on *Teaching Learning Resource in Classroom:
Practice to Encourage Active Participation and
Holistic Learning* by Dr.H R Gajwani College of
Education, Adipur**

**Attended webinar on *Inquiry in Science
Classrooms* conducted by Vigyan Sanjeevani
Science Society and Department of Education
Aditi Mahavidyalaya**

**Attended webinar "*Katha Kari*" organized by
Katha Manch, Delhi**

Ankita Bhattacharjee

**attended webinar "*Katha Kari*"
organized by Katha Manch, Delhi**

Shilpy Bansal

**Attended *GeoGebra workshop*
Attended three days National level
workshop on *Teaching Learning Resource
in Classroom: Practice to Encourage
Active Participation and Holistic Learning*
by Dr.H R Gajwani College of Education,
Adipur**

**Attended the e session on *Understanding
Children's Mathematical Thinking***

Attended a Webinar on *Right Angles*

**Attended a workshop on *Flowers and its
parts* conducted by *Joy of learning
Foundation* and organised by Vigyan**

**Sanjeevani Science Society and
Department of Education Aditi
Mahavidyalaya**

**Attended virtual visit to *Yamuna Bio
Diversity Park***

Kajol Pal

**Participated in Independence Day
Programme and sang the poem (Jhansi ki
Rani)**

**Participates in Teachers' Day Event and
got 1 position in video making
competition**

**Participated in Eco Club activities and
made poster on Ozone Depletion**

**Participated in Vigilance Week and gave
a Speech**

**Participates in Republic Day Function
and made video and participated in
Poster making competition**

INTERNSHIPS

2nd year students



SANJANA

B.El.Ed 2nd year Intern
at Adore India and
Sarkari school.in

**SIMRAN
LAKRA**

B.el.ed 2nd year
Intern at Adore
India



**AREEBA
HUSSAIN**

B.El.ed 2nd year
Intern at Adore
India



Monika Kush
B. El. Ed 3rd
year Intern at
sarkari school.in

Reema

B. El. Ed 2nd
year Intern at
sarkari school.in



Milan

B. El. Ed 2nd
year Intern at
sarkari school.in



Mahima

B. El. Ed 2nd year
intern at Adore India
and sarkari school. in

**Roopika
Thakur**

B. El. Ed 3rd year
intern at Bal
Bhawan school



**Mahima
Tomar**

B. El. Ed 2nd year
intern at Unmesh



**Harpriya
Bharadwaj**

B. El. Ed 2nd year
intern at Unmesh
and TomorrowSmith
Foundation



Tarannum Singhal

B. El. Ed 2nd year intern
at Unmesh- Myra ek
pahal

**Priyanka
Tripathi**

B. El. Ed 2nd year intern at
TomorrowSmith
Foundation



Pranjal Priya

B. El. Ed 2nd year intern
at Unmesh- Myra ek
pahal



Pallavi

B. El. Ed 2nd year
intern at Unmesh-
Myra ek pahal



ARTICLE HUB



ARTICLES BY YOUNG
MINDS OF
ADITI MAHAVIDYALAYA

COVID-19 AND PRE-SERVICE TEACHER



If we take a look back at when this all started, initially everything became stagnant at its place. Offices, schools, transport, shops, and what not, most of things, place and people became sedentary. But education couldn't wait for things to go back normal. Online teaching started. It was definitely an elevated attempt to reduce the loss of education and children's and future teachers' learning. Some got instructions, help from authorities whereas for some it was like a stone thrown in that stagnant water; so many ripples to look for, teachers not being apt and familiar with tech and people having lack of devices and stable internet connection are only a few surface things to this.

The root cause of these things was and still is COVID-19. 'CO' stands for corona, 'VI' for Virus and 'D' for Disease. Earlier, this was called '2019 novel coronavirus' or '2019-nCoV' as we all have heard in awareness advertisement and hello tunes which govt. set up in every Indian's phone. The abbreviation was designated by World Health Organisation (WHO). It has been found that this virus is from the family of viruses called 'SARS' that is Severe Respiratory Syndrome or generally called as Common cold. That's the reason why its initial symptoms are similar of common cold and fever. It definitely affected a lot things but, it couldn't shake the passion of providing good education for all. Not only the school teachers but, the trainers of teacher trainee did their best in this situation. Everyone tried new methods and Govt. issued guidelines related to teaching, internship, PSTP (Pre-Service Teacher Training Programme), etc.

Acc. To the guidelines, "TEIs should explore the possibility to encourage technology enabled learning as well as conducting online classes. NCTE has taken initiative for uploading Open Education

Resource (OER) on its official website www.ncte.gov.in free of cost for all stakeholders and around 28 areas/themes/courses are covered under Teacher Education Courses"

In 2018, SWAYAM added Pre-service Teacher training courses with

certificates and diplomas. At that time teachers accepted that it won't give them any kind of exposure and practice which is required for teaching in

a live classroom. "...the govt. has cut the corners with the more crucial

pre-service training..." (Article of Hindustan Times, A new training policy proposed to help Indian teachers upgrade their skills may not

help much by Shreya Roy Chowdhury) (Chowdhury, 2018)

Their guidelines also clearly mentioned how they tried to keep everything

working and helped with making things and courses online. Currently,

SWAYAM is in process of including more courses in their portal. This

apparently won't give the experience but, it will be good for Academic

knowledge and if by any means SWAYAM tries to add E-Internship colloque in their courses where the trainee could interact and teach

children then, it will be making those trainees apt for online field work

too.

EDVILOGY (EDUCATION+COVID + TECHNOLOGY)

BY PRANALI B EL ED 4TH
YEAR

(Education + COVID + Technology)

This COVID has given us time and opportunity to explore new things and teaching methods and pushed those who feared from trying new things.

Teachers have to switch between prepared videos and PowerPoint

lessons and hosting live teaching via Google Classroom, Zoom, Microsoft

Teams, and others. They need to develop lesson plans as well as adapted

worksheets, assessment sheets, and other materials (Kundu, 2020; The

Hindu, 2020); (Jain, Lall, & Singh, 2020)

Acc. to Govt. guidelines, "TEIs should explore the possibility to encourage technology enabled learning as well as conducting online classes.

It is believed that "the relationship between technology and education at all levels is bidirectional. Technology will impact the education in a multiple way." I believe most of it we have already seen how education becoming more than 90% dependent on the tech. Now, good communication,

collaboration, patience, keen listening, etc. aren't the only skills needed to

be a teacher. "Digital skills" is necessary just like in any other sector.

Our teacher also arranged special sessions for us to share our exploration

of teaching-learning tools so that we can help each other.



The tech savvy

one shared and spent time with teachers to arrange the session and deciding which tool to choose to present as there are millions of them to look for. Our teachers also put so many efforts and learned new things and shared with the class which all of us implemented in our internship. This year (2021) the PSTE trainees also got the opportunity to learn about CLIL (Content Language Integration Learning) from U.S department of State through Synchronous and Asynchronous methods. "course is a collaboration between the English Language Specialist program, sponsored by the U.S. Department of State, and the Regional English Language Office in New Delhi, India, at the U.S. Embassy."

World of dreams



HOW AMAZING OUR LIVES ARE .SURPRISE AT EVERY MOMENT OF IT .
EVERY MOMENT BRING YOU A SAC FULL OF EMOTIONS SOMETIMES
DRAMA ACCOMPANY EXCITEMENT. SOME DAY YOU ARE SAD SOME DAY
EXTREMELY HAPPY AND SOME OF YOUR DAYS WITH FULL OF DAY
DREAMING !
DAY DREAMING ,PEOPLE CONSIDER DAY DREAMING A WRONG IDEA! (EXCEPT ME)
'YOU SHOULD NOT DAY DREAM THINGS' . I MEAN OK I UNDERSTAND
BUT AINT THE DAY DREAMING IS SO INTERESTING , YOU CAN THINK
BEYOND THE REALITY ,SOMEWHERE YOU KNOW THAT WHAT YOU ARE
THINKING HAS A CHANCES OF NO TO BE HAPPEN IN REALITY ..BUT
YEAH THEY ARE SUPER POSITIVE AND SATISFACTORY
I CAN THINK WHATEVER I WANT I CAN MAKE THE SAME THING HAPPEN
FOR LIKE MILLION TIMES NO LIMIT AND CHEERY TO THE CAKE IS THAT I
CAN ALSO SMILE FOR LIKE MILLION TIMES EVERY TIME ! IMAGINE
OK I MIGHT BE SUPER INTO THE WORLD OF DREAMS BUT DON'T YOU
THINK THAT THIS CAN BE A BEST WAY TO CUTOFF FROM ALL THE
PROBLEMS, CONFUSION AND OVERTHINKING THAT THIS YOUTH IS
COMPLAINING FOR EVERYDAY
I AM NOT SAYING THAT ONE SHOULD ALWAYS BE IN THE WORLD THAT
THEY CREATED BUT NOTHING IS WRONG TO INTO FOR QUITE SOME
TIME AT LEAST FOR THE SAKE OF HAPPINESS
ENJOYING MY DAY DREAMING AND ESCAPING FROM THE REALITY FOR
SOME TIME WILL COME BACK AND WORK MORE HARDER TO TO MAKE
THEM REAL.
TILL THEN LOVE TO REALITY

Aaditi Kaushik



HAVE YOU EVER WONDERED ABOUT NCC ONLINE?

Covid 19 pandemic is one of the biggest happening one had ever experienced . No one could imagine a time when all the roads over this planet would be occupied by loneliness and silence. But even in such a horrible condition people continued to perform their duties and the full flash of technology came into existence. Being a first year B.EL.ED student I got the opportunity to join NCC. I was wondering how one could go ahead with NCC in online mode but I knew this would be a totally new version of NCC. It proved to be a boon for those who lived kilometers away from college. We gave interviews for NCC selection in an online mode which was very new to me. Teachers and seniors organized several meetings, classes to guide us, teach both theory and practical and things are still in continuation. Many training programs are also organized. As a duty of cadet we took initiation to support socially, physically, mentally and even economically.

Pandemic helped us to polish our skills as a cadet and is an opportunity to show society what actually is the motive and role of NCC.

BE HEALTHY, STAY SAFE
JAI HIND

By Jisha
B.EL.ED 1st year



COVID and ME



Everyone's life was going pretty great we all wished our loved ones a very happy new year and took our elders' blessings and Voila! We were all set to enter in our new year 2020. Before the news of this deadly virus in India, everything was sorted. I cherished the time when I used to go to my college with my friends in crowded metro where I can listen to all types of voices and sounds that I miss today. Being a foodie, I cherished having delicious street food, eating which scares me now. With the emergence of this pandemic those crowded streets turned into altered reality scenarios and everyone started to stay away from each other. We weren't able to feel warmth of each other and the whole world turned into a graveyard full of either dead corpses or living zombies with their masks on. During this whole time, we all found too many options to find a little positivity in the air (P.S. – not our dear COVID 19 positivity). I thought of starting to vlog my experiences and start a YouTube channel where I can share my foodie experiences and give everyone glimpses of what life was like before this pandemic. I cooked and experimented with around 118 dishes at home and shared about the same with everyone around me. I started this journey with a hope to cope my anxiety and here I go fully occupied in vlogging and finding happiness in little things around me. This pandemic made us feel the importance of finding happiness in little things and how important and blessed it is to have a family. I started my vlogging journey during this pandemic some started their small businesses, many developed little hobbies and some used their time to transform themselves in their best versions. Like I say every thing in this world comes two faced. This virus indeed took away a lot from the world but it indeed gifted us many experiences and gifts that might not be possible during our regular lives.

As Dalai Lama says – “The purpose of our lives is to be happy.”

So, lets enjoy every bit of it with smiles and tears



**NIGHT
CRAVINGS**

PHILOSOPHY OF B. R AMBEDKAR AND WOMEN EMPOWERMENT

BY : AREEBA HUSSAIN
BELED 2ND YEAR

Dr. Bhimrao Ambedkar now recognised as the "Father of the Constitution of India", was an academic social reformer an Indian jurist, an economist, an anthropologist, a politician and a resolute writer. He was a pioneer in area of women empowerment. Dr. Ambedkar said "I measure the progress of a community by the degree of progress which women have achieved" he wanted to resuscitate Indian society through democratic ideas of equality, liberty and fraternity. He firmly believed that, exemplary will be times when security and happiness of women too will be regarded as essentials.

According to him, women were victimized by our domineering hierarchical social systems that had set rigid norms which only accepted humility from them. He fought against unfair nasty practices like child marriages, devdasi system and strongly promoted family planning. He was a strong advocate of women's reproductive freedom. He argued for women's reproductive rights and had also recommended that birth control facilities must be made available to them.



Also he had put in all possible efforts in development of women who were associated with prostitutions. For him women lacked opportunities of decision making but the situation worsened because they were not much aware of their rights. He not just worked on empowering Dalit women but also strived for women of other sections, by initiating responsiveness among deprived, uneducated women and by encouraging them to combat against any biases through use of their rights and various constitutional safeguards. Nehru rightly once said "Babasaheb was a symbol of revolt against oppressors of Hindu society. In one of his research papers Dr. Ambedkar delineated how women were treated spitefully, by mentioning some malpractices in Hinduism like sati, widowhood and child marriages. Also according to him Muslim women were denied of their moral rights due to practices like Purdah system, lack of dignity and divorce issues. He espoused Buddhism as it accepted disadvantaged sections including women and dignified equal status. He refused to accept worshipping Hindu deities insensitive customs and ceremonies for liberation. Babasaheb saw women empowerment as making provisions for social education and socio cultural rights for women welfare for their complete development.

He stressed that "Each and every section of women must be given their due share and absolute steps should be taken to maintain and protect dignity....their dignity," Dr. Ambedkar's aspiration for the society, which was based on gender equality is yet to be comprehended and therefore his beliefs are important for social fabrication of the society that favours women empowerment. He had a philanthropic view towards all the women, irrespective of their caste, religion, sex and class. Looking into the views of Dr. Ambedkar clearly show that equality should be made available to all persons even in socio-economic life through state's intercession.

EQUALITY

BY :MONISHA ROY

BA PROGRAM 1ST YEAR

While reciting our country's pledge we say "All Indians are brother and sister", don't we? We are living in the 21st century but still discriminate people based on income. All of us want to be dominant in society- wanting to rule over the poor; Why?

Just because they are not of our level? Just because they don't live a luxurious life like we do? Or is it that we are afraid to lose our position to them?

Most of the families in our society, hire maids to sweep home r wash utensils, just to keep their family free from all sort of bacteria disease and to maintain hygiene.

But, what about them, whom they serve leftover food .. isn't "hygiene" a word meant for them? According to our society, they are unclean, they don't use good quality products that's why we feed them with our leftovers food. If any terror attack or any rape case takes place in our country we Indians protest against it.





At that time we show lots of love for our country's people but who are gonna protest for all those who are eating your leftover food, those who are bearing your abusing words, and all those poor who are treated like.... a hell!?

One doesn't deserve to be called an Indian if s/he doesn't have courage and kindness for each and every citizen of India!! Or else it is useless saying that we all are 'brothers and sisters. Please think about it and try to bring a change, as each one of us, including the marginalised, are gifted with a beautiful life.

Let us not try to spoil it. The development of our country is in our hands not only in the hands of our government.

CR'SHIP- MY LIFE AS CR

BY : KAJAL

BELED 2ND YEAR

When we all were trying to accept a new college life and then we are trying to accept our new environment getting familiar with the new classmates, new hall , And even new toilets, new routes which will be leading us a start a new college life journey .i have taken a very bold decision as on our first day of college a sweet question was asked who is the CR of class ?

At that moment I decided to be the one and thus I got into a very special sweet and sour position of CR that is class representative. If anybody do not know here who is the CR I can introduce myself Hi! i am kajal your CR of b.el.ed from last 2 consecutive years CR is a middleman between professors and students. The work which is expected to be done from us is to convey all the message given by our professor to are classmates.

Being CR is not an easy job! There are many rumours revolving around you such as you are teachers pet, you can persuade every decision of your professors ,you are leaking class talks in teachers and many more and holding these rumours around you have to work.

From running errands for the professors voicing students issues cr's do it all .the first thing I learned by being a CR is roll number of my classmates and now I remember them as hell. Our life started is :

Class startsattendance.....
class listattendancedeath..



The first question we have to always answer was who is the CR..... yes I am.. it was a very sweet experience as we have to perform all the activities with our responsibility marking attendance, organising class events ,making lists etc. the pages of my notebooks are always filled with the long long list of attendance and i have to leave my Friends behind to mark attendance when we were in college.....by the way I also started to build up my confidence started to interact with everyone and i have earned truck loads of love from my classmates and my professors thus I have very sweet and sour kind of experience by being a CR and I would like to continue to do it.

EXPLORING THE IMPACT OF THE COVID -19

BY : SHEEBA

B. EL. ED 4TH YEAR

Covid-19 pandemic and lockdown has brought about a sense of fear and anxiety around the globe. This phenomenon has led to short term as well as long-term psychological and mental health implications for children and adolescents. The quality and magnitude of impact on minors is determined by many vulnerability factors like developmental age educational status pre-existing mental health condition being economically underprivileged. Children and adolescents with mental health needs such closure of access to the resources they usually have through schools. They are unable to assess mental health support their support group and face-to-face service has been cancelled and support by phone on online or can be challenging for children. School routines are an important coping mechanism for young people with mental health issues. When schools are closed they lose an anchor in life and their symptoms could relapse. Going to school had been a struggle for (some children's depression) prior to the pandemic, but at least they had a school routine to stick with.



“My health is very weak. I don’t eat food properly, I don’t exercise at all and it has been very stressful. My daily routine was very healthy and balanced but now it’s not.”

It was found in this study 63% of students are not physically active. Health issues during lockdown:- Pandemic affect on their health. Students feel lots of health issues for instance, most of the students (37.5%) are facing eye strain, 25% students are victim of headache problems, stress, laziness, body pain, etc. As, due to COVID-19 pandemic period, student daily routine is drastically changed. It was found that students spent long hours on their screen for online classes. Constantly spending long hours on screen affect their social life, parents reveal that they observe aggressive and oppositional behavior in their child. Above 37.5% students spent above 5 hours on screen for online classes. Their daily routine have changed, due to flexibility of online classes, they use social media’s apps when they engage online classes, also their habits have changed, for example, reading and writing habits. 62.5% students spend more than 2 hours on social media. At the beginning of class, students feel anxiety, during the class boredom, stress take place and after the class they get tired and frustrated.

Another thing is long time screen-use, network issues. “There is stress of online learning because of first buying a new device after that need of data make the condition is worse.”

In our study student revealed that 37% find home environment peaceful where 63% find home the environment is not peaceful.

There are some stress buster activities that students do in pandemic:- watching tv, listen to music, playing games or instruments, sleeping, gardening, yoga.

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POEMS

BY STUDENTS OF
B.EL.ED
AND OTHER
DEPARTMENTS OF
ADITI
MAHAVIDYALAYA





Aphonic's voicing

**There is a language beyond words.
Have written this poem from a hearing impaired
and a mute person's perspective,
who is yearning for acceptance and inclusion.**

Storming emotions keep pushing me to let out.

I am screaming my words aloud

But, they aren't reaching out

I am stuck here...in this ocean bed

Where my voice reverberates in these waves

And my jinxed words astray in this dark abyss

Looking out for a way to reach a beating heart

A HEART...

That wishes to fathom these faint feelings and to

embrace my shoddy part.

**- Areeba Hussain
B.el.ed 2nd year**

Hiatus...

This poem is about my lockdown experience where, I got a break from my regular lifestyle and got time for retrospection and self care.

**In trying to catch the running stream of time
The harder I gripped my fists,
the swifter it fell off my fingers
18 long years hastily passed by
Now, when I look back
There was no creativity, no self care
I had lived long in queer monotony
right from books, school to everything for my
better..I had everything still
before I was never this happier
Amidst this outbreak I have breath
So, are having people around me
Such a treasure it never before felt to see
And that's not all and enough to thank I must
say
Peacefully at night in my soft bed, with a full
belly I lay
There have been moments when I felt low
But, it's these times who gave me skills
to grow my expression My creativity, thought
and My voice, Through these poems which I
show!**

**-Areeba Hussain
B.el.ed 2nd year**

Enjoy Today

Some days are harder than others.
And some things we wish would happen.
But they never come true
Life can be a little messy
But that doesn't mean it can't be wonderful

Nobody knows what awaits for you
tomorrow

So be thankful for your today
Look back to remind yourself That
you are ready your everything ahead
So Don't worry about your part
Don't think about it again.

Just have a big smile and enjoy your today
'cause life can be little zesty If we find our way

Mehan Kaun
B.A (prog.)

Pandemic and Us

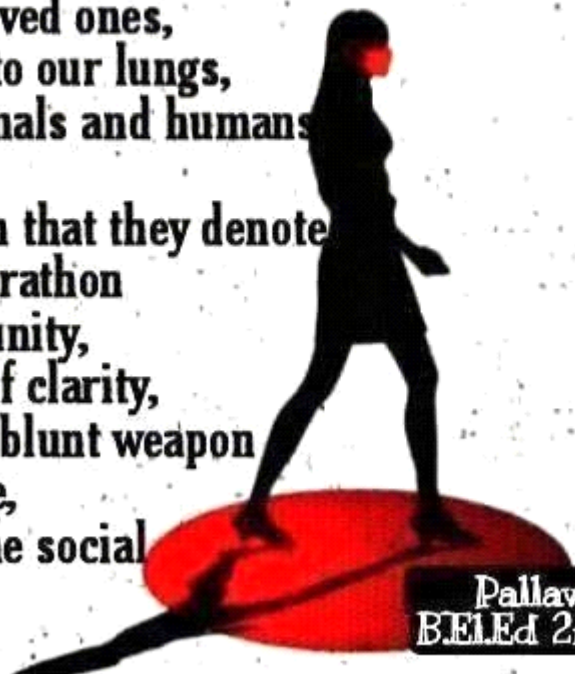


In the humongous human history,
 COVID-19 has come as a mystery,
 with massive hunting down of humanity,
 The strain of coronavirus family has shown
 its range of brutality,
 so, under this Global catastrophic event,
 we are now compelled only to live under concrete cement,
 Headlines of news channels piling up with conspiracy theories,
 Being told to us as if it's someone's Glory,
 For some it was yet another fact that was hard to believe,
 Leading to predict about the future that we will achieve,
 In order to escape from reality we were
 pricking ourselves multiple times,
 like that fish in a tank full of predators tries to climb,
 Many people have deepened their roots into this
 "soul crushing" poverty,

The trend had also started to teach people
 how to follow the hygiene,

Battling with this coronavirus amongst all We were and
 we are failing to give that sense regime,
 of touch and affection to loved ones,
 as it may also cause damage to our lungs,
 Gurudwara and NGO Feeding animals and humans
 both,

Respecting the amount of dedication that they denote
 We are running in a Marathon
 to have the herd immunity,
 but, still its lacking a bit of clarity,
 the progressive fight with this blunt weapon
 is still in existence,
 So, let's don't forget to keep some social
 distance.



Pallavi Gupta
 B.Ed 2nd year

Escape..

"Let me speak..."

She typed with firm cold touch
Anxiety urged sweat along tremors
Yet the fingers.....kept moving
"dont decimate my mystique"
Stirred emotions roused her words
But with her tied tongue , screen was
its only escape

"Let my voice be heard"

Unsettled she ...

cleared her throat and chugged
And adjusted her folded brow

"Let it go feral, unfettered"

Gasping and relaxing herself a bit
Her poem she ended hanging loose

"Be my courage so that i can stand
undettered"

-Areeba Hussain
BEI.Ed 2nd year

CHANGE

Lawyers, Politicians,

Administrators, Leaders

All they sail under false colours.

Lots of hues and cries go in vain...

"Being fair and square ruins life"

This stereotype needs to be changed!

To get everything under range...

People blindly follow homicide,

fratricide & patricide in rage

Though it's high time,

we get our views changed.

Trend has become to feather

one's own nest

Waiting for all these to come on

REST!

Simran

B.A 1st year

A new start

"Life is Beautiful",
Punita mam said.

Wasn't ready for this change,
I stood strong and waited for the rain.
I encouraged myself to start this chapter,
Whatever comes thereafter.
Opened my hands and there they are,
All the memories I made, some sweet, some sour.
Learnt to rise and reach to the heights,
I thank you teachers for this B.El.Ed life.
My friends too played a great role in mine,
I thank you for your precious time.
Today, I am happy and blessed,
Sharing my story with the rest.
If you never try, you will never know,
always give yourself a chance to grow.
Listen to that voice within whenever in doubt,
Taking the risks, falling and learning,
That's what life's all about.

Nandini Dhingra
B.El.Ed 3rd year

One day

One day the flowers will bloom again.
One day the seasons will make us happy
again.
One day we will have hopes for our
future again.
One day we will go out without any fear
again.
One day we will wake up from the
sleepless nights.
One day everything will be normal
again.

Jhilmil
B.El.Ed. 2nd Year

Parents

They give me motivation Whenever I feel stressed

They give me support and I feel myself so blessed

They give me everything that I desire

They wanted me to go beyond imagination

That's how my parents are

Full of life and full of ambitions

The sacrifices they made for me to give the best life to me

The light of positivity they shared from deep within

Showed their unconditional love through thick and thin...

They want me to perform extraordinarily and best

For which they don't take even a minute rest

They both are special in every way

Encouraging me more and more each passing day.

**-Harshita Khanna
B.el.ed 1st year**

Fall for the moon

All the love, All the hatred

All the heavy hearts, All the heartfelt,

All the anxieties, All the disturbances

All the Emotions, All the sensations

Come to a standstill when

The eyes get stuck to the object,

Object that holds its beauty at night

Object that shines at night

Object that clasps calmness

Object that notifies simplicity is a way

Fall for the moon because

It will walk with you even on scary nights.

Fall for the moon because

It will teach you how to shine even when alone.

Fall for the moon because

It will inspire you to rise even after the set.

Simran

Smile, My love!

These eyes, my love!

Have seen a lot

Cried a lot

Smiled a lot

Seen the world falling apart

**Seen you to making a heaven out of the
burning hell**

Witnessed your euphoria

These eyes, my love!

Know you from inside out

They know your longing for love

**The love you are always finding in
others**

**They have seen you breaking and
standing again as tall as ever**

So why not this time

These eyes, my love!

After supporting all your heartbreaks

After laughing until getting tearful

Have seen people coming

Promising of staying

And leaving every single time

Are now urging you to smile again

These eyes, my love!

Have been to your side forever

And are asking first time anything

Are asking to smile, my love

Are asking to laugh, my love

Are asking to love yourself again

How beautiful they look while smiling

My love!

It's time you start loving yourself again

Because you are worth it

Breathe

Look how beautiful the sunshine is today

The wind is calling you

Go and sign with it

Eventually you will learn to smile again

To live again

Life is beautiful

And it becomes more when you are in

love with yourself

This was my little reminder to you

That your eyes are waiting for smiling

Smiling once again

Ankita Bhattacharjee

B.El.Ed 4th year

आइए पढ़ते हैं हिंदी
कविताएं

1st ईअर कॉलेज लाइफ इन कोरोना...

12th में होते ही हम कॉलेज के सपने देख रहे थे।

पर खुशियाँ मेरी दफ़न हो गई,
क्योंकि एक बीमारी कोविड शुरू हो गई।
एडमिशन हुआ जब '19 ईअर मे
सब कुछ वर्चुअल हो गया ।
मानो सपना मेरा टूट गया,
ख्वाबों का सिलसिला छूट गया।
नए-नए दोस्त बने पर कभी मिले नहीं,
किस्से सुने कॉलेज के
पर कभी कॉलेज के दर्शन हुए नहीं।
आँखों का बुरा हाल हो गया,
पढ़ते-पढ़ते फोन भी गुस्से से लाल हो गया।
आना मना है जाना माना है,
बिन सज़ा के कैदी बने,
यह जुर्माना ज़्यादा बड़ा है।

- प्राची

B.El.Ed 1st year

जहाँ घर हो हमारा

चाहते थे जीना ऐसा मंज़र,
जिसमे तिलस्म ही तिलस्म हो
आँखे खोलना भी एक सपना हो,
उड़ते रहे उसी बादलो की राह में
जहाँ घर हो हमारा

कि तभी एक राक्षस सामने आ गया,
डर कर चिल्लाई मगर अँधेरा छा गया
समझ न आया कुछ जैसे मूरत मैं बन गई ,
आसमानों की राह से मैं धरती पर आ गई
तड़पती रही मगर किसी ने आवाज़ तक न सुनी
कहते थे सब बस आवाज़ देना हम साथ मिलेंगे
पर जब आवाज़ दी तो सब खामोश थे,
किसी ने न सुना उस दर्द की आवाज़ को
बिखर गया फूल, पंखुड़ी टूट गई !

- कोमल सिंह

B.El.Ed 1st year

भाषा

अपनी भाषा बोलिए, भाषा मां सम होए;
भाषा जीवन मार्ग है, दुःख मिटता सुख होए।
निज भाषा उत्थान से, देश गौरवित होए;
गौरव बढ़ता देश का, तो कड़ कड़ गौरव होए।
आदर हो हर भाष्य का, ये ही जीवन मूल्य;
निज भाषा उन्नति, यही है उन्नति को मूल।
भाषा के लिखने से रचते हैं महाकाव्य।
भाषा बिन जीवन के मार्ग सब अधूरे हैं।।
शांति सुख पूरा न, न जीवन में राग रंग।
आस और प्यास कभी होते न पूरे हैं।।
भाषा की महिमा को जान सको तो जान लो।
भाषा के ज्ञान बिन ख्वाब सब अधूरे हैं।।
रोग और भोग का मर्म भी अधूरा है।
स्वाभिमान, ज्ञान कभी होते न पूरे हैं।।
जीवन को लक्ष्य होए भाषा की उन्नति।
बिन ई जीवन के मार्ग सब अधूरे हैं।।
श्रष्टा बिन श्रृष्टि का ख्वाब ज्यों अधूरा है।
भाषा बिन जीवन मार्ग यूं अधूरे हैं।।
भाषा के लिखने से रचते हैं महाकाव्य।
भाषा बिन जीवन के मार्ग सब अधूरे हैं।।

- सृष्टि दीक्षित

B.El.Ed 3rd year

अपरिचित

एक अपरिचित शहर से
परिचय करने की धुन थी।
उत्साह इतना कि,
शहर के हर व्यक्ति को गले लगाने की धुन थी।
अभी मेल मिलाप कुछ क्षण बीता ही था कि
आई काल का रूप लिए
भयंकर रूप दिखाने...
एक अपरिचित महामारी
सोचा यहाँ अपने साथ नहीं...
पर अपनो जैसे परिचित तो है।
वक्त बुरा है पर साथ झेल लेंगे।
इसी दौरान एक अपरिचित बात से परिचय हुआ कि
अपरिचितताओं में भी बहुत अंतर है।

- मोना गुप्ता

B.El.Ed 2nd year

सफलता हमेशा नंबरों की मोहताज नहीं होती

क्यों हर बार मुझे अंको से आंका जाता है,
क्यों A+ को सबसे अच्छा माना जाता है।
क्यों हर बार मेरे अरमानों का गला दबाकर,
मुझको एक ही पटरी पर दौड़ाया जाता है।

भीड़ से अलग मैं होना चाहता पर,
क्यों हर बार खींच कर मुझे वही लाया जाता है।
तुमको मेरी काबिलियत समझ मे न आती है,
इसलिए यह दुनिया मुझको रास ना आती है।
अगर तेंदुलकर ने भी इस दुनिया को माना होता,
तो वो कभी भी महान बल्लेबाज़ ना होता।

अगर मान ले सारी बातें,
तो जमाने में कभी भी धीरू भाई अंबानी न होता।

अगर सिर्फ पढ़ने से ही होता है नाम,
तो बता भला मैरी कॉम का है इतना कैसे नाम।
कैसे जीतता इंडिया वर्ल्ड कप की ट्रॉफी,
अगर न होता कपिल देव जैसा कप्तान।

क्यों फिर मुझको मेरे अंको से आंका जाता है,
क्यों मेरा हित ना पूछा जाता है।

क्यों तुम लोगो को यह समझ में ना आता है।

तुम्हारी तुलनाओं मे बस वो नादान
बच्चा परेशान होकर फांसी पर झूल जाता है।

अब बस बंद करो यह तुलनाओं का खेल
अब हम से ना खेला जाता है।

- प्राची

B.El.Ed 1st year

बचपन की यादें

खेलते -खेलते घर के आँगन में
न जाने कब वो बड़ी हुई,
माँ-बाप का अगूठा थाम कर चलने
वाली,
कब पैरों पर खड़ी हुई।

गुड़िया, खेल-खिलौने, टॉफी
अब न उसको भाती,
कहाँ गया वो बचपन मेरा
यह चिंता उसे सताती।

काश... कि कुछ ऐसा कर पाऊँ
फिर से झूमू, नाचूँ, गाऊँ,
रह जाए थोड़ा बचपन मुझमें
और मैं बचपन में रह जाऊँ।

- साक्षी कुमारी
B.El.Ed 2nd year

बचपन

खेलते -खेलते घर के आँगन में
न जाने कब वो बड़ी हुई,
माँ-बाप का अगूठा थाम कर चलने
वाली,
कब पैरों पर खड़ी हुई।

गुड़िया, खेल-खिलौने, टॉफी
अब न उसको भाती,
कहाँ गया वो बचपन मेरा
यह चिंता उसे सताती।

काश... कि कुछ ऐसा कर पाऊँ
फिर से झूमू, नाचूँ, गाऊँ,
रह जाए थोड़ा बचपन मुझमें
और मैं बचपन में रह जाऊँ।

- रोनिका
B.El.Ed 1st year

औरत

एक औरत होना, यूँ तो आसान नहीं
है
किसी की बेटी, किसी की बहन,
किसी की बीवी किसी की माँ,
यह किरदार निभाने, यूँ तो आसान
नहीं है ॥
अपनी इच्छाओं को छोड़कर,
औरों के लिए जीना, यूँ तो आसान
नहीं है
समझा मुझे कमज़ोर है जाता,
क्योंकि मैं एक औरत हूँ
जिन्दा है सामाज आज,
क्योंकि आज औरत जिन्दा है,
एक औरत होना, यूँ तो आसान नहीं
है ॥

- महिमा
B.El.Ed 2nd year

ऐसा कौन है जिसने संसार को बंदी बना दिया?

ऐसा कौन है जिसने संसार को बंदी बना दिया?

जिनसे कभी गले मिलके मुलाकात होती थी, आज उन्ही के पास, न जाने पर
किसने मजबूर कर दिया?

जिन्हे देखकर खुशी होती थी आज उनकी ही खुशी के लिए किसने उनको देखना
बंद करवा दिया?

बिना पंख के रोज हजारों विमान आसमान में उड़ते थे। आखिर किसने उन्हें जमीन
पर बैठने को मजबूर कर दिया?

अभी तो मोमोज, पिज्जा, बर्गर, बिरयानी खाना बाकी था,
इतनी आसानी से किसने घर का खाना, खाना सीखा दिया?

अभी तो दीवान-ए-आम की रौशनी को चमकता देखना बाकी था.....
चांदनी चौक, लाल किला, खूनी दरवाजा पर तस्वीरे खिंचवाना बाकी था....
इतनी आसानी से किसने, घर में रहना सिखा दिया?

कभी हफ्ते में एक रविवार का इंतजार होता था, इतनी आसानी से किसने हर दिन
रविवार बना दिया?

सोचा न था की शरशैया पर जब कोई होगा, इतनी आसानी से किसने इंसानों को
कंधा देने के लिए मना करना सीखा दिया?

ऐसा कौन है जिसने संसार को बंदी बना दिया?

पल्लवी

B.El.Ed 2nd year

एक वायरस ऐसा भी आया...

एक वायरस ऐसा भी आया,
जिसने पूरे जग को हिलाया,
कोई शहर ना रहा बकाया
फिर प्रकृति ने अपना सौंदर्य दिखाया।
मास्क और दो गज दूरी को हथियार बनाया,
तभी घर से बाहर निकलना मुमकिन हो
पाया।

अमीर-गरीब, बड़े-छोटे को रहा न कोई पूछ,
यहाँ पर तो एक जिंदगी का सवाल है सबको
दिखाया।

डॉक्टर, नर्स, पुलिसकर्मी ने खूब मेहनत
ज़ोर लगाया,
तब जाकर हम सबको सुरक्षित जीवन है
मिल पाया।

एक सलाम हम सबकी तरफ से कोरोना
वॉरियर्स के लिए आया,
जिनकी वजह से हम सबका जीना संभव
हो पाया।।

शिवा कुमारी
B.El.Ed 2nd year

सोचा ना था कभी...

सोचा ना था कभी
जीवन में ऐसा भी मोड़ आएगा
इंसान घर में बंद होगा
और जानवर खुद को सड़कों पर स्वतंत्र
पाएगा!

स्कूल, ऑफिस, कॉलेज कब होंगे खंडर
और चारों ओर फैला होगा डर का बवंडर,
मास्क और सैनिटाइजर करेंगे राज,
जबकि, मनुष्य जीवन हो जाएगा बेसाज़

क्या इन सुनसान गलियों में मचेगा फिर से
शोर,
कब आएगी वह घड़ी जब कोई ना होगा
घर ही घर बोर,
आज नहीं तो कल यह घड़ी भी चली
जाएगी,
और आशा रूपी किरण एक बार फिर से
जगमगाएगी!

साक्षी कुमारी
B.El.Ed 2nd year

नज़्म

"मत बेचो हयात और जज़्बात किसी के
कुछ नहीं आना यूँ हाथ किसी के,
गुनाह है, गैर-कानूनी है किसी के अंग बेचना
समझ नहीं आती क्यों यह बात किसी के?"

क्यों एक-दूसरे के कातिल बने हो
मन में नहीं रहा क्यों लिहाज़ किसी के?
देश के नाज़, चालबाज़ बन गए,
सुर बिखरे हैं, टूटे हैं साज़ किसी के...

मत दो गुलाब, ख़ार चुभ जायेंगे,
क्यों करते हो मुलाकात किसी से?
बहुत गहराते जा रहें हैं लालच के जाल,
कुछ यूँ बदल गए दस्तूर और संस्कार किसी के,

देखो हौसले कर रहें है कमाल किसी के
स्वप्न हो चुके हैं तार-तार किसी के,
लाकर ज़िंदगी में भूचाल लोगों की
भरते जा रहे हैं भंडार किसी के,

क्यों अपना ईमान बेचते जा रहे हो?
उठता है कभी दिल में सवाल किसी के?
गर हो तो बताओ पूरे जहान में,
जो बचा हो दिल में प्यार किसी के..."

मिलन माथुर
B. El. Ed 2nd year

एक बार फिर

एक फूल सी खिली थी मैं, मुस्काती-सी चली थी मैं।

उस दिन के कालेपन को ना कोई भर सका
जब इश्क़ के गुरुर में, हाँ सुनने के फितूर में,
मेरी एक 'ना' को वो सहन ना कर सका!

इरादे थे नापाक से
तेज़ाब की छपाक से,
कतरा-कतरा मेरा था गला दिया!
मदद की आस में
ना आया कोई पास में,
इंसानियत ने भी खुद को जला दिया!!

मैं आईने से डरती थी,
घूँघट से खुद को ढकती थी।
मैंने जीते-जी सौ मौतें भर के देखीं हैं
फिर ये सोचा क्यों डरू?
मैंने हौसले से ज़िंदगी समेटी है,

देख आज भी मैं खड़ी हूँ,
तुझपे भारी मैं पड़ी हूँ
तुम जैसे ही शर्मिंदा हूँ,
मैं तो सिर उठा के फिर से चल पड़ी हूँ।

- रुचिका

B.El.Ed 1st Year

डॉक्टर का पेशा

डॉक्टर के पेशे का दुख कोई
ना समझ पाया,
बचा लिया तो व्यापारी नहीं
तो कातिल कहलाया।

कौन समझाए लोगों को कि ये
तो खुदा, फरिश्ता है,
जो अपनी जान जोखिम में
डालकर रक्षा करता है।

लोग कहते हैं कि जिस्म
फरोशी का काम है इनका तो
आकर देख लो ज़रा तुम भी,
ये हर किसी के बस का काम
नहीं

वो डाक्टर ही है जो हमें जीवन
से प्यार करना सिखाते है
वो डाक्टर ही है जो रोते हुए
आए को भी हँसाते हुए भेजते
हैं।

इस महामारी में भी करते हैं
पूरी मेहनत से काम
करते है दूसरों की सेवा
भूलकर आपना आराम।

- करीना

B.El.Ed 1st Year

यह कैसी बीमारी आई

यह कैसी बीमारी आई...
घंघोर अंधेरा लाई...
संग अपने उदासी लाई...
चारों ओर महामारी छाई...
जात-पात छोड़ पीछे...
सबको लिया चपेटे में...
छोड़ो भी अब सैर सपाटा
रहो सब अपने घरों में

- रीमा

B.El.Ed 2nd year

महामारी

शहर शहर और गाँव गाँव में,
फैली ये महामारी रे।
बचा सको तो बचा लो भैया,
है ये बड़ी हत्यारी रे।

धूँ धूँ कर जल रही है लाशें,
शमशानो में लगी कतार।
अगला करतब किसका होगा,
नही पता कितने होंगे शिकार।

हाहाकार मचा है चहुँ दिशा
कैसी विकट बीमारी है।
बचा सको तो बचा लो भैया,
ये तो बड़ी हत्यारी है।

छिन्न भिन्न सब हुई व्यवस्था,
भारत पर विपदा भारी है
घुटनों पर सरकार हमारी,
चिंता में नर नारी है।

प्रकृति का है अजब ये खेल,
ये बीमारी तो भारी है।
बचा सको तो बचा लो भैया,
ये तो बड़ी हत्यारी है।

- सृष्टि

B.El.Ed 3rd year

एक बेटी की दुविधा

क्या बस यही हम बेटियों का नसीब होता है?
 आज यहाँ तो कल वहाँ, क्या यही हमारी तकदीर में लिखा होता है?
 आई है तो बेटी बनकर अपने परिवार के जीवन में,
 पर बसेरा तो होगा कल उसका किसी और के आँगन में!
 कहते है लोग, आज नहीं तो कल तू पराई है,
 क्या वाकई मैं यह रीत भगवान ने बनाई है?
 पूजे कई देवी देवता तब जाकर बेटी को पाया है,
 फिर क्यों कहते हैं सब, की बेटी धन पराया है?
 ममता का आँचल, वह तो सब गुणों की ताज है!
 बेटी तो है माँ का साया, फिर क्यों अब तक कोई इसे समझ ना पाया?
 देकर जन्म और पाल-पोस कर जिसने हमें सिर उठा कर जीना सिखाया,
 फिर क्यों समाज की कुरीतियों से डरकर अपना कदम पीछे हटाया?
 जिस आँगन में पली-बढ़ी, खेलकूद और उधम मचाया,
 क्यों उसी आँगन को छोड़ जाना सबसे बड़ा पुण्य कर्म बताया?
 समाज ने ये जाना ही नहीं कि कन्यादान की वेदी पर बैठे पिता ने क्या-क्या खोया है!
 बहादुर बेटी का बहादुर पिता आज फूट फूट कर रोया है...
 समाज की ऐसी दशा देखकर, वो मन ही मन बिखर जाती है,
 पर फिर भी होठों पर मुस्कान लिए, सभी परिस्थितियों को हँसते हँसते अपनाती है।
 जिस घर से कोई नाता न रिश्ता, उस घर को स्वर्ग बना फूलों सा महकाती है,
 सदैव अपने कष्टों को छुपाकर, परिवार कल्याण का मार्ग बनाती है।
 फिर भी समाज की नज़रों में वो खटक जाती है।
 ये मेरी नहीं हर बेटी की पुकार है,
 चींख चींखकर पूछती है वो आखिर क्यों समाज को बेटी अस्वीकार है।

- दिक्षिता

B.El.Ed 1st year



The background is a soft, textured teal watercolor wash. The color is a vibrant turquoise, with lighter, almost white areas where the paint is more diluted, creating a dreamy, ethereal atmosphere. The brushstrokes are visible, giving it a hand-painted feel.

*Art
Gallery*

**PRIYANSHA GUPTA
(B.COM, 2ND YR)**

**MANDALA IN SANSKRIT IS CIRCLE.
THE CIRCULAR DESIGNS SYMBOLIZES
THE IDEA THAT LIFE IS NEVER
ENDING AND EVERYTHING IS
CONNECTED.**

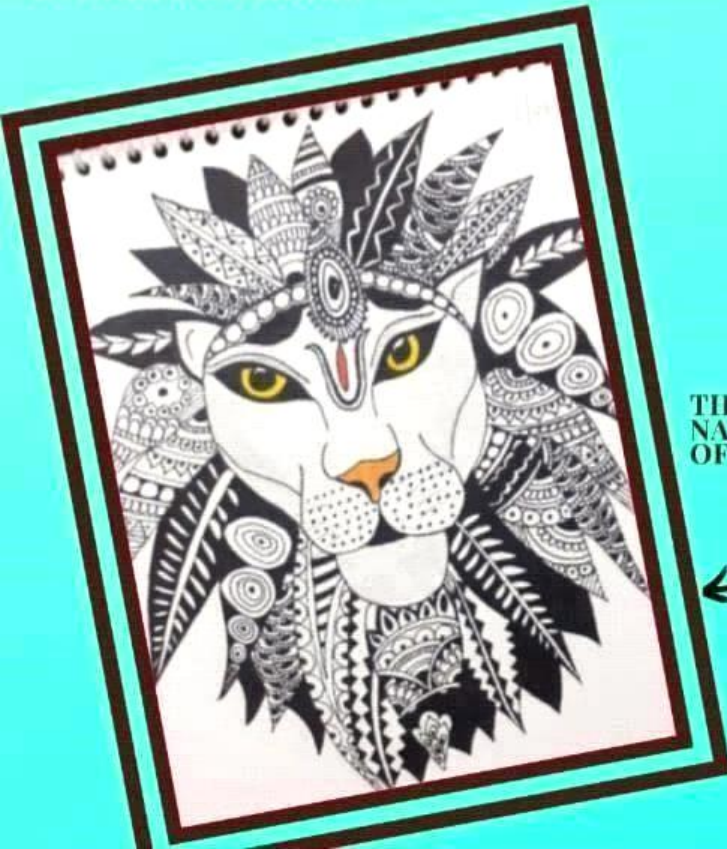


**SANJANA
(B.EL.ED, 2ND YR)**

**THIS IS A DEPICTION OF POLYCHROME
IN A LIFE'S CIRCLE**



**THIS MANDALA SIGNIFIES GOD
NARASIMHA THE FOURTH INCARNATION
OF LORD VISHNU.**



**SUNITI GAUR
(B.A, 2ND YR)**

**-YOGA MEANS ADDITION - ADDITION
OF ENERGY, STRENGTH AND BEAUTY
TO BODY, MIND AND SOUL.**



SLOGAN AND CALLIGRAPHY



**PRANJAL PRIYA
(B.EL.ED, 2ND YR)**

WALL PAINTING



EVERYONE SEES THE FINAL RESULT.
BUT THE RESULT CAME OUT WITH A NUMBER OF STEPS.
THIS WALL PAINTING IS A RESULT OF MANY STEPS LIKE FIRSTLY DRAWING,
THEN PAINTING THEN OUTLINING THEN THE DETAILING.
IF WE MISS ANY STEP THE RESULTING PICTURE WOULD BE DIFFERENT
FROM WHAT WE DESIRED TO GET.
THEREFORE, EVERY STEP IS IMPORTANT TO GET A DESIRED RESULT.

AAKRITI GUPTA
(B.EL.ED, 4TH YR)

PASTEL WORK



**TARANNUM
(B.EL.ED, 2ND YR)**

THE CONTENTMENT WHICH COMES
FROM FREEDOM LEADS TO A
PLEASING SUNRISE

DIGITAL ART

**PRANJAL PRIYA
(B.EL.ED, 2ND YR)**

CHILDREN ARE GOD GIFTED AND
FRUIT OF WOMB .WE MUST KEEP
ALIVE OUR INNER CHILD



"SPECTATORS LOOSE THEMSELVES
IN THE WIDESPREAD SKY.. A BEAUTY
THAT NO ONE DARES TO DENY".



AMBALIKA SINGH B EL. ED(1ST YR)

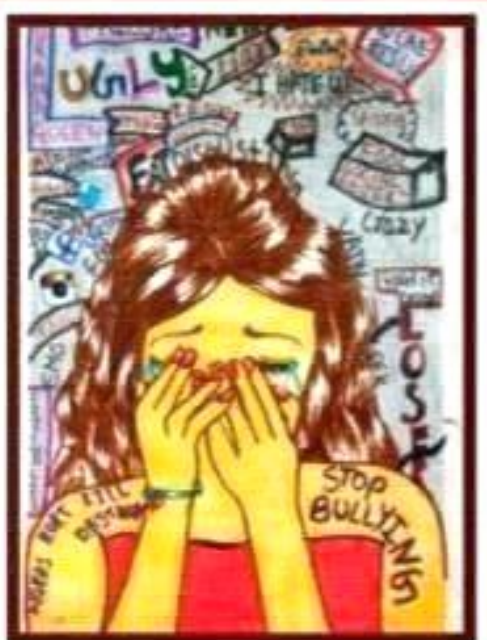
FOR ALL THE SUPERWOMAN ☐
SHE OVERCAME UP EVERYTHING
THAT WAS MEANT TO DESTROY ☐
HER.
IT'S NOT ABOUT HOW MANY TIMES
YOU GET REJECTED OR FALL DOWN
OR ARE BEATEN UP. IT'S ABOUT HOW
MANY TIMES YOU STAND UP AND
BRAVELY RAISED YOUR VOICE
AGAINST AND KEPT ON GOING TO
HEIGHTS WITHOUT ANY FEAR...

POSTER WORK



SAKSHI (B.E.L.ED, 2ND YR)

"THE WORST SIN TOWARDS OUR FELLOW
CREATURES IS NOT TO HATE THEM, BUT
TO BE INDIFFERENT TO THEM; THAT'S
THE ESSENCE OF INHUMANITY."



RONIKA (B.E.L.ED, 1ST YR)

MITHILA

ART



THIS IS A DEPICTION OF NATURE'S BEAUTY AND BONDS THAT TIE HUMAN BEINGS AND ANIMALS.



SIMPLICITY OF MADHUBANI IS THE REAL ART.

THIS ARTWORK IS A DEPICTION OF HOPE THAT SUNLIGHT BRINGS IN OUR LIVES.



MITHILA

ART



THIS ART DESCRIBE THE TRUTH
BEHIND THE RELATIONSHIPS.

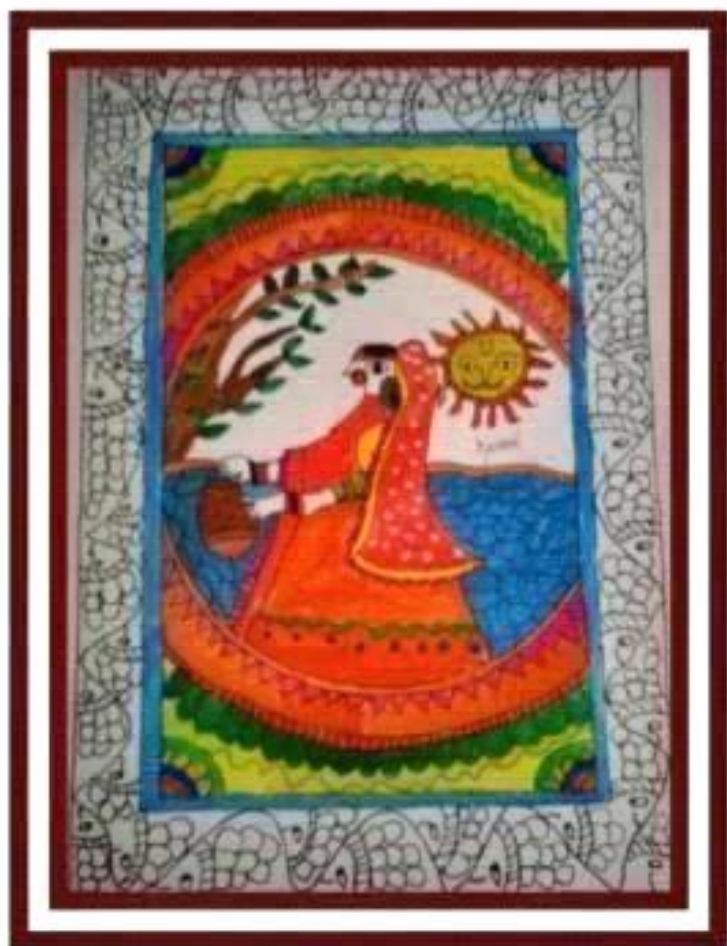


NATURE , MOST FASCINATING ART.
PRIORITY OF BIRDS IN MITHILA IS VER
INFLUENTIAL.

**PRANJAL PRIYA
(B.E.L.ED, 2ND YR)**

MITHILA ART

**ART
SHOWS
THE
TRADITION
OF INDIAN
CULTURE**



**KAVERI
(B.A. 2ND YR)**

PAINTING



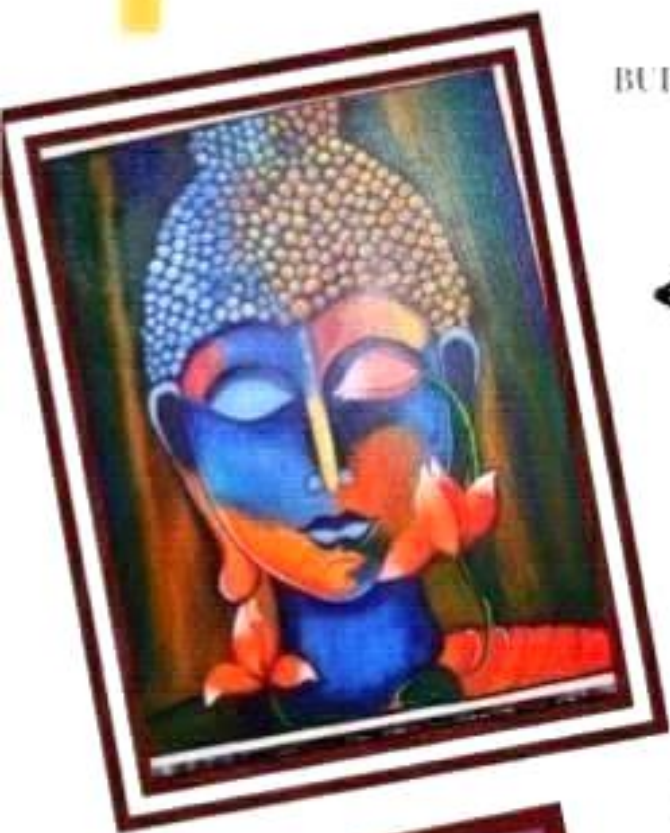
FAITH IN WORSHIP MAKE EVERYTHING CALM.



ONLY GOOD EDUCATION WILL MAKE PEOPLE WISE,
WITHOUT GOD GANESHA NOTHING CAN HAPPEN.

SUVARNA
(B.A. 2ND YR)

PAINTING



BUDDHA IS A SIGN OF CALMNESS.

PRACHI
(B.A 1ST YR)



HUMAN AND ANIMAL
RELATION ARE VERY
VALUABLE.

RIDHIKA SHARMA
(B.EI.ED. 2ND YR)



DANCING WITHOUT ANY WORRIES.

KAVERI
(B.A PROGRAM)

PAINTING

WHENEVER FEEL LONELY THINK ABOUT YOUR PARENTS.

KHUSHI BAJAJ
(B.COM 1ST YR)



CRESCENDOS OF WAVES
SILENCE THE INNER
ROARS, CALMING INSIDE
OUT



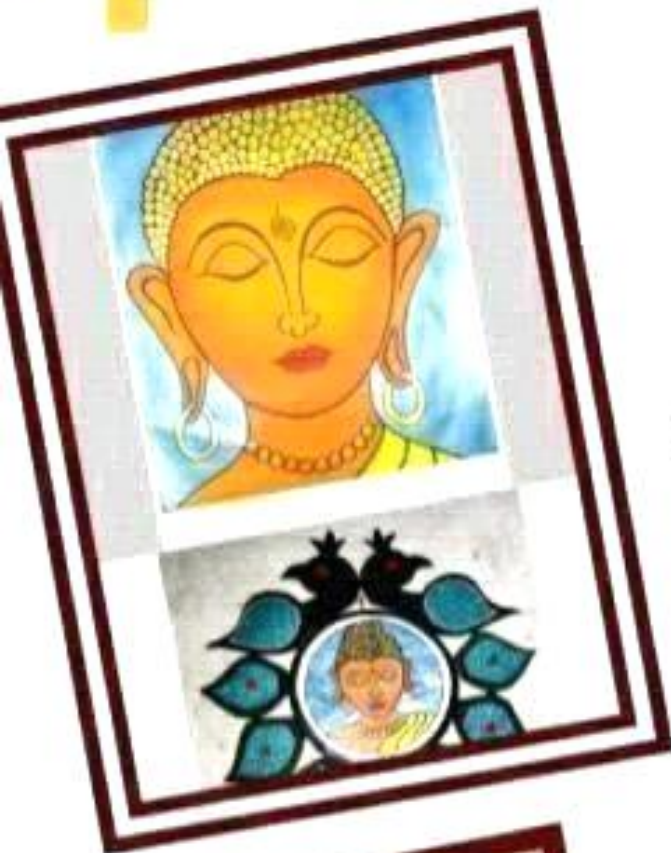
SANJANA
BELED 2ND YEAR



COLORS ARE SO MUCH
INTERESTING AND CAN CHANGE
ONE FIGURE IN 100 DIFFERENT
SHADES.

SHIPRA
(B.A PROGRAM)

PAINTING



**ALWAYS CHOOSE THE PATH OF
GAUTAM BUDDHA.**

**CHANCHAL TYAGI
(B.A 2ND YR)**



**SHOW LIFE INSIDE WATER,
BECAUSE NOW - A- DAYS, PEOPLE
ARE THROWING WASTE
MATERIALS INSIDE THE RIVER,
LAKE, ETC AND THEY DON'T
THOUGHT ABOUT THE ORGANISM
INSIDE WATER.**

**SHILPI BANSAL
(B.EL.ED 4TH YR)**

PAINTING

IT IS A DEPICTION OF BEAUTY AND WARMTH . SOMETIMES WHAT WE NEED IS A BREAK TO ENJOY, TO HEAL AND TO FIND PEACE



Playing with colors does wonders, every sweep is occult



SILENCE OF WINSOME NIGHTS HOLDS NUMEROUS SECRETS

SANJANA
(B.EL.ED. 2ND YR)

SKETCHES

EVERYONE IS BREATHING BORROWED AIR

PRANJAL PRIYA
(B.E.L.ED 2ND YR)



REFERENCE PIC TAKEN FROM SUBHAS NAIK SIR WITH HIS KIND PERMISSION IN PIC REALLY INSPIRED ME BECAUSE THIS SHOWS THE RELATIONSHIP BETWEEN PREYS AND PREDATORS

TANVI DEOL
(B.A 2ND YR)

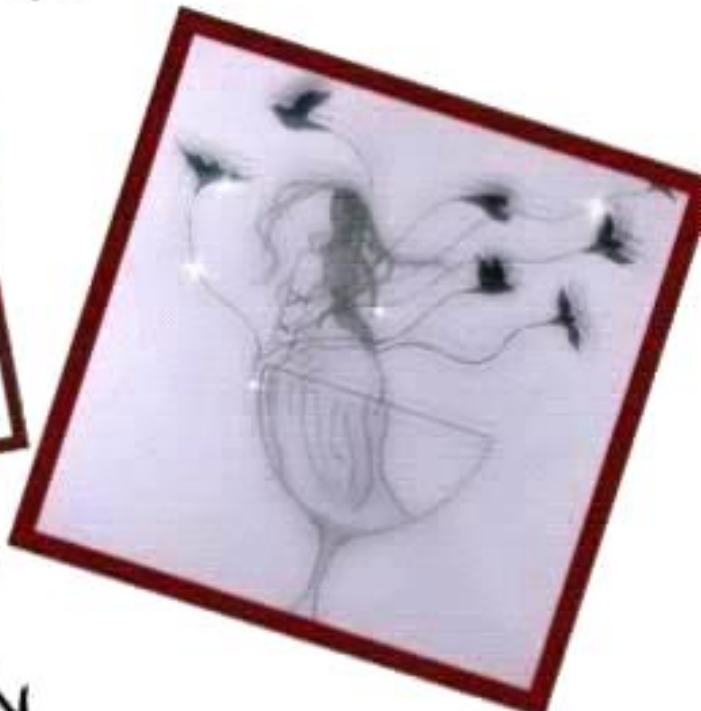


VAISHALI GARG
(B.COM 2ND YR)

SKETCHES

**BIG NAME IS ONLY BUILT ON
HARDWORK AND TALENT.**

**SUVARNA
(B.A 2ND YR)**



**FOLKLORE BRED HER FERAL HEART IN
CAPTIVITY .**

**DIVYA YADAV
(B.ELE.D. 2ND YR)**



**IF YOUR SOUL IS CLEAR THEN YOU ARE
VERY BEAUTIFUL.**

**VAISHALI GARG
(B.COM 2ND YR)**

MANDALA

ART



THIS ARTWORK IS A MIXTURE OF MANDALA AND DANCE FORM, BOTH HAVE THEIR OWN SIGNIFICANCE IN EVERY RELIGION AND REGION.



GODDESS DURGA ASSOCIATED WITH PROTECTION, STRENGTH, MOTHERHOOD, DESTRUCTION AND WARS.

PRANJAL PRIYA
(B.EL.ED, 2ND YR)

Best Out Of Waste



India IS a Country where creativity and innovation doesn't depend on requirements. Here (in India) it is a habit. A habit of creating "Kabaad Se Jugaad"

ANKRITI GUPTA
B.ELED (4TH YEAR)

OTHERS



SHAGUN
(B.EL.ED, 1ST YR)

The
symbol
of
divine
love

DIVYA YADAV
(B.EL.ED, 2ND YR)





**MAHIMA TOMAR
(B.EL.ED, 2ND YEAR)**



**SHIPRA
(B.A, 2ND YEAR)**

Photography



Bharti
B.El.Ed (1st year)

Events and workshops

JOY OF LEARNING FOUNDATION

WEBINAR



Areeba Hussain



Shagun V



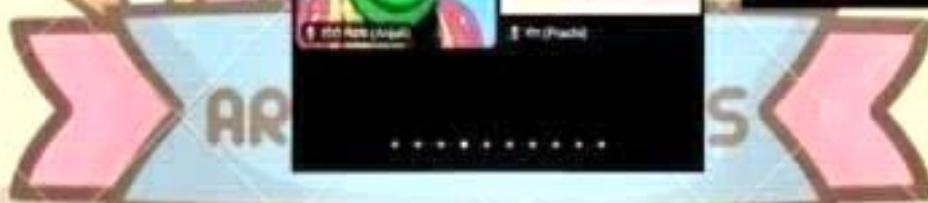
Shipy



Sham



Masks making activity

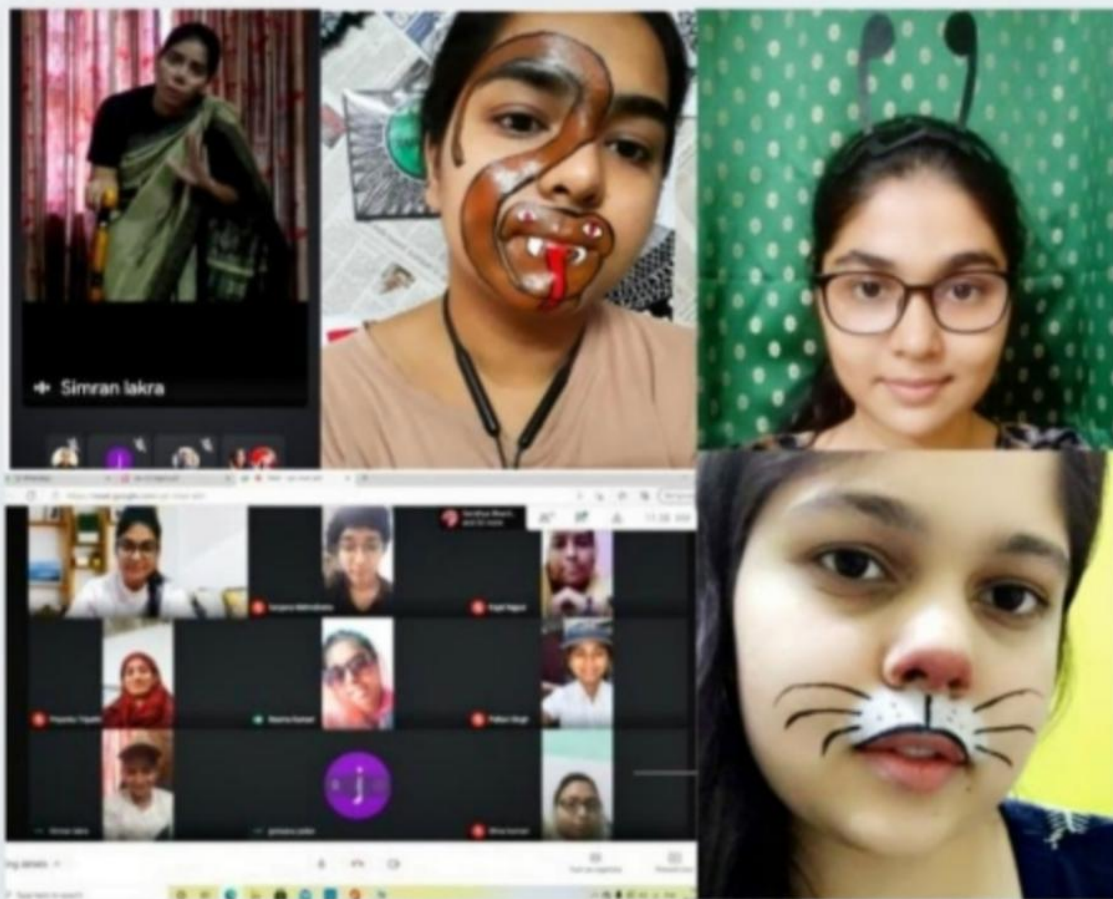






SKILL DEVELOPMENT WORKSHOPS OF 2ND YEAR

STORY TELLING



**SNEAK PEAK OF
OUR SESSIONS**



World Environment Day Event

Presenting to everyone Presentation audio



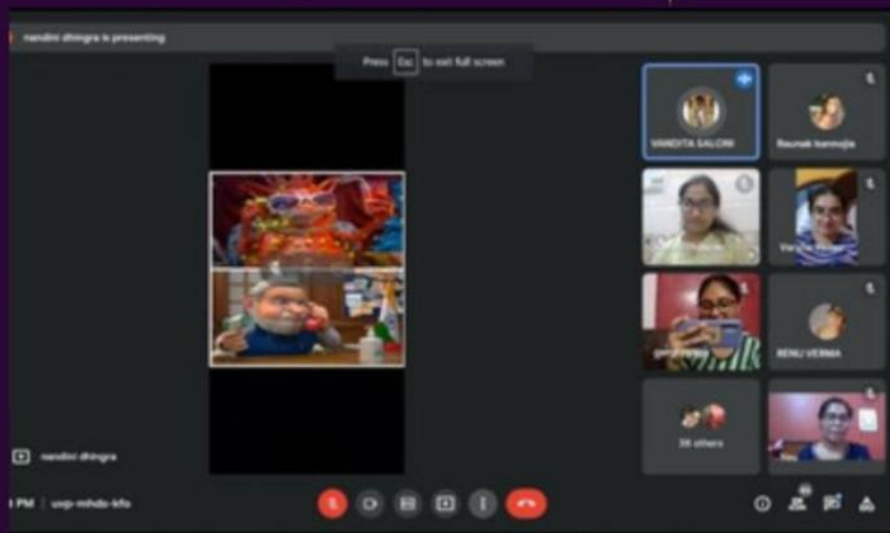
Products are- Ferrous Sulphate (FeSO_4) and Copper (Cu)



Third year
Self Development workshops

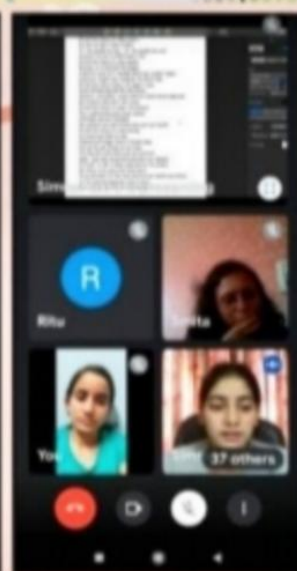
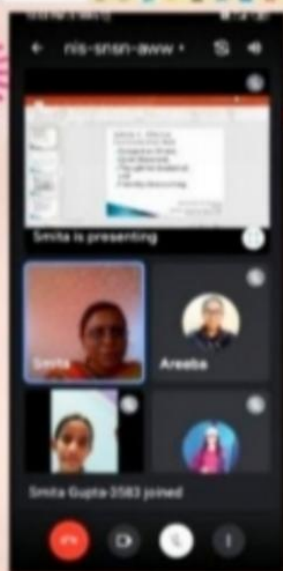
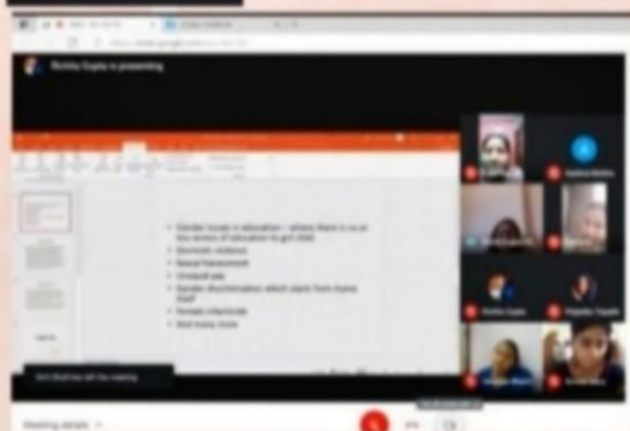


THEATRE



SKILL DEVELOPMENT WORKSHOPS OF 2ND YEAR

SELF DEVELOPMENT





SCHOOL CONTACT PROGRAM

SCP (2020-21)



SCP 2021

School contact program-21



Glimpse of Regional English language Office , CLIL-2020



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