

AditiMahavidyalaya
Department of Physical Education
Sports Activities 2017-18

Sports have always been an integral part of the *Aditians* identity. The Department of Physical Education works round the year by organizing all kinds of competitive and recreational sports. Department provides the facilities throughout the year in games like Archery, Athletics , Aerobics, Boxing , Badminton, Chess, Judo, Kho-Kho, Kabaddi, Taekwondo, Volleyball, Power-Lifting & Weight Lifting, Wrestling, Yoga etc.

Department organizes Cross Country Race on 3rd August 2017 in the memorial of Late Dr. Anita Ghosh. Approximately 50 students participated in the event. Winners were awarded with attractive prizes.

Interclass competitions are organized every year to identify the hidden talent. Three events were organized including kabbadi, kho-kho and Chess. The event was organized on 30th and 31st January 2018. All the winners are awarded with prizes.

On Annual Sports Day various events such as Sprint races, Shot Put, Javelin Throw, Tug of war were organised . Various Adventure activities such as Rappelling, Flying fox, Commendo Net, V-Shape Bridge, Rope Ladder steal the show. Sh. Jagseer Singh (Arjuna Awardee) was invited as chief guest on the Annual Sports day which was held on 06th February, 2018.

Students participated in various competitions including open/state level, intercollegiate, interuniversity and national level. The achievements of the students are as follows-

S.No.	Student Details	Open/State Level	Intercollege	Inter - University	National
Boxing					
1.	Priyanka BA Prog. III Year Roll. No.- 1250		Bronze medal in Boxing inter- college championship, DU		
2.	M.J.Mary BA Prog. I Year Roll. No.- 1042		Silver medal in Boxing inter- college championship, DU		
3.	Jyotsna BA Prog. I Year Roll. No.-1115		Silver medal in Boxing inter- college championship, DU		
4.	Anjali BA Prog. I Year Roll. No.-1397		Bronze medal in Boxing inter- college, DU		
5.	Saumya B.A.Geography(H) II Year, Roll No.2030		Bronze medal in Boxing inter- college, DU		
Power Lifting/ Weight Lifting					
S.No.	Student Details	Open/State Level	Intercollege	Inter - University	National

6.	Kajal BA Prog. III Year Roll. No.-1233	1.)Bronze medal in Delhi State 2.) Silver medal at International Expo	Bronze medal in Inter College Championship, DU		
7.	Kirti Nain BA Prog. III Year Roll. No.-		Bronze medal at International Expo 2017		
8.	Anita Sharma BA Prog. II Year Roll. No.- 1211		Gold medal in Delhi State		
9.	Brijesh B.H.J. II Year, Roll No. 3017		Silver medal in Delhi State		
10.	ShivaniRawat B.A. (Prog.) II Year, Roll No. 1232		1) Silver medal in Delhi State 2) Silver medal at International Expo 2017		
11.	Pooja B.A.(Prog.) I Year, Roll No.- 4163		Silver medal at International Expo 2017		

Wrestling

S.No.	Student Details	Open/State Level	Intercollege	Inter University	National
12	Nisha BA Prog. I Year Roll. No.- 1045	Gold medal in Khelo India Wrestling Championship			
13	Goldy B.A.(P) I Year Roll No. 1701214	Gold medal in Khelo India Wrestling Championship			

Taekwondo

S.No.	Student Details	Open/State Level	Intercollege	Inter University	National
14	Chhaya B.A. (P) II Year Roll No. 1263	Silver medal in Delhi State Taekwondo Championship	Participation in Inter College held at Delhi University		
15	Anuradha B.El.Ed II Year Roll No. 8036				Gold medal in Open National Taekwondo Championship
16	Richa B. Com. (P) I Year Roll No. 5093		Bronze medal in Inter College Championship, DU		

Yoga					
S.No.	Student Details	Open/State Level	Intercollege	Inter University	National
17	Purnima B.A.(P) III Year, Roll No. 1423	Gold medal in Maharaja Agarsen Institute of Technology open Yoga Championship			
18	Priyanshu B.A.(P) I Year Roll No. 1351	Bronze medal in Maharaja Agarsen Institute of Technology open Yoga Championship			
19	Chandani B.A. (P) B.A.(P) III Year, Roll No.1182	Bronze medal in Maharaja Agarsen Institute of Technology open Yoga Championship			
20	Santosh B.A.(P) I Year, Roll No. 1457	Bronze medal in Maharaja Agarsen Institute of Technology open Yoga Championship			
21	Shweta B.A.(P) III Year, Roll No.1204	Bronze medal in Maharaja Agarsen Institute of Technology open Yoga Championship			
22	Nidhi B.A.(P) III Year	Bronze medal in Maharaja Agarsen Institute of Technology open Yoga Championship			
23	Khushnuma B.A. (P) I Year	Bronze medal in Maharaja Agarsen Institute of Technology open Yoga Championship			



SPORTS ACHIEVERS



ANNUAL SPORTS DAY



ADVENTURE ACTIVITIES



INTERCLASS COMPETITION

