

Annual report
of
Nutrition & Health Education
(2020-2021)

- 1) During Nutrition Month NHE in collaboration with FT discipline, organised a webinar entitled “First 1000 days: Role of Food safety and Nutrition in Health and Well Being”, Resource person- Dr. Bani Tamber Aeri, Assistant Professor, Institute of Home Economics (University of Delhi) on 22nd September 2020. Competitions like E-Poster theme “Eat right, Bite by Bite”/ “Food Safety in Present Scenerio” and Recipe Competition theme “Healthy & Colorful Tea Time Snack” was also organised during this month, whose winners were announced on day of webinar. Students have participated and won I, II and III prizes. For E-poster competition- Vaishali B.A.Prog 2nd year secured 1st postion, Monika B.A.Prog 3rd year secured 2nd position while Tanvi deol B.A.Prog 2nd year and Julia B.A.Prog 3rd year secured 3rd position. For Recipe competition- Gargi gupta B.A.Prog 3rd year secured 1st postion, Shubhangi B.A.Prog 2nd year secured 2nd postion while Vaishali B.A.Prog 2nd year and Toshiba Mongia B.A.Prog 3rd year secured 3rd position. Participation E-Certificate was awarded to each participant.
- 2) Nutrition & Health Education department (NHE) had organised an Online orientation session for Semester 1 students to brief them about the course and laboratory facilities, on 20th November 2020.
- 3) Nutrition & Health Education department (NHE) had organised an Online orientation session for students of semester III and V to brief them about OBE pattern and guidelines in month on 4th December 2020.
- 4) Nutrition & Health Education department (NHE) had organised an Online orientation session for Semester IV and VI students to brief them about the online classes and upcoming course and , on 4th January 2021.



