

REPORT ON EVENT
GREEN-O TECH PAPER RECYCLING INITIATIVE
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI

ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi organised "Green-o tech paper recycling initiative" on 4 July 2022 in the guidance of principal ma'am professor Mamta Sharma, program officer Dr Mali Devi Sawariya, our guest Mr. Pankaj with their Green o tech team and all the NSS volunteers who participated in the event.

ABOUT THE EVENT

There is no such thing as 'away'. When we throw anything away it must go somewhere. Many people throw many items out every day after they use them into their garbage bin without stopping to ponder where all this trash goes, so it is no surprise that the earth is slowly turning into a huge trash can. Landfill waste poses a huge problem not only economically and environmentally but also because it takes up a lot of land due to its low decomposition rate. To stop this Green-o tech team decided to collect waste and recycle it. The team collaborated with our college and we collected 750 kg of paper waste and gave it to the Green-o tech team. This initiative developed an understanding about the benefits of recycling amongst stakeholders of our college. The Green-o tech team also provided stationary in return for the waste provided by the college. Without our principal Professor Mamta Sharma ma'am and our programme officer Dr. Mali Devi Sawariya Ma'am's efforts, this event would not have been possible. They have supported us in every aspect.

Report On Cyber jagrukta
Delhi Police
Nationl Service Scheme
Aditi Mahavidyalaya



National service scheme, Aditi Mahavidyalaya University of Delhi has organized a one day workshop on Cyber jagrukta divas july 2022 at 1:00 p.m In the guidance of principal man professor Mamta Sharma, program officer Dr Mali Devi sawariya, SHO Shree Raman Singh and SHO Shree Jagdeep Singh and 80 plus participants participated in the workshop . The workshop introduce the different methods in which we can stop the Cyber Crime at Social Media sites . They also talk about 'How to decrease about Cyber crime ' which is initial to stop Cyber hubs .

ABOUT WEBINAR

The aim of this webinar is that The more you know ,the easier is to stand up and what to do if it will happen to or with someone else in front of you.This webinar boost up the confidence of each and every participant so they will stand up and fight against the street harassment.

The webinar is opened by Mali mam by asking a question Why to stand up against street harassment. Everyone gives their answers in their own way. She also gives a brief welcome to the esteemed guest Shree RamanSingh sir and Mr Jagdeep Singh sir , Break through India.

Perna, The outdoor exposure incharge of NSS, gave an introductory speech in which she explained mission and vision of today's topic in Aditi mahavidyalaya .She also introduced Mr.Raman Singh and Mr Jagdeep Singh an by addressing their work, qualification and achievement.

After that event was started with the National anthem and Saraswati Vandana. Principal mam inaugurated the session by welcoming the guest and by giving a summarised speech on the topic which includes the meaning of Cyber Crimes h, Why to stand up against it and how the campus of Aditi Mahavidyalaya is declared Gender nutral.

The event was advanced by Mr.Raman Singh and Mr.Jagdeep Singh by involving PowerPoint presentations including various impactful videos on Motivational stories,Some Shared Experience which shows how people help themselves and others in this situation and what are the right steps which should be taken at that moment. She makes the webinar more impactful by involving participants with some good amount of multiple choice questions.

The Workshop went on analysing various concepts and gives 5D which is Direct, Delegate, Document, Delay and Distract . She also explains how street harassment impacts a person's mind psychologically and socially and how that person detected themselves from society. Mr Raman sir and Mr Jagdeep Singh sir an impact on them at that time.

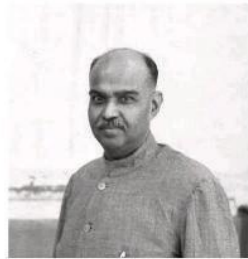
The workshop was very interactive and informative and also shakes the mentality and thinking process of the society.

A question -answer was done by participants member of NSS where activity involved and ask their queries and share their experiences and stories and they also tell how they face street harassment and their actions at that time.All the question were addressed by Mr.Ramansir and Mali mam.

The workshop was concluded by the vote of thanks by Dr Mali Devi sawariya around 3.00pm She thanks Mr Raman Singh and and Mr Jagdeep Singh sir for the event and shows her gratitude towards them.In last feedback form and the form of break through India were also distributed among all participants and all the participants facilitated with the certificate.

The entire session was well managed by the host, technical team and faculty of NSS. All the objectives of the webinar were all successfully achieved.The overall session discussion benefitted the participants to know how to stand up against street harassment.

REPORT ON
ESSAY WRITING COMPETITION
ON THE TOPIC
"SHRI SHYAMA PRASAD MUKHERJEE: LIFE AND WORKS"
ON THE OCCASION OF
121st BIRTH ANNIVERSARY OF
SHRI SHYAMA PRASAD MUKHERJEE JI
ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI



ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi organised essay writing competition on the topic Shri Shyama Prasad Mukherjee: Life and works in the memory of Shri Shyama Prasad Mukherjee on his birth anniversary on 6 July 2022 under the guidance of Principal Ma'am Professor Mamta Sharma and Program Officer Dr. Mali Devi Sawariya. The participants of the competition were Suneeta Yadav, Bhagya Sood, Tanya Chadha, Shivani and Divya Pandey.

ABOUT THE COMPETITION

Indian politician Shyama Prasad Mukherjee was born on July 6, 1901. The youngest ever Vice-Chancellor of Calcutta University, Independent India's first Minister of Industry and Supply and founder of Bharatiya Jana Sangh. He is an example of great leadership and political milestone. Shyama Prasad was a qualified barrister and was passionate about education. Mukherjee founded the Bharatiya Jana Sangh on 21 October 1951 in Delhi, becoming its first president. In the 1952 elections, the Bharatiya Jana Sangh (BJS) won three seats in the Parliament of India, including Mukherjee's. He had formed the National Democratic Party within the Parliament.

To remember his works on his 121st Birth anniversary, National Service Scheme, Aditi Mahavidyalaya organized an essay writing competition on the topic "Shri Shyama Prasad Mukherjee : Life and works". This activity gave students a chance to understand the life of Shri Shyama Prasad Mukherjee with their own research and gave them a better experience. The winners of this event are 1st position, 2nd position and 3rd position.

**REPORT ON
FELICITATION CEREMONY
OF BEST
NATIONAL SERVICE SCHEME VOLUNTEERS OF
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi organised felicitation ceremony of Best National Service Scheme volunteers of the college on 9 July 2022 under the guidance of Principal Ma'am Professor Mamta Sharma, Program officer Dr. Mali Devi Sawariya, Mrs. Nalini singh and Sh. Prince Sharma. The 10 volunteers who were felicitated on the day are Perna, Bhavna Pathak, Deepa Tiwari, Yashika Pawar, Durgesh, Rashmi Mishra, Nisha Mangla, Nikita Verma, Bushra Tabassum and Ridhima Kapoor.

ABOUT THE CEREMONY

"NOT ME BUT YOU"

The Motto of NSS "Not Me But You" Reflects the essence of democratic living and upholds the need for selfless service. It underlines the belief that the welfare of an individual is ultimately dependent on the welfare of the society as a whole and therefore, the NSS volunteers shall strive for the well-being of the society.


NSS volunteers have been making very valuable contributions to the Society, besides developing their own personality. They work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. Volunteerism is one of the most selfless acts that we can become involved in.

Our NSS volunteers were felicitated for their contribution towards society. They have worked hard for society welfare even in the times of Covid-19. Our college is proud of their dedication and the willingness to bring a change.

Pictures of NSS volunteers getting felicitated.



BHARAT VIKAS PARISHAD



Bharat Vikas Parishad
75th Anniversary Logo

ON ITS
60TH FOUNDATION DAY
ORGANISES
SEMINAR
ON
'ROLE OF WOMEN IN SOCIAL CHANGE - DIFFERENT DIMENSIONS'
AND **'SASHAKT MAHILA SAMMAN' FELICITATION**

CHIEF GUEST
Prof. Santishree Dhulipudi Pandit
Hon'ble Vice-Chancellor, Jawaharlal Nehru University

SPEAKER Mrs. Kiran Chopra Director, Pargal Kadal	SPEAKER Prof. Sushma Yadav Member, UCC, P. V. C.	SPEAKER Mrs. Alka Das Gupta Hon'ble Chairman, BDCU, Lucknow, Lawyer, Supreme Court	SPEAKER Adv. Manika Arora Lawyer, Supreme Court
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Date: 10th July 2022 (Sunday)
Time: 10:30 AM
Venue: NDMC Convention Centre, Sansad Marg, New Delhi

You are cordially invited.

R.S.V.P
Mrs. Rashmi Golia
Joint General Secretary
North Region II
BVP

Organizing Committee
Prof. Manjula M. Gupta (Convener)
Dr. Nayana Acharya (Co-Convener)
Dr. Sapna Bansal
Dr. Sherali Badana



Bharat Vikas Parishad
75th Anniversary Logo

GUEST AND SPEAKERS

Prof. Santishree Dhulipudi Pandit
Hon'ble Vice-Chancellor,
Jawaharlal Nehru University

Mrs. Kiran Chopra Director, Pargal Kadal	Prof. Sushma Yadav Member, UCC, P. V. C.	Mrs. Alka Das Gupta Hon'ble Chairman, BDCU, Lucknow, Lawyer, Supreme Court	Adv. Manika Arora Lawyer, Supreme Court
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SASHAKT MAHILA SAMMAN

Prof. Anita Bhat Convener, BDCU, University of Delhi	Prof. Pooja Mehta Member, BDCU, Sardar Vallabhbhai College, DC	Prof. Suman Singh Member, UCC, P. V. C., University of Delhi	Prof. Anita Member, Mewar College, DC	Prof. Pragnika Kulkarni President, Dr. Ambedkar Law College, DC
Prof. Anurag Sharma Member, A.D. Khandwale College, DC	Prof. Anurag Member, Mewar College, DC	Prof. Anurag Sharma Member, PSG College, DC	Mrs. Shilpa P. Chaudhary Member, Dr. Ambedkar Law College, DC	

Nss unit of Aditi Mahavidyalaya University of Delhi got an invitation on 10 July 2022 of the seminar organised by Bharat Vikas Parishad on the topic "Role of women in social change on 60th Foundation Day". On that day they also conduct Shashak Mahila Samman to appreciate and encourage the significance role of womens in society. The seminar was organised at NDMC convention centre Sansad Marg New Delhi. The chief guest of this program was professor Shanti Sri Dhulipudi Pandit honorable vice chancellor Jawaharlal Nehru University. Guest members of the event was Mrs Kiran Chopra (Director Punjab Kesari), professor Sushma Yadav (member UGC EX.VC), Mrs Alka Das Gupta (hon'ble chancellor BBDU, lukhnow), Advocate Monika Arora(lawyer,supreme Court).

Kirti, Priyanka Pathak, Bhavna Bansal, Shivani shakya and Pankhudi were the NSS volunteer who were selected to attend the seminar. First step is to do the registration and after that breakfast was also provided.

The event was started after the welcoming ceremony, deep prajwalan and Vande Mataram. The first address was given by Mrs Kiran Chopra who is director Punjab Kesari, then by Professor Dr Sushma Yadav who is member UGC ex. VC after this by honorable Mrs Alka Dasgupta chancellor Lucknow beautiful speech was given on women empowerment, she ascribed many ratios on the different fields on women.

The Honorable advocate Mrs Monica Arora lawyer of Supreme Court gives an outstanding speech to encourage and promote the women. She talked about various aspects, facts and the situation of women from generation to generation. She also defines the role of women in society in Indian context from the past, present and the view of the role of women in future also. Shri Suresh Jain the organiser secretary of Bharat Vikas Parishad explains the functioning process of BVP and their inputs. Then the sashakt Mahila Samman ceremony started. One by One they invite different women on stage who are doing great work in their field and appreciate them by Momentum. Professor Mamta Sharma principal AMV was the one who whi got the same and address by sashakt Mahila Samman then the chief guest professor Shanti Sri dhulipudi Pandit honorable vice chancellor given a strong speech and encourage many womens after this the session was beautifully ended by national anthem.

Here are some pics of the same.

Award given by BVP to principal professor Mamta Sharma.



Principal Ma'am with NSS volunteers





With Advocate Monika Arora , principal mam and NSS volunteers.

**REPORT ON YOGA SESSION
ORGANISED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi organised a Yoga Session on 12 July 2022 under the guidance of Principal Ma'am Professor Mamta Sharma and Program Officer Dr. Mali Devi Sawariya. Shivani Shakya, Priyanka Pathak, Nikita Rani and Kajal Kumari were the NSS volunteers who participated


ABOUT THE SESSION

“Yoga means addition—addition of energy, strength, and beauty to body, mind, and soul.”

Yoga comprises physical, mental and spiritual practices and promotes self-healing. The practice of yoga asanas in daily life helps to strengthen one's body and the practice of dhyana helps to improve focus which is the most needed for an individual in the MODERN LIFE. There are many benefits of Yoga like yoga for an hour will make a person to sweat and bring out all the impurities from the body, and the breathing rate will also be improved which will give the good uptake of oxygen, can improve the flexibility which will help one's system to work properly, efficiently and effectively.

National Service Scheme, Aditi Mahavidyalaya organized a yoga session on 12 July to promote Yoga in the life of students. College students face a lot of stress in their day to day life and thus this event turned out to be a refreshing change for them. The event was successful under our Principal Ma'am Professor Mamta Sharma and Program officer Dr Mali Devi Sawariya.

REPORT ON DAY-1 OF MANDALA ART WORKSHOP "MANDALA- THE ART OF STRESS BUSTER"





Aditi Mahavidyalaya (UNIVERSITY OF DELHI)

National Service Scheme

organising a workshop on

"Mandala - The Art Of Stress Buster"



Aastha Sekhri
Nss Volunteer
Aditi Mahavidyalaya

Date: 14th, 15th & 17th July, 2022
Time: 11:30 to 12:30 PM
Venue: Reading Hall



Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya

NOTE:- Schedule of the Workshop :-

1st day (14th July) - Introducing mandala and its practice
Theme - Black and white mandala

2nd day (15th July) - Colors of mind
Theme - Colorful mandala

3rd day (17th July) - Experience the magic of illusion
Theme - 3D Mandala

Material required for 3-Days workshop will be :-

- A-3 size sheet (white)
- A black gel pen
- A black CD-DVD permanent marker
- Scale
- Pencil
- Ruler
- Eraser
- Compass
- Pencil colors

Dr. Mali Devi Sawariya
Programme Officer
National Service Scheme
Aditi Mahavidyalaya

Facilitator
Ms. Prerna
National Service Scheme

Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya

The NSS unit of Aditi Mahavidyalaya organised a three day

workshop on the topic "***Mandala the art of stress Buster***"
the resource person of the event was Miss Astha sekhri NSS

volunteer. The event was arranged under the guidance of principal professor Mamta Sharma and Program officer Dr Mali Devi sawariya.

Day 1

Mandala- The art of stress buster organised by National Service Scheme, Aditi Mahavidyalaya, the facilitator of the Event is Ms. prerna and the resource person Astha sekhri.

The Event started by 11:30 and the Anchor Shreya Baluja She



wecomed everyone and then introduced the topic of the workshop.

Introducing Mandala and it's practise

Then, She invited Ms. Mali D. Sawariya for introducing and welcoming Resource Person Ms. Aastha Sekhri who is also a First year NSS volunteer and asked students about what Mandala is? Every student has their different opinions on that, some of them says it's a art, stress removing therapy etc. And Then Dr Mali ma'am invited Astha to tell more about Mandala and why we have do this?



Astha took this forward and explained everything very clearly about mandala, Mandala, like the origin of word mandal from Sanskrit which means Circle, she talks about its types, impact of it and then she ended it with a great note that Mandala heals our mind, it's a stress free artwork we just have to express our own designs, and Then Ms. Mali ma'am introduced to the members of Nehru Yuva Kendra (Mr.



Suraj, Mr. Rahul and Ms. Anuji), NYC also came here to learn Mandala art.

After this, Lamp lighting and Saraswati Vandana began

After the Lamp lighting, Anchor invited our Principal ma'am (Prof. Dr. Mamta Sharma) for inauguration, her speech was really inspired everyone get inspired by her speech.

Then, the session began officially resource person came and instructed everyone to make mandala art, first everyone made circles and express their designs into the circles, Everyone has their own creativity and members of NYC ,Mali mam also participate in mandalas activity and shown their creativity. At last, Astha guide participants on their mistakes and clear all the doubt of the participants.

Day-1 of Workshop was full of creativity and complete successful because of the efforts of NSS team and program officer Dr.Mali Devi sawariya.

DAY-2

MANDALA- THE ART OF STRESS BUSTER

On theme Colors of mind

Firstly, Ms. Mali ma'am welcomed Aastha for the workshop

As the theme says – colors of mind, She explained everything about day-2, she told us colors in mandala helps to relieve our stress, we can make our life happy by filling bright colors in mandala.



2 People from NYC came to learn Mandala,

After this, Aastha told that we're going to make Book marks today, and she made with us simultaneously



Every student represented their different colors designs and Who so ever was asking doubts, she was clearing their doubts and Some were asking for some suggestions.



After this, Everyone clicked the pictures with their book marks.

Here, Day-2 ended successfully.

DAY-3

MANDALA- THE ART OF STRESS BUSTER

The theme for today was **“Experience the Illusion of Mandala”**

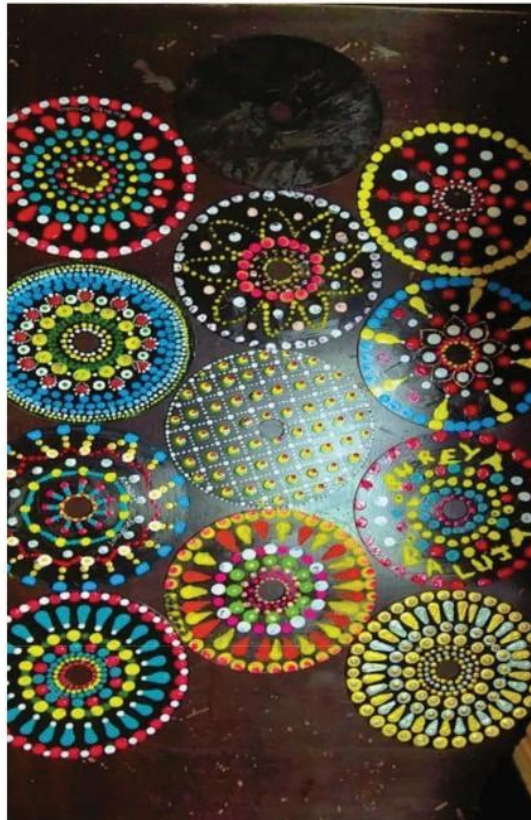
We made 3D mandala's

Firstly, Mali ma'am invited Aastha to start the Workshop

She explained everything about what 3D mandala is,

After this, Everyone start making their 3D mandalas on CD, Aastha Instructed everyone to make, many students were asking their queries, and Some were asking to suggest designs,

After this, Everyone Showed their different designs and colors.



After the Workshop, Our Principal ma'am (Prof. Mamta Sharma) was invited for Saraswati Vandana and Lamp lighting for Closing ceremony,



and There was a small and beautiful exhibition of all the Mandalas made by Students and Our Principal ma'am appreciated everyone and gave us a Feedback, After this, Our Principal ma'am gave a speech on Closing ceremony and Appreciated everyone, and After this, Certificates were distributed by Our Principal ma'am and She appreciated



everyone, and All the students gave their feedbacks about the 3-Day workshop.

Here, Our 3-Day workshop on Mandala art ends with great enthusiasm, and Everyone Enjoyed and Learnt a lot from this.



**REPORT ON
"THE HAR GHAR TIRANGA MOVEMENT"
ON THE OCCASION OF
KARGIL VIJAY DIWAS
ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



ABOUT

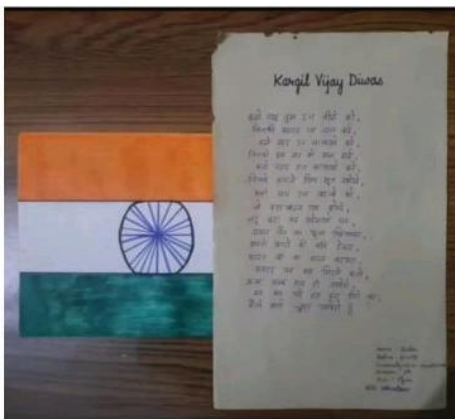
National Service Scheme, Aditi Mahavidyalaya, University of Delhi organised "The Har Ghar Tiranga Movement" on the occasion of Kargil Vijay Diwas on 26th July 2022 under the guidance of Principal Ma'am Professor Mamta Sharma and Program officer Dr. Mali Devi Sawariya and all the NSS volunteers who participated in the event. Issika, Roshni, Harshita Chauhan, Shreya Baluja and Prerna were the NSS volunteers that participated in this event.

ABOUT THE EVENT

"Vijayi Vishv tiranga pyara, jhanda uncha rahe hamara".

Kargil Vijay Diwas is celebrated on 26 July every year in honour of the Kargil War's Heroes. It is celebrated to observe India's victory over Pakistan in the Kargil War for ousting Pakistani Forces from their occupied positions on the mountain tops of Northern Kargil District in Ladakh in 1999.

To honour the heroes of Kargil War, NSS team organised The Har Ghar Tiranga movement in which many volunteers hoisted the national flag at their home and clicked photos and made videos to support the initiative. They also sang songs and recited poetry on the occasion to deepen the connection with the national flag. The aim of the program was to make the relationship with the national flag a more personal one rather than just keeping it formal or institutional.



Volunteers portrayed their respect towards soldiers as well as our national flag and their sense of patriotism was reflected by this activity.

**REPORT ON
WORLD NATURE CONSERVATION DAY
CELEBRATION BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi celebrated World Nature Conservation Day with Chintan Environmental and research action group on 28 July 2022 under the guidance of Principal Ma'am Professor Mamta Sharma and Program officer Dr. Mali Devi Sawariya.

ABOUT THE OCCASION

World Nature Conservation Day is celebrated every year on July 28 across the world. It aims to create awareness about the importance of natural resources and the conservation around them. It acknowledges that a healthy environment is the foundation for a stable and healthy society. It underlines the need for preserving the environment for future generations. We are therefore tasked with the need to leave a healthy planet for those coming after us to enjoy.

Chintan environmental and research action group always gave a huge contribution towards making earth a cleaner and greener place. Their initiatives include research, campaigns, policy interventions, building capacity among those engaged in recycling, and creating awareness about the need for reduced consumption and better waste management among the middle and upper classes. They have organised plantation drives, waste management programmes etc in various states.

The campus of Aditi Mahavidyalaya is full of verdure. Waste managers of the college always ensure that waste segregation is done correctly with the help of blue and green dustbins. NSS volunteers ensure that waste is always dumped in dustbins and not here and there. Guests that

visit Aditi Mahavidyalaya are felicitated with a sapling. The college promotes a step towards a greener environment whenever possible.

On the occasion of World Nature Conservation Day NSS Aditi Mahavidyalaya collaborated with Chintan Environmental and research action group and organized an E-waste collection drive.

Photos of celebration of World Nature Conservation Day at Aditi Mahavidyalaya.



REPORT ON CLEANLINESS DRIVE

"Swachhata Pakhwada"

National Service Scheme
Aditi Mahavidyalaya
(University of Delhi)



ABOUT

National Service Scheme of Aditi Mahavidyalaya University of Delhi organised a Cleanliness Drive named Swachhata Pakhwada under the theme of Azadi ka Amrit Mahotsav in association with Medical committee and Swachh Bharat committee, National cadet corps wings of Aditi Mahavidyalaya as on 1 August 2022 in the guidance of principal Professor Mamta Sharma, program officer of NSS Dr. Mali Devi Sawariya, convenor Prof. Bhawna Rajput, Dr. Rashmi Gupta caretaker, National Cadet corp. 10 NSS volunteers Perna, Shreya Baluja, Kajal Kumari, Kavita, Perna, Kajal, Pooja Kumari, Ragini Rajpoot, Parishu Gupta, Divya Pandey along with NCC girls took part in this and cleaned the college ground and walls.

ABOUT THE INITIATIVE

Cleanliness is a habit not an act. However starting a campaign or drive highlights the issue and brings focus on the task at hand. This also further leads to internalizing and inculcating cleanliness as a matter of habit and routine. The students and teachers of Aditi Mahavidyalaya came together to participate in the drive and be a part of this wonderful initiative.



NSS volunteers cleaned the campus and walls of the college and raised the slogan 'One step towards cleanliness'. The campaign was launched by Prime Minister Narendra Modi. Principal Professor Mamta Sharma said: Students are the real ambassadors of cleanliness and motivated them to keep their home, college and surroundings clean.

The NSS and NCC volunteers participated in creating awareness among the public, informing them about the importance of cleanliness. The students took the initiative to clean the surroundings.

Principal told the students that cleanliness is most important for physical well-being and a healthy environment.

"It is essential for everyone to learn about cleanliness, hygiene, sanitation and various diseases that are caused due to poor hygienic conditions. Cleanliness ensures a healthy mind and physique, she added. "It is not the responsibility of only one person, rather it is the duty of every countrymen," she added.

The principal said: "We can maintain cleanliness at home by emptying the trash bin regularly, dust walls and ceilings periodically, clean the kitchen countertop and sink after every use, wipe the restroom floor to keep it dry and bacteria-free." She also told the students not to litter on the roads and go for a clean and green environment to nurture it for the future generations.

The staff and students thanked the principal and promised to abide by her advice.

**REPORT ON
TRAINING SESSION ON
"ACHIEVING SUSTAINABLE DEVELOPMENT GOALS:
ROLE OF STUDENTS IN
EDUCATIONAL INSTITUTIONS"
ORGANIZED BY
NATIONAL SERVICE SCHEME
AND
NATIONAL CADET CORPS
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**

ABOUT

National service scheme and National Cadet Corps, Aditi Mahavidyalaya in collaboration with Mahatma Gandhi National Council of Rural Education organized a training session on "Achieving sustainable development goals: Role of students in educational institutions" on 5 August under the guidance of Principal Ma'am Professor Mamta Sharma, Dr. Mali Devi Sawariya, Program officer of National Service Scheme, Aditi Mahavidyalaya, Dr. Rashmi Gupta, Caretaker of National Cadet

Corps, Aditi Mahavidyalaya and speaker of the day Mr. Sparsh Mittal, Project Associate of Mahatma Gandhi National Council of Rural Education.

Perna, Shreya Baluja, Kirti, Priyanka Pathak, Bhawna Bansal and Sakshi Jha were the National Service Scheme volunteers that participated in the training session along with 12 National Cadet Corps.

ABOUT THE SESSION

The Sustainable Development Goals are the blueprint to achieve a better and more sustainable future for all. They address the global challenges we face, including poverty, inequality, climate change, environmental degradation, peace and justice. Mahatma Gandhi National Council of Rural Education works to achieve sustainable development and uplift the society and collaborated with students to educate them to achieve sustainable development.

National Service Scheme and National Cadet Corps collaborated with Mahatma Gandhi National Council of Rural Education organized a training session on Achieving sustainable development goals. Mr. Sparsh Mittal talked about various methods to achieve sustainable development such as the 3-R approach which is advocating minimization of resource use, using them again and again instead of passing it on to the waste stream. He said that this approach reduces pressure on our resources as well as reduces waste generation and pollution. He focused on making environmental education the centre of all learning process. This will greatly help in changing the thinking pattern and attitude of people towards our earth and the environment. Also we as students will be able to aware backward classes of the society only when we are educated enough to tell them about the benefits of planting trees, recycling goods etc. In response to that our NSS volunteers told sir about the measures we as a team have taken to make this community a better place. We talked about all the plantation drives that took place in our college, how NSS and NCC worked together to clean our college premises, the sanitary pad distribution done near our college, awareness sessions on topics like HIV AIDS and PCOS/ PCOD and also our future goals towards educating children from rural areas. Sir appreciated our efforts and dedication and also motivated and guided us to achieve our future goals. Mamta Sharma Ma'am, Dr. Mali Devi Sawariya and Rashmi Gupta Ma'am thanked sir for coming to our college and educating students in such an interactive way.





**REPORT ON TRAINING SESSION
ON STRATEGIC WASTE MANAGEMENT
A WORKSHOP ON
"REACHING THE MARGINS"
NATIONAL CADET CORPS
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**




Aditi Mahavidyalaya
(UNIVERSITY OF DELHI)

National Service Scheme
In Collaboration with
Chintan - Environmental Research and Action Group
Organising
**Training on Strategic Waste Management
A Workshop On
"Reaching the Margins"**



Speaker :-
Mr. Deepak Gussain
Assistant Manager
Chintan

Host :-
Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya

Venue: Aditi Mahavidyalaya
Time: 11:30 AM
Date: 2nd August, 2022

Dr. Mali Devi Sawariya
Programme Officer
National Service Scheme
Aditi Mahavidyalaya

Facilitator
Ms. Purna
National Service Scheme

Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya

ABOUT

National Service Scheme, Aditi Mahavidyalaya, Bawana in collaboration with Chintan Environmental Research and Action Group organized a training session on Strategic waste management - a workshop on "Reaching the margins" on 2nd August 2022 at 11:30 p.m. under the guidance of Principal Ma'am Professor Mamta Sharma, Program officer Dr. Mali Devi Sawariya, speaker of the day Mr. Deepak Gussain program coordinator of Chintan.

The waste managers of Aditi Mahavidyalaya named Saroj Bala, Omvati, Vandana, Sawan and Sanjay actively participated in the training session and learned not only about Waste management but also cyber security. NSS volunteers and teaching staff were also present during the workshop.



ABOUT THE WORKSHOP

Around the world, waste generation rates are rising. The world generates billion tonnes of solid waste per day. Waste is often disposed of in unregulated dumps or is openly burned. These practices create serious health, safety, and environmental consequences. Poorly managed waste serves as a breeding ground for disease vectors and contributes to global climate change through methane generation.

Managing waste properly is essential for building sustainable and livable cities, but it remains a challenge for many developing countries and cities. Chintan is an environmental research and action group that strives to reduce waste and unsustainable consumption and enable better management of that waste which is generated.

National Service Scheme collaborated with Chintan to organise a training session on waste management for the waste managers of our college. Mr. Deepak educated our waste managers on how to segregate waste, what kind of safety measures should they adopt safe measures while disposing off, how to dump waste in garbage dump pits, and how to reduce waste so that it doesn't end up in a landfill. Not only this but sir also educated our college staff and students on how to be safe while making transactions online and to avoid frauds. All the waste managers were also provided with certificates given by principal mam. At the end the waste managers were provided with refreshments.



Principal Ma'am and Mali Ma'am thanked Deepak sir for giving his precious time and making contributions to the society.

REPORT ON HARR GHAR TIRANGA ON THE OCCASION OF AZADI KA AMRUT MOHOTSAV AT UNIVERSITY OF DELHI

ABOUT

Volunteers from National Service Scheme Aditi Mahavidyalaya participated in Tiranga Yatra at University of Delhi on 10 August 2022 along with volunteers from many other colleges. 500 NSS volunteers from various colleges of Delhi University joined the Yatra. Bhavna Pathak, Ritika Mayti, Aishwarya Vishnoi, Kavita, Namita, Preeti, Nidhi, Pooja Kumari, Tanya Chadha and Harshita Chauhan were the NSS volunteers from Aditi Mahavidyalaya that participated in the Yatra and showed their enthusiasm. The Yatra successfully took place under the guidance of Principal Ma'am Professor Mamta Sharma and program officer Dr. Mali Devi Sawariya.

ABOUT THE YATRA

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. 'Har Ghar Tiranga' is a campaign under the aegis of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India's independence. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. Students of Delhi University engaged in this initiative by the government by actively participating in a Tiranga Yatra.

On the occasion of "Har Ghar tiranga" in University of Delhi, North Campus, many students came from various colleges for the Tiranga Yatra.



The event started by everyone gathering near the Gandhi statue. The whole plan of the Yatra was announced and we sang Rashtra gaan. After this beautiful moment of togetherness and patriotism, everyone collected flags and batches to set out for Yatra.



NSS students, NCC Students, Professors and Police Men, all came together to participate in the rally with all the passion gathered inside them. Everyone took pictures and videos of the whole journey. Painting exhibitions, Water and Refreshments were also available in between. After the Yatra, We came back at the location to collect our refreshments. The event ended with vote of thanks



Report on one day training of two-wheeler

National service Scheme

Aditi Mahavidyalaya

(University of Delhi)

In Collaboration with

Hero Motocrops

The NSS unit of Aditi Mahavidyalaya university of Delhi has organised a one day training session on two wheeler in collaboration with Hero Motocrops at Traffic training park west Punjabi Bagh. Hero motocrops believe that inculcating responsible road behaviour in younger people helps in making them a responsible citizen of the country. And that is why they have desired various road safety programs to ensure that they adopt the right road culture.

About webinar

The aim of the WagonR was introduced the basic knowledge about the road safety and two wheelers to the participant each they different batch of 20 students attend the program at West Punjabi Bagh traffic training park The name of the students of NSS coordinator was mentioned below

22 August 2022

(Coordinator Priyanka Pathak) Priyanka Bhavna, Shivani, Tisha Simran, Ananya ,dipu ,Chintu, sweety Gauri ,Kajal Jha, koyna ,Nikita, Rani rishita Gautam, Ishika, Akshita, pavitra



23 August 2022 (prerna)

Radhika Kavita Namita Shreya baluja Karishma Prerna Prerna Anand bhumika Karuna Mittal rupanshi Shweta Rathore Vanshika Kriti Tomar Shanu Priya Pooja Kritika Pachauri Ritika Maity Aishwarya Bishnoi Pooja Kumari

24 August 2022 (Divya)

Anjali Kumari Ruchi Divya Pandey Shivani Khushi nishita Sneha Jagriti Seema dipu Duggal Nancy Anjali Harshita Chauhan Priti



25 August 2022 Tannu

Anjali, Sanjana, Khushi ,Kirti ,Prachi Chauhan, Nidhi giri ,Mansi Pandey Nidhi ,Harshita Gupta, Jyoti Rani, kunjika ,Tanu ,Shweta Rani, Riddhi Solanki, pratha Sharma, Shital, Neha Afsana

26 August 2022 Snowia

Snowya ,Anushka, reena, Kiran ,Nikita krinal ,shagufta, Priti, simarjeet, Tanu ,Shahnaz, parishu, Kajal ,Neha ,Najiya Meena,Nishu



29 August 2022

SP dharshini, Monika, chahal, Tanya ,Tripathi, Ishita Shah, Parul Tandon ,Sakshi Bhardwaj, Anuradha ,Himanshi ,shaili ,Puja Mishra, Sonu Kareena ,cheshta ,Priyanshi ,Nikki, Riddhi_

30 August 2022

Kaveri,Shipra,Mahvish,Supriya, Shehnaz,Kirti

On the first day si Savita mam Arun sir and Amrit Kaur ma'am were address the students and give basic information about traffic and women safety they also shared some Delhi police and DTC contact number in case we want to file any complaint against any illegal activity by bus drivers and any other traveller. Each day they share some same basic information about road with different batch of students they share the correct way to wear helmet and also some apps for women safety after that Mr Arun shows the demonstration about how mechanism of two wheelers work and how to control two wheelers in different situation each day refreshment and certificate of participation in training session was distributed among participants.



ADITI MAHAVIDYALAYA

National service scheme

Emerging women of India in defence service

The nss unit of aditi Mahavidyalaya ,university of Delhi organise a workshop on the topic of “ emerging women of india in defence service “ in collaboration with NCC aditi mahavidhyalay on Date-8th september at 10 Am . The event was addressed by honourable chief guest “Ankita srivatsav “with patron prof. Mamta sharma, programme officer Dr. Mali devi sawariya .The event was focused on the role of defence service in india , challenges that faced by women in her personal and professional life .this session is based on how women face obstacles in her life and when if she wants to serve in defence sector so she also lose her own identity . The whole session was very interesting ,knowledgeable and motivated .

About:-

The webinar was hosted by deepthi Chaudhary.(Anchor of the event)

Deepthi Chaudhary started the event to warm welcoming the chife guest Ankita Srivastava,our Principal mam and our NSS programme officer Dr. Mali Devi Sawariya mam. Then after that event start firstly, our Principal mam speak to few words for the students then , after speak to our guest Lt col Ankita Srivastava speaking a journey of her life how to become a women to face of different problems in her life . Ankita Srivastava mam tell us face of ups and down to becoming a dream to complete. Both NSS and NCC volunteer speak up a few poem and lines for delivery to the mam .

And telling us the participate never give up if you are fail in our life then learn something new so always hard to prepare a dream journey.

Lt col Ankita Srivastava mam veterans Army officers who later walked "Beauty peasants"ramps. Also mam won Tanishq 2008 and in Gladrags Mrs. India 2009 Ankita Srivastava mam won the ' Most Vivacious' award. Mam was so talented writing an author, poet, a military humour writes her books are 'The Pink Scarecrow and Ahsaas'. Her next novel is 'From Olive Green to a Beauty Queen'.

Also mam books was totally true a writing in her journey of life . Students asking to mam how problem fo face in becoming a military coup and so on like how convey your parents to choice a different

journey. Mam recommend the book was she write on his journey . Both NSS and NCC volunteer ask one by one questions mam was too cooperative with a students speaking one by one answer. Lastly, mam say us in this time students choosing a career problem face of , so you prepare what you want in your life always hard to get the dream journey. Never give up to if you are fail so you happy to chance once again a continue with a new ways. And after both NSS and NCC volunteer click a group photos session with Ankita Srivastava mam . Here is some beautiful moments capture





"Report on world peace day"

National service scheme Aditi Mahavidyalay (University of Delhi)

The National service scheme of Aditi Mahavidyalaya University of Delhi organizes a visit to Rajghat and National Gandhi Museum on the occasion of international day of peace to learn about peace and importance of non violence from Mahatma Gandhi. Patron Prof Mamta Sharma, Program officer Dr Mali.D sawariya.

For giving the tribute to Gandhiji on world peace day 11 NSS volunteers visit Rajghat at 9:30 on 21st September.

Volunteers names

Kirti, Bhavna Bansal, Priyanka Pathak, Harshita Chauhan, Shreya baluja, Shivani shakya, Ragini ,Khushi ,Anjali ,Pooja Namita, Deepu Duggal.



Firstly we visited the samadhi of Gandhi at Rajghat and remembered him for his sacrifice, efforts with non violence gratefulness and positive attitude. Gandhi ji sets an example for youths that how you will achieve whatever you want in your life by following the path of beliefs, non violence, love, compassion and faithfulness.

(Mahatma by Rabindranath Tagore)

He stopped at the threshold of hearts of the thousand of dispossessed dressed like one of their own he spoke them in their own language here was leaving truth at last and not only questions from books for this reason the Mahatma the name given to him was by the people of India in his real name who else has left like him that all Indians are now on flash and blood. When Love came to the door of India that door was wide open. Gandhiji calls India the blues force of new greatest just as once before in earlier times when Buddha proclaimed the truth of follow-feeling and compassion among all living creatures.

After that NSS volunteers visited the national Gandhi museum and library where volunteers learned more about Gandhiji, Satyagrah, Quit India movement, different

andolans conducted by Gandhiji during British Raj and how Gandhiji became the father of the nation and a role model for today's generation.



National Adventure Camp

Report

Twenty student volunteers from Delhi University and various degree colleges affiliated with the varsity's office of National Service Scheme were selected for an adventure camp held in Himachal Pradesh, Manali.

The 10-day camp was held at AtalBihari Institute of Mountaineering and Allied Sports (ABVIMAS), Manali, for NSS volunteers from New Delhi, J&K, Haryana and Rajasthan. The contingent of 20 volunteers comprising 10 boys and 10 girls were selected from each university.

From our NSS unit of Aditi Mahavidyalaya College, Prerna and Bhavna Pathak were Selected to represent in the National Adventure Camp.

The Delhi University group was led by the NSS Program Officers Dr. Sanjib Kumar Baishya (from Zakir Husain Delhi College (Evening)) and Dr. Rita Rani (from Daulat Ram College)

The camp aimed to expose the participants to mountaineering and trekking techniques, camping techniques, erection of tents during camps, mountain hazards, rope-using, knot-making techniques, artificial wall climbing, real rock climbing, rappelling down rocks and river crossing etc.

We congratulate both of our dedicated volunteers for successfully completing the 90 kilometer track and attaining 9500 feet height.

We NSS Aditi Mahavidyalaya feels immense proud to shout out the splendid achievement of our unit being a part of central NSS Adventure Camp, held in Manali





REPORT ON NATIONAL ADVENTURE CAMP

DAY-1

Date: 12/09/2022

Venue: ABVIMAS, Manali

Ministry of Youth Affairs & Sports, Govt. of India organises a 10 day National Adventure camp from 12/09/2022 to 21/09/2022 for NSS volunteers. There are Volunteers from four different universities representing different states namely Delhi, Haryana, Rajasthan and Jammu & Kashmir. A Team of 20 NSS volunteers are selected from Delhi University for the National Adventure camp at Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali, Himachal Pradesh. The entire tour is being headed by Dr. Sanjib Kumar Baishya, Program officer of Zakir Husain Delhi College (Evening) and Dr. Ritu Rani, Program officer of Daulat Ram college.

20 volunteers alongwith 2 Programme officers reported A.B.V.I.M.A.S at 8:00 A.M. After having breakfast, there was a registration process for all the volunteers followed by an Introduction session by the instructors. Instructors detailed us about the 10 day camp where he demonstrated us about types of ropes and knots to be used for mountaineering, Rock climbing activity. All are very excited to learn and experience new activities.





DAY-2

Date: 13/09/2022

Venue: ABVIMAS, Manali

We woke up at 5 am in the morning. In the pre-morning meal we had tea and went for the morning workouts at 6:30 am and continued till 7: 30 am. After that we came to our rooms and freshened up and had breakfast. Volunteers from Rajasthan, Kashmir, Haryana are also with us. Then at 9:00 am we were given refreshments and we went for Trekking and Rock climbing by climbing with the ropes. After that we had lunch at 2:00 pm and took some rest. In the afternoon at 3:30 pm we had a session on Mountain Manners. Some of the important points were: do not overtake, should have knowledge of a particular area, pollution should be in control, never go alone, smoking and drinking is prohibited etc.

Then we had our tea and snacks in the afternoon around 4.30 pm. Then we had a session on different types of ropes and their knots given by our instructors.

We had our dinner at 7:30 p.m. and went to sleep at 9 pm.

The day was full of adventure and we are looking forward to more adventurous activities and experiences.





DAY-3

Date: 14/09/2022

Venue: ABVIMAS, Manali

We woke up at 5 am in the morning. In the pre-workout meal we had tea and went for the morning workouts at 6:30 am and continued till 7:30 am. After that we came to our rooms and freshened up and had breakfast.

Then at 8:45 am we had demonstrations of rope knots by our instructors. We got ready for the next activity which was wall climbing that was held in the campus itself and in between we had a coffee break. After that we had lunch at 1:30 pm and took some rest. In the afternoon at 3:00 pm we watched a documentary named "BREATHTAKING K2: The World's Most Dangerous

Mountain Range". The movie is about the challenges faced by mountaineers while climbing the K2, which is among fourteen mountain ranges above 8000 m situated in Asia.

We had our tea and snacks in the afternoon around 4.00 pm. Then at 5:00 pm we had our cultural program in which students from all the four universities performed different poems and songs.

We had our dinner at 7:30 p.m. and went to sleep at 9 pm.

The day was full of adventure and we are looking forward to more adventurous activities and experiences.





DAY-4

Date: 15/09/2022

Venue: ABVIMAS, Manali

The NSS volunteers woke up at 5 am. Morning tea was served and then the volunteers went for a trekking to Sharvari Mata Temple at 6:00 am and returned to the camp by 8:00 am. After that everyone went to their rooms and freshened up and had breakfast in the dining hall. Later at 9 am sharp we went for rappelling which is the easiest way to climb down any slope using ropes and other equipments.

After completing the activity successfully, all the trainees returned to the camp and had lunch at 1:30 pm which was followed by a lecture on mountain hazards which started at 3:00 pm.

Volunteers got to know a lot of details about various mountain hazards like frostbite, landslide, avalanche etc., how they happen and how to act in the occurrence of any of them. Volunteers also asked intuitive questions which made the lecture very interactive. Thereafter the trainees got a chance to visit the nearby market with other volunteers and the programme officers which everyone enjoyed a lot. Finally dinner was served at 7:30 pm.

This day was full of adventure. All the volunteers got a wonderful experience and are looking forward for more exciting activities.





DAY-5

Date: 16/09/2022

Venue: ABVIMAS, Manali

NSS volunteers woke up at 5:30 am. Morning tea was served at 6:00 am and at 6:30 am the volunteers went for jogging and morning exercise in the campus jungle before returning to camp and gathering at 7:30 am. After that, we went back to our rooms, got dressed, and had breakfast in the cafeteria. Then, at 8:30 sharp, we set off on a 5 km trek to Jogini Waterfall. On our way to Jogini Falls, we met many local villagers and some foreigners and clicked lots of pictures on the river bank and at the Vashisht Temple.

Upon successful completion of the trek, all trainees returned to the camp for lunch at 2:40 pm followed by a lecture and hands-on training on packing rucksacks that began at 4:30pm.

Volunteers learned many details about backpack packing and how climbers pack backpacks effectively and efficiently. Volunteers also asked intuitive questions that made the presentation very interactive. This was followed by evening snacks with tea and bread pakoda at 5 pm. All the trainees from all states sat together to share their experiences and some showed their talents.

At 7:30 pm, dinner was finally served and we moved to our rooms at 9:00 pm.

The day was full of adventures. All volunteers had a great experience and look forward to more exciting activities.





DAY-6

Date: 17/09/2022

Venue: ABVIMAS, Manali

The NSS volunteers woke up at 4:30 am. Morning tea was served and then the volunteers went for a trekking to Hadimba Temple at 5:30 am and returned to the camp by 7:30 am. After that everyone went to their rooms and freshened up and had breakfast in the dining hall. Later at 9:15 am sharp we went for river crossing. The river is situated at the back of the campus only. After completing the activity successfully, all the trainees returned to the camp and had lunch at 1:30 pm which was followed by a lecture on safety measures in mountains and then a visit to the museum which is situated within the campus. Volunteers got to know a lot of details about various types of rescue measures and ways in the mountains. In the museum we came to know about a lot of traditional and current instruments. Finally dinner was served at 7:30 pm. This day was full of adventure. All the volunteers got a wonderful experience and learned a lot and are looking forward to more exciting activities.









DAY-7

Date: 18/09/2022

Venue: ABVIMAS, Solang Valley Manali

All the NSS volunteers woke up at 5:30 a.m. Morning tea was served at 6:00 a.m. Just after breakfast at 8:30 a.m. everyone left camp by 9:30 a.m. for Solang Valley. Everyone reached there by 1:15 p.m. and freshened up. Lunch was served at 1:30 p.m. Later at 4:00 p.m. we had our coffee and later went for an Acclimatization walk to Anjani Mahadev and also had a lecture-cum-discussion on mountains on general information of the place .

After completing all the activities successfully, all the trainees returned to the camp and had dinner at 7:30 p.m. and went to bed at 9:00 pm.

This day was full of adventure. All the volunteers got a wonderful experience and learned a lot and are looking forward to more exciting activities.





DAY-8

Date: 19/09/2022

Venue: ABVIMAS, Solang Valley, Manali

All the NSS volunteers woke up at 5:30 a.m. Morning tea was served at 6:00 a.m. Just after breakfast at 8:30 a.m. everyone left camp by 8:35 a.m. for trekking. Everyone reached there by 11:30 a.m. and a lecture was delivered by the instructor about the mountain peaks and mountain rules. Then we returned safely by 1:30 p.m. Lunch was served at 1:30 p.m. Later at 4:00 p.m. we had our coffee and then again we had a session on tent pitching and rules of camping at various terrains.

After completing all the activities successfully, all the trainees returned to the camp and had dinner at 7:30 p.m. and went to bed at 9:00 pm.

This day was full of adventure. All the volunteers got a wonderful experience and learned a lot



and are looking forward to more exciting activities.

DAY-9

Date: 20/09/2022

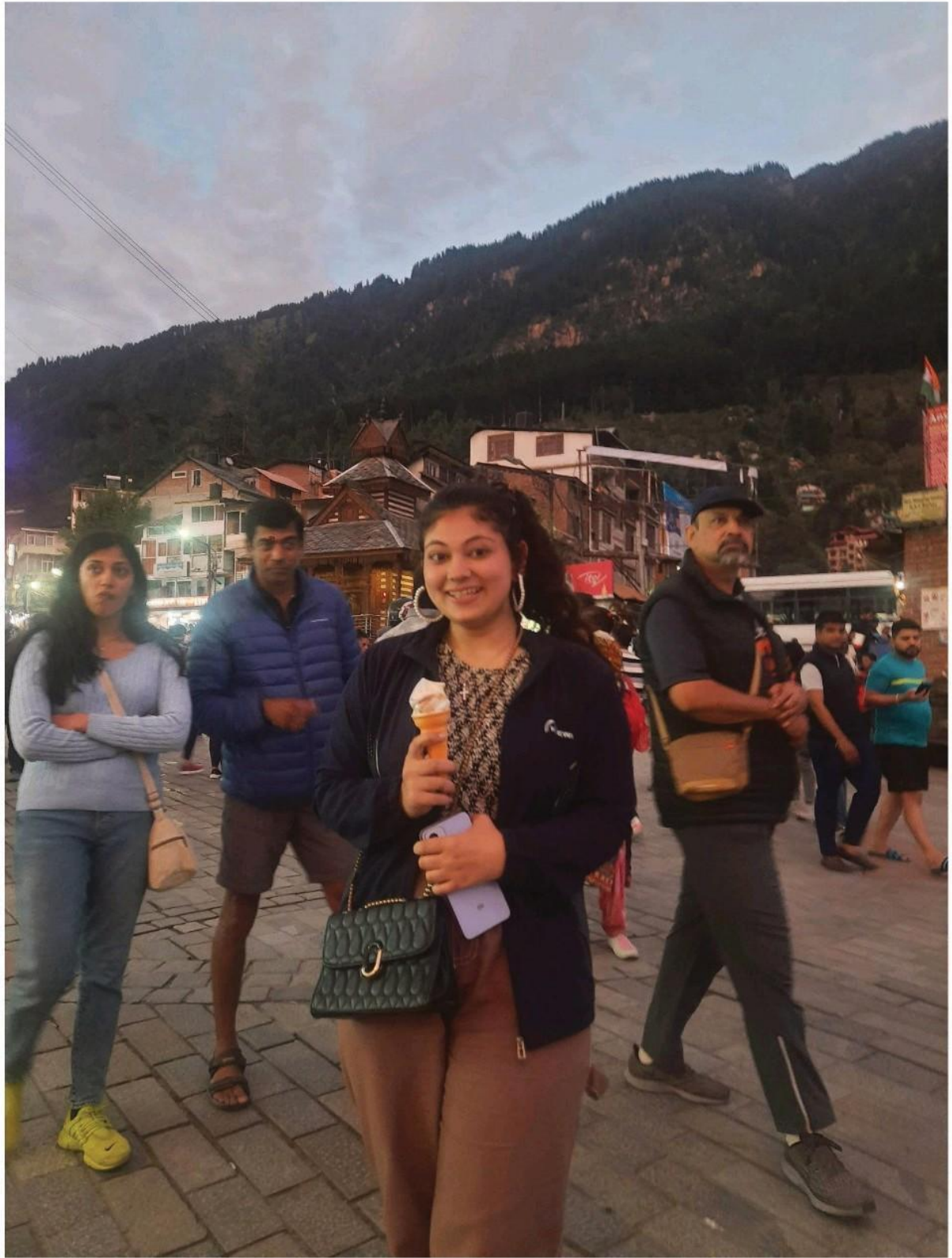
Venue: ABVIMAS, Manali

All the NSS volunteers woke up at 6:00 a.m. Morning tea was served at 6:30 a.m. Just after breakfast at 8:30 a.m. everyone left camp by 9:30 a.m. for Manali. Everyone reached there by 1:15 p.m. and freshened up. Lunch was served at 1:30 p.m. Later at 4:00 p.m. we had our tea and then went for a visit to MALL ROAD.

All the volunteers returned to the camp and had dinner at 7:30 p.m. and at 9:00 p.m. the plan for the last day was announced.

This day was full of adventure. All the volunteers got a wonderful experience and learned a lot and are looking forward to more exciting activities.





DAY-10

Date: 21/09/2022

Venue: ABVIMAS, Manali

All the NSS volunteers woke up at 6 am. Morning tea was served and after that everyone went to their rooms and freshened up and had breakfast in the dining hall. Later at 10 am sharp we had to submit our equipment which was issued earlier for our activities.

After submitting the equipment, all the trainees returned to their rooms and got ready for the closing ceremony. Sh. Raman Charsangi, Joint Director, ABVIMAS, Manali (H.P) was present as the chief guest of the event. Along with him other distinguished guests were also present. Badges were given to all the volunteers and Contingent Incharges upon completion of the 10 Days Adventure Camp. There was also a cultural program and all the volunteers were in their cultural attire which beautifully showcased mini India.

After the closing ceremony all the volunteers packed their luggage and returned to their respective states.

Delhi contingent fully enjoyed the adventure camp and boarded the bus (Zingbus) around 5:20 pm from Manali on 21st September and reached Delhi around 6:30 am next morning.



National Service Scheme
Aditi Mahavidyalaya
University of Delhi
20 HOURS – DATA & ANALYTICS WORKSHOP

Learning Links Foundation in collaboration with
Aditi Mahavidyalaya, National Service Scheme is organizing

ONLINE "DATA & ANALYTICS" WORKSHOP

FREE OF COST

20 HOURS

15 Hours Data & Analytics + 5 Hours Interview Skills

CHANCE TO EARN COURSE COMPLETION CERTIFICATE

Opportunities:

- Build knowledge and skills in one of the most in-demand technology/STEM career path of data and analytics.
- Hone job readiness skills through focused skill building workshop.

Register yourself for 20 hours workshop:
<https://bit.ly/am-wid-registration>

Orientation Webinar:
Date: 6th Sep'22, Tuesday
Time : 12:30 Pm - 01:30 Pm

Joining link:
<https://bit.ly/join-wid-orientation>

How to join Teams Webinar:

1. Copy and paste link on Google chrome (For mobile users, set desktop mode)
2. Teams will open in a web browser. Select Join on the web.
3. Enter your name. Select your Mic to turn it off.
4. Select Join Now.

Organizing Team

DR. MALI DEVI SAWARIYA Program Officer National Service Scheme Aditi Mahavidyalaya	Urvashi Gupta Program Team Lead Learning Links Foundation	PROF. MAMTA SHARMA Principal Aditi Mahavidyalaya
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About

National Service scheme Aditi Mahavidyalaya University of Delhi organised an online skill building 20 hour workshop named "Data and analytics workshop" in collaboration with Learning link. The event was organised under the guidance of professor Mamta Sharma principal Dr Mali Devi sawariya program officer National Service Scheme and Urvashi

Gupta program team head learning link foundation. The aim of this event is to bring the opportunity for the participants to build knowledge and skills in one of the most in-demand technology system, career path of data and analytical throughout these skill building workshop.

For the same orientation program in online mode was conducted on 6th September 2022 which was organised to introduce the new learning course and for providing introduction about the same. In the orientation program a large number of students took part and got familiar with the webinar.

In the program Dr.Mali D. Sawariya (Our NSS Program officer) welcomed the members of the learning links foundation and Introduced them to the participants and thanked them for taking out time for the attending workshop. She gave the brief introduction of the event and Handover the session to the Ms. Urvashi Gupta she is the team head of learning link foundation.she introduced their foundation and introduce the topics of the workshop and



then Mr. Sanjay Gupta introduced about the workshop, and Told us basic about Data & Analytics, What is Data? And Gave a short demo of MS excel and told everything they're going to taught us and asked some basic questions from the student.

He also told the Importance of women in this workshop, how this workshop is helpful for women,In the end Dr.Mali D. Sawariya gave a Vote of thanks and Ms. Urvashi gupta ma'am also thanked the Volunteers for being active.

DAY-1

Day-1 of Data and analytics workshop organised by National Service scheme, Aditi Mahavidyalaya

Firstly, Mr. Sonu Gupta greeted all the students, and all the students wished them a very good Morning

After this, Mr. Sonu gupta Explained about their Organisation, and Explained core values of their Foundation and Then, Mr. Sanjay Kumar yadav starts explaining about the Purpose of this Course and their Foundation which is very encouraging, and Some student's asked some questions regarding their Foundation and The Course, and Then the Mentors cleared their Doubts

After the basic Introduction about their Foundation, Mr. Sanjay Kumar yadav (Member of learning links foundation) starts explaining About Data and Analytics, and some students asked questions, and They Explained many things, like- What is Data & analytics? Why is it Important? this workshop is very informative and helpful for everyone.

After this, Member's of Learning links foundation thanked all the students for being active, and Students also Thanked for this session

This is end of Day-1 of 20 Hours workshop on "Data & Analytics "

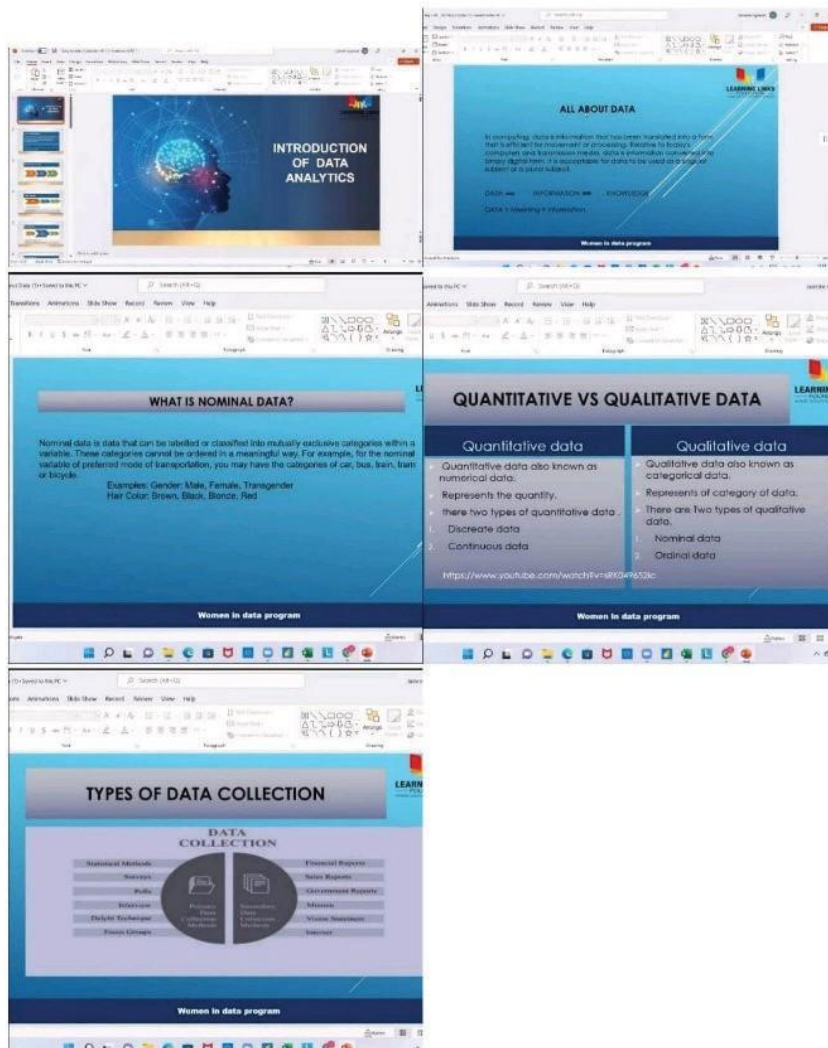
Day 2

The day 2 Data and analytics workshop was held on 17 September at 4:30 pm in online mode through Zoom app. Firstly, Dr. Mali D.Savariya NSS programme officer, welcomed Ms.Gayatri and thanked her for choosing Aditi Mahavidyalaya to organised a free of cost workshop and for enhancing the knowledge of students. Then Principal mam motivatese participants and encourage them for joining the workshop. She also ascribed the usefulness of data in our daily life of and thanked Learning link foundation. After that Gayatri mam started the session . She deliverd her knowledge through a very impactful power point presentation. She started with introduction of data analytics, types, example , data collection, quantitative and qualitative data etc with the help of slides for easy learning and better understanding . Then one by one participants ask questions in chat box Gayatri mam solving them queries. After that Gayatri mam also showed a video on the basis of observation data. Then Gayatri mam asked questions to students about Nominal data definition and their example , then they one by one wrote there answer in a chat box and those who do not know mam repeat the topic for them. Gayatri Mam was supportive and helpful to the students. She was very calm. End of slides Gayatri mam

ask's students who do not know data analytics and their types and so on to ask their question .

The whole session was fully interactive and knowledgeable. Students actively take part in Question answer session and clear all there dought.

In the end members of the learning foundation links thanks to all the students who are active and participate in the workshop .And students also thank the members of team .



Harigan Sewa Sangh
ADITI MAHAVIDHYALAY
NATIONAL SERVICE SCHEME

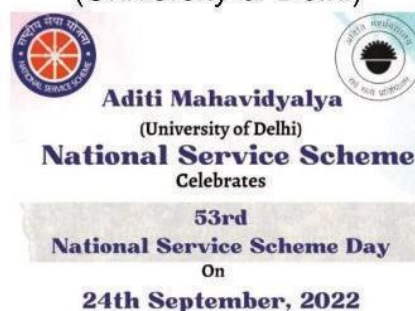
The National service scheme of aditi Mahavidyalay got the invitation of 90th foundation day of Harijan seva sangh .

In which 3 volunteers -Priyanka ,Kriti , Bhawna. Attended the program under the supervision of Dr. Mali Devi sawariya .The program was on 24th September 2022 . The chief guest of the program was The Mr.Jagdeep (Vice president of India) .The programme is dedicated to Mahatma gandhi (father of the nation) A freedom fighter who teach a lesson of non violence and truth . He teach us about the power of wisdom and also the power of music . Members of different colleges and Ngos were also attend the program The whole program was the tribute to mahatma gandhi and his work .



Report NSS week

National Service Scheme Aditi Mahavidyalaya (University of Delhi)



Programme Schedule

24 September, 2022 :
NSS Pledge and Quiz

25 September, 2022 :
Short Video (90 sec)

26th September, 2022 :
Stationary and Clothes
Donation Drive

27th September, 2022 :
Plantation Drive

Dr. Mali Devi Sawariya Programme Officer National Service Scheme Aditi Mahavidyalaya	Preema President National Service Scheme Aditi Mahavidyalaya	Prof. Mamta Sharma Principal Aditi Mahavidyalaya
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National Service Scheme of Aditi Mahavidyalaya University of Delhi organised a NSS week to celebrate the 53rd National Service Scheme day with full enthusiasm and positivity. Patron Prof. Mamta Sharma program officer Dr. Mali Devi sawariya NSS president Ms Preema and the whole team of NSS volunteers.

NSS aditi Mahavidyalaya praised the motto "Not Me but You" which represents the spirit of democratic living and emphasizes the need for selfless service. NSS teaches students to appreciate other

people's points of view and to be considerate to other beings. The ideology of the NSS is perfectly exemplified in this slogan, which emphasizes on the concept that everyone's welfare is highly reliant on the welfare of society.

Events under NSS week were organised with as follows:-

24 September: - NSS pledge and quiz

Facilitator Ms Perna

25 September: - What NSS means to you

Facilitator Ms Shivani

26 September: - Stationery Drive

Facilitator Ms Harshita

27 September: - Plantation Drive

Facilitator Ms kirti

28 September: - Nutrition Quiz

Facilitator Shreya Baluja

30 September:- Stationery, Sanitary Pad and Remedial Classes

Facilitator - Harshita Chauhan, Ragini, Priyanka Pathak.

NSS Pledge Day and Quiz

Under the event NSS volunteers take the NSS pledge and It underlines that the welfare of an individual is ultimately dependent on the welfare of society as a whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day program.

What does NSS mean to you?

Under the theme of this event NSS invite the videos of volunteers in which the talk about what they think about NSS, their learning from NSS and how and which role NSS plays in their lives.

Stationery Drive

In the stationery donation drive NSS collects the donation of stationery items and clothes donation drive in collaboration with The Society of Social Welfare to the Needy and Poor kids & students who need stationery where we support their education and help them to grow and make a bright future.

Plantation Drive

In the plantation drive, seeds of different fruits and vegetables were planted by the NSS volunteers that they collect under the program of seed bank initiative. Principal mam, Mali ma'am and Ashish sir also came forward and planted the seed.

All the seeds were planted in the different open areas of the College both inside and outside. Everyone planted their seeds with positivity and hope for a better future and better nature.

On the same day NSS also collaborated with Grameen Gaushala Bawana for 'Resource Sharing and Shramdaan' to bring humanity, biodiversity together to keep the magic of Shramdaan.

Nutrition Quiz

To celebrate the nutrition abhiyan and the NSS day nss unit organised a nutrition quiz in which. Nice number of students took part and enhanced their knowledge.

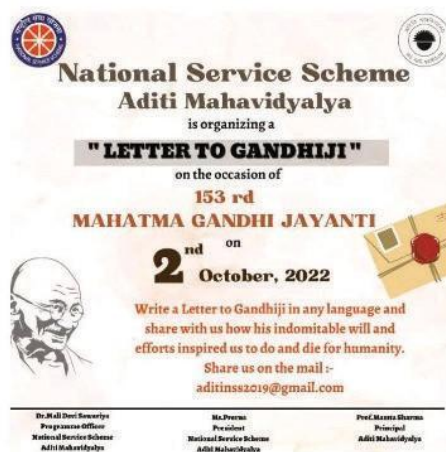
Stationery, Sanitary Pad and Remedial Classes.

On the 38 September NSS unit donation distribution drive in which they donate stationery items and sanitary pads and inaugurate the remedial classes in the slum area of JJ colony to promote the education of vulnerable section people and to build a better future.

Each and every event under the theme of NSS 53rd day was beautifully conducted. The session was tremendously interesting and enriching to the participants. NSS week comes in a one frame because of the efforts of principal professor Mamta Sharma program officer Dr Mali Devi sawariya and the team of NSS unit.

"Letter to Gandhiji"
National Service Scheme
Aditi Mahavidyalay
(University of Delhi)

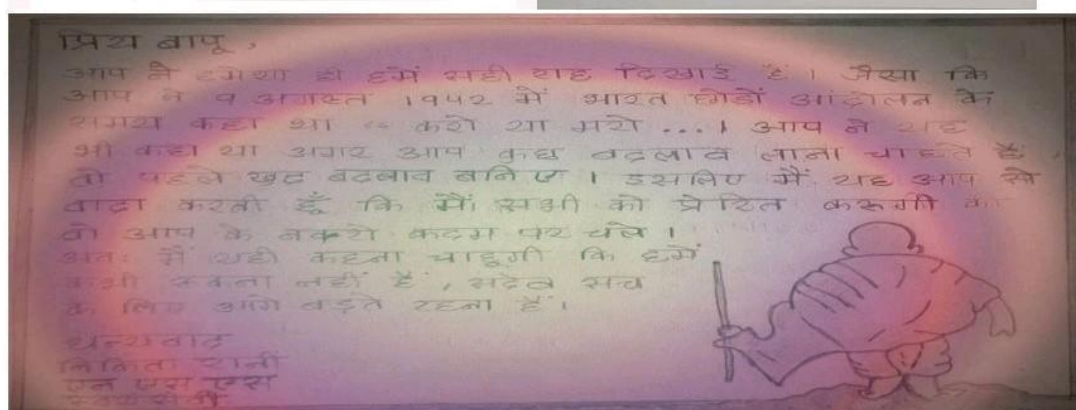
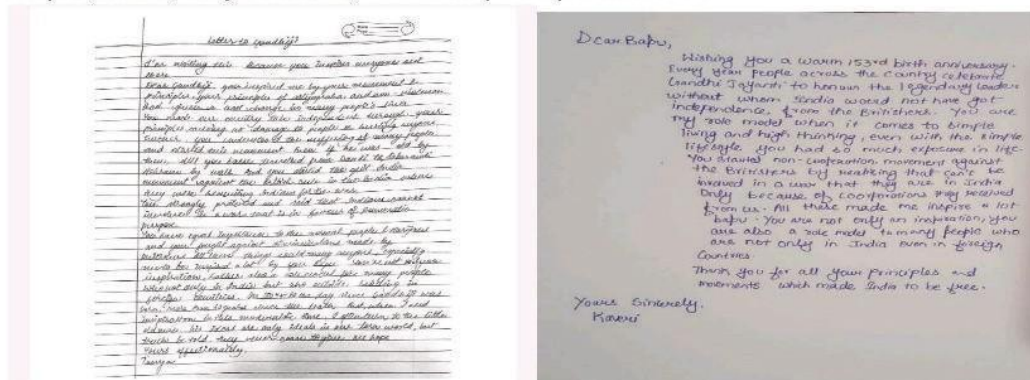
(Report by Perna, 3rd year)



National Service Scheme of Aditi Mahavidyalaya, University of Delhi .On 153 rd Gandhi Jayanti on 2nd October 2022 organised entries for "Letter to Gandhiji" .

In which volunteers Write a Letter to Gandhiji in any language and share with us how his indomitable will and efforts inspired us to do and die for humanity.

Shipra, kaveri, tanya chadha, nikita rani participants in this.



“REPORT ON PLANTATION DRIVE BY SEWA INTERNATIONAL ON 07 OCTOBER, 2022”

**NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**

(Report by Prerna 3rd year)

National service scheme of Aditi Mahavidyalaya in collaboration with Sewa International foundation organised a Plantation drive on the occasion of 74th Territorial Army Day.

So, Everyone Reached the Destination around 8:00 AM, After this T-shirts and Caps were distributed to everyone, and then Army officer's welcomed the Student's with Refreshments, After this, Everyone make their groups and one Army officer guided us How to plant? And Then, Everybody starts planting as much as they can Plant.



After sometime, there's a short break around 10:30 AM, and Refreshments were distributed again, and Army Officer came and Appreciated & Greeted the Students for their dedication, After this, we did a small Photo session and Sewa International foundation and Army Officer's, and then we all get back to work & started Planting. After the Plantation was done, Our NSS PO Ms. Mali ma'am thanked all the Army officer's and Sewa International volunteers for Inviting us, and appreciated them for their effort and We left the location around 11:30 AM

The event ended with a great success for both NSS & Sewa International



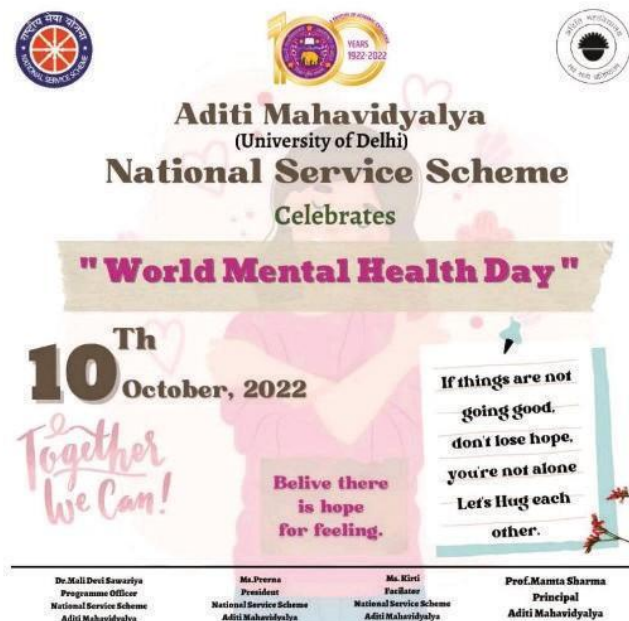
“Report World Mental Health Day”

National service scheme

Aditi Mahavidyalay

(University of Delhi)

(Report by kirti 2nd year)



About

National service scheme Aditi Mahavidyalay University of Delhi organised a Heal and Feel activity on the occasion of world mental health Day 10th October 2022. The event was guided by Principal prof.Mamta Sharma, program officer Dr. Mali.D Sawariya. The event was facilitated by MS kirti. Both NSS and non NSS students took part in the activity.

About the Activity

The event was started with the tagline which is "Mental health... is not a destination, but a process.

Process of of being able to be your true self is one of the strongest components of good mental health

The aim of the webinar is to spread happiness as per the name in the form of healing hugs, to make their day special.Volunteers also played a game by giving toffees to the students and teachers wrote down their stories and problems on paper to get relief from stress. The event was inaugurated by professor principal Mamta Sharma,in which she ascribes the meaning of mental health. She also talks about the pressure and stress that students have during their academics or in their personal lives which affect their overall performance.

Dr Mali also talks about facts and aspects related to mental health. She also tells the importance of mental health and ways to make it healthier.



"Report on Awareness Rally"
INTERNATIONAL GIRL CHILD DAY
National Service Scheme
Aditi Mahavidyalay

(University of Delhi)

(Report by kirti 2nd year)



About

NSS unit of Aditi Mahavidyalaya University of Delhi Bawana had organised a Awareness Rally under the theme of Beti Bachao Beti Padhao on the occasion of International Girl Child Day 11th October 2022. The rally was organised under the guidance of principal prof. Mamta Sharma program Mali Devi Sawariya and NSS president Ms Purna. The event was felicitated by Ms Kirti. 20 students took part in the initiative positively. The rally were conducted both in the area of college campus or the local area around the college.

About the Rally

Aditi Mahavidyalay is one of the college that work activity to serve the purpose of Beti bachao and Beti Padhao and work to support the girl child. Courage, sacrifice, , commitment, toughness, heart, talent, guts. That's what little girls are made of.

Our aim behind this rally is to say that "We cannot all succeed when half of us are held back. We call upon our sisters around the world to be brave - to embrace the strength within themselves and realize their full potential."

The rally was started from the stage and carried forward to the road after covering the college.

Those were mainly focused slogan for the rally.

बेटी नहीं है किसी से कम,

मिटो दो अपने सारे भ्रम

खुशहाली आएगी, खुशहाली आएगी,
जब आपकी बेटी आपके लिए कमा के लाएगी.

हर घर से आवाज उठेगी,
बेटियां भी पढ़ेंगी और आगे बढ़ेंगी.

Student also prepare some poster for the same. Thanks thanks to principal prof. Mamta Sharma, program officer Dr Mali Devi sawariya and NSS team
The rally was completed successfully after that everyone return to the college
And click snap shot



"REPORT ON SANITARY PAD DISTRIBUTION DRIVE"

**ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNDER
FIT INDIA CAMPAIGN
IN COLLABORATION WITH
AMOLI SOCIETY FOR WOMEN**

Report by prerna



ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi had organised a Sanitary pad distribution drive under Fit India Campaign in collaboration with Amoli Society for women on 14 th October 2022 at 9:30 a.m in Cooperative outreach of India NGO at Shahbad Dairy. The event was organised under the guidance of Principal Ma'am Professor Mamta Sharma, Program officer Dr. Mali Devi Sawariya, Ms. Nupur Rastogi president of Amoli Society for women, Ms. Prerna president of NSS Aditi Mahavidyalaya, Ms. Deepa Tiwari the facilitator of the event and with the dedication of our NSS volunteers who actively participated in the drive.

ABOUT THE DRIVE

Today lifestyle diseases are on a rise in India affecting even the young. But small lifestyle changes can prevent these lifestyle diseases and help people to live a healthy and prosperous life. 'Fit India Movement' is an effort to bring these small lifestyle changes.

Women represent the cornerstone of a family's overall health, ensuring they have access to quality care also can lead to improved health for children and families. The health of families and communities are no doubt tied to the health of women. Menstrual hygiene is an important part of women's health and hence NSS Aditi Mahavidyalaya collaborated with Amoli Society for women to make women and girl child aware of the same. An interactive discussion took place between the volunteers and females of the sulm Various myths like not cooking food during periods, not touching anything were bursted. Women were educated on why wearing cotton pads are important and how other materials can be harmful for their vaginal area. Dr. Mali promoted the message of " Sabse pehle main swasth ,mera shareer swasth, mera parivar swasth, fir mera desh swasth ". Principal Prof. Mamta Sharma encouraged women to discuss their problems with their husbands and educate them on the same. Nupur mam also discussed about the importance of use of pads and hygiene. She also give the correct guidance about the same to the woman. The session was successful and not only the village women but NSS volunteers also learned alot. In the end free sanitary napkins were distributed from the side of Amoli society with the help of NSS.





"National Consultation on Honour Crimes."
Aditi Mahavidyalaya

(University of Delhi)

Report by kirti 2nd year

Nss unit Aditi Mahavidyalaya University of Delhi, Bawana attended National Consultation Session Online for the One Day "National Consultation on Honour Crimes." On 15th October at 10:30am .

Honour crimes are acts of violence, mostly fatal, against persons who marry outside their caste or religion despite objections from the family, as noted in Report No. 242 on honour crimes by the Law Commission of India.

They discussed the draft bill on the Honor Crimes. As Honor crimes are occurring in all over India. It is Important and should be implemented with a strategy as it's necessary when her rights are violated, Law should be passed not only protecting the rights of dalits but also by marginalized people in the country.



Different speakers come from different fields and different states to discuss this important topic: honour crimes to make a Huge difference in the society.



Dr Mali Devi sawariya (Programme Officer of NSS) was invited in the Discussion on this issues with others.

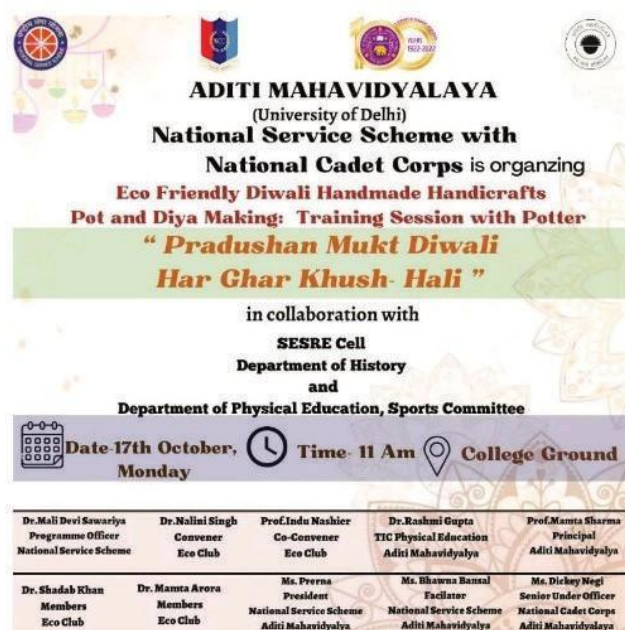
The current legal provisions dealing with honour crimes fall under the Scheduled Caste and Scheduled Tribe (Prevention of Atrocities) Act, 1989, which deals with atrocities against Dalits and Adivasis. However, such crimes are largely tried under the Indian Penal Code – specifically Sections 107–11 (abetting murder), Section 120A and 120B, Sections 299–304 (murder and culpable homicide), and Section 307-308. NSS Aditi Mahavidyalaya attended the online session through zoom platform and asked their doubts regarding the bill formed.



**"Pradushan mukt Diwali
Har Ghar khushhali"**

**National Service Scheme
Aditi Mahavidyalaya
(University of Delhi)**

Report by kirti, 2nd year



ADITI MAHAVIDYALAYA
(University of Delhi)

**National Service Scheme with
National Cadet Corps** is organizing

**Eco Friendly Diwali Handmade Handicrafts
Pot and Diya Making: Training Session with Potter**

**“ Pradushan Mukht Diwali
Har Ghar Khush- Hali ”**

in collaboration with
**SESRE Cell
Department of History
and
Department of Physical Education, Sports Committee**

Date-17th October, Monday Time- 11 Am College Ground

Dr.Mali Devi Sawariya Programme Officer National Service Scheme	Dr.Nalini Singh Convener Eco Club	Prof.Indu Nazhier Co-Convener Eco Club	Dr.Rashmi Gupta TTC Physical Education Aditi Mahavidyalaya	Prof.Mamta Sharma Principal Aditi Mahavidyalaya
Dr. Shadab Khan Members Eco Club	Dr. Mamta Arora Members Eco Club	Ms. Perna President National Service Scheme Aditi Mahavidyalaya	Ms. Bhawna Bansal Facilitator National Service Scheme Aditi Mahavidyalaya	Ms. Dickey Negi Senior Under Officer National Cadet Corps Aditi Mahavidyalaya

ABOUT

National Service Scheme, Aditi Mahavidyalaya University of Delhi, Bawana organized a training session under the theme of "Pradushan mukt Diwali

Har Ghar khushhali " on 17 October 2022 at 11 am, in collaboration with National Cadet Corps , S E S R S Cell, Department of History and Department of Physical Education, Sports committee. Session was done under the guidance of principal professor Mamta Sharma, NSS Program officer Dr Mali Devi sawariya, NCC program officer Dr. Rashmi Gupta. NSS president Ms Perna and the facilitator of the event Ms Bhawna Bansal.

ABOUT THE EVENT

The aim of the event was to prepare the eco-friendly handmade handicraft which was donated to the old age home and to make the event more ethical, training session on Pot and diya making with a Potter is also conducted.

" Pot and Diya Making : Training session with Potter "Where each volunteer learned to make Diyas, Kuhad and appreciated the work that the potters do to make our homes beautiful for this diwali.

All the NSS volunteers and NCC cadets enjoyed the training session. Principal Prof. Mamta sharma , NSS Program officer Dr. Mali Devi Sawariya , NCC program officer Dr. Rashmi Gupta prepared diyas with students. The experience was very new and memorable for everyone present there. After Diya Making students prepare beautiful handicrafts to add color and light to the people of old age homes.



(Handicraft preparation)



(Principal professor Mamta Sharma)



(Nss program officer Dr.Mali)

"REPORT ON YUVA SAMWAD PRATIYOGITA"

**THE ACHIEVEMENT
OF NSS VOLUNTEER FROM
ADITI MAHAVIDYALAYA
ON THE TOPIC
MERE SAPNO KA BHARAT
ORGANIZED BY
NEHRU YUVA KENDRA**

Report by shreya 3rd year

ABOUT

Nehru Yuva Kendra organized a Yuva Samwad Pratiyogita on the topic Mere Sapno ka Bharat on 18th October 2022. With the blessings of our Principal Professor Mamta Sharma and Program Officer Dr. Mali Devi Sawariya, our NSS volunteer Priyanka from 2nd year won first position in the competition.



ABOUT THE COMPETITION

Nehru Yuva Kendra Sangathan (NYKS), launched in 1972, is one of the largest youth organisations in the world. The Objective of the Programme is to develop the personality and leadership qualities of the youth and to engage them in nation-building activities. The areas of focus of the NYKS activities include literacy and education, health and family welfare, sanitation and cleanliness, environment conservation, awareness on social issues, women empowerment, rural development, etc.

Our NSS volunteer Priyanka from Second year participated in Nehru Yuva Kendra North Delhi and received " First Position" in the Yuva samvad on the Topic "Mere sapno ka bharat 2047" On 18 th october. She talked about how we as Indians are so diverse from each other yet we are all equal in front of our constitution. She also talked about the hunger and malnutrition problems many Indians face. Priyanka made us proud by speaking on such topics with confidence and representing her views. She truly deserved to win the first position. We all congratulate Priyanka for this achievement and many more achievements are yet to come .

Special thanks to Nehru Yuva Kendra, Principal Prof. Mamta sharma ma'am and our P. O. Mali Devi Sawariya ma'am for giving this opportunity.



"Diwali Celebration at Old Age Home"

National Service Scheme

Aditi Mahavidyalaya

(University of Delhi)

Report by kirti, 2nd year



National Service Scheme, Aditi Mahavidyalaya University of Delhi Bawana had organized an "Old Age Home Visit" as on 23rd October 2022 in collaboration with National Cadet Corps Aditi Mahavidyalaya. Patron Principal professor Mamta Sharma, NSS Program officer Dr Mali Devi sawariya, NCC program officer Dr. Rashmi Gupta.

The aim behind the visit is to celebrate Diwali with the elderly people, For bringing happiness, hope and joy. Volunteers decided to devote their time and spend it with respected senior citizens of the old age home and also had a lot of fun with them. Students made rangoli with them and spent their best time with them while interacting and dancing with them.

The senior citizens were greeted with gift packs, snacks and greeting cards.

All the volunteers brought diyas, sweets, chocolate, clothes, juices, biscuits along with them to make their diwali special

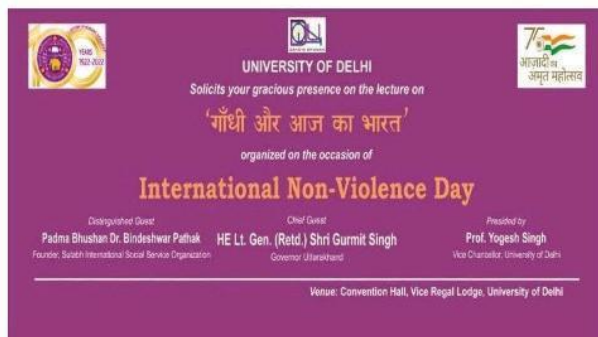
The meet ended with hugs and goodbyes with promises of visiting again. That kind of visit is also important to cultivate the parental feeling.





NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI
REPORT ON A LECTURE ON THE TOPIC
"GANDHI AND TODAY'S INDIA"
ON THE OCCASION OF
INTERNATIONAL NON VIOLENCE DAY
DELHI UNIVERSITY

Report by prerna 3rd year



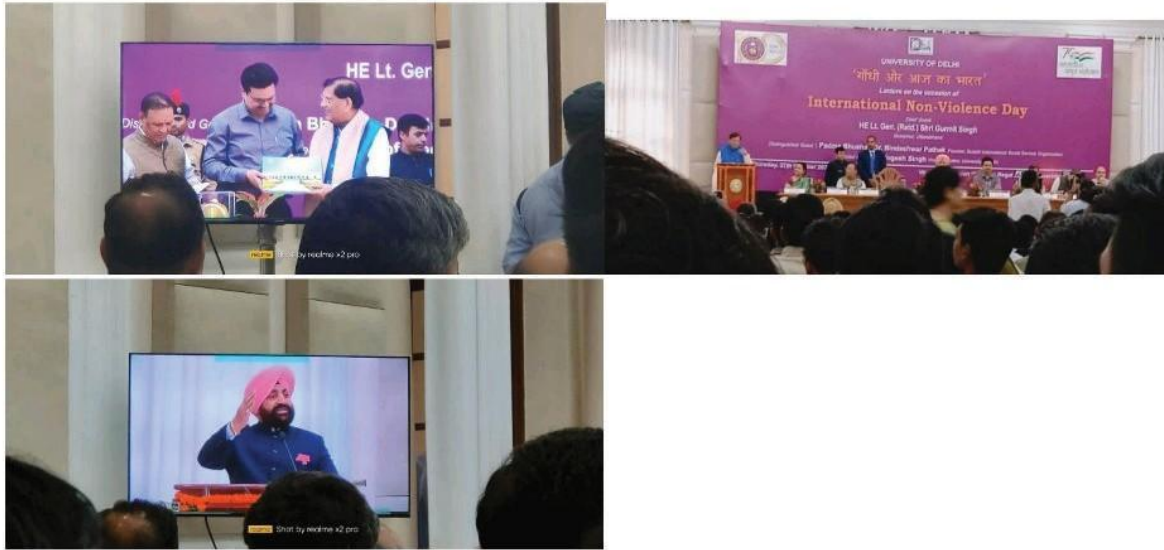
ABOUT

University of Delhi organised a lecture on the topic "Gandhi on Today's India" on the occasion of International Violence Day on 27th October 2022 at the Conventional Hall, ViceRegal Lodge, University of Delhi. The event was presided over by the Hon'ble Vice-Chancellor of the University, Prof Yogesh Singh is also graced by the presence of Lt Gen Shri Gurmit Singh, the Governor of Uttarakhand who is the Chief Guest of the symposium and Hon'ble Dr. Bindeshwar Pathak, Founder, Sulabh Sanitation and Human Rights Movement as the Distinguished Guest. NSS volunteers from various colleges gathered around to celebrate the event with the University of Delhi. Under the guidance of Professor Mamta Sharma Ma'am, principal of Aditi Mahavidyalaya and Program officer of Aditi Mahavidyalaya Dr. Mali Devi Sawariya, 6 NSS volunteers namingly Shreya Baluja, Prerna, Pooja Kumari, Kavita, Namita and Shreya Sharma attended this lecture at University of Delhi.



ABOUT THE EVENT

Mahatma Gandhi was the leader of the Indian independence movement and pioneer of the philosophy and strategy of non-violence. The International Day of Non Violence is an occasion to "disseminate the message of non-violence through education and public awareness". To remember Gandhi's idea of non violence the University of Delhi organised a lecture on Gandhi and Today's India at Conventional Hall, Vice Regal Lodge. The program started at around 3 o'clock in the afternoon. The program started with arrival of our Chief guest Lt. Gen Shri Gurmeet Singh. First everybody stood up for National Anthem. Then Diya lightning ceremony took place. Topics like "Gandhi kahan hai were discussed" and the NSS volunteers were enlightenment on why the need to opt the Gandhian way of life is important to achieve individual as well as international peace in the world. The students were told how Gandhi brought together Everyone to bring independence by his methods. People started using charkha and wore khadi clothes. He had a great impact on people. NSS volunteers were motivated to adopt Gandhi's way of living in today's India by adapting the practice of non violence and truth. The program was concluded with National Anthem.



Unity Run at Delhi University

NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI

Report by Prerna 3rd year



On the occasion of National Unity Day 2022, Education Minister Dharmendra Pradhan will be leading the Unity Run from Delhi University, DU today, October 31, 2022. The Unity Run from DU is expected to begin at 7:30 AM. Along with the Union Education Minister, DU Vice Chancellor Yogesh Singh will also take part in Unity Run 2022.

About Unity Run:-

Unity Run or 'Run for Unity' is an event which is held annually to commemorate the birth anniversary of former Home Minister of India and Iron Man, Sardar Vallabhbhai Patel. Run for Unity is one of the primary activities scheduled for National Unity Day or Rashtriya Ekta Diwas.

National Unity Day or Rashtriya Ekta Diwas was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Sardar Patel.





Accompanying the Education Minister of India and Delhi University Vice Chancellor, would be the Registrar, Principals, teachers, senior officials, administrative staff and students of CBSE Schools, Kendriya Vidyalaya and Delhi University.

The celebration will also witness the Rashtriya Ekta Diwas oath taking ceremony. This ceremony will be taking place near the Gandhi Statue at Vice Regal Lodge.

Union Education Minister Dharmendra Pradhan address the crowd. Today Hon'ble Union Education Minister Shri flag-off the #Run4Unity and addressed the inauguration session on the occasion of #Rashtriya EktaDiwas organized at University of Delhi.

He said that Sardar Patel's life is an infinite source of inspiration. His courage, patience and ability to make decision converted the country in a formula. On this day, we remember Sardar with humility and devotion and express our gratitude towards him. He recalled Sardar Patel and said that Sardar's contribution has been in integrating India politically and culturally, while he is the leading leader of the Cooperative Campaign. He also said that today when India is becoming a new identity in the 21st century, it becomes more important to remember Sardar Patel ji's contribution in such period.

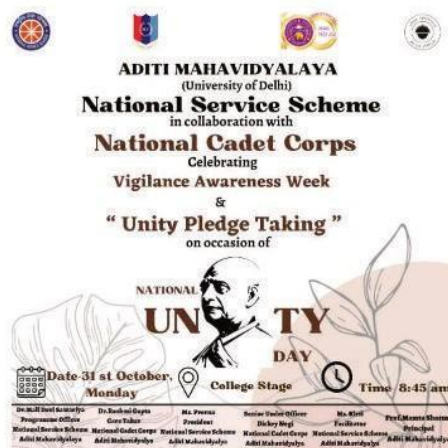
Sardar Patel's life and national interest resolution for the youth will always be inspiring and the University of Delhi should take special initiative to underline the significant contribution of Sardar Patel in the specific period of #AmritMahotsav and bring him to the center of discussion and discussion in new contexts.

Special Exhibits on the life of Sardar Vallabhbhai Patel will be also displayed at Jawahar Park, Vice Regal Lodge to commemorate his 147th birth anniversary.

Under the guidance of Professor Mamta Sharma Ma'am, principal of Aditi Mahavidyalaya and Program officer of Aditi Mahavidyalaya Dr. Mali Devi Sawariya, 5 NSS volunteers of Aditi Mahavidyalaya college namely **Prerna, Nisha, Nikita, Rishita Gautam and Sweta Rathore attended the Unity Run at University of Delhi.**

"National Unity day"
&
"Vigilance awareness week"
National Service Scheme
Aditi Mahavidyalay
(University of Delhi)

Report by kirti 2nd year



The National Service Scheme, Aditi Mahavidyalaya, University of Delhi had organized a "UNITY PLEDGE TAKING" on the occasion of National Unity Day and Celebrates Vigilance awareness week in collaboration with National Cadet Corps Aditi Mahavidyalaya. Patron Prof Mamata Sharma, NSS Program officer Dr Mali Devi sawariya and NCC program officer Dr. Rashmi Gupta. NSS president Ms Prerna, senior under officer Dickey Nagi, NSS volunteers Kirti.



Firstly, Ms Kirti NSS volunteer gave a brief introduction for the day and then talks about Vigilance awareness week in which she talk about the Theme Corruption-free India for a developed Nation by adding the statement that Corruption is one of the biggest threats in the development of a nation. It increases inequality, decreases the popular accountability and political responsiveness and thus produces the rising frustration and hardship among the citizens which also lead to the crack in Unity. After that senior under officer Dickey Nagi started the Unity pledge and every volunteer and cadnet repeats after her.





"Plantation Drive" **National Service Scheme** **Aditi Mahavidyalaya** **(University of Delhi)**

(Report by kirti 2nd)



The National Service Scheme of Aditi Mahavidyalaya University of Delhi, Bawana in collaboration with Sewa International to organised a plantation drive on oct 3-11-2022 at 11 am in college campus . Patron principal prof. Mamta Sharma ,program officer Dr Mali Devi sawariya, Chief guest Mr Ankit Malik and Mr Darsh Vats coordinator from Sewa international. The aim of the event is to mak students aware about the Environment and it's protection. Sewa International have also donated 200+ sapplings to our college for planting it in the outskirts of Bawana.

On the occasion while addressing, prof Mamta sharma said that in every 3 seconds ,forests equals to one complete football field are being cut down in the world .This act is causing a massive damage to

the environment resulting in increased global warming. In such a situation ,it is responsibility of every citizen to plant trees and take care of them,she advised.

Dr mali sawariya has also said that health of the environment is as important as the health of an individual. Chief guest Mr Ankit Malik and Darsh vats also enlightened volunteers with their thoughtful views on preventing the environment from getting polluted and they stated that these trees are an investment for the future generations that shall provide natural shades in open spaces and provide cleanser air to breathe. Mr Darsh also plans an activity for a student in which volunteers have to think on a problem, its cause and solution as a social worker. Through these activities lots of innovative ideas and Solutions come out and Mr Ankit promises to discuss it with their team.

After that one plant sapling was planted as a inaugurally of this plantation drive by principal mam and the team.

The seminar was interactive as well as knowledgeable for all the students.

At last ,prof.mamta sharma and Dr mali sawariya thanked sewa international for providing saplings and their support to make this drive successful.



"Recycling Waste"
National Service Scheme
Aditi Mahavidyalay
(University of Delhi)

(Report by kirti, 2nd year)



National Service Scheme of Aditi Mahavidyalaya, University of Delhi Bawana had organized an activity under the supervision of Principal prof Mamta Sharma, program officer Dr Mali Devi sawariya and the facilitator Ms Priyanka Pathak. The Activity was conducted by using plant saplings given by sewa international and waste material items like jeans pots, bottles, t-shirts, paint etc which was arranged by NSS volunteers. Prof Mamta Sharma ,principal of college has initiated this to educate students about the environment and its importance with the help of these kinds of fun activities. Nss volunteers of Aditi mahavidyalaya have actively participated in the activity and made this event a huge success. Firstly they paint and decorate the pot and other material and then place plant saplings in it accordingly with the help of the college gardener . Prof. Mamta sharma and Program officer ,Dr mali sawariya also said that they continue to do these types of activities in future too for environment protection.



" POCSO ACT "

**NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



We see and hear about child sexual abuse every day, but is there any provision in our country to stop it? Today, sexual abuse of children has become a community concern and has attracted many legislative and commercial initiatives. If we talk about the total population of India, then about 37% share is of children and the same 20% of the total population of the world is said to be of children .

Posco is the abbreviation of Protection of children from Sexual offences act,2012.

The Protection of Children from Sexual Offences Act, 2012 was enacted to provide a robust legal framework for the protection of children from offences of sexual assault, sexual harassment and pornography, while safeguarding the interest of the child at every stage of the judicial process. The framing of the Act seeks to put children first by making it easy to use by including mechanisms for child-friendly reporting, recording of evidence, investigation and speedy trial of offences through designated Special Courts.

The National Service Scheme of Aditi mahavidyalaya in collaboration with a NGO, SAKSHI organized an online webinar on POCSO ACT (i.e protection of children from sexual offenses Act ,2012) on 09-11-2022 at 6 PM on zoom platform.

The webinar was started with an inaugural speech by our Principal mam ,(Prof. Mamta sharma) who have introduced our chief guest " Dr. Sumbul Dawood " and have also shared a gist of child sexual abuse and proceeds the session.

Our chief guest " Dr sumbul dawood " has successfully delivered the session by explaining everything in detail.

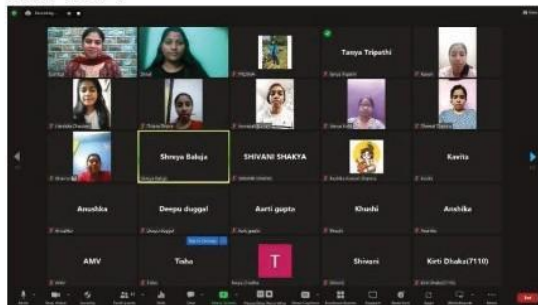
She firstly talked about POCSO ACT (its definition, the 2012 law) .Then she talked about what behaviours are considered as sexual abuse . Cyber bullying, cyber stalking,online sexual harassment,

exposure to sexually explicit material were also included in this .. we also got to know about Gaslighting, long term effects on one's life ,what is consent and who can give consent (legal age) , and Grooming in context of sexual abuse etc .

She has also shared the website and child helpline no. On which we can report crime .

She has used video references to explain in a better way .

She also motivated students to Say NO , if they don't like it or if they're feeling uncomfortable with ANYONE.



The webinar was highly interactive, thoughtful and knowledgeable.

NSS Volunteers have actively participated in the webinar by asking questions, by answering poll questions asked during the session ..



Also ,we have got many responses from students saying we should learn to say NO , speak up whenever something happens to you or with anyone , we should not believe anyone blindly , person should raise their voice against sexual abuse, we should manage the talking style with children and makes them aware about different parts of the body and tell them about good touch or bad touch , as feedback ..



The session was very informative and atlast vote of thanks was given by MS. Perna (President , National Service Scheme) and MS. Shreya Baluja (NSS Volunteer) we ended the session by thanking mam for explaining in such a beautiful way .



NATIONAL SERVICE SCHEME ADITI MAHAVIDYALAYA UNIVERSITY OF DELHI



The University of Delhi (DU) organised an international conference on November 10. The international conference on "Infrastructure, Information and Innovation for Building New India" was inaugurated by the Vice-President of India, Jagdeep Dhankhar. The international conference is being held under the aegis of the centenary celebration of DU, and being jointly organised by DU's Gandhi Bhawan, Gandhi Smriti and Darshan Samiti, Delhi Library Association and SRFLIS.

In addition to Vice-President Jagdeep Dhankhar being invited as the chief-guest, Minister of State for Skill Development, Entrepreneurship and Electronics and Information Rajiv Chandrashekhkar and Vice President of Gandhi Smriti and Darshan Samiti, Vijay Goel was also present during the ceremony as special guests. The programme was presided over by the Vice-Chancellor of DU, Professor Yogesh Singh, Professor KP Singh is the organising secretary of the conference.



The conference was the 'Academic Mahakumbh', as per Professor KP Singh, attended by over 600 delegates, participants, educationists, scientists, Vice-Chancellors, principals, deans, heads, librarians and students. Deliberations and discussions on theme and sub-themes of the conference including on Digital Information Infrastructure, Digital India, Data Diplomacy and Data Security, Ideas of New India- Ideology, Innovations, and Implementation, One Nation One Subscription, One Nation One Election and One Nation One Ration Card will be held.

The conference, the DU statement added, has three highly technical sessions and four plenary sessions on 'Indian Knowledge Systems'; 'Library and Lab: Temple of Learning and Experiments', 'Atma Nirbhar Bharat: Role of Research and Innovations', and 'Vice Chancellors' Conclave on NEP 2020: Building New Bharat'.



India is on the rise as never before and is on the way to "reclaim the glory" it had enjoyed ages ago, Vice President Jagdeep Dhankhar said.

He was addressing a gathering at the opening ceremony of a three-day conference on 'Infrastructure, Information and Innovation for Building New Bharat' as part of the centenary celebrations of the Delhi University.

"I congratulate Delhi University for completing 100 years. It is a milestone in the journey of any organisation," he said

The vice president said India is "on the rise as never before" and the rise of the country is "unstoppable".

"We now have more unicorns than in China. Our youngsters are doing miracles. All of this has taken place because there has been a transformation in the policy ecosystem. All efforts are being made to ensure that everyone should be able to exploit his or her talent to the optimum level," Vice President said.

And, this means, "we are on the way to reclaim the glory" India enjoyed ages ago, he asserted.

The conference is being hosted by the Delhi University.

DU Vice Chancellor Yogesh Singh said, "DU has completed 100 years of successful and accomplished journey, and India completed 75 years since Independence. From three colleges which were established before the setting up of DU (in 1922), now it has 90 colleges."

Vice President Jagdeep Dhankhar has said that it is difficult to survive in today's era without infrastructure, information, and innovation. Mr. Dhankhar was addressing the inauguration function of the three-day International Conference on "Infrastructure, Information, and Innovation for Building New India" at the University of Delhi

He said that today India is emerging at a faster pace than ever before and the respect of Indianness and Indians has been increasing in the world. He said that the country is developing rapidly under the leadership of Prime Minister Narendra Modi.

The Vice President said that India showed strength even when the health infrastructure had failed in many countries including London and Europe during the COVID pandemic.



NSS Aditi Mahavidyalaya twenty five volunteers have been nominated to participate in the Programme.

First National Conclave on Environment and Happiness on 11 th November.

**NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



On 11 th November , Bharat Vikas Parishad organised a national conference on the subject of Environment and Happiness in the capital Delhi on Thursday. The objective of the conference was to develop our thinking and lifestyle to make human life live happily with nature and by creating awareness about the current and future problems related to the environment across the country and their solutions.



Justice Adarsh Goel as the chief guest in the conference, Chairman National Green Tribunal and Vice Chancellor Delhi University Prof. Yogesh Singh and National Organization Minister of India Development Council Suresh Jain were present as special guests. As speakers in the conference, Prof. from Delhi University. Balaram Pani, Prof. Rajni Abbi, Prof. Dinabandhu Sahu and eminent environmentalist Prof. Purushottam Reddy was present.



Addressing the program, Justice Adarsh Goel said that there is a lot of talk on the issue of environment but there is a need to work seriously on this subject. Delhi University Vice Chancellor Prof. Yogesh said that there is a need to work on cleaning the rivers. The way our rivers and water bodies are getting polluted is worrying. Suresh Jain while addressing the program said that human beings are exploiting the environment more than necessary for their selfishness.



Prof Purushottam Reddy said in his speech that 40 years ago, we used to consider the smoke coming out of the factory chimney as a symbol of the progress of the nation, but today we talk about air pollution.

Nss Aditi Mahavidyalaya Volunteers Divya Pandey and Niti attended the First National Conclave on Environment and Happiness on 11 th November.

Role of Women in Science & Technology for the Sustainable Development of Atma Nirbhar Bharat

NATIONAL SERVICE SCHEME ADITI MAHAVIDYALAYA UNIVERSITY OF DELHI



Nss Aditi Mahavidyalaya Unit was invited to attend a Two-day Conference and Expo - STREE2020 on the " Role of Women in Science & Technology for the Sustainable Development of Atma Nirbhar Bharat " On November 24 and 25 November, 2022 at the Jawaharlal Nehru University (JNU), Convention Centre . Union Science and Technology Minister Jitendra Singh inaugurated the conference .

Such amazing #women technocrats, researchers and career planners shared their success stories in #science and #technology.

The motto of this conference is to promote women's contribution to the fields of science and technology.

Nss Aditi Mahavidyalaya volunteers were totally motivated and got a great opportunity to be young researchers and women participants to outreach and interact with many successful academicians and entrepreneurs.

It gives as a whole a new world of possibilities that #science and #technology brings to creating an #AtmanirbharBharat .

It was a very interactive session and a lot of things got to learn.

Concluding sessions of Day 1 at #Stree2020 were all about the success stories of women in #Science & #technology.

the national conference on the role of women in science, technology and sustainable development rolled out the theme of this movement which embarks the beginning on the note of themes like enhancing the #girlpower

Day 2 ,25 th November

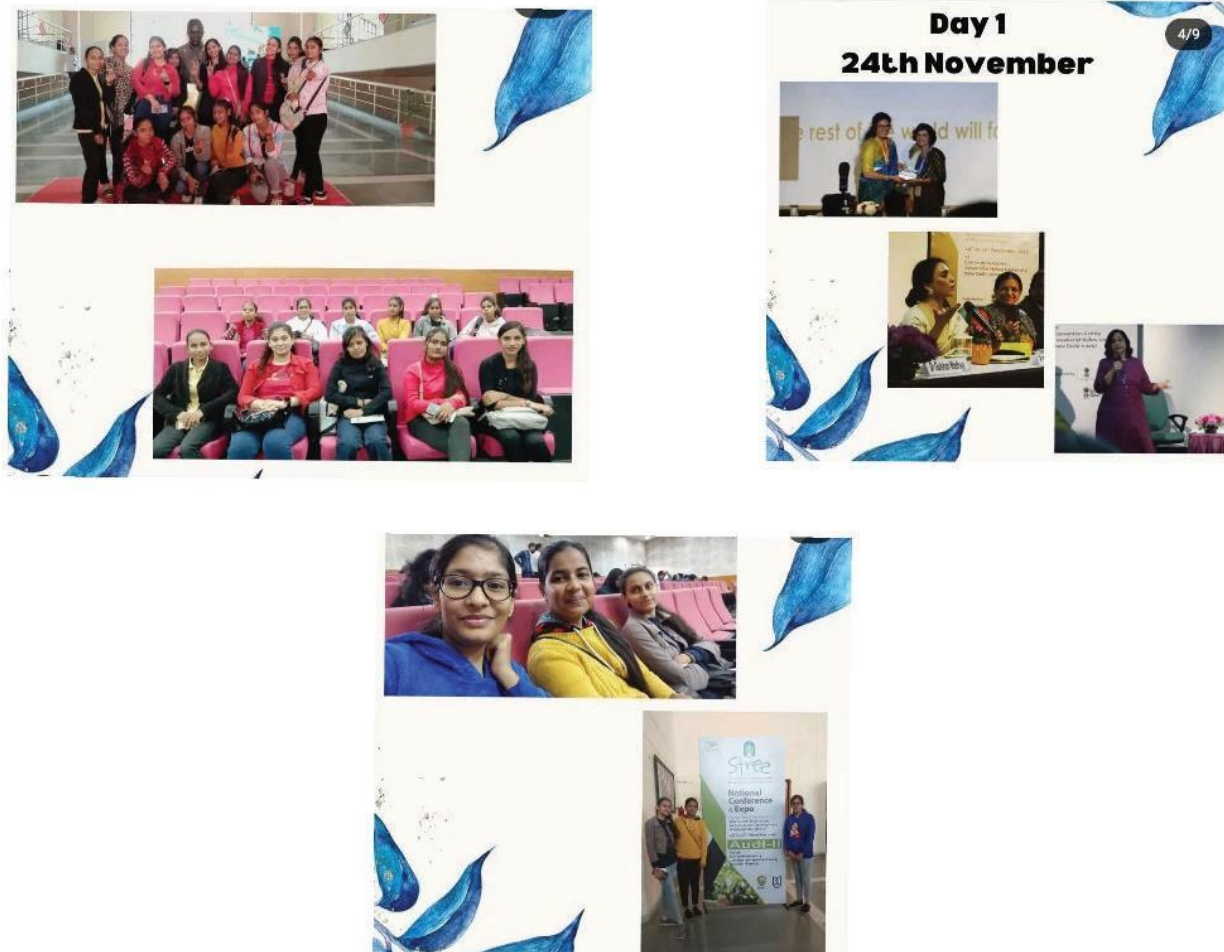
Morning sessions at Oral Talks for #Stree2020 were all about:

1. #Women in #Sustainable Agriculture
2. Women in Responsible Production and Consumption

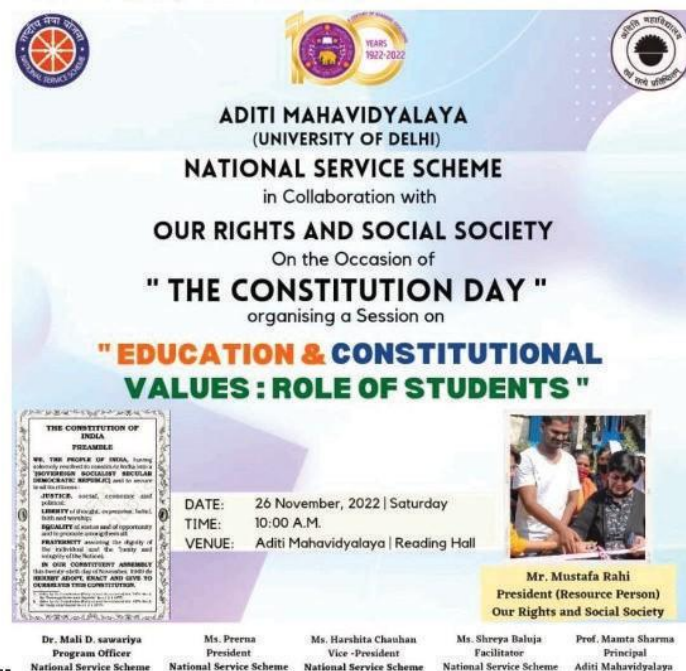
Afternoon sessions at Oral Talks for #Stree2020 were all about:

1. Women in Health and Lifestyle Management
2. Women in Environmental Protection

day 2 of #Stree2020 with a cultural event that encompassed the pride of ancient Bharat and the glory of Modern India



REPORT ON
"EDUCATION AND CONSTITUTIONAL VALUES : ROLE OF STUDENTS"
SESSION
ON THE OCCASION OF
CONSTITUTION DAY
ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA



UNIVERSITY OF DELHI

ABOUT

National Service Scheme, Aditi Mahavidyalaya , University of Delhi organised a session on "Education and constitutional values: Role of Students" in collaboration with Our Rights and Social society on 26 November 2022 on the occasion of **CONSTITUTION DAY** under the guidance of Principal Ma'am Professor Mamta Sharma, Mr. Mustafa Rahi president of our rights and social society, Miss Poonam from Nehru Yuva Kendra and our program officer of NSS Dr. Mali Devi Sawariya and all the NSS volunteers who participated in this event. The facilitator of the event was Miss Shreya Baluja.

ABOUT THE SESSION

Constitution Day , also known as National Law Day, is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949,

the Constituent Assembly of India adopted the Constitution of India, and it came into effect on



26 January 1950.

The Constitution provides us with many rights. One of those rights is Right to Education, a right very essential for any country. One can fight for justice, only when one is aware of how to



achieve justice.





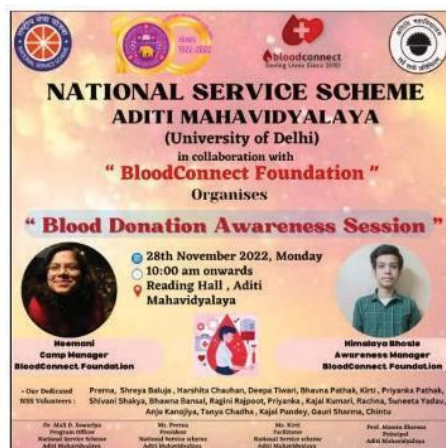
On the occasion of Constitution Day National Service Scheme, Aditi Mahavidyalaya collaborated with Our Rights and Social society and organized a session on "Education and Constitutional Values: Role of Students". Poonam Ma'am from Nehru Yuva Kendra also joined the session.

The session began with a two minute silence for martyr soldiers in the 26/11 attack who sacrificed their life for our safety. After that everyone stood up for the National Anthem and Saraswati Vandana. After that students came one by one to recite the preamble in their mother tongue. Diversity was observed with the languages haryanvi, Oriya, Punjabi, Hindi etc.

Mr. Mustafa appreciated the students for their effort. Then he talked about the problems related to education like lack of resources, unemployed parents etc. He also said that education is as important as "Roti, kapda, makaan". If one want to develop the country, one has to walk with everyone and have faith in one's self-confidence and also in one's struggles. And taking this belief forward, Aditi Mahavidyalaya and its NSS team are supporting them together. Giving free education to the poor children there. He is supporting them as much as possible. If not today then tomorrow every difficulty will go away slowly and every destination will become easy. Program officer Dr Mali Devi Sawariya appreciated Mr Mustafa's efforts and assured him that NSS Aditi Mahavidyalaya is with him.



"Blood Donation Awareness " National Service Scheme Aditi Mahavidyalaya (University of Delhi)



The NSS unit of Aditi Mahavidyalaya University of Delhi had organized a Blood Donation Camp "Awareness" session on 28 November 2022 in collaboration with "Blood Connect Foundation". The event was organized under the guidance of Professor Mamta Sharma and Program Officer Dr Mali Devi sawariya. NSS President Ms Purna and the facilitator Ms Kirti NSS Incharge. The Chief Guest of the event was Ms.Heemani (Camp Manager) from BloodConnect Foundation and Mr.Himalaya Bhosie(AwarenessManager).

Blood shortage is a nationwide problem with various aspects in India. Blood connected is India's largest youth run initiative in the field of voluntary blood donation, which tackles the problem of blood shortage in the country.

They Started in 2010 from IIT Delhi today they spreaded in 13 major cities across the country through their 1300 + and 1000 + awareness event ,till now they have saved over 3,60,000 lives and reached more than 5 15 million people making them aware of blood donation.

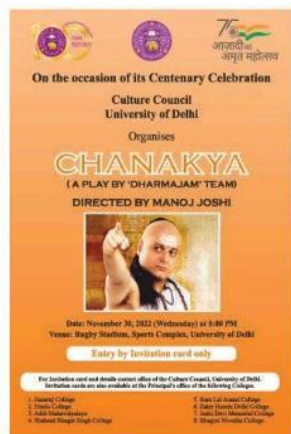
The event was started with the blessings of goddess Saraswati by Saraswati Vandana.

After that principal mam and Mali mam felicitated the Guest by plant. Principal mam gave the inauguration speech by talking about the vital role of blood, its importance and welcomed the Guest. After that Ms Heemani starts the session by explaining the importance of blood donation, Major factors of blood donation. She also breaks the myths related to blood donation. Mr Himalaya also talks about the basics of blood and the procedure of blood donation. He also describes the Motto of BloodConnect by calling themselves as a self distrust organization. They want to cure the problem of blood deficiency in India.

The session was highly knowledgeable and motivate students to donate blood. The session goes so please with the guidance of Dr Mali Devi Sawariya and the support of the NSS team.



**REPORT ON
CHANAKYA
(A PLAY BY 'DHARMAJAM' TEAM)
ORGANIZED BY
CULTURAL COUNCIL
UNIVERSITY OF DELHI
ON THE OCCASION OF ITS
CENTENARY CELEBRATION**

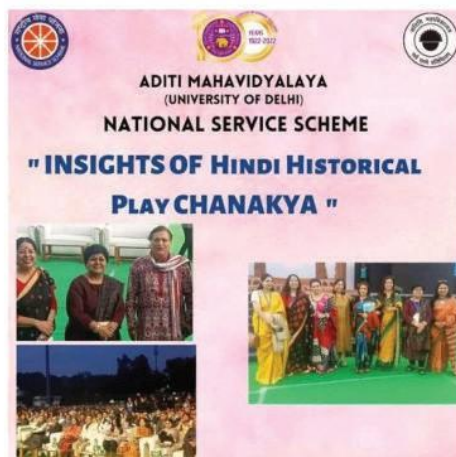


ABOUT

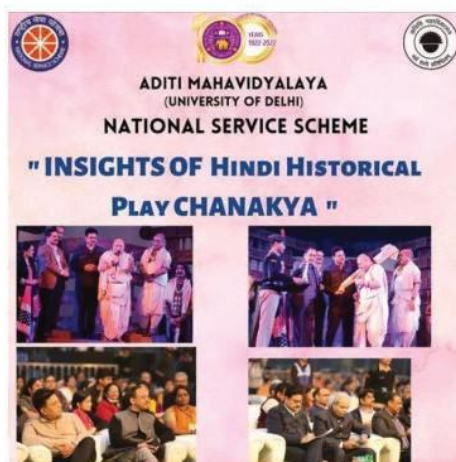
University of Delhi organized CHANAKYA (A Play by Dharmajam team) directed by Manoj Joshi on the occasion of its centenary celebration and invited many colleges to watch the play. Aditi Mahavidyalaya was one of the college's which got the opportunity to attend the spectacular play. The play was performed at Rugby Stadium, Sports Complex, University of Delhi on November 30, 2022 (Wednesday) at 5:00 p.m. The Chief Guest for the programme was Honourable Vice Chancellor, Prof. Yogesh Singh. Students attended the play with the permission of Principal Professor Mamta Sharma Ma'am and Program officer Dr. Mali Devi Sanwariya. Suneeta, Rachna, Amrita, Disha, Aakansha, Diksha, Vebi Nishal, Nikita and Niti were the volunteers who went to attend the play.

ABOUT THE PLAY

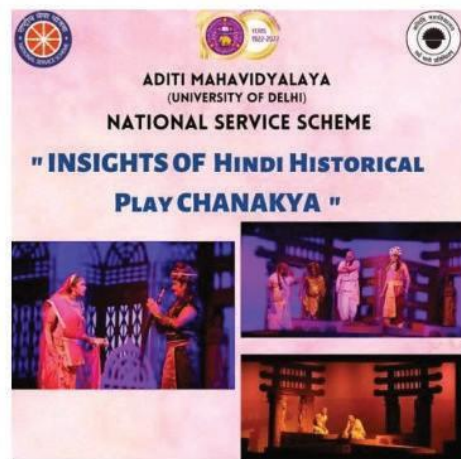
Chanakya was an ancient Indian polymath who was active as a teacher, economist and royal advisor. He was identified as 'Kautilya' or Vishnugupta. Chanakya served as the chief advisor to both emperors Chandragupta and his son Bindusara.



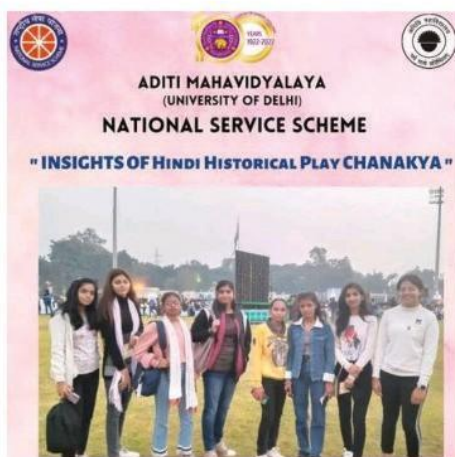
Inspired by the works of Chanakya, cultural council of Delhi University organized a play - CHANAKYA by DHARMAJAM team, directed by Manoj Joshi. At the beginning of the function, Chairperson of Delhi University Culture Council Anup Lathar welcomed the artists and all the guests and at the conclusion of the program, Dean Culture Council Professor Ravindra Kumar proposed a vote of thanks. Vice Chancellor of Delhi University Professor Yogesh Singh said that Chanakya is known as a king maker and thinker, but before and after this he was also a teacher. Before staging the play, 'Chanakya' director Manoj Joshi said that Chanakya is not just a character, but an ideology and a movement.



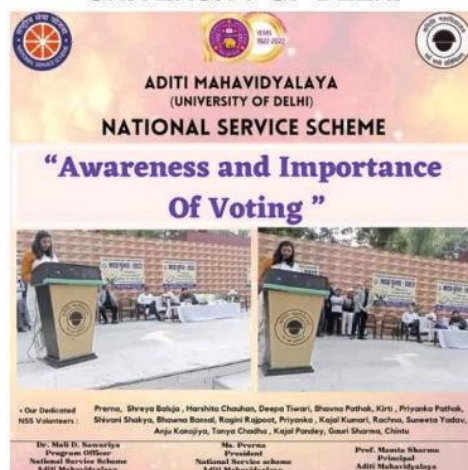
The play was a modest endeavor to contemplate Chanakya's work, adherence to Chanakya's thoughts and concepts which can rebuild the existing society to its previous glory.



It presented an opportunity for introspection toward society and the leaders of society proclaiming that the nation is supreme and that selfless love for the nation is the only virtuous selfishness. The play was very interesting and students got lots of information and were inspired by the act.



**REPORT ON EVENT
AWARENESS AND IMPORTANCE
OF VOTING
ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**



ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi, organised "AWARENESS AND IMPORTANCE OF VOTING" event on 29 November, 2022 under the guidance of our Principal ma'am Professor Mamta Sharma, Program Officer Dr. Mali Devi Sawariya, electorate officers and their team and all the NSS volunteers who participated in the event.

ABOUT THE EVENT

"The ignorance of one voter in a democracy impairs the security of all."

The power of vote for your country is an important part of a democratic country like India. While many in our country are eligible to cast a vote, few are enthusiastic about it. Keeping this issue in mind, NSS Aditi Mahavidyalaya organised a campaign on "AWARENESS AND IMPORTANCE OF VOTING".

The event started with the speech of honourable Principal Ma'am Professor Mamta Sharma on why our votes as youth of the country is really important.



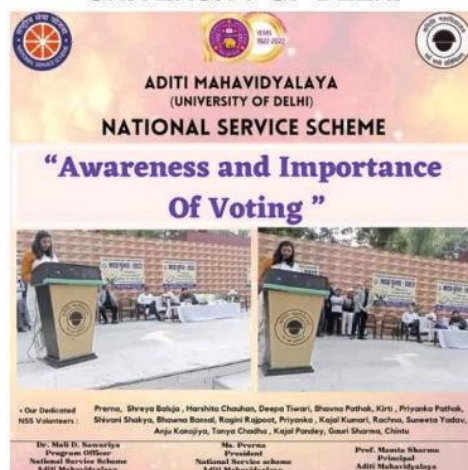
Followed by Lamp lighting, cultural performances, nukkad natak etc.



Our guests from the Delhi electorate gave their useful insights on voting and cleared all the doubts related to voting. It was a fun event filled with cultural performances and knowledgeable insights. This campaign developed a sense of responsibility among the youth towards their country and motivated them to exercise their right to vote. The day was successful under the guidance of our Principal Professor Mamta Sharma and our National Service Scheme Program officer Dr. Mali Devi Sawariya Ma'am's efforts and with the high spirit of all NSS volunteers. The event was successful and NSS volunteers casted their votes on 4th of December.



**REPORT ON EVENT
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National service scheme Aditi Mahavidyalaya University of Delhi



The National Service Scheme of Aditi Mahavidyalaya University of Delhi, Bawana had organized a session to celebrate HIV AIDS Day in collaboration with the Red Ribbon club and Delhi State AIDS control society. The event was conducted with the guidance of Principal Professor Mamta Sharma, NSS PO Dr Mali Devi Sawariya and NSS President Ms Perna. The event facilitator was Ms Shivani Shakya. The Chief Guest and the speaker of the event was Dr Maurvi, Medical manager at solitary and action against HIV infection in India (SAATHI). The event was started by Saraswati Vandana and then lead up with the inauguration session done by principal mam by welcoming and felicitating the Guest by a plant. Principal mam also interacts with students and talks about HIV prevention, sanitation and hygiene.

Dr Mourvi started the session by introducing herself and her work. She used a very interactive PowerPoint presentation to make the concepts very clear. She talks about Health, what are the common issues include Malnutrition, poor hygienic condition, mental health. Rapid growth (puberty, white discharge). STI & RTI clinic. Reproductive health of a woman PCOD PCOS, Menses.

She also aware about safe sex early marriage teen pregnancy use of condom sexually transmitted disease and prevention as a social cause which will affect both mother and children. She also talks about my related reproductive health home and family believe including Delhi HIV is highest in the country.

She also talks about emotional changes like transaction from childhood to adult extraction practice is more changes sexual development. She also advises students to be aware about what they are doing before taking any step and educate yourself.

Then she talks about the root of transmission of HIV and how does and doesn't HIV spreads. She talks about medicines for HIV like ART TLD. She involved everyone and

each and every student talks about the cause and asked their doubts freely she also breaks the about menstrual health.

The session was completely interactive and informative for students. It definitely enhances the knowledge and provides journal guidance to the student related to HIV, menstrual Myth, reproductive health. The session goes so please with the guidance of Dr Mali Devi Sawariya and the support of the NSS team.





**REPORT ON
PLANTS DECORATION
WITH THE HELP OF WASTE MATERIAL
ON THE OCCASION OF
NATIONAL POLLUTION CONTROL DAY
ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI**

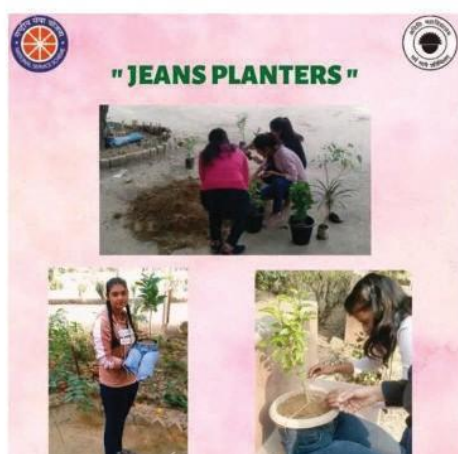


ABOUT

Aditi Mahavidyalaya, University of Delhi organized "Plants decoration with the help of waste material" on the occasion of **NATIONAL POLLUTION CONTROL DAY** on 2 December 2022 from 9:00 a.m to 12:00 p.m with the ideas of Principal Professor Mamta Sharma and the guidance of our Program Officer Dr. Mali Devi Sawariya. The event was facilitated by Shivani Shakya (Incharge of Outdoor exposure and Rural camp), Prerna (President) and the whole hardworking team of NSS.

ABOUT THE PLANTATION DRIVE

"EARTH" - the only home we have ever known is in danger because of many reasons. One of the reasons behind the danger is too much generation of waste without proper disposal. The solution to this problem is Reduce, recycle, refuse and "reuse".



Reusing is the act of taking old items that you might consider throwing away and finding a new use for them. Items can be used in the most creative way and a really pretty outcome can be seen when someone tries to do something for our environment.



National Service Scheme volunteers of Aditi Mahavidyalaya focused on the act of reusing and organized a plantation drive using waste materials. In the drive students decorated plant buckets with clothing items like jeans, plazo, old saree, pants etc. The material that was required for the drive was wires, threads, simple pot, waste buckets, waist belt, jeans, old saree and rubber bands. Students planted saplings in a container(bucket), filled it with soil, gave the clothing item a bucket shape and covered the buckets with the clothing item (jeans). Volunteers filled around 13 jeans which were placed in the college. By doing this activity students made a smarter and greener choice towards a healthy planet. The drive was a successful initiative and it also enhanced student's creativity.



"JEANS PLANTERS"



REPORT ON
"INTERNATIONAL DAY OF DISABLED PERSONS"
CELEBRATION WITH THE THEME
"DELHI IS ALL SET TO BE LIT IN PURPLE" ORGANISED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA

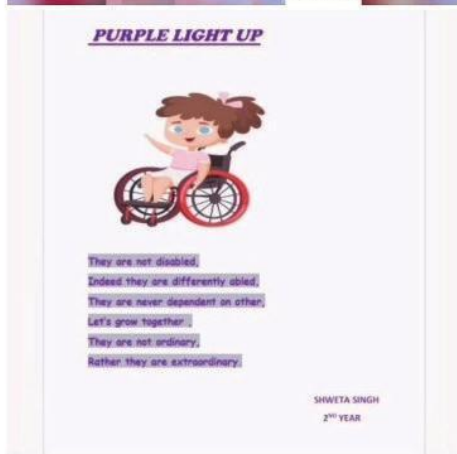


ABOUT

National Service Scheme, Aditi Mahavidyalaya, University of Delhi celebrated "International day of disabled person" on 3rd Dec with the theme "Delhi is all set to be lit in purple", under the guidance of Principal Ma'am Professor Mamta Sharma and Program officer Dr. Mali Devi Sawariya and all the NSS volunteers who participated in the event. The facilitator of this event was Priyanka (Incharge of Person with disability). The volunteers who participated in the event were Priyanka 2nd year NSS volunteer, Kajal Pandey 2nd year NSS volunteer, Shweta Singh 2nd year, Harshita Chauhan 3rd year and Koyna Barnwal 3rd year.

ABOUT THE EVENT

International Day of Persons with Disabilities (December 3) is an international observance promoted by the United Nations since 1992. It has been observed with varying degrees of success around the planet. The observance of the Day aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life. It was originally called "International Day of Disabled Persons" until 2007. Each year the day focuses on a different issue. The theme for this year is "Transformative solutions for inclusive development: the role of innovation in fueling an accessible and equitable world."



In honor to celebrate this day NSS volunteers made a monologue, painting, poster and slogan related to purple color to spread awareness about the rights of persons with disabilities and celebrate their contribution in the society.

The day opens with the introduction given by Kajal Pandey.



and further by the question raised by Priyanka that why is this day celebrated and for whom?



To this question Priyanka playing the role of doctor made all the audience aware about the aim, objectives, causes and precautions of the purple day .



And finally the answer to the question was satisfied by not only Priyanka but also very clear to the audience.





Now we are aware of our rights, duties and regarding disabled needs.
This ended on a very happy note that "Acceptance begins with a smile".



National Service Scheme Aditi Mahavidyalaya (University of Delhi)

(Report by kirti, 2nd year)



The National Service Scheme of Aditi Mahavidyalaya University of Delhi Bawana had organized a poster making competition on Mahaparinirvan Diwas, Signature Campaign(NYK) and inaugural session of the new add on course by DLSA with the chief guest Mr Himanshu Sahlot (secretary DLSA North Delhi) as on 6 December 2022. Patron principal Prof Mamata Sharma NSS program officer Dr Mali.D sawariya. Event Facilitator Ms. Kirti NSS Incharge.

The event was started by the National Anthem and followed by a Preamble reading done by principal mam and recited the same after her. After that to show the gratitude towards Dr Bhim Rao Ambedkar, candle lighting takes place.

Principal mam and Dr Mali welcomed Ms. Himanshu Sahlot by felicitating him with a plant.

Principal mam inaugurated the session by talking about Dr Ambedkar. Dr Bhim Rao Ambedkar, or Babasaheb, is known as the chief architect of the Indian Constitution or as the father of Constitution. He passed away on December 6, 1956. She also talks about the sacrifices and the efforts of Dr Ambedkar. After that Mr Himanshu took over the mic and thanked principal mam for supporting the plan of the new add on course. He also talked about Constitutional rights and the importance of basic knowledge about the Constitution. Mali mam also talks about Dr Ambedkar and the importance of the Constitution. She also talked about being aware of our rights. She thanked Mr. Himanshu for conducting this new add on course in Aditi Mahavidyalaya for the betterment of the students.

After that signature campaign took place and principal mam, Dr Mali and Mr Himanshu signed it and wrote a note for the students.

Students actively participated in the poster making competition and NSS successfully collected the 15 posters under that.

Each aspect of the event was positivity achieved and It was a great achievement of the NSS Aditi Mahavidyalaya because of Dr Mali Devi sawariya and NSS team.



National Service Scheme
Aditi Mahavidyalaya
University of Delhi



The National Service Scheme of Aditi Mahavidyalaya University of Delhi serves as volunteers in Free medical camp in collaboration with Satya Pharmaceuticals as on 11 December 2022. This camp was conducted by the Committee for Institutional Social Responsibility under the action project named Smart Village by Delhi University. From Aditi NSS four volunteers Kirti, Priyanka Pathak, Bhawna Bansal, Kajal Pandey took part in this initiative to promote volunteerism and to serve the cause by the guidance of Dr.Mali Devi Sawariya and with the support of principal prof Mamta Sharma. This Free medical camp is an initiative by University of Delhi, village adoption committee and RAW, Jonti village. This camp was mainly focused on the issue of Eye problem,Dental problem Gynecological and the General Health issue of Individual. The camp was successful and got the registration of 160+ people including both male and female and helped them to cure themselves.



REPORT ON 4-DAY INTERNSHIP OF DLSA NORTH

ABOUT:

National Service scheme, Aditi Mahavidyalaya University of Delhi organised a 4-day internship Program at Rohini Court, DLSA North from 14 December,2022-17 December,2022 from 10:00-5:00

NSS Volunteer's got to work under the guidance of Advocates & Experienced new things.

The Internship was successful under the guidance of Our Principal Prof. Mamta Sharma, Program Officer Dr. Mali Devi Sawariya & with the support of NSS volunteer's who joined the Internship.

ABOUT THE DLSA INTERNSHIP:

District Legal Services Authority is constituted in every District to implement Legal Aid Programmes and Schemes in the District. The District Judge of the District is its ex-officio Chairman.

DAY-1

National Service scheme, Aditi Mahavidyalaya organised a 4-day internship program at DLSA North. from 14 December,2022 to 17 December,2022.

NSS Volunteer's visited the court around 10:30 and Explored the court & met many advocates, after this, around 11:30 we all visited DLSA help desk office & then they assigned the work of scanning, and everyone scanned the images & compiled the data. After this, we got a short



Lunch break around 2 and then started working again and scanned the images, and then everyone clicked the pictures with the members of DLSA, this was end pf Day-1 at DLSA North.

DAY-2

On Day-2, NSS volunteer's visited the court around 10:30, and then the Staff of DLSA assigned the work to the Volunteers. Some were working on data, and some were scanning the images.

After this, Around 2:30 we got a lunch break, and everyone went to food court to buy something.

After the break, everyone gathered around the DLSA help desk around 3:15 and start working again, and Volunteers also got information from advocates regarding the case and other things.

At the end, Everyone clicked group pictures with the staff & advocates

Day-2 ended successfully.



DAY-3

On Day-3 of DLSA internship Program, NSS Volunteer's visited around 10:30 at DLSA North helpdesk,

Around 11:30, Different work assigned by the staff to the Volunteers and Everyone started working on that.

Around 12, the scanning work was completed, and then everyone did communicated with Advocates regarding the case & court and handling of clients,

After this, around 2 we got a short lunch break & everyone gathered at the food court & ate lunch together,

Around 2:45 everyone gathered at DLSA, and started working again on Data.

After this, the DLSA Staff asked to call the advocates regarding some Information,

After the calling work, We again sat with advocates and saw how they were handling the clients and Got to learn many new things.

And then, At the end, Everyone clicked the Pictures,

Day-3 ended successfully



DAY-4

On Day-4 of DLSA, North Internship, Everyone reached the Court around 10 in the Morning,

It was the most productive day of the whole Internship, Volunteers got to experience many new things

Around 10:15, Everyone visited the lawyer's chamber and met the advocate Mr. Prashant Mangla and went to see the Court case with him and It was a new experience.

Around 11, Everyone went back to the chamber, and Advocate asked the Feedback Regarding the case and many answered it was really different as we see in Movies

Around 11:30, Everyone left the chamber for another case, and also visited mediation center where disputes and issues can be heard

After this, we went back to Chamber to take our Bags and Then around 12:30, Everyone visited DLSA North helpdesk, and they assigned the work of calling and then Volunteer's called the advocates regarding some Information told by the DLSA staff,

And then We got a short lunch break and everyone ate their lunch

After the lunch, we met Advocate Ms. Pushpanjali Gupta, and she asked our experience regarding the court case, and then we took information from them about future in Law.

And then, Everyone Clicked Pictures with the Advocates and DLSA staff, and Thanked the staff for giving us this opportunity.

So, Day-4 and The Internship Program at Rohini DLSA, North Ended Successfully.



**REPORT ON
SELF DEFENSE TRAINING PROGRAMME ORGANIZED BY
NATIONAL SERVICE SCHEME
ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI
IN COLLABORATION WITH
UDANKAAR NGO**



ABOUT

National Service Scheme Aditi Mahavidyalaya, University of Delhi organized Self defense training programme in collaboration with UDANKAAR NGO from 15 December 2022 to 24 December 2022 under the guidance of Principal Ma'am Professor Mamta Sharma, guests, Justice Rajesh Tandon former judge of Nainital high court, Shri Vasu Rukhsar President BJYM Delhi, Advocate Mrs. Mira Aggarwal, Shri Shrinivas Ji general organizing secretary Kisan Sant, Dr. Manroop Meena ji Pro VC IGNOU, Mr. Ram Nivas Goyal Delhi Vidhan Sabha Adhyaksh, SMT Rakhi Bisht founder of Ravisa Foundation and charitable trust, Mr. Ashish Pokhriyal President of UDANKAAR NGO, Trainers Preeti ji and Huma Khan ji, Manshvi Pathak General Secretary UDANKAAR NGO, Project incharges Manshi Tiwari and Shruti Gupta, our National Service Scheme Program Officer Dr. Mali Devi Sawariya, facilitators of the event Prerna (President of NSS), Shreya Baluja (Vice President of NSS), Harshita Chahun (Vice President of NSS), Kajal Kumari (Incharge of Health and Hygiene), Bhavna Pathak (Treasurer NSS) and all the participants who have been with us from the beginning of Self defense training.

ABOUT THE TRAINING

"Self-defense is not just a set of techniques; it's a state of mind, and it begins with the belief that you are worth defending."

DAY 1

The chief guest of this program was Justice Rajesh Tandon (Former judge Nainital High Court, Uttarakhand) and Shri Vasu Rukhar (President BJYM Delhi).



Prof. Mamta Sharma talked about UDANKAAR :- ek nai subah, when students come every day we are filled with energy to make the morning, whole day a great mission for the society that is the mission of UDANKAAR. According to Prof. Mamta Sharma said "Self defense is a defense of our body, how to conduct ourselves, how to live every moment of our life in a different way, this is self defense life style, try to control our body and emotions." Justice Rajesh Tandon talked about article 21 of fundamental rights and also talked about human rights is celebrated all over the world on 10 december. Shri Vasu Rukhar inspired the girl students and said that the contribution of a woman is very important in the life of a man. And also said that if you don't have weapon then how will you fight with the poor mentality of the people of the society. Mr. Ashish Pokhriyal has been working with the Aditi college for years and organized many events and encourage the students, their motive is to empower woman, it was started with self defence. This program has been successful with the support of Principal Ma'am Professor Mamta Sharma, Mr. Ashish Pokhriyal President of UDANKAAR, guest Rajesh Tandon former judge of Nainital high court,

Shri Vasu Rukhar president BJYM Delhi, trainers Preeti ji and Huma Khan ji program officer Dr.Mali Devi Sanwariya and the whole hard working team of NSS and With their efforts the event was successful.

DAY 2



Preeti ji and Huma Khan ji talked about how self defense training helps one prepare their mind like in a situation when someone is hitting another, one's reflex action is to close eyes it only happens because one is not prepared for the attack. Then they started with blocking techniques and students practiced in a pair. They also added that the attacker can attack from any side and with this students were taught how to defend from each direction. For the first day trainers taught how to defend the upper portion of the body. This program was successful with the support of Principal Ma'am Professor Mamta Sharma, Mr. Ashish Pokhriyal President of UDANKAAR NGO, program officer Dr.Mali Devi Sanwariya, trainers Preeti ji and Huma Khan ji and the whole hard working team of NSS , the reason behind the success of this event.

DAY 3

The chief guest of the day was Mrs. Mira Aggarwal - Ex Mayor of North Delhi Municipal corporation and advocate in CLC,DU.