

Annual report
of
Nutrition & Health Education
(2021-2022)

- 1) Nutrition & Health Education discipline together with Food Technology discipline of Home Science at Aditi Mahavidyalaya in collaboration with NSI- Delhi Chapter organized a virtual workshop on “*New product development for Health and Nutrition*” during Rashtriya Poshan Maah-2021 on 1st October 2021, 3:00 pm. More than 90 registrations were received and 80-85 participants including students and faculty members from various colleges of University of Delhi and other universities too participated in the workshop. Students were from *Lady Irwin College, Laxmibai college, Daulat Ram College, Shyama Prasad Mukherjee College, Vivekanand college, Bhagini Nivedita college and Gargi College*. Students were also from *Banaras University, Meerut University* who participated in the workshop very enthusiastically. Workshop had three sessions by eminent resource person.
- *Dr. Sangeeta Goomer, Associate Professor, Lady Irwin College; Topic - Basics of New Product Development.*
 - *Dr. Iksha Chhabra, FMCG Head & Advisor (Mrida group of Industries); Topic - Entrepreneurship Model: Food for Good.*
 - *Dr. Joshita Lamba, Deputy Lead, FFRC (FSSAI); Topic - Food Safety and Certification.*

During the session Dr. Iksha Chhabra shared an interesting movie on requirement of new product development in today’s scenario. The audience gave very positive feedback for the same. Sessions by the resource persons were followed by Business Idea Plan presentations by students of Food Technology disciplines. Following new products were presented by the students:

Shunhangi – Gluten free buns,

Pranjal – Sgery star pizza,

Pinky – Dadi k ladoo,

Manya – Spice grill flame,

Prerna Soni – Alluring chatkas,

Anjali – Quinoa salad and

Nikita Modi – Lasagna

E-certificates was given to all the participants after they filled the feedback form shared at the end of the workshop.

- 2) Nutrition & Health Education department (NHE) had organised an Online orientation session for Semester 1 students to brief them about the course and laboratory facilities, on 22nd November 2021.
- 3) Nutrition & Health Education department (NHE) had organised an Online orientation session for students of semester III and V to brief them about OBE pattern and guidelines in month on 29th November 2021.
- 4) Nutrition & Health Education department (NHE) had organised an Online orientation session for Semester IV and VI students to brief them about the online classes and upcoming course and, on 7th January 2022.





DEPARTMENT OF HOME SCIENCE
(FOOD TECHNOLOGY and NUTRITION & HEALTH EDUCATION)
ADITI MAHAVI DYALAYA, UNIVERSITY OF DELHI

*In collaboration with NSI- Delhi Chapter
celebrates*

**Rashtriya Poshan Maah-2021
Workshop**

New product Development for Health & Nutrition

Date & Time: 1st October 2021, 3:00 pm onwards

Platform: Google meet



Resource Person
Dr. Sangeeta Goomer
Associate Professor,
Lady Irwin College



Resource Person
Dr. Iksha Chhabra
FMCG Head and Advisor
(Mrida group)



Resource Person
Dr. Joshita Lamba
Deputy Lead, FFRC
(FSSAI)

Registration is free, E-certificate will be provided to all participants

Registration link: <https://forms.gle/gLpW7RaLoom6aUmJ9>

Principal
Prof. Mamta Sharma

Organizer
Dr. Upasna Seth
Prof. Poonam Lakra

Co-ordinator
Mrs. Shashi Prabha
Mrs. Arushi ChhabraTaneja