



## Aditi Mahavidyalaya



### Faculty Details

Titl e	Ms	First Name	Sadhna	Last Name	Jain	Photograph
Designation	Professor					
Department	Human Development and Family Empowerment (Home Science)					
Address	Aditi Mahavidyalaya, Delhi-Auchandi Road, Bawana, Delhi-110039					
Phone number	9711110142					
Email	sadhna@aditi.du.ac.in					
Web-Page						
<b>Educational Qualifications</b>						
Degree	Institution				Year	
B.Sc. (H)	University of Delhi				1989	
M.Sc.	Do				1991	
B.Ed.	Do				1992	
M.Ed.	Annamalai University				1994	
M.Phil. (ED)	Allagappa University				2003	
PhD	University of Delhi				2012	
<b>Career Profile</b>						
Lecturer- 1998-2003 Senior lecturer in Reader's grade-2003-2008 Associate Professor-2008-2018 Professor-2018						
<b>Administrative Assignments</b>						

- ▶ Teacher In-Charge Home Science after every four years since 2013
- ▶ Discipline In-Charge, HDFE every alternate year since 2003
- ▶ Appointed as Convenor, Committee of Courses for BA (Prog) HDFE since 2020 to date
- ▶ Coordinator, Aditi NCWEB, 2020-2021
- ▶ Member, Scrutiny cum Screening Committee for promotion of stage 1 and stage 2 Assistant Professors of HDCS working at Lady Irwin College and Institute of Home Economics
- ▶ Member, Selection Committee for Promotion of Associate Professor to Professor in Home Science (Food Technology) in 2021
- ▶ Member of selection committees for the appointment of Assistant Professor(s) in Home Science Aditi Mahavidyalaya from time to time
- ▶ Member, Moderation Committee for BA (Prog) Home Science (HDFE), 2015-2018, 2020-2022
- ▶ Deputy Superintendent of Examinations from 1998-1999 and in 2003.
- ▶ Staff Council Secretary (1998-1999, 2003-2004)
- ▶ Teacher Representative in Governing Body (1998-2000) of Aditi Mahavidyalaya
- ▶ Convenor, Nodal officer, co-convenor, and member of various committees of Aditi Mahavidyalaya from time to time

#### **Areas of Interest / Specialization**

Children, Women, Elderly, Remote Learning, Pedagogy, Instructional Design, Early Child Care and Education, socially disadvantaged groups, HIV/AIDS, COVID-19, People with Disabilities, etc

#### **Subjects Taught**

- ▶ BA (Prog)-All theory papers and practicals including its application course of Family and Child Welfare
- ▶ B. Ed- Child Development and related practicum
- ▶ BA (Prog)-All semesters with theory papers and practicals of Family and Child Welfare
- ▶ FYUP Home Science (H)-All papers related to Human Development

- ▶ BA (Prog) Home Science (HDFE) CBCS-All Core, DSC, DSE theory papers with the practical component
- ▶ BA (Prog) Home Science (HDFE) CBCS (LOCF)-All Core, DSC, and DSE theory papers with the practical component
- ▶ BA UGCF-NEP (HDFE) Semester 1 and 2

### Research Guidance

Supervised 07 dissertations of M.Sc. (Counselling and Family Therapy)

### Research Papers (Web link to the paper, if online available, or pdf of the paper)

- Jain, Sadhna (2011) Importance of Blending Academic and Life Skills, Sri Lankan Journal of Child Health <http://doi.org/10.4038/sljch.v40i2.3101>
- Jain, Sadhna (2015) Unheard Voices of Women Living HIV/AIDS, Journal of School Social Work, Vol 12, 0976-3759
- Jain, Sadhna (2014) Academic Performance and Self Concept of Children Living with HIV/AIDS, Journal of School Social Work, Vol10, 0976-3759
- Jain, Sadhna (2018) Behavioural Issues in Children Living with HIV and AIDS, International Journal of Human Resource and Social Sciences, (O) 2349-4085, <http://www.aarf.asia/hr2.php?p=Volume5,Issue2,February%202018>
- Jain, Sadhna (2014). Complexities in Families Living with HIV/AIDS. Journal of School Social Work, Vol11, 0976-3759
- Jain, Sadhna (2011). Implementing ICPS (Integrated Child Protection Schemes. Journal of School Social Work, Vol 7, 0976-3759
- Jain, Sadhna (2012). Responsibilities of stakeholders towards children Living with HIV/AIDS. Journal of School Social Work, Vol 8, 0976-3759
- Jain, Sadhna (2012) A Case of Psychosocial Dwarfism, Vol 9, Journal of School Social Work 0976-3759
- Jain, Sadhna (2016) Ethical Integrity of Research with Special Focus on HIV/AIDS, International Journal of Human Resource and Social Sciences <http://www.aarf.asia/hr2.php?p=Volume3,Issue2,February2016>

- Jain, Sadhna (2011) Combating Neglect- Residential Facilities for Victims of HIV/AIDS, Vol 8, Journal of School Social Work 0976-3759
- Jain, Sadhna (2010) Intellectual Abilities in Children, Journal of School Social Work
- Jain, S and Bhargava, V. (2021) A dual battle for people living with HIV/AIDS: Fighting HIV/AIDS and discrimination, International Journal of Home Science <https://doi.org/10.22271/23957476.2021.v7.i3d.1214>
- Jain S. Bhargava V (2021). Role of Hindi Cinema in Generating Awareness about HIV/AIDS, International Journal of Human Resources and Social Sciences, Vol 8 (03) 2349-4085 <http://www.aarf.asia/hr2.php?p=Volume8,Issue3,March2021>
- Jain, S. (2023). An Exploratory Study of Knowledge About Modes of HIV Transmission Among Children Living With HIV/AIDS, The Indian Journal of Home Science, Vol 35, No.1, ISSN 0970 2733 IHMSF-35(1-298)2023 [https://www.homescienceassociationofindia.com/e\\_journal](https://www.homescienceassociationofindia.com/e_journal)

#### **Chapters in Edited Books**

- ▶ Jain, Sadhna (2015) Determinants of Well-Being of Elderly People in Rural Delhi (Ed.) Issues and concerns of Elderly People in India Delhi: Book Age Age Publication, Delhi, India ISSN 978-93-83281-51-0
- ▶ Jain, Sadhna (2015) Dramatic Play: An Effective Technique in Early Child Care and Education (Ed.) Rangmach Aur Vayaktitav Vikas Delhi: Anany Prakashan ISSN 978-93-81997-98-7
- ▶ Jain, Sadhna (2017) A Study of Economic Crisis, Needs and Aspirations of People Living with HIV/AIDS (Ed.) Income Generations: Challenges and Opportunities Delhi: Akashar Prakashan Delhi, India, ISSN 978-93-85600-19-7
- ▶ Jain, Sadhna (2010) Children with HIV/AIDS(Ed.) Social Issues: Problems and Perspectives Delhi: Sonali Publications New Delhi, India, ISSN 978-81-8411-275-7
- ▶ Jain, Sadhna (2017) Chamars in the Era of Ravidas and their Present Outlook towards their Traditional Craft with Reference to Jatavs of Delhi (Ed.) Kathouti Mai Ganga Delhi: Victorious Publications Delhi, India, ISSN 978-93-84224-86-8
- ▶ Jain, Sadhna (2007) Family (Ed.) Integrated Approach to Human Development: An Introduction Delhi: Vishavbharati Publications Delhi, India ISSN 978-81-89917-30-2

- ▶ Jain, Sadhna (2011) Involvement of Women in Positive Prevention of HIV(Ed.) Gender Development Delhi: The Women Press, Delhi, India ISSN 9788189110314
- ▶ Anand, S. and Jain, S. (2022) Mental Health contagion amongst the parents of children with special needs during the COVID-19 pandemic (Ed) Unfolding the Potentials of Women including Girls and Children'- Sabka Saath-Sabka Vikas perspective: ANE Publications, 9789394883062

### **Edited Books**

- ❖ Jain, S., Wadhwa, M.D. and Rathi, N. (Ed) (2015) Issues and Concerns of Elderly People in India, Delhi: Book Age ISBN 9789383281510
- ❖ M., (Rathi, N.and Jain, S. (Ed) (2015) Income Generation: Challenges and Opportunities, Delhi: Akshar Prakashan 978-93-85600-19-7
- ▶ Sharma, M., Gulati, B., Jain, S. (2022). Unfolding the Potentials of Women and Girls Including Children-Sabka Saath Sabka Vikas Perspective: ANE Publications, 9789394883062

### **Other Publication Activities**

- Appointed as Reviewer for the International Journal of Social Sciences and Humanities, 'The Research Post'
- Designed E and Print versions of the Newsletter of Skill Development Committee, 2021-2022
- Course writer for NIOS (Chapter on 'Special Issues in Child Development in the textbook meant for NIOS students of Home Science of Senior Secondary level during 1993-1994

### **Conference Organization/ Presentations (in the last three years)**

#### **Conference Organization**

- ▶ Organized UGC-funded Conference on, "Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All-Sabka Saath-Sabka Vikas" held on 27th March 2021 (through an online platform), organized by Aditi Mahavidyalaya, University of Delhi.

- ▶ Co-ordinated for Pre-Conference activities for undergraduate students on 19.3.2022.
- ▶ Co-ordinated Panel Discussion on ‘Unfolding the Potentials of Women, Girls including Children through NEP, 2020 in UGC funded National Conference held on 27.03.2021
- ▶ Organised two days seminar cum workshop on ‘Creating Divyaang Friendly Environment for Divyaangs’ and ‘Concerns and Potentials of Special Children’ on 24.01.2020 and 25.01.2020

**Paper Presentations:**

- ▶ Joint paper presentation on, ‘Role of NEP, 2020 in Developing Peace’ in the ICSSR-sponsored International Conference on *'India as a Global Leader in Peace Building'* organized by Aditi Mahavidyalaya (University of Delhi) & Media Adhyayan Kendra New Delhi on 27th June 2022 at Bharatiya Vidya Bhavan, New Delhi.
- ▶ Presented paper on, ‘Capacity Building of ECCE Teachers for Holistic Assessment of Children during Early Years’ in the two-day National Conference organized by DIET, Lohaghat, district Champawat (Uttarakhand) from 22.3.2022-23.3.2022.
- ▶ Presented paper on, “Impact of N-COVID-19 on Higher Education of Women” during U.G.C Funded National Conference on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All-Sabka Saath-Sabka Vikas” held on 27th March 2021 (through an online platform), organized by Aditi Mahavidyalaya, University of Delhi
- ▶ Participated with a Paper entitled “Challenges and Opportunities for Learners with Disabilities organized during COVID -19” During the Conference from 05-02-2022 to 06-02-2022 organized by Empowerment of Persons with Disabilities, (Divyangjan) M.S.J.&E. (Govt. of India), ECR, Muttukadu, Kovalam Post, Chennai - 603 112, Tamil Nadu Madhumay Educational And Research Foundation Organized Online International Conference On Challenges and Opportunities of Education and Rehabilitation of Persons with various disabilities in the post-covid-19 era.
- ▶ Jointly presented a paper on, ‘Mental Health contagion amongst the parents of children with special needs during the COVID-19 pandemic” during U.G.C Funded National Conference on “Unfolding the Potentials of Women including Girls and Children: Enhancing the Benefits Exponentially for One and All-Sabka Saath-Sabka Vikas” held on

27th March 2021 (through an online platform), organized by Aditi Mahavidyalaya, University of Delhi.

- ▶ Presented paper on ‘Stress and Coping Mechanisms of adolescents’ in the International Conference organized by Aditi Mahavidyalaya on ‘Education, Health, literature and Media’ held on 31st October 2018.
- ▶ Presented paper on ‘Gandhian Strategies to combat pollution at inter –Disciplinary National conference Workshop organized by Aditi Mahavidyalaya on ‘Gandhian Vision and Environment’ held on March, 6-7, 2019
- ▶ Presented paper on ‘Impact of E-Waste on Children in UGC sponsored National Conference organized by Aditi Mahavidyalaya on ‘E-Waste Management and Swachh Bharat Mission’ held on 10th April 2019
- ▶ Presented paper on ‘Anxiety and Academic Achievement in UGC sponsored National Conference on, ‘Revamping higher education for girls in India by exploring possibilities through traditional and innovative teaching techniques-Beti Bachao Beti Padhao Perspective held on 28, August 2019.
- ▶ Presented a paper on ‘Gandhian way of upbringing children in a National Conference held on, 25 August 2019 on ‘Bharatiya Sahitya Parampra aur Gandhi’.
- ▶ Presented a paper on ‘Electronic Waste: Stunting the next generation’ in UGC sponsored National Conference on ‘ E-Waste Management and Swachh Bharat Mission held on 10th April 2019
- ▶ Presented a paper on ‘Challenges in Creating *Divyaang* Friendly Environment in Institutes of Learning in a conference held on ‘New Education Policy 2019 and its Impact on Disabilities Studies From 14 March to 15 March 2020’ organized by Uttarakhand Open University, Haldwani

#### **Research Projects (Major Grants/Research Collaboration)**

- ▶ Worked as Principal Investigator for a UGC-funded Minor Research Project
- ▶ Worked as Principal Research Investigator for 2 Innovation Projects funded by Research Council, University of Delhi

- ▶ Served as an Expert for 2 research studies conducted by the District Institute of Educational Training
- ▶ Conducted 2 mini research with undergraduate students of the BA programme, HDFE

### **Awards and Distinctions**

- ▶ Lady Irwin College conferred ‘Dr. Anupa Siddhu Gold Medal for excellence in Doctoral work in 2013.
- ▶ Centre for Professional Advancement and Continuous Education presented the prestigious Dr. Sarvepalli Radhakrishnan Distinguished Professor award in appreciation of the dedication and commitment to teaching and Research in Human Development on 05.09.2021-National Teacher’s Day, 2021
- ▶ Received appreciation certificate more than once for the contribution of Prof. SADHNA JAIN of Aditi Mahavidyalaya for the timely evaluation of answer scripts of the Open Book Examination (OBE) held in Nov-Dec, 2021 from Dean, Examinations, University of Delhi, Delhi.

### **Association With Professional Bodies**

Life Member of the National Association of Home Science  
 Member of many e forums

### **Other Activities**

#### **Curriculum Development**

- ▶ Syllabus for Application Course (Family and Child Development) of BA (Prog) Annual Mode, Discipline Course-Family and Child Welfare
- ▶ Curriculum Designing for BA (Prog) Family and Child Welfare (Semester Mode)
- ▶ Curriculum Designing for BA (Prog) CBCS (Home Science), Human Development and Family Empowerment
- ▶ Invited as an expert for revising the syllabus of the paper on ‘Child- Development’ of First year D.El. Ed curriculum in the light of NEP, 2020 for SCERT, Delhi



- ▶ Developed curriculum for four papers of UGCF, Human Development, and Family Empowerment

**Attendance in FDPs, Short term courses, webinars, etc.**

- ▶ Attended Certificate course on ‘Decoding Disability in Children’ organized jointly by HDFE Department of JDM and Aditi Mahavidyalaya from Feb2021-March 2021
- ▶ Attended 5-day short-term course on, ‘Inclusion in Higher Education’ held from 15.3.2021-19.3.2021 in online mode by Institute of Life Long Learning, University of Delhi
- ▶ Attended DRISHTIKON 2.0, a workshop on disability and Hindi Cinema with abstract organized by CDRT (Centre for Disability Research and Training), Kirori Mal College, the University of Delhi from 04<sup>th</sup> July-09<sup>th</sup> July 2022
- ▶ Participated in One-Week Online National Faculty Development Program/Certificate Program on “Empowering Teachers for Excellence in Higher Education in India in the 21<sup>st</sup> Century: NEP-2020 and the Quality in Higher Education (in Hindi)” organized by Guru Angad Dev Teaching Learning Centre, a Centre under PMMMNMTT, Ministry of Education, Government of India held from 11<sup>th</sup> June to 17<sup>th</sup> June 2022.
- ▶ Successfully completed one-week online FDP on ‘Inclusive Pedagogy: Engaging Students with Disabilities’ organized by CDRT, Kirori Mal College, University of Delhi, XRCVC, St Xavier’s Autonomous College, Mumbai, and Faculty Development Centre Mizoram University, Aizawl under PMMMNMIT of MoE.
- ▶ Attended 5-day virtual FDP on, ‘Stepstones to prepare successful Research Proposal and Publishing Research Articles in High Impact Research Journals from 14.12.2021-18.12.2021 organized by the Department of Information Technology in Association with Academic Staff College DR MGR Educational and Research Institute, Chennai
- ▶ Successfully completed One Week Online National Faculty Development Program from 29<sup>th</sup> September to 05<sup>th</sup> October 2021 on, the ‘Four-Quadrant Model for Development of E-Content, MOOCs and Teacher’s E- kit organized by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, the University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education.

- ▶ Successfully completed One Week Online Training Workshop on “Developing Administrative Skills and Leadership” organized by Mahatma Hansraj Faculty Development Centre, Hansraj College during (September 25<sup>th</sup> -01<sup>st</sup> October 2021).
- ▶ Attended one week of interdisciplinary (online) faculty development Programme on “National Education Policy 2020: Implementation and Challenges” organized by Mahatma Hansraj Faculty Development Centre, Hansraj College from 6<sup>th</sup> - 11<sup>th</sup> September 2021.
- ▶ Attended UGC sponsored workshop on ‘MOOCs, E content Development and Open Educational Resources from Centre for Professional Development in Higher Education Human Resource Development Centre, North Campus, the University of Delhi from 12th July, 2019-18th July 2019
- ▶ FDP on ICT enabled research during Covid Pandemic from 17-21st August 2020 organized by Staff Training and Research Institution of Distance Education (STRIDE), IGNOU, New Delhi
- ▶ Attended 3 days of Child Rehabilitation Education (CRE Status by RCI) National Workshop on ‘Positive Parenting: Exploring the abilities of your child from November 04-06, 2019 organized by Department of Human Development and Family Empowerment, Bharati College, University of Delhi.