

Date: 31st January, 2022.



**The Psychology Association of Aditi Mahavidyalaya, University of Delhi
Report on One Day Webinar: “Body Language and Deception Detection”**

**EMPATHY, THE PSYCHOLOGY ASSOCIATION
ADITI MAHAVIDYALAYA, UNIVERSITY OF DELHI**

ORGANIZES A ONE DAY WEBINAR ON

Body Language and Deception Detection

Date: 31st January, 2022
Time: 11 am onwards

Registration Form:
<https://forms.gle/kyGdpuVCoquwP1fMA>

SPEAKER: MR. GAURAV GILL

Specialisation:

- ✓ Body Language Analyst
- ✓ Psychologist
- ✓ Assistant Professor of Psychology

E-CERTIFICATES WILL BE GIVEN TO THE PARTICIPANTS

Empathy Office Bearers
Tannu Dabas (President)
Harshita Tyagi (Vice President)
Aditi Sharma (General Secretary)
Shivani Sharma (Secretary)
Roshni Dhawan (Secretary)

Prof. Mamta Sharma
Principal

Prof. Priya Kanwar
Organizer

11:00 am.

ABOUT

Empathy, The Psychology Association of Aditi Mahavidyalaya, University of Delhi organized a one-day webinar on “Body language and deception Detection” on 31 January 2022 at 11am. The event was addressed by the Honourable chief guest Mr. Gaurav Gill with patron Professor Mamata Sharma, Organiser, Prof. Priya Kanwar and Associate Professor, Dr. Ritu Sharma. Total 70 participants participated in the webinar on Body language and Deception Detection. The Webinar introduced the various psychological applications and understanding on Body language and Deception Detection.

ABOUT WEBINAR

The aim of the session to give more information and knowledge to the participant about Body language and deception and how to detect them

Dr Priya Bir started the session by giving a very warm welcome to Mr. Gaurav Gill. Tannu Dabbas, the President of Empathy introduced the mission and vision of the empathy cell and welcomed Mr. Gaurav Gill. Mr. Gaurav Gill, a psychologist with Catalyst India Charitable Trust Delhi, Assistant Professor of psychology and a Body language & statement Analyst.

Mr. Gill started the session with PowerPoint Presentation which included different images and relatable videos associated with Body language and Deception and to identify them.

He starts it with a Sherlock Holmes quote “You See but You Don’t Observe”. He took the session forward by explaining Body language involving images related to Face expression, eye contact, Hand Movement, Face Muscle, breathing rate, blinking rate, Cranial nerve, lip movement, Chained elephant movement, Eye blocking emotional insecurities and confidence.

To make things more understandable he gives examples of different criminal cases like Susan Smith case, Jodi Arias, Arushi Talwar, Green River case Gary, Ridgway Foster, Elizabeth Holmes. He also uses psychological and scientific term like limbic brain, fluttered eye, Duchene’ grief Muscle, Mentalis chin bone, Boa Constrictor, isopraxism, Fig leaf posture and he also talk about crime forensic and investigation and scope of criminal psychology and body language. He recommended the participants to watch the series – Lie to me and a book “what everybody is” by Joe Navarro. He also talked about BCCC- Base line, Context, Cluster of Tell, Culture.

The session was very interactive knowledgeable and informative, and taught about Deception body language because there is a lot behind the verbal observation

In the last question answer was done by Tannu Dabbas President where participants get actively involved and ask the question and all the questions was perfectly addressed by Mr. Gaurav Gill with very suitable examples.

VOTE OF THANKS

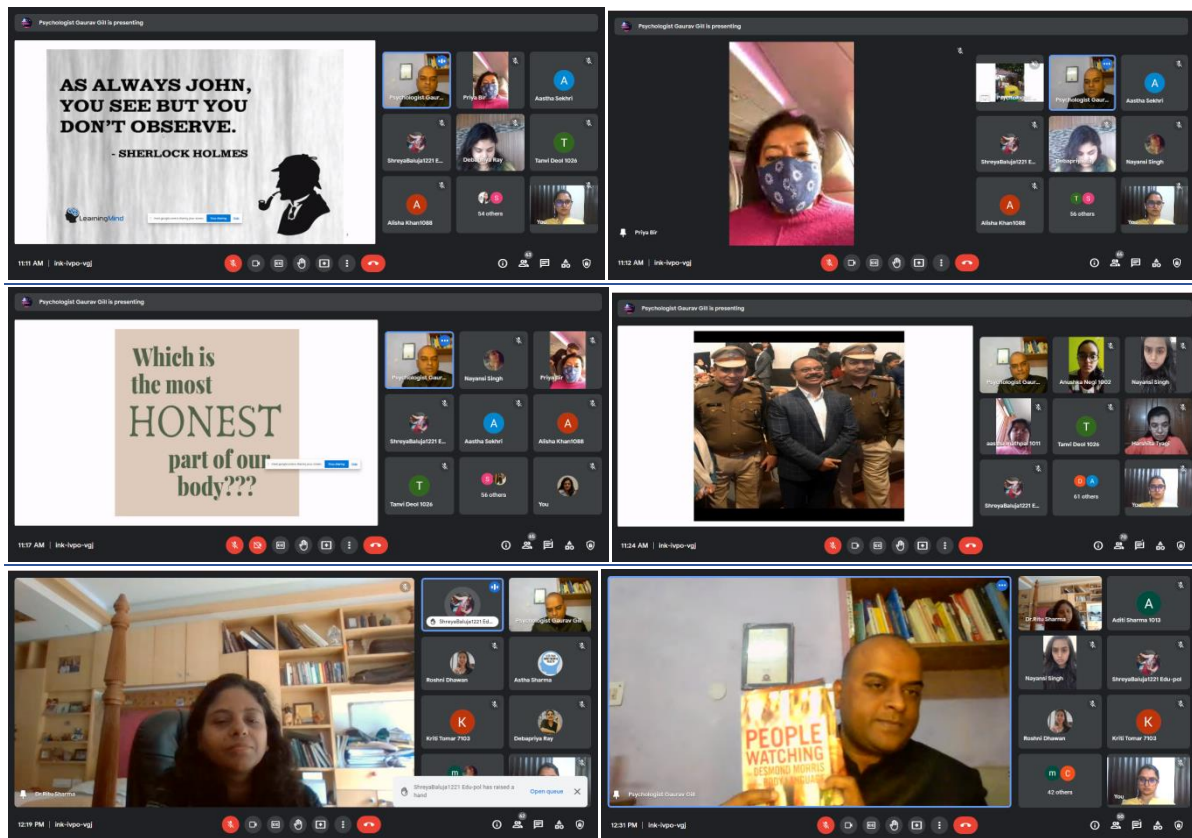
In the end the session was concluded by vote of thanks by Dr. Ritu Sharma around 12:30 pm Feedback and attendance Form was shared with the student and participant. The entire session goes smoothly in online mode only because of the team of Empathy and the session was tremendously interesting and enriching to the participant.

CREDITS OF THE WEBINAR

Questions were open to all.

Feedback forms were given to all the participants as an evaluation of the webinar.

SNAPSHOTS OF THE EVENT:



ATTENDANCE OF THE EVENT

S.No	Name	S.No	Name	S.No	Name
1	Aastha Mathpal	25	IshaKanaujiya	49	Rashmi Mahoriya
2	Aastha Shekri	26	IshaRathee	50	Rashmi Sharma
3	Aditi Kumari	27	Isha Wadhwa	51	Ritik Bharadwaj
4	Aditi Sharma	28	Ishika Kumari	52	Ritu Sharma
5	Alisha Khan	29	Kajal Meena	53	Roshan Vishwakarma
6	Alin Sagar	30	Kalandhi Kaushik	54	Roshni Dhawan
7	Anushka Negi	31	Kalpna	55	Rukshar
8	Anushka Srivastava	32	Kashish Wadhawan	56	Saiba
9	Anushka Suresh	33	Khushi	57	Sakshi Jagya
10	Arzoo Dahiya	34	Kirti Garg	58	Sampurna Guha
11	ArzooShehrawat	35	Kirti	59	Sarita Sahu
12	Astha Sharma	36	Kirti Tomar	60	Satyam Rohit
13	AtilaSangtam	37	MantashaAlam	61	Shaik Gracy
14	Bhuvi Sehgal	38	Mehak Soni	62	Shreya Baluja
15	Debanjali Nag	39	Muskan Garg	63	Sneha Gautam
16	Debapriya Ray	40	Nadiya Rehman	64	Sneha Panwar
17	Disha Gupta	41	Nayansi Singh	65	SnowiaNazz
18	Diya Arora	42	NishitaBaanwal	66	Soni Gupta
19	Gaurav Gill	43	Parishi Gupta	67	Sonika Drall
20	Gaurav Maurya	44	Pragati Dhawan	68	Tamanna
21	Harshita Mangla	45	Preeti Toor	69	TannuDabas
22	Harshita Tyagi	46	Prerna	70	Tanvi Goel
23	Heena Khan	47	Priya Bir	71	Tisha Bageshwar
24	HimanshiAwana	48	Priyanka Malviya	72	Trapti Prajapati

Dated: 15th January, 2022



Empathy, the Psychology Association of Aditi Mahavidyalaya, University of Delhi

Report on One Day Webinar on

“StandUp Against Street Harassment”

अदिति महाविद्यालय
सर्वे सत्ये प्रतिष्ठितम्

The Psychology Association of Aditi Mahavidyalaya
EMPATHY

UNIVERSITY OF DELHI
सिद्धा मुनिः सत्यम्

Empathy, The Psychology Association of Aditi Mahavidyalaya, University of Delhi presents

A Training Session on

STAND UP AGAINST STREET HARASSMENT

15 JAN 12:00 PM

The more you know, the easier it is to Stand Up

Registration Form:
<https://forms.gle/gohgzSTuVrbMBUrw5>

MS. BISMA JAVED
TRAINER
BREAK THROUGH INDIA

L'ORÉAL PARIS

Breakthrough
Act. End violence against women.

hollaback!

Prof. Mamta Sharma
Principal

Prof. Priya Kanwar
TIC, Organizer

Dr. Ritu Sharma
Associate Professor

Empathy, The Psychology Association of Aditi Mahavidyalaya, University of Delhi organized a one-day webinar on **Stand up Against Street Harassment** on 15 January 2022 at 12 PM. The webinar was conducted in the guidance of our Patron Professor Mamta Sharma, Professor Priya Bir, as the Convener, Dr. Ritu Sharma as the Co-Convener. The Guest of the event was Ms. Bisma Javed.

80 plus participants of psychology and other field participated in the webinar. The webinar introduced the different methods which we can prevent and tackle sexual harassment at public places. She also talks about '5D' which initially is to stop sexual harassment.

ABOUT WEBINAR

The aim of this webinar was improving the awareness on the taboo topic, along with the motto that carried the learning to the webinar **“the more you know, the easier is to stand up”**. The resource person elucidated and emphasized the importance of knowing and understanding need to stand up intelligently against sexual harassment in public places. The webinar also approached the key techniques to follow while intervening. This webinar boosts up the confidence of each and every participant so they will stand up and fight against the street harassment.

The webinar was inaugurated by Prof. Priya Bir by giving a brief welcome to the esteemed guest Ms. Bisma Javed a Trainer, from Break through India. **Tannu Dabas, The President of Empathy**, gave an introductory speech wherein she introduced mission and vision of Empathy in Aditi Mahavidyalaya. She also introduced the honorable guest of the event Ms. Bisma Javed who has been a trainee and a social worker with an experience of more than eight years.

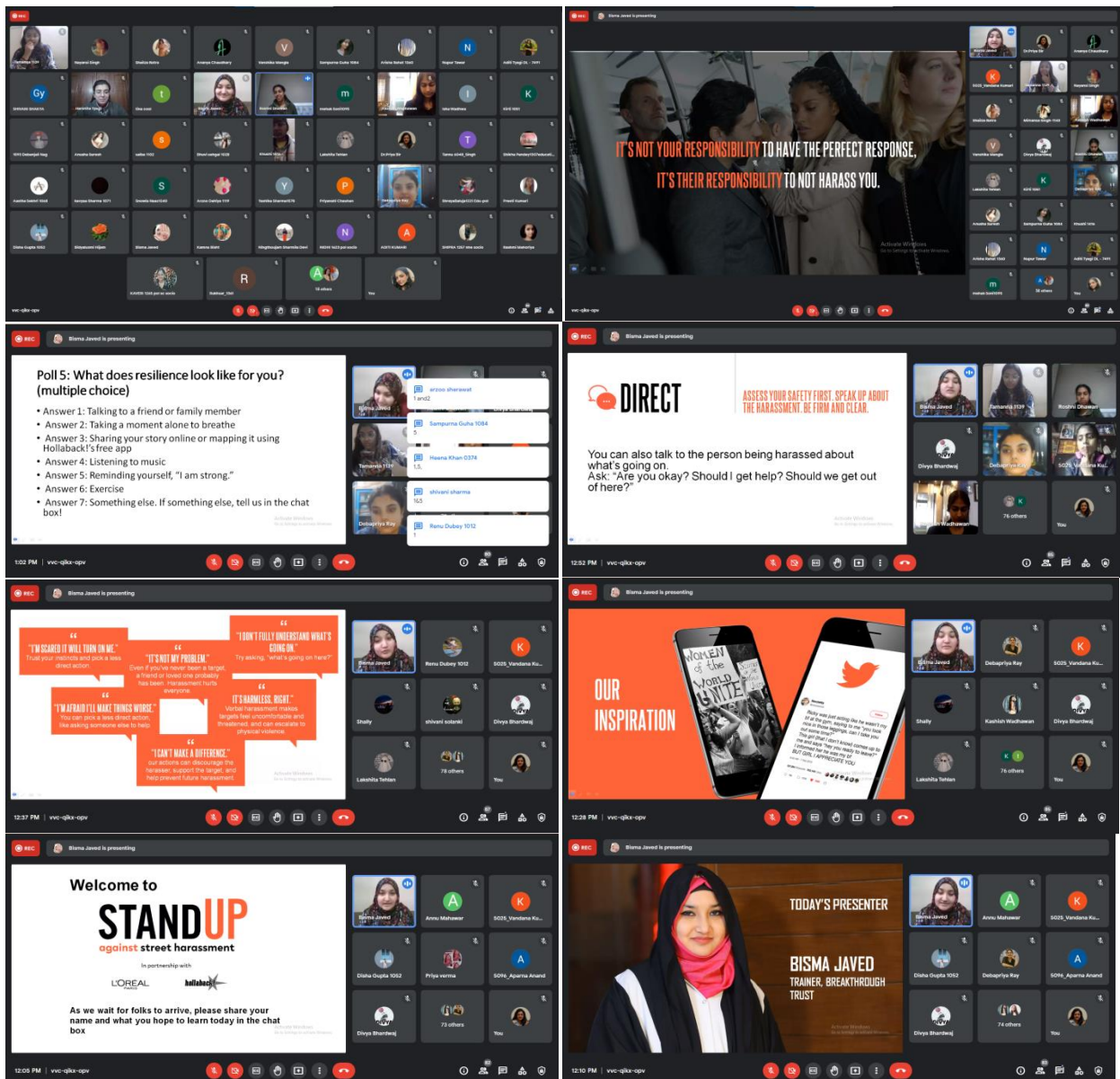
The event was advanced by Ms. Bisma Javed by involving various PowerPoint presentations, including very impactful videos on street harassment which shows how people can protect themselves and others in critical situations of harassment. Further, what are the right steps which one can take in the sensitive situation of public harassment? She makes webinar more impactful by involving participants with some good number of multiple-choice questions. The webinar went on analyzing various concepts like 5D which is Direct, Delegate, Document, Delay and Distract. She also explains how street harassment pay impact on our psychological and social well-being. The webinar was very interactive, intelligently destroying myths and destructive mentality that surrounded the topic.

The webinar followed up with a very inquisitive question-answer round, addressed by **Vice President, Harshita Tyagi** wherein, the participants involved and asked their queries and shared their experiences. All the questions were addressed by Ms.

Bisma Javed appropriately. The webinar was concluded by the vote of thanks by **Roshni Dhawan, the Secretary** of Empathy around 1:00pm. She thanked Ms. Bisma Javed for the event and shows her gratitude towards the participant and the organizing committee as well. In last feedback form was distributed among all participants and all the participants were facilitated with the certificate.

The entire session was well managed by the host, technical team and faculty of Empathy. All the objectives of the webinar were all successfully achieved. The overall session discussion benefitted the participants to know how to stand up against street harassment.

SNAPSHOTS OF THE EVENT:



LIST OF PARTICIPANTS OF THE EVENT:

S. No.	Names	S. No.	Names	S. No.	Names
1	Debanjali Nag	28	Isha Wadhwa	55	Rukhsar
2	Aparna Anand	29	Iva Dhiman	56	Saiba
3	Dishita Choudhary	30	Ishika Kumari	57	Sakshi Jagya
4	Divyanshi Rawat	31	Jyoti Verma	58	Sarita Singh
5	Aastha Sekhri	32	Kamna Bisht	59	Sampurna Guha
6	Aditi Kumari	33	Kanishka Agarwal	60	Shagun Sharma
7	Aditi Sharma	34	Karishma Dixit	61	Shally
8	Aditi Tyagi	35	Kashish Wadhawan	62	Shikha Pandey
9	Alisha Khan	36	Kaveri	63	Shipra
10	Ananya Chaudhary	37	Kavyaa Sharma	64	Shivani Shakya
11	Annu Mahawar	38	Kirti	65	Shivani Sharma
12	Anusha Suresh	39	Khushi M	66	Shivani Solanki
13	Anushka Negi	40	Krinal	67	Shreyabaluja
14	Archana Vardhaman	41	Mehak Soni	68	Shreyanshi Chauhan
15	Arisha Rahat	42	Muskan Garg	69	Simmi Kosta
16	Arzoo Dahiya	43	Mimansa Singh	70	Snowia Naaz
17	Arzoo Sherawat	44	Nayansi Singh	71	Sonika Drall
18	Bhuvi Sehgal	45	Nidhi	72	Sujani Kanojia
19	Bidyalexmi Hijam	46	Nidhi Gupta	73	Suniti Gaur
20	Debapriya Ray	47	Ningthoujam Sharmila Devi	74	Tamanna
21	Disha Gupta	48	Nishita Baranwal	75	Tannu Singh
22	Dr. Ritu Sharma	49	Nupur Tawar	76	Tina Cool
23	Divya Bhardwaj	50	Preeti Kumari	77	Vanshika Mangla
24	Harshita Mangla	51	Preeti Toor	78	Yashika Sharma
25	Harshita Tyagi	52	Priyanshi Chauhan	79	Shailza Batra
26	Heena Khan	53	Renu Dubey		
27	Isha	54	Roshni Dhawan		

Dated: 28th December, 2021



Empathy, the Psychology Association of Aditi Mahavidyalaya, University of Delhi

Report on One Day Webinar on

“Emotional Intelligence- A Key to Success”


**The Psychology Association of Aditi Mahavidyalaya,
University of Delhi**

“EMPATHY”

Presents a one- day webinar on

Emotional Intelligence
A Key to Success

Resource Person:




Prof. NK Chadha

Date: 28th December, 2021
Time: 4 PM onwards
Platform: Google Meet


Registration Form:
<https://forms.gle/MpV9mTUWF3AzP6rC8>

Meeting Link:
<https://meet.google.com/jcm-czzy-nxf>


E-CERTIFICATES WILL BE GIVEN TO THE PARTICIPANTS



Prof. Mamta Sharma
Principal



Prof. Priya Bir
Convenor



Dr. Ritu Sharma
Co-convenor

ABOUT THE EVENT:

Empathy, The Psychology Association of Aditi Mahavidyalaya, University of Delhi organized a one-day Webinar on “**Emotional Intelligence- A Key to Success**” on December 28, 2021 i.e. Tuesday. The event was addressed by the honourable Chief Guest, Professor N.K. Chadha with patron Professor Mamta Sharma, Professor Priya Bir as the Convener and Dr. Ritu Sharma as the Co-Convener.

A grand total 100 participants participated in the one-day webinar on Emotional Intelligence. The webinar introduced the scientific understanding of emotions and psychological applications in our daily lives.

The webinar was opened by respected Convenor of the event, Professor Priya Bir by giving a brief welcome to the esteemed guest, Prof N.K Chadha, a former Professor and Dean at University of Delhi and currently the Chairperson (Council for Doctoral Program) at Manav Rachna International University. Dr. Ritu Sharma, Co-convenor of the event also welcomed the guest of Honour.

Tannu Dabas, The President of Empathy, gave an introductory speech, where-in she explained Mission and Vision of Empathy, and welcomed the guest of the hour. The objective of the webinar was mainly focused on understanding emotional intelligence and how it is connected to achieving success in life. The webinar was arranged so participants could have a better perspective on emotions and their varying effects on our personality as a whole and how we, as people impact the society.

The event was advanced by Professor N.K. Chadha by involving various Power Point presentations, elucidating on the concept of Emotional Intelligence, furthermore, and giving insightful lessons in management of emotions by involving the participants. Participants were actively involved in the discussion, mostly on issues on emotions, competence and skills. The webinar went on analyzing various topics related to emotional intelligence. The honorable resource person introduced parallel techniques for efficient self-management that could lead to more meaningful, healthy relationships.

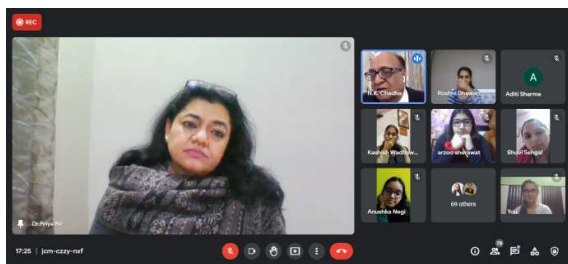
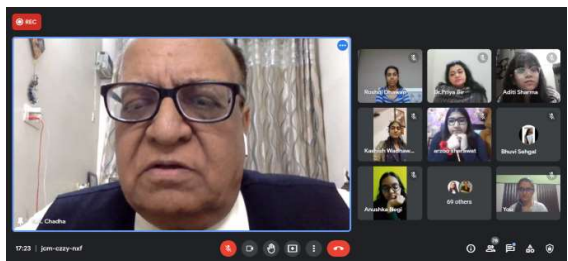
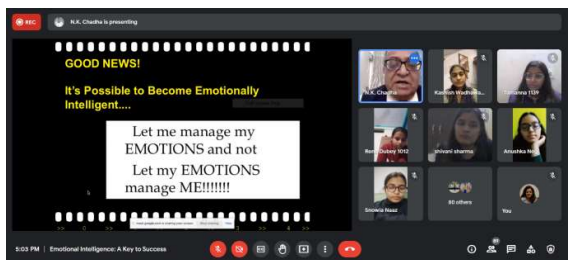
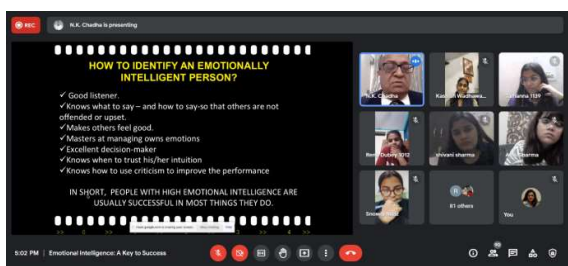
The session was very interactive and informative, and touched down some potent concepts of Emotional Intelligence. A Question-Answer session was addressed by Aditi Sharma, The General Secretary of Empathy; where-in participants actively involved and asked their queries. All of the doubts were addressed by Professor N.K. Chadha. This was followed by a vote of thanks.

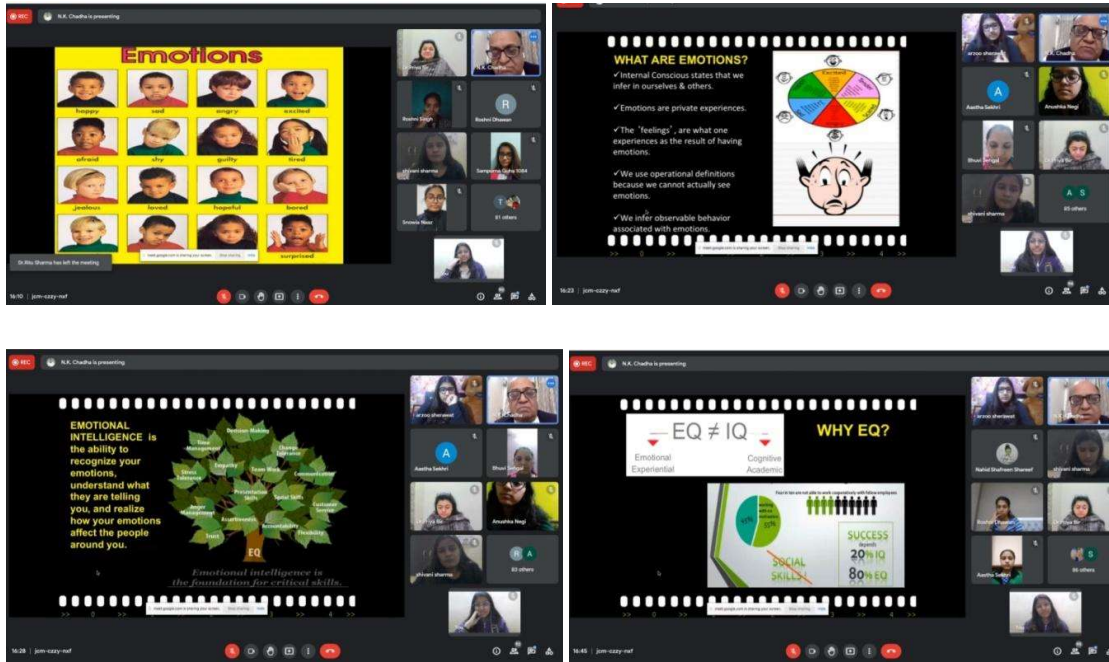
The webinar was concluded by the vote of thanks given by Roshni Dhawan, The Secretary of Empathy around 5:30 pm. She expressed gratitude to the resource person Professor N.K. Chadha, Professor Mamta Sharma,

Convener-Professor Priya Bir, Co-convener -Dr. Ritu Sharma for their constant encouragement and support in conducting the Webinar.

The feedbacks forms were also distributed among all participants. The participants and the organizing committee were facilitated with certificates. The entire session was well managed by the Host, technical team and faculty of Empathy. The objective of the webinar was achieved. The overall session discussion benefitted the participants. This webinar helped the participants to know the importance of Emotional Intelligence as a prerequisite key for success.

SNAPSHOTS OF THE EVENT:





LIST OF PARTICIPANTS WHO ATTENDED THE WEBINAR:

S.No.	Names	S.No.	Names	S.No.	Names
1	Ishika	29	Debapriya Ray	57	Rashi Sharma
2	Pragati Dhawan	30	Ritu Yadav	58	Nupur Tawar
3	Alisha Khan	31	Ananya	59	Iva Dhiman
4	Rashmi	32	Hijam Bidyaluxmi	60	Garima
5	Bhoomika	33	Karishma Dixit	61	Shivani
6	Jyoti Verma	34	Anusha Suresh	62	Tamanna
7	Kirti	35	Rashna Gupta	63	Medha Madan
8	Shreyanshi Chauhan	36	Arzoo	64	Divya
9	Suchitra	37	Vanshika Mangla	65	Astha Sharma
10	Mehak Soni	38	Lakshita	66	Aditi Kumari
11	Sampurna Guha	39	Shakshi Sharma	67	Sarita Kumari Sahu
12	Snowia Naaz	40	Disha Gupta	68	Roshni Dhawan
13	Rukhsar	41	Shreya Baluja	69	Shreya
14	Bhuvi Sehgal	42	Rolly Kumari	70	Manisha Sharma
15	Supriya Panday	43	Arzoo	71	Atila C Sangtam
16	Vaishnavi	44	Srishti Pandey	72	Anushka Negi
17	Roshni Singh Kushwaha	45	Yashika Sharma	73	Aditi Sharma
18	Tanuja Kumari	46	Isha Wadhwa	74	Kashish Wadhawan
19	Shagun	47	Saiba Garg	75	Harshita Mangla

20	Renu Dubey	48	Himanshi	76	Neha Raj
21	Parishi Gupta	49	Bhagya Sood	77	Jhalak Parasar
22	Aastha Sekhri	50	Shefali Kushwaha	78	Prerna Sharma
23	Shivani Sharma	51	Bhumika Singh	79	Nayansi Singh
24	Anamika Chaudhary	52	Riya Rawat	80	Suniti Gaur
25	Neelofar	53	Tripti Kumari	81	Sakshi Jha
26	Isha Kanaujiya	54	Nishita Baranwal	82	Varnika Singh
27	Abhilasha Arya	55	Sanjna Deshwal	83	Micky Kumari
28	Himanshi Awana	56	Annu Mahawar		



Aditi Mahavidyalaya

Political Times
Issue-II
2021-22



DEPARTMENT OF
POLITICAL SCIENCE

ADITI
MAHAVIDYALAYA
NEWSLETTER

Principal- Prof. Mamta Sharma

Faculty

Dr. Kamlesh Rani

Prof. Archana Sawshilya

Dr. Sunita Pareek (tic-2020-21)

Dr. Juhi Bhatnagar

The Electoral Literacy club of Aditi Mahavidyalaya organized a programme on the occasion of Constitution Day on 26th November 2021 at 11:30 a.m. on Google Meet.

The programme was graced by the presence of the Principal Prof. Mamta Sharma. The programme started with the address and reading of the Preamble of the Constitution by the Principal Prof. Sharma. Ma'am shared her encouraging views on the importance of the Constitution in our lives.

Prof. Archana Sawshilya, Convener Electoral Literacy club shared the story behind making of the Constitution. The programme included a poster making competition on the Constitution. The winners of the competition presented their views on the posters made by them.

The programme ended with a vote of thanks and the National Anthem.

Aditi Mahavidyalaya
University of Delhi

Celebrating Constitution Day: 26th November 2021

Time: 11:30 a.m.
On
Google Meet

Address and Reading of Preamble of the Constitution

- Prof. Mamta Sharma Principal, Aditi Mahavidyalaya University of Delhi

Making of Indian Constitution- The story Behind

- Prof. Archana Sawshilya
- Convener, Electoral literacy Club- Teacher in Charge-Department of Political science

Presentation by winners of Poster making Competition

- Theme -Making of Indian Constitution
- Send your Poster by 6.P.M 25th November 2021 at electoralclub2021@gmail.com

On 17th January 2022, A Campaign was started for enrolment of new voters on the initiative of CEO-Delhi. Students were oriented to download app and get them registered with voters list. Students volunteers disseminated the information class wise and many new voters were added in the voters list.



7:59

← **CEO, Delhi Office** ✓
2,417 Tweets



CEO, Delhi Office ✓
@CeodelhiOffice

Official page of Office of the Chief Electoral Officer, Delhi

New Delhi, India ceodelhi.gov.in
Joined October 2016

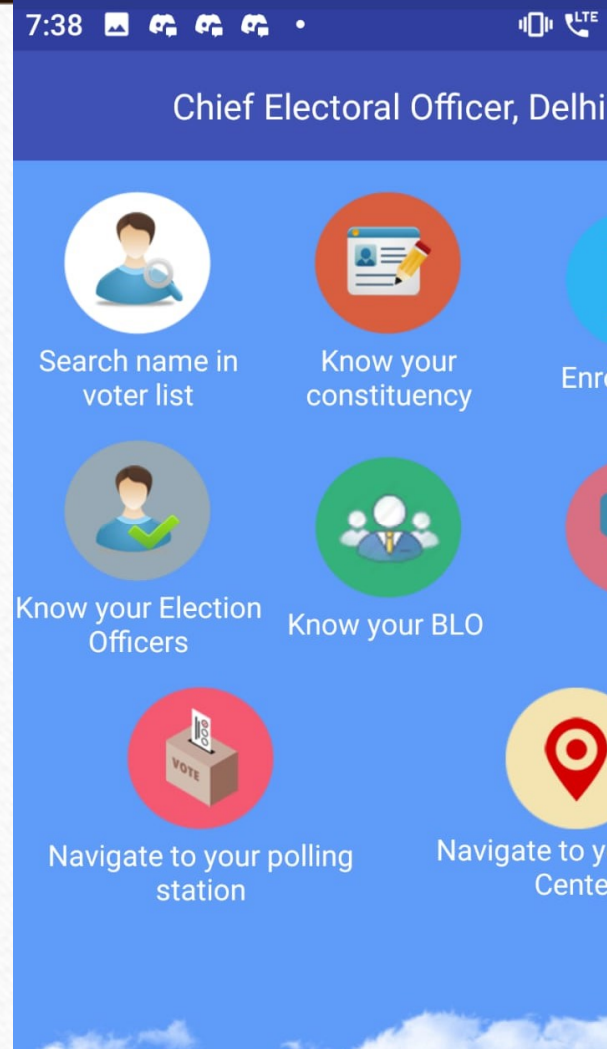
81 Following 24.9K Followers

Not followed by anyone you're following

This campaign called for nation wide participation to increase awareness among the voters of the nation.

7:38

Chief Electoral Officer, Delhi



- Search name in voter list
- Know your constituency
- Know your Election Officers
- Know your BLO
- Navigate to your polling station
- Navigate to your Center



ADITI MAHAVIDYALAYA
ELECTORAL LITERACY CLUB
UNIVERSITY OF DELHI



Organises
On spot Slogan Writing and Poster Making
Competition



Date: 12th March 2022

Venue: Aditi Mahavidyalaya

Time-11:00 a.m. - 1:00 p.m.

Prof. Archana Sawshilya
Convenor
Electoral Literacy Club

Volunteers of Dept. of Pol.sc

Prof. MAMTA Sharma
Principal
Aditi Mahavidyalaya

The Department of Political Science & Electoral Literacy Club of the college organised On Spot Slogan Writing and Poster Making Competition on 12th March 2022 in Aditi Mahavidyalaya.

**Message about the competition was circulated by volunteers to each and every class. Permission for 3 cash prizes were sought:
1st prize-Rs.1000
2nd Prize- Rs.750
3rd Prize- Rs.500**

To meet the objectives of NEP for knowledge creation, students of Political science were taken to SWEDA, branch of All India Women's Association At 6, Bhagwan Das Road, New Delhi on 11th March 2022.

Students were oriented about employability issues among unorganised sectors, a road map for recognition of domestic work rights and pension rights of house wives.

The students actively participated and interacted with women from unorganised sectors nominated for recognition. They were overwhelmed by interacting with such prestigious institution and its activities covering life skills promoting employability. This tram was led by NEP Task Force Convenor Principal and Nodal Officer.





Thank -You