




## Aditi Mahavidyalaya

### Faculty Details



Title	Dr.	Manish	Kumar	Vats		Photograph
Designation		Assistant Professor				
Department		Physical Education				
Address		Flat No.22, Abhilasha Apartment, Pocket-3, Sector-23, Rohini, Delhi-110085				
Phone number		9711895557				
Email		manishvats@aditi.du.ac.in				
Web-Page						
Educational Qualifications						
Degree		Institution			Year	
B.Sc. Physical Education, Health Education & Sports Sciences		IGIPES, University of Delhi			2002	
M.P.E.		School of Physical Education, D.A.V.V. Indore			2005	
NET		UGC			Dec. 2004	
Ph.D.		Banasthali University, Rajasthan			2014	
Career Profile						
I have been teaching from the last 17 years.						
Administrative Assignments						
<b>Part of various committies :</b> <b>Sports Committee</b> <b>Admission Committee</b> <b>Examination Committee</b> <b>Garden Committee</b> <b>Eco Club</b> <b>Medical Committee</b> <b>Evaluation</b> <b>External Examiner</b>						
Areas of Interest / Specialization						
Teaching						
Subjects Taught						
Physical Education						
Research Guidance						

N.A.

Publications Profile

S No	Title of paper	Authors	Journal	Volume No, year, Page No	Publiser/IS SN No.
1	"Development of Professional Career of Padmashree Madhumita Bisht"	Manish Kumar Vats & Prof. Sophie Titus	Drastha (International Refereed)	Vol. 11, Year 3(June 2014- August 2014), Page No: 291-296- Drastha (International Refereed)	ISSN: 2277-2480
2	"Psychological Profile Analysis of an Elite Indian Badminton Player"	Manish Kumar Vats & Prof. Sophie Titus	Arya (International Refereed)	Vol. 2, Year 1 (June-August 2014), Page No.: 143-146	ISSN No. 2348-876
3	"Milk: The New Sports Drink?"	Manish Kumar Vats & Dr. Vandana Gupta	Hindu (International Refereed)	Vol.1, Year 1 (January 2014) Page No: 346-348	ISSN: 2348-0114
4	"Burnout in Sports"	Manish Kumar Vats & Gaurav Kumar	The Eternity (A Multilateral Research Journal)	Vol. 2, Issue 1 (January ) 2011-Page No: 52-55	ISSN: 0975-8690
5	"India and Modern Olympic Games"	Neeraj Kumar Mehra & Manish Kumar Vats	Drashta (International Refereed)	Vol.8, Year-2(September 2013-November 2013) Page No: 734-743	ISSN: 2277-2480
6	"United Nations, Olympism & International Understanding in Sports"	Neeraj Kumar Mehra & Manish Kumar Vats	Chintan (International Refereed)	Year-4, Issue. 14, (April-June 2014)- Page No: 362-365	ISSN: 2229-7227
7	"Sports for Disabled People in India"	Neeraj Kumar Mehra & Manish Kumar Vats	The Eternity (A Multilateral Research Journal)	Vol. 5, Issue 2 (July 2014) Page No: 27-35	ISSN: 0975-8690
8	"Exercise Addiction: Myth & Truth"	Dr. Gaurav Kumar & Manish Kumar Vats	Chintan (International Refereed)	Vol. 12, Year 3 (October-December 2013 Page No: 488-491	) ISSN: 2229-7227
9	"Pilates for People Suffering from	Shivani Rawat & Manish	Sambhavya (International	Vol. 15, (October-December 2013)	ISSN No. 0976-9358

	Osteoporosis"	Kumar Vats	Refereed)	Page No.: 347-352	
10	"Pilates and Pregnancy"	Shivani Rawat & Manish Kumar Vats	Chintan (International Refereed)	Vol. 15, Year 4 (July -September 2014) Page No: 232-235	ISSN: 2229-7227

#### Conference Organization/ Presentations

#### **Seminar and Workshop**

- Presented paper "Assessment of Specific Psychological Skills on Indian Badminton Plyers" in seminar on " Recent Researches in Physical Education & Sports" at Maharaja Agarsen College, University of Delhi(21<sup>st</sup> -22<sup>nd</sup> December 2007)
- Participated in Preparatory workshop for International Conference on "Sports for Peace" organized by Department of Physical; Education, Maharaja Agarsen College, University of Delhi(18<sup>th</sup> November, 2009)
- Presented paper "Corporate Social responsibility in Sports" in UGC Sponsored National Conference on " Corporate Social Responsibility: Sports, Olympism and Global Peace" at Maharaja Agarsen College, University of Delhi(15<sup>th</sup> -17<sup>th</sup> March 2016)
- "International Conference on Sports Economics and Vision of London Olympics 2012" as member Organising Committee, organised by Delhi University Sports Council, University of Delhi (17<sup>th</sup> -19<sup>th</sup> April, 2012)
- Workshop on "Fitness Aerobics & Gym Operations" organized by Department of Physical Education and Sports Sciences, Daulat Ram College, University of Delhi (24<sup>th</sup>- 25<sup>th</sup> February 2012)
- Presented paper "Psychological Relaxation and Energizing Techniques in Sports" in International Conference on "Olympism: Global Innovation Forum foe Humanity and Sustainable Development from Ancient Olympia to India, Tokyo 2020 & Beyond at Dev Samaj College of Education, Chandigarh, India (16<sup>th</sup>- 17<sup>th</sup> February 2018)
- Member Organising Committee in UGC Sponsored National Conference on E-Waste Management & Swachh Bharat Mission organised by Aditi Mahavidyalaya, University of Delhi (10<sup>th</sup> April 2019)
- Member Organising Committee in UGC Sponsored National Conference on Recent Advances in Chemical Sciences Towards Green & Sustainable Environment: Swachh

<p>Bharat Abhiyan Perspective organised by Aditi Mahavidyalaya, University of Delhi (10<sup>th</sup>-11<sup>th</sup>, October 2017)</p> <ul style="list-style-type: none"> <li>• Member Organising Committee in UGC Sponsored National Conference on Revamping Higher Education for Girls in India by Exploring Possibilities Through Traditional and Innovative Teaching Techniques- Beti Bachao Beti Padhao Perspective organised by Aditi Mahavidyalaya, University of Delhi (28<sup>th</sup> August 2019)</li> <li>• Presented paper “Nutrition and Weight Management” in Workshop on Fitness Aerobics &amp; Gym Operations” organised by Daulat Ram College, University of Delhi (24<sup>th</sup>-25<sup>th</sup>, February 2012)</li> <li>• Participated in one day National Symposium on Rise of Civil Society : Participative Democracy or Anarchic Dictatorship held at Institute of Public Administration, New Delhi (5<sup>th</sup> August 2011)</li> <li>• Participated in one day Seminar on Role of Physical Education &amp; Sports in Nation Building organised by Indira Gandhi Institute of Physical Education &amp; Sports Sciences (18<sup>th</sup> March 2011)</li> <li>• Member Organising Committee in UGC Sponsored National Conference on Climate Change and Disaster Risk Reduction in Urban System organised by Aditi Mahavidyalaya, University of Delhi (26<sup>th</sup> March 2018)</li> <li>• Participated in Joint workshop on Shooting in Hansraj College, University of Delhi (1<sup>st</sup> &amp; 2<sup>nd</sup> May 2013)</li> <li>• Participated in Two Day Webinar on “Myths and truths of fitness and corrective exercises for various body deformities” organised by Hansraj College, University of Delhi (12<sup>th</sup> – 13<sup>th</sup> May 2020)</li> </ul>
Research Projects (Major Grants/Research Collaboration)
N.A
Awards and Distinctions
N.A
Association With Professional Bodies
N.A
Other Activities
N.A