

ADITI MAHAVIDYALAYA (University of Delhi)

Academic Session 2017-2018

1. Seminar on Health Awareness

The Medical Committee had organized a seminar on health and hygiene awareness on 26th September, 2017 by inviting Dr. Sunil Thakur, C.M.O., W.U.S. University of Delhi and renowned gynecologist from B.L.K. Super Specialty Hospital, Dr. Shweta Gupta. Dr. Thakur oriented students about prevention and cure of various vector borne diseases like dengue, malaria and chikunguinea, stressing the fact that maintenance of community hygiene goes a long way in preventing the onslaught of such communicable diseases. Dr. Shweta emphasized the importance of maintaining personal hygiene among girls and took the session a step further, by counseling them about their individual gynecological queries and problems. As a token of contribution towards community health and creating awareness about its importance among local residents, Dr. Mamta Sharma (Principal of college) and Dr. Bhawna Rajput (Convener, Medical Committee) created and inaugurated the brochures on prevention of vector borne diseases alongwith Dr. Thakur. The brochures were distributed among people in and around college after taking the 'Swachh Bharat Oath' ceremony, which informed them about the ways and means of disease prevention, symptoms and protection.



Participants with Guest Speakers, Principal Mam, Convener and the Faculty Members



Students with Guest Speaker and Principal Mam



Students holding Cleanliness Oath on 26/9/2017

Attendance Sheet

Seminar on Health Awareness

26/09/2017

S.No	Name	Designation	Student/Faculty
1.	Neha Damora	Student	
2.	Rama	Student	
3.	Rishi	Student	
4.	Nishibor	Student	
5.	Pooja	Student	
6.	Rita	Student	
7.	Seema madan	Non-Teaching staff	
8.	Aashu	Student	
9.	Pooja	Student	
10.	Aashi Gupta	Student	
11.	Shalvi	Student	
12.	Ladno madan	Non teaching staff	
13.	Kavita madan	Non-Teaching staff	
14.			

- Seminar on Health Awareness
15. Dr. Nidhi Goel Reading staff
 16. Kaphil Dev. Peon (Sports)
 17. Musum Staff-Reading (Commence)
 18. Priya Singh Students
 19. Rajesh Rana Non-Reading staff
 20. Neelan Kauri Reading staff
 21. Apurva Rathi Rai Reading staff
 22. Dr. Jyoti Reading staff
 23. Mona Gupta Students
 24. Manita Students
 25. Dr. Sanita Dabija Reading staff
 26. Dr. Shweta Rajput Reading staff
 27. Anil Jaisan Staff Non Reading
 28. Dr. Malti Staff Reading
 29. Baldev Gahloti Reading staff
 30. Anu Saini Staff Reading

31. Hema Gupta (Seminar on Health Awareness)
Teacher (Teaching staff)
32. Dr Anita Teaching staff
33. Nav-ya student
34. Anshu kish sir (S.O) staff
35. Apresh choudhary Teaching staff
36. mapesh (Lib) Non Teaching staff
37. Sanjay Pawar (Lib) Non-Teaching staff
38. Birmali Swipba staff Non-teaching
39. Naveen Non-teaching staff
40. Dhruvender Non Teaching staff
41. Rajbeer Non Teaching staff
42. Pardeep Dabas Non Teaching staff
43. Deepika Prasad student
44. Sonya student
45. Nitish maat Non Teaching staff
46. Rajesh Jain Non Teaching staff
47. Shela Sir Non Teaching staff
48. Manoj Non Teaching staff
49. Ashwani Non Teaching staff
50. Parul Goel Faculty Teaching staff
51. Neelam student
52. Kavita student

So, Any Joy?

Seminar on Health Awareness	
53. Soniya	Student
54. Gunjan	Student
55. Kusum (Staff Nurse)	—
56. Sangeeta	Non Teaching staff
57. Sunita	Non Teaching staff
58. Manojda	Non Teaching staff
59. Vadeva sir	(P.A) Non Teaching staff
60. Tony Rana	Non Teaching staff
61. Jamil sir	(Computer operator) Non Teaching staff
62. Anur	Non Teaching staff
63. Nirja Nagpal	Teaching staff
64. Nigja Dabwal	Teaching staff
65. Manjvi man	Teaching staff
66. Anura man	Teaching staff
67. Sushra man	Teaching staff
68. Manish sir	Teaching staff
69. Sathi man	Teaching staff
70. Ansh	Student
71. Pooja	Student
72. Charan	Student

Minutes of the Meeting

The meeting of Medical Committee was held on at 11 am in the college on 19th Sept 2017 to discuss the matters concerning seminar On Health and hygiene Awareness and taking the 'Swachh Bharat Oath' ceremony on 26/9/2017.

The following Members attended the meeting

- | | |
|-----------------------|---------------------------|
| 1. Dr. Bhawna Rajput | 2. Dr. Sunita Dhaiya |
| 3. Dr. Juhi Bhatnagar | 4. Dr. Manish Vats |
| 5. Ms. Lovely | 6. Ms. Kusum, Staff Nurse |

It was decided that the seminar will be conducted in the seminar hall of the college and guest speakers Dr. Sunil Thakur, C.M.O., W.U.S. University of Delhi and renowned gynecologist from B.L.K. Super Specialty Hospital, Dr. Shweta Gupta will be received by the Medical Committee Members. The awareness camp was conducted for the teaching and non-teaching staff members and the students of the college.

Workshop on 'Yoga and Natural Therapies; Holistic Approach for Health & Well Being'

The medical committee of the college organized a workshop on '**Yoga and Natural Therapies; Holistic Approach for Health & Well Being**' for students and staff members on **23rd February 2018** in the college premises. The workshop was organized by Dr. Bhawna Rajput under the leadership of Principal, Dr. Mamta Sharma and was coordinated by Mr. Kamal Anand, Acupressure Therapist & Yoga Instructor, Yogacharya Shri Arjun Singh and Dr. Iram Irfan Ali, Psychological Counselor & Acupressure Therapist. Around 250 attendees were benefitted by the yoga and natural therapies sessions as a means to achieve better health, peace, tranquility, positive thinking, inner strength and a steady mind. The workshop also gave useful insights about the importance of timely and wholesome eating practices in maintenance of a disease free and healthy life.



Principal Greeting the Resource Person



Yoga Session of the Students



Principal, Convener, Faculty Members and Resource persons attending the session on Yoga and Natural Therapies

Workshop on (Yoga & Natural Therapies)
Holistic Approach for Health Well Being

23/02/2018

S.No	Name	Faculty / student
1.	Shalw	student
2.	Aarti Gupta	student
3.	Pooja	student
4.	Nishika	student
5.	Supriti	student
6.	Neha Panwar	student
7.	Sneha	student
8.	Snehal	student
9.	Kusuma Mittal	Faculty (Teaching Staff)
10.	Manisha Vadwa	Faculty (Teaching Staff)
11.	Kamlesh Vadwa	Faculty Teaching Staff
12.	Divya	Faculty Teaching Staff
13.	Drishit Jain	student
14.	Vadwa Ashok Vadwa	Faculty Non-Teaching Staff
15.	Bhawna	student
16.	Apurva Rai	student
17.	Nidhi	student

Workshop on Yoga & Natural Therapy

	Name	Faculty / Student's
18.	Princy Dhara	Faculty / Student's
19.	Parul Goyal	Faculty Teaching Staff
20.	Princy Sharma	Faculty Teaching
21.	Tannu	Student
22.	Saloni	Student
23.	Ashwini Bajaj	Student's
24.	Tannu Kumari	Student's
25.	Himanshi	Student's
26.	Babita	Student's
27.	Parul	Student's
28.	Shekhar	Faculty Non-Teaching Staff
29.	Keyethi Jain	Non-Teaching Faculty
30.	Manoj	Non-Teaching Faculty
31.	Devendra Solanki	Non-Teaching Staff
32.	Rajbar	Non-Teaching Faculty
33.	Tony Rang	Non-Teaching Staff
34.	Naveen	Non-Teaching Staff
35.	Seema	Non-Teaching

Workshop on Yoga & Natural Therapy

S.No	Name	Faculty / Student
36.	Aparsha	Student
37.	Shivani	Student
38.	Aarti	Student
39.	Gangakor Jee	Student
40.	Meenu	Student
41.	Harshita Gupta	Student
42.	Jyoti	Student
43.	Ananya Pandey	Student
44.	Pooja Mishra	Student
45.	Shalini Sunan	Student
46.	Mansi	Student
47.	Seema	Faculty Non Teaching
48.	Ladoo	Faculty Non-Teaching & k/k
49.	Anil	Non-Teaching Staff
50.	Aashu	Reg. Non-Teaching Staff
51.	Deepa	Student
52.	Jamni	Student
53.	Shivani	Student
54.	Bharvi	Student

Workshop on Yoga & Natural Therapy

S.No	Name	Faculty / Student
55.	Manoj Mishra	Faculty Teaching Staff
56.	Madu	Faculty Teaching
57.	Aashu	Faculty Teaching Staff
58.	Touptu	Teaching Faculty
59.	Mali	Teaching Faculty
60.	Sashi	Teaching Faculty
61.	Parul Chopra	Faculty Teaching
62.	Bharchi	Student
63.	Komal	Student
64.	Ritika	Student
65.	Bhushoo	Student
66.	Diyu	Student
67.	Gurjan	Students
68.	Karish Garg	Students
69.	Beachi	Students
70.	Somya Sharma	Student
71.	Harshita	Student
72.	Anshu	Student

Minutes of Meeting

The meeting of Medical Committee was held at 11.45 am in the staff room on 6th Feb 2018 to discuss the matters concerning Workshop on Yoga and Natural Therapies 23/2/2018 in the college.

The following Members were present in the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar

It is decided that the event will be held in the college Hall for students and staff members and the Mats will be made available by the college for this event. It was further decided that the yoga and natural therapies sessions will be held as a means to achieve better health, peace, tranquility, positive thinking, inner strength and a steady mind.

Minutes of the Meeting

The meeting of Medical Committee was held on at 11 am in the college on 19th Sept 2017 to discuss the matters concerning seminar On Health and hygiene Awareness and taking the 'Swachh Bharat Oath' ceremony on 26/9/2017.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Dr. Manish Vats
5. Ms. Lovely
6. Ms. Kusum, Staff Nurse

It was decided that the seminar will be conducted in the seminar hall of the college and guest speakers Dr. Sunil Thakur, C.M.O., W.U.S. University of Delhi and renowned gynecologist from B.L.K. Super Specialty Hospital , Dr. Shweta Gupta will be received by the Medical Committee Members. The awareness camp was conducted for the teaching and non-teaching staff members and the students of the college.

Minutes of Meeting

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**ADITI MAHAVIDYALAYA
(University of Delhi)**

Academic Session 2018-2019

1. Cleanliness Drive

In pursuant to the vision of Swachh Bharat Abhiyan, Aditi Mahavidyalaya has launched the special cleanliness drive and has formally constituted a committee to monitor and coordinate cleanliness activities in the college. The committee on Swachh Bharat Abhiyan in collaboration with N.S.S., NCC Unit and Medical Committee of the college organized massive cleanliness drive on 25th September, 2018 in and around college premises. Dr. Mamta Sharma (Principal), faculty members and students voluntarily participated by cleaning the playgrounds, classrooms and corridors of the college. The students and staff members took voluntary oath to maintain cleanliness of the college campus and its surrounding areas on regular basis. The college regularly generate mass awareness on cleanliness and hygiene amongst students and staff members by holding regular ‘Sensitization Programmes’ on ‘Swachh Bharat Abhiyan’ so as to motivate them to contribute to this Campaign in a proactive manner. Anti Fogging has been conducted in the college premises as a preventive measure to control the mosquitoes breeding in the college. The solid waste dumped in and around the college area, which included non-biodegradable material such as synthetic clothes, shoes, plastic bags, bottles etc. were also removed.

**Cleaning activities in and around the college
with NSS and NCC volunteers**



Collection of waste from the periphery and its disposal in and around the college area



Students voluntarily participated by cleaning the playgrounds, classrooms and corridors of the college



Cleaning of College Walls by NSS Students



The team educated about the necessity of self-hygiene, community hygiene and cleanliness



Group Photographs with Principal, Convener, NCC, NSS volunteers on 25th Sept 2018

Minutes of the Meeting

The meeting of Medical Committee was held at 10.30 am to discuss the matters concerning the Cleanliness Drive of the college on 14th September 2018 in the conference room in collaboration with N.S.S., NCC Unit.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Dr. Baldev Gulati

It was decided that the NSS volunteers will join the Medical Committee on 25th September, 2018 to conduct the cleanliness drive in the college and would generate mass awareness on cleanliness and hygiene amongst students and staff members. After the drive the Anti -Fogging will also be conducted in the college premises as a preventive measure to control the mosquitoes breeding.

Attendance Sheet

S.No.	Name of the Students	
1	Aarti	Student
2	Reeta	Student
3	Priya	Student
4	Geeta	Student
5	Anam	Student
6	Jyoti	Student
7	Kritika	Student
8	Simran	Student
9	Geeta	Student
10	Priyanka	Student
11	Deepika	Student
12	Supriya	Student
13	Priyanka	Student
14	Kalpana	Student
15	Pragati	Student

16	Tanvi	Student
17	Shubhangi	Student
18	Mamta	Student
19	Ankita	Student
20	Kavita	Student
21	Annu	Student
22	Neetu	Student
23	Tanjavi	Student
24	Himani	Student
25	Sweta	Student
26	Asha	Student
27	Anuradha	Student
28	Sakshi	Student
29	Kirti	Student
30	Khushboo	Student
31	Rita	Student
32	Ankita	Student
33	Kanita	Student
34	Aakriti	Student
35	Monika	Student
36	Namita	Student
37	Anchal	Student
38	Himani	Student
39	Gunika	Student
40	Megha	Student
41	Pooja	Student
42	Priya goel	Student
43	Ginni	Student
44	Renu sehrawat	Student
45	Yesi	Student
46	Prakriti	Student
47	Priya R.nair	Student
48	Komal solanki	Student
49	Monika	Student
50	Poonam	Student
51	Nitu Rani	Student
52	Akansha Bansal	Student
53	Sheetal	Student
54	Anjali Gupta	Student

55	Shivani kaushik	Student
56	Muskan Dhamija	Student
57	Nancy	Student
58	Neha	Student

2. Lecture on Health and Hygiene Awareness

Swachh Bharat Abhiyaan Committee along with the Medical Committee had organized a technical lecture on health and hygiene awareness on [3rd October,2018](#) by inviting Dr. Sunil Thakur, C.M.O., W.U.S. University of Delhi. Dr. Thakur oriented students about prevention and cure of various vector borne diseases like dengue, malaria and chikunguinea, stressing the fact that maintenance of community hygiene goes a long way in preventing the onslaught of such communicable diseases. He emphasized the importance of maintaining personal hygiene among girls and took the session a step further, by counseling them. As a token of contribution towards community health and creating awareness about its importance among local residents, Dr. Mamta Sharma (Principal of the college) and Dr. Bhawna Rajput (Convener, Medical Committee & Swachh Bharat Abhiyaan) along with the team members and Dr. Thakur created the brochures on prevention of vector borne diseases. The brochures were distributed among people in and around college after taking the 'Swachh Bharat Oath' ceremony, which informed them about the ways and means of disease prevention, symptoms and protection.

Minutes of Meeting

The meeting of Medical Committee and Swachh Bharat Abhiyaan Committee was held at 12.30pm on 28th September, 2018 in the hall to discuss the matters concerning the Holding of the technical Lecture on the Health and Hygiene Awareness of the college by inviting Dr. Sunil Thakur, C.M.O., W.U.S. University of Delhi.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar

It was decided that the lecture will be held on 3/10/2018 in the college seminar hall about prevention and cure of various vector borne diseases which will inform the participants about the ways and

means of disease prevention, symptoms and protection. It was also decided that the 'Swachh Bharat Oath' ceremony will be observed through the video.



Cleanliness Oath Taking Session by Students and Teachers of the College



Distribution of Health Awareness Related Pamphlets by Staff Nurse

Students Watching the Video on Cleanliness Drive





Students with Guest speaker, Principal Mam Convener and Committee Members

Attendance Sheet	
Parul Chopra	Teaching
Kusum	Nurse
Ritu Khatri	Teaching
Divya Kalra	Teaching
Simran	Student
Divya	Student
Ratna	Student
Soni	Student
Sangeeta	Student
Priyanka	Student
Rabina	Student
Divya	Student

Yagika	Student
Rubi	Student
Greeshma	Student
Shirin	Student
Shraiya	Student
Charul	Student
Sheetal	Student
Shreya	Student
Ritika	Student
Dhwaja	Student
Snehal	Student
Jahanvi	Student
Tanvi	Student
Sakshi	Student
Gunjan	Student
Jyoti	Student
Anamika	Student
Astha	Student
Divya	Student
Neha	Student
Dr. Divya Sharma	Teaching
Mr. Sanatan Tiwari	Teaching
Ms. Parul Goel	Teaching
Ms. Indu	Teaching
Ms. Rashi Paliwal	Teaching
Ms. Sunita Dahiya	Teaching
Ms. Shashi Kumari	Teaching
Mr. Amir Khan	Teaching
YASHASVI	Student
PALLAVI KALIRAMAN	Student
SIMPY	Student
GITANSHI	Student
SADHANA	Student
SHIVANI KINRA	Student
DEEPTI MITTAL	Student
ANJALI NEGI	Student
RITIKA VERMA	Student
RAASHI AULAKH	Student
SHRUTI AGGARWAL	Student

KHYATI SHARMA	Student
AASTHA	Student
SHEETAL	Student
MADHU	Student
PRACHI	Student
SHEETAL	Student
SHIVANI	Student
RAJNI	Student
HIMANSHI NAYAK	Student
POOJA RAI	Student
RADHIKA	Student

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3. One-day free medical check-up and health awareness camp for the students

The Medical Committee organized a one-day free medical check-up and health awareness camp for the students on 9th October 2018 in college premises. Under the leadership of Dr. Mamta Sharma (Principal) and Dr. Bhawna Rajput as Convener, the Committee had invited specialized medical team from B.L.K Super Specialty Hospital, led by renowned expert doctors Dr. Subodh (Cardiologist) and Dr. Nushrat (Gynecologist) and expert Para-medical team of specialized technicians. Around 200 students got their free medical tests for Blood Pressure, Random Blood Sugar Levels, Body Mass Index (BMI), Height & Weight Check and Consultation with Gynecologist and other general health problems of students was also done with consultancy from the senior doctors at the venue. The camp was a huge success and students were benefitted from the check-up and expressed their desire to have more such health camps in future also.

BLK Specialized Team along with Principal Mam & Committee Members at the Venue



Medical Team with Principal and Convener of Medical Committee of the College

Students getting their Consultations & Health Check Ups at the Venue





Committee Members with Doctors



Medical Committee Assisting Medical Team

One day free medical checkup & Health awareness camp for the students 9/10/2

S.No	Name	Students / Faculty
1.	Rajesh Rana	Faculty Non-Teaching
2.	Priya Singh	Students
3.	KUSHM	Student
4.	Kapil Dev	Non-Teaching staff
5.	Kavita	Faculty Non-Teaching
6.	Sanjay Pawar	Faculty Non-Teaching
7.	Sangeeta	Students
8.	Seema Devi	Faculty Non-Teach
9.	Dr. malvi	Faculty Teaching &
10.	Baldev Gabeli	Faculty Teaching
11.	Reena	Students
12.	Neha Kumari	Students
13.	Neelam Rathi	Faculty Teaching
14.	Parul Gole	Faculty Teaching
15.	Rajesh Jais	Faculty Non
16.	Ritesh Mann	Non-Teaching

One day Free Health checkup
medical camp.

S.No	Name	Faculty / Students
18.	Deepika Bora	Student's
19.	Sneha Gargan	Student's
20.	Rakesh Choudhry	Student's
21.	Ausotom Aggarwal	Faculty Non-Teaching staff
22.	Sheban	(A.O) NonTeaching
23.	Navya	Faculty Non-Teaching
24.	Dr. Anita	Student
25.	Hema Gupta	Faculty Teaching staff
26.	Mukesh Kumar	Faculty Teaching staff
27.	Annu Jain	Non-Teaching staff
28.	Anil Kumar	Faculty Non-Teaching
29.	Shawna Rajput	Non-Teaching staff
30.	Dr. Sunita Dahiya	Faculty Teaching
31.	Mamta	Faculty Teaching
32.	Mona Gupta	Student
33.	Dr. Juhi	Student
34.	Apurva Rai	Faculty Non Te
35.	Gaganagul Uor	Student's
36.	Aachi	Student's

One day Bee medical Health Care
Awareness Camp for the students
09/10/

S.No	Name	Faculty / Student
37.	Akanksha	Student's
38.	Anshu	Student's
39.	Jaishika	Student's
40.	Kirti Jain	Student's
41.	Rashi Aggarwal	Student's
42.	Arachita	Student's
43.	Anant	Student's
44.	Divanshi	Student's
45.	Rishi	Student's
46.	Manthi	Student's
47.	Garvita	Faculty
48.	Vandana Sharma	Student's
49.	Gejal Kumari	Student
50.	Rashi	Faculty /
51.	Rishi	Student

ID CAMERA
Khushi

S.No Name
54. Aashu

Faculty / Student's
Faculty

55. Aadu

Faculty Non Teacher

56. Seenu

Faculty Non Teacher

57. Aman

Faculty Non Teacher

59. Nandini

Students

60. Suman Soni

Students

61. Preeti

Students

62. Parul

Students

63. Rachna Sharma

Students

64. Preeti

Students

65. Usum Staff Nurse

Non Teacher

66. Githi

Faculty Non

67. Suman

Students

68. Rehana

Non Teacher

69. Rakem

Students

70. Aqoita

Students

71. Khushi

Students

One day free medical checkup &
Health awareness Camp for the students 9/10/201

No	Name	Students / Faculty
	Rajesh Rana	Faculty Non-Teaching St
	Priya Singh	Students
	ICUSIM	Student
	Kapil Dev	Non-Teaching staff
	Kavita	Faculty Non-Teaching St
	Sanjay Pawar	Faculty Non-Teaching St
	Sangeeta	Students
	Seema Devi	Faculty Non-Teaching.
	Dr. Malli	Faculty Teaching staff
	Baldev Gaheri	Faculty Teaching s.
	Reena	Students
	Neha Kumari	Students
	Neelam Rathi	Faculty Teaching staff
	Parul Goll	Faculty Teaching St
	Rajesh Jaiy	Faculty Non Teach
	mann	Non-Teaching staff

Minutes of Meeting

The meeting of Medical Committee was held on 3rd Oct 2018 at 11 am in the college to discuss the matters concerning the Holding of the One day free medical check -up Camp by inviting specialized medical team from B.L.K Super Specialty Hospital on 9th October 2018 .

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Dr. Baldev Gulati

It was decided that the Nurse of the college will assist the medical team for holding the free medical checkup. The medical checkup will be held in the medical room of the college under the leadership of Dr. Mamta Sharma (Principal) and Dr. Bhawna Rajput as Convener. It was also decided that the free medical tests for Blood Pressure, Random Blood Sugar Levels, and Body Mass Index (BMI), Height & Weight Check and Consultation with Gynecologist and other general health problems of students will also be done.

4. First Aid Training Programme

A training programme on First Aid has been organized at Aditi Mahavidalaya on 06.02 2019 in the College Hall, for the students of the college. There was an active participation of around 140 students in the training programme. The session on First Aid Training was organized by Dr. Bhawna Rajput under the leadership of Principal, Dr. Mamta Sharma and facilitated by Dr. Sunil Thakur, Chief Medical Officer, WUS Health Centre, University of Delhi, Shri Mohan Sharma, Head (Institutional Sales), and Ms Reena Uniyal, Educator Fortis Escorts Heart Institute, Okhla. The training focused on the objectives of First Aid, performance of CPR, Definition and type of Bandages, Wound Care, Management of every day minor accidents, Minor cuts, Grazes, Bleeding and Burns and Treatment of Breathing Casualty. First Aid generally consists of a series of simple and in some cases, potentially life saving techniques that an individual can be trained to perform with minimal equipment. After the training sessions, the students felt confident of providing first aid during emergencies. At the end of the training, certificates were provided to the participants. In an effort to promote proper disposal of menstrual waste and promote the Swachh Bharat Mission, Sanitary Pad Incinerators has been installed in the college on this occasion. The incinerator is donated by Amoli Society for Women and arranged by Dr.

Jagmohan and Ms. Nupur and their team members. The incinerator will enable the eco-friendly disposal of menstrual waste. This incinerator is small in size and very easy to use.

Practical Demo Session by Experts on First Aid



Demonstration by the Dr. Sunil, CMO, Delhi University & Experts, Fortis Escorts Heart Institute.



Practical Sessions with the Students



Inauguration of Sanitary Pads Incinerator for eco-friendly disposal of menstrual waste



Expert Team with Principal and Faculty Members of the College



Minutes of Meeting

The meeting of Medical Committee was held on 17th Jan 2019 at 10.30 am to discuss the matters concerning the Holding of the First Aid Training Programme for the students of the college under the leadership of Principal, Dr. Mamta Sharma.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Ms. Divya Kalra

It was decided that the training session will take place on 06.02 2019 which will be facilitated by Dr. Sunil Thakur, Chief Medical Officer, WUS Health Centre, University of Delhi, Shri Mohan Sharma, Head (Institutional Sales), and Ms Reena Uniyal, Educator Fortis Escorts Heart Institute, Okhla. The training will focus on the objectives of First Aid, performance of CPR, and Treatment of Breathing Casualty. The staff Nurse of the college will assist the Para-Medic team in the training session.

Attendance Sheet for First Aid Training Programme

First Aid Training Programme

~~05/03/28~~

06/02/201

<u>S.No</u>	<u>Name</u>	<u>Student / Faculty</u>
1.	Shashi Kumari	student's
2.	Indu	student's
3.	Dr. Parul Chopra	Faculty / Teaching staff
4.	Dr. Bhawna Rajput	Faculty / Teaching staff
5.	Parul Goel	Faculty / Teaching staff
6.	Rishmi Paliwal	Faculty / Teaching staff
7.	Dr. Nitu Rana Dabas	Faculty / Teaching staff
8.	Dr. Sunita Dohita	Faculty / Teaching staff
9.	Tanika Sachan	student's
10.	Preethi Raj	student's
11.	Himantika	student's
12.	neehi Yadav	student's
13.	Aashika Ahsan	student's
14.	Anjali Roy	student's
15.	Gargi Gulati	student's
16.	Bhushi Negi	student's
17.	Salini Singh	student's

First Aid Training Programme

- | | | |
|-----|---------------------|----------|
| 36. | Neha Singh | Students |
| 37. | Simran Singh | Students |
| 38. | Sureya Gangaubadeya | Students |
| 39. | Pooresh Nagpal | Students |
| 40. | Simran | Students |
| 41. | Udit Jain | Students |
| 42. | Sapshi Dev | Student |
| 43. | Deepika | Students |
| 44. | Rashmi Shekhar | Students |
| 45. | Rita Shrivastava | Students |
| 46. | Kashin Garg | Students |
| 47. | Blawika | Students |
| 48. | Pallavi | Students |
| 49. | Anbika | Students |
| 50. | Rita Chitkara | Students |

Final Airtel Training Programme

Coop

09/10/19

S.No	Students / Parents
51. Khushi Sunya	Students
52. Muskan Singh	Students
53. Khushi Raj	Students
54. Pooja Verma	Students
55. Deepika Shekhar	Students
56. Pankaj	Student

Minutes of the Meeting

The meeting of Medical Committee was held at 10.30 am to discuss the matters concerning the Cleanliness Drive of the college on 14th September 2018 in the conference room in collaboration with N.S.S., NCC Unit.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Dr. Baldev Gulati

It was decided that the NSS volunteers will join the Medical Committee on 25th September, 2018 to conduct the cleanliness drive in the college and would generate mass awareness on cleanliness and hygiene amongst students and staff members. After the drive the Anti -Fogging will also be conducted in the college premises as a preventive measure to control the mosquitoes breeding.

Minutes of Meeting

The meeting of Medical Committee and Swachh Bharat Abhiyaan Committee was held at 12.30pm on 28th September, 2018 in the hall to discuss the matters concerning the Holding of the technical Lecture on the Health and Hygiene Awareness of the college by inviting Dr. Sunil Thakur, C.M.O., W.U.S. University of Delhi.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar

It was decided that the lecture will be held on 3/10/2018 in the college seminar hall about prevention and cure of various vector borne diseases which will inform the participants about the ways and means of disease prevention, symptoms and protection. It was also decided that the 'Swachh Bharat Oath' ceremony will be observed through the video.

Minutes of Meeting

The meeting of Medical Committee was held on 3rd Oct 2018 at 11 am in the college to discuss the matters concerning the Holding of the One day free medical check -up Camp by inviting specialized medical team from B.L.K Super Specialty Hospital on 9th October 2018 .

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Dr. Baldev Gulati

It was decided that the Nurse of the college will assist the medical team for holding the free medical checkup. The medical checkup will be held in the medical room of the college under the leadership of Dr. Mamta Sharma (Principal) and Dr. Bhawna Rajput as Convener. It was also decided that the free medical tests for Blood Pressure, Random Blood Sugar Levels, and Body Mass Index (BMI), Height & Weight Check and Consultation with Gynecologist and other general health problems of students will also be done.

Minutes of Meeting

The meeting of Medical Committee was held on 17th Jan 2019 at 10.30 am to discuss the matters concerning the Holding of the First Aid Training Programme for the students of the college under the leadership of Principal, Dr. Mamta Sharma.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Juhi Bhatnagar
4. Ms. Divya Kalra

It was decided that the training session will take place on 06.02 2019 which will be facilitated by Dr. Sunil Thakur, Chief Medical Officer, WUS Health Centre, University of Delhi, Shri Mohan Sharma, Head (Institutional Sales), and Ms Reena Uniyal, Educator Fortis Escorts Heart Institute, Okhla. The training will focus on the objectives of First Aid, performance of CPR, and Treatment of Breathing Casualty. The staff Nurse of the college will assist the Para-Medic team in the training session.

UGC Sponsored National Conference on “E-Waste Management & Swachh Bharat Mission”

Rapid growth of technology and technical innovations not only transformed human lives but also have degraded their health and coping mechanisms by leaving huge E-waste dumps in our country. With this issue as our core concern, Dr Mamta Sharma, Principal, Aditi Mahavidyalaya organized the first National Conference on E-Waste Management and Swachh Bharat Mission sponsored by University Grants Commission on 10th April 2019 by at Department of Environmental Studies at University of Delhi. It was organised by the efforts of Dr Bhawna Rajput- Co Convenor & Conference Organizing Secretary, Convenor Swachh Bharat Mission. The event facilitated opportunities for networking, collaboration and exchange of ideas with renowned experts in E-waste Management & Recycling research and development aimed towards sustainability of environment and common resources. Around 200 eminent speakers from Ministries under GOI, leading academic scientists, researchers and scholars in the domain of interest from around the country to share their expert knowledge, information and best practices, and build strong vision for future. The Organizing Committee comprised of Dr Nalini Singh; Dr Sunita Dahiya; Dr Neetu Malik; Dr Mali D. Sawariya; Dr Parul Chopra; Dr Jagmohan; Mr Manish Vats; Ms Lovely; Ms Roshni; Ms Indu Dahiya; Ms Divya Kalra; Dr Parul Goel and Ms Sneh Gangwar. The conference began with an inspiring welcome address by Dr Mamta Sharma, Convenor, Conference Chair, who warmly welcomed all the honourable guests with message that ‘from nature we come and to it we shall return’ and further highlighted the necessity of such initiatives for sustainable development and clean environment for students, researchers and academicians.



Felicitation of Guests and Principal

Further Dr Bhawna Rajput, Conference Organizing Secretary addressed the in context of contemporary transition of technology, it is extremely relevant to address the hazards that are generated by the MNCs. On this occasion our hon'ble chief guest was Dr Sandip Chatterjee, Director, Ministry of Electronics and Information Technology who highlighted the initiatives by Ministry to create eco-parks in order to streamline

Guest Panel of Conference



e-waste recycling in environmentally friendly manner using the indigenously developed technologies in accordance with the requirements in India. In the similar context, our Guest of Honor – Professor Inderjit Singh, Head, Department of Environmental Studies, University of Delhi and Dr Sunil Thakur, CMO, WUS Health Centre, University of Delhi as Special Invitee gave detailed information about the hazardous nature of the E-waste and its degrading impact on ecosystems. In keynote



Address and felicitation of Prof. R.S. Sharma

address, Professor Radhey Shyam Sharma, Department of Environmental Studies, University of Delhi shared that this event will enable us to exchange our experiences and share best practices for E-waste management at national level. Technical session Chaired by Dr. Harendra Kharkwa ,Additional Director, Ministry of Environment, Forest and Climate Change was organized to bring together representatives of formal and informal sectors of E-waste labour - Producer Responsibility Organizations namely – Mr Shekhar Sharma and Mr Ravi Bhushan from Hindustan E-Waste Management (P) Ltd highlighted the prospects of job opportunities and entrepreneurship in E-waste



Technical session on e waste management

management; Mr Ujjawal Kumar from Namu E-Waste Ltd shared that there is need of collaboration of academic bodies and the awareness generating institutions so that students can be made aware about the E-waste management scenario in Indian cities. On this note, Mr Shashi Pandit from Harit Recyclers Association shared the issues and concerns that the labour in informal E-waste management sector is facing at present.

After this panel discussion by technical experts, there were academic presentations of research papers and E-posters from scholars from interdisciplinary fields which were chaired by Prof. Ashok Prasad, Department of Chemistry, University of Delhi and Mr Shiv Kumar, Scientist, National Informatics Centre.

In the valedictory address Mr. Shiv Kumar quoted Swami Vivekanand's efforts through which he was able to actualise his self by promoting clean and safe environment. This conference not only highlighted the hazards due to e-waste but also put forth the urgent need of appropriate management of E-waste in order to stop the degradation of our ecosystems. It emerged as a step of much awaited discourse on E-waste management in academia and practice.



Valedictory Session with Principal, Convener, Co Convener and the committee members

Minutes of Meeting

The meeting of Medical Committee was held on 5th March 2019 at 11 am to discuss the matters concerning the **UGC Sponsored** National Conference on E-Waste Management.

The following Members attended the meeting

1. Dr. Mamta Sharma
2. Dr. Bhawna Rajput
3. Dr. Sunita Dhaiya
4. Dr. Juhi Bhatnagar
5. Dr. Manish Vats
6. Dr. Nalini Singh
7. Dr. Sneh Gangwar
8. Dr. Parul Chopra
9. Ms. Lovely
10. Ms. Indu

It was decided that the conference will be held in the Conference Hall of EVS Department of University of Delhi. It was decided that the event facilitate the networking, collaboration and exchange of ideas with renowned experts in the fields of E-waste Management. For this occasion it was also decided to invite Dr Sandip Chatterjee, Director, Ministry of Electronics and Information Technology as a hon'ble chief guest of the event. The Guest of Honor Professor Inderjit Singh, Head, Department of Environmental Studies and the keynote address by Professor Radhey Shyam Sharma, Department of Environmental Studies, University of Delhi for sharing the best practices for E-waste management at national level.

Minutes of the Meeting

The meeting of Medical Committee and the Swachh Bharat committee was held on 9th April 2019 at 1.00pm to discuss the matters concerning the National Conference on E-Waste Management.

The following Members attended the meeting

1. Dr. Mamta Sharma
2. Dr. Bhawna Rajput

3. Dr. Sunita

Dhaiya

4. Dr. Nitu

Malik

5. Dr.

Manish

6. Dr. Nalini

Singh

7. Dr.

Santosh

Kumar

Yadav

The buses

arranged

students to

conference

decided

note

be Prof.

Shyam from

department

University

Sandip from

Electronics

the Chief

the occasion. Dr Sunil Thakur, CMO, WUS Health Centre, University of Delhi as a Special Invitee.

Technical session will be Chaired by Dr. Harendra Kharkwa ,Additional Director, Ministry of

Environment, Forest and Climate Change. The academic presentations of research papers and E-posters

from scholars from interdisciplinary fields will be chaired by Prof. Ashok Prasad, Department of

Chemistry, University of Delhi and Mr Shiv Kumar, Scientist, National Informatics Centre. It was decided

that the conference will not only highlight the hazards due to e-waste but also put forth the urgent need

of appropriate management of E-waste also.

will be

for the

reach to the

venue. It is

that the key

speaker will

Radhey

EVS

of

of Delhi. Dr.

Ministry of

and will be

Guest for

9.	Parul Chopra	Faculty
10.	Sanatan Tiwari	Faculty
11.	kirti	Student
12.	pooja mishra	Student
13.	Nikita	Student
14.	sonali bansal	Student
15.	Aastha	Student
16.	hema	Student
17.	Hema	Faculty
18.	Anu Jain	Faculty
19.	Dr. Divya Sharma	Faculty
20.	Dr Parul Goel	Faculty
21.	neha	Student
22.	deepa	Student
23.	khushboo	Student
24.	rinki	Student
25.	kavita	Student
26.	komal	Student
27.	priyanka	Student
28.	Ms. Priya Khurana	Faculty
29.	Ms. Meeta Arora	Faculty
30.	Ms. Seema Sharma	Faculty
31.	Ms. Gomti	Faculty
32.	Ms. Purnima Ms.Manisha	Faculty
33.	Dr Promila Sehrawat	Faculty
34.	Ms. Lovely Ms. Shashi	Faculty
35.	Ms. Upasana Gaggat	Faculty
36.	Himani	Student
37.	Bhawna Gautam	Student
38.	Parveen Khatoon	Student
39	Dr. Santosh K Yadav	Faculty
40	Dr.Archana Sawshilya	Faculty
41	Dr. Neetu Malik	Faculty
42	Dr. Roshani Devi	Faculty
43	Dr. Devender Bhardwaj	Faculty
44	Mr. Manish Vats	Faculty
45	SHIKHA JHA	Student
46	SAKSHI SHARMA	Student

47	Dr. Santosh Kumar	Faculty
48	Dr. Sunil Thakur	CMO, W.U.S. Health Centre
49	Mr. Pawan Pankaj,	Faculty University of Delhi)
50	Dr.Nalini Singh	Faculty
51	Dr. Rajeev Kaur	Faculty
52	Dr. Ritu Khatri	Faculty
53	Ms.Nikita Rawat,	(Department of Chemistry)
54	Dr. Divya Kalra	Faculty
55	Dr. Sunita Pareek	Faculty
56	Ms. Indu	Faculty
57	Ms. Mamta Arora	Faculty
58	Ms. Deepa Chaudhary	PG Dept. of Geography,
59	Ms. Nitu Dabas	Faculty
60	Mr. Zofail Hassan	(Research Scholar)
61	MS. LOVELY	Faculty
62	MS. SHASHI KUMARI	Faculty
63	Ms. Meena S	PhD Scholar
64	Sh. Gaurav Sikka	Faculty
65	Ms. Shashi Prabha	Faculty
66	Dr. Parul Goel	Assistant Professor
67	Ms. Sneh Gangwar	Faculty
68	Mr. Anil Kumar Dahiya,	Research Scholar
69.	saloni	Student
70	Vandana Mishra	(Department of Environmental Studies)
71	Dr Mali Devi Sawariya	Faculty
72	HIMANI SINGHAL	Student
73	GOLDI	Student
74	SONIYA GUPTA	Student
75	RISHU YADAV	Student
76	SHONIMA JASWAL	Student
77	NIKITA	Student
78	AASTHA	Student
79	HEMA	Student
80	NEHA	Student
81	DEEPA	Student
82	KHUSHBOO	Student
83	RINKY	Student
84	KAVITA	Student

85	KOMAL	Student
86	PRIYANKA	Student
87	HIMANI	Student
88	KHUSHBOO	Student
89	HIMANSHI GAUR	Student
90	AARTI	Student
91	PRABHA BHARTI	Student
92	HARSHA	Student
93	Anjali Gakhar	Student
94	Trimpa	Student
95	Shivani Yadav	Student
96	Anjali Gakhar	Student
97	ShivaniKhapra	Student
98	Preeti	Student
99	Soumya Santati	Student
100	Anshu Garg	Student
101	Neelam Yadav	Student
102	Trisha	Student
103	Sejal Bansal	Student
104	Finu	Student
105	Bhawika	Student
106	Sneha	Student
107	Mahak Garg	Student
108	PROF. ANU MOOM	Faculty
109	Dr. Neenu Kumar	Faculty
110	JAG MOHAN	Faculty
111	ANJANA MATHUR	Faculty
112	SHIVANI SOLANKI	Student
113	PRIYA KAUSHIK	Student
114	HIMANSHI	Student
115	ANJALI CHIKARA	Student
116	KOMAL ARORA	Student
117	GARIMA RAJPUT	Student
118	SRINJA MAITRA	Student
119	SANYA BHATIYA	Student
120	RADHA KUMARI	Student
121	AARTI BIND	Student
122	GARIMA DHALL	Student
123	MONIKA	Student
124	POOJA SHAH	Student
125	SANJOG	Student

126	CHHAVI	Student
127	TULSI SHARMA	Student
128	POOJA	Student
129	SANDHYA	Student

Attendance Sheet

Minutes of the Meeting

The meeting of Medical Committee and the Swachh Bharat committee was held on 9th April 2019 at 1.00pm to discuss the matters concerning the National Conference on E-Waste Management on 10th April 2019.

The following Members attended the meeting

1. Dr. Mamta Sharma
2. Dr. Bhawna Rajput
3. Dr. Sunita Dhaiya
4. Dr. Nitu Malik
5. Dr. Manish
6. Dr. Nalini Singh
7. Dr. Santosh Kumar Yadav

The buses will be arranged for the students to reach to the conference venue. It is decided that the key note speaker will be Prof. Radhey Shyam from EVS department of University of Delhi. Dr. Sandip from Ministry of Electronics and will be the Chief Guest for the occasion. Dr Sunil Thakur, CMO, WUS Health Centre, University of Delhi as a Special Invitee. Technical session will be Chaired by Dr. Harendra Kharkwa ,Additional Director, Ministry of Environment, Forest and Climate Change. The academic presentations of research papers and E-posters from scholars from interdisciplinary fields will be chaired by Prof. Ashok Prasad, Department of Chemistry, University of Delhi and Mr Shiv Kumar, Scientist, National Informatics Centre. It was decided that the conference will not only highlight the hazards due to e-waste but also put forth the urgent need of appropriate management of E-waste also.

Report on Swachh Bharat Pakhwada, 2021

This year due to pandemic, Swachh Bharat Pakhwada, 2021 (1st September 2021- 15th September 2021) was observed by Aditi Mahavidyalaya with enthusiasm, zeal and vigor of our students and fraternity. Our Principal Prof. Mamta Sharma inaugurated and launched the e-pledge ceremony with the Message of Mahatma Gandhi, “So long as you do not take the broom and bucket in your hands, you cannot make your towns and cities clean”.

With this spirit, organised by the efforts of Prof. Bhawna Rajput and Dr Mali Devi Sawariya through National Service Scheme in collaboration with Swachh Bharat Abhiyan Committee flagged off The Swachta Pakhwada 2021 on 1st September, across all courses by taking the Swachhta E-pledge. The Swachhta Shapath in bilingual (Hindi and English) format was made available on the internal portal of college as well as displayed on the desktops of all Aditi Staff through google form for all. Our all students and faculty participated in this online e-pledge activity. Swachhta awareness banners have also been placed at prominent locations in the college for the awareness.

Also In the current times of global Covid 19, it has been ensured that the electronic version of pledge was made available to all the staff members and students, to enable all employees and students to access the pledge remotely/from home and work place. They also were able to participate, read and take the pledge from their homes and work place itself. This technologically innovative intervention has motivated Aditians to take the e-Swachhta Pledge while observing COVID-19 protocol with maximum safety and care. The link of the google form for e-pledge has been shared through all the whatsapp groups of college.

Also, in this context, Slogan, Poem, Poster, Video and Photography competition were organized on the theme: 'Green Aditi, My Initiatives'

**ADITI MAHAVIDYALAYA
(University of Delhi)
NATIONAL SERVICE SCHEME**

in collaboration with
SWACHH BHARAT MISSION COMMITTEE
is organizing
SWACHHTA PAKHWADA
from 1st September 2021 - 15th September 2021

*** e-Pledge by All**
Registration link for e-Pledge:
<https://forms.gle/zGEJaGY1VtXQykRR8>
Join us for e-Pledge launch on
1st September 2021 @ 10:30am
via Google meet link -
<https://meet.google.com/uoc-gkqd-fmp>

Multi-Talent Competition
Share innovative photos, poems, slogans,
posters and your one minute videos with us on
'Green Aditi: My Efforts' on
aditins2019@gmail.com
Last date by 5' September 2021

#GREENADITI

PARTICIPATION CERTIFICATES FOR ALL

Dr Mali D. Sawariya
Programme Officer
National Service
Scheme

Prof. Bhawna Rajput
Convenor
Swachh Bharat Mission

Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya



Online oath Administered by the Principal

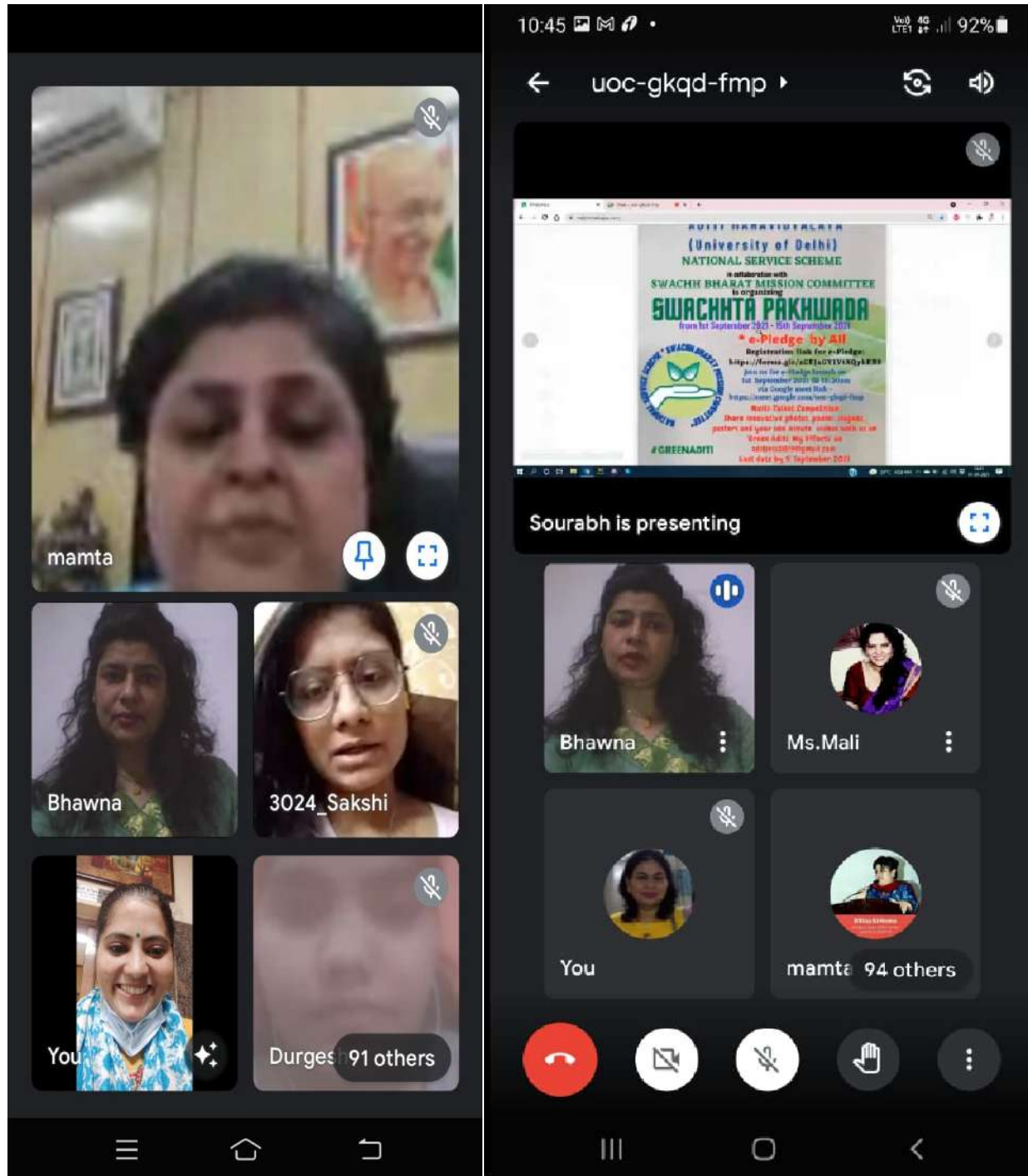
Minutes of the Meeting

An Online meeting of Medical Committee with NSS members was held on 31st August 2021 at 10.30 am to discuss the matters concerning the Swachh Bharat Pakhwada to be held from 1st Sept. -15th Sept. 2021 in the current times of global Covid 19 pandemic.

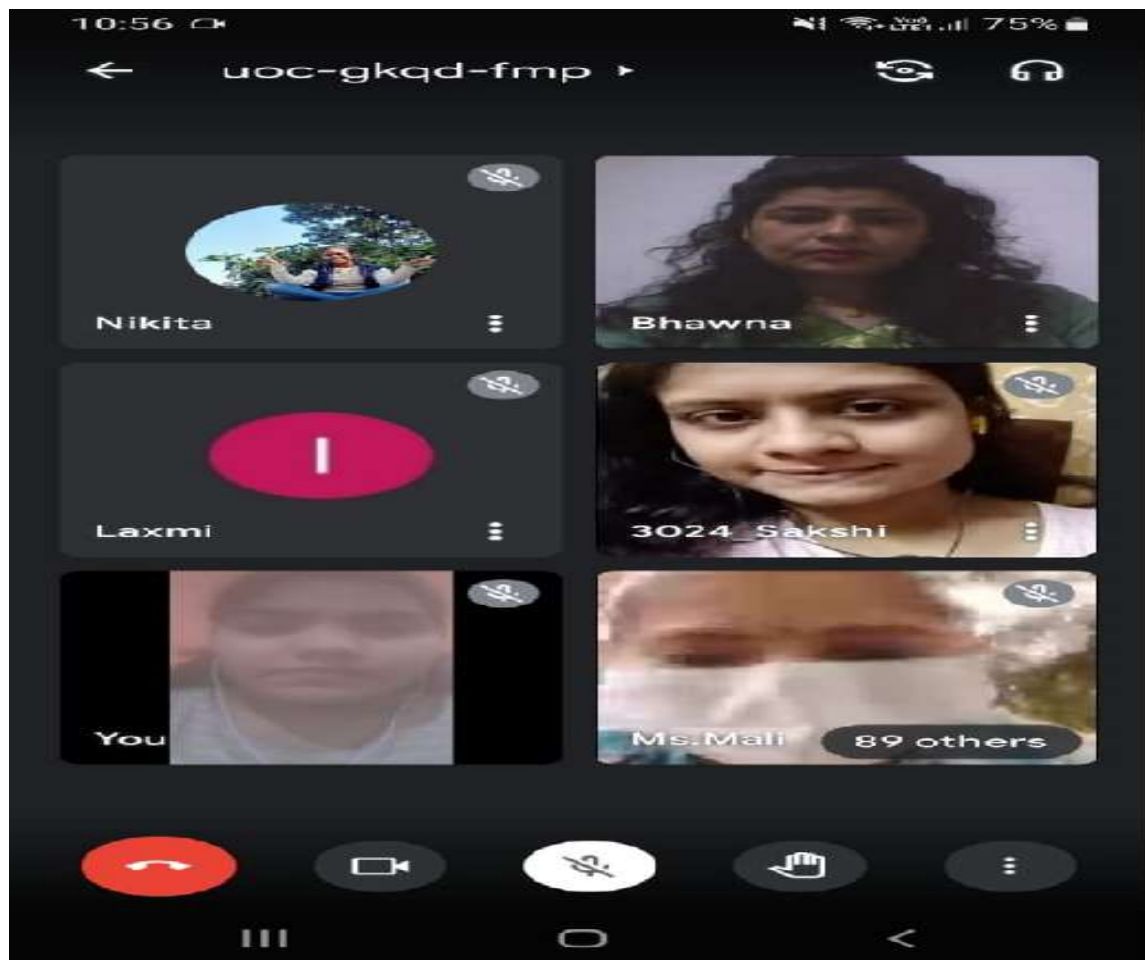
The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhैया
3. Dr. Mali
4. Dr. Juhi Bhatnagar

It was decided that the online hygiene awareness lectures will be organized on Google Meet in collaboration with NSS wing of the college. Swachta e-Pledge will also administered amongst the participants. . It was also decided to place the Swachhta awareness banners at prominent locations in the college for the awareness across all courses.



Online Oath Taking by Students and Teachers



Online session on Cleanliness Awareness

List of Students

- 1 NIDHI CHANCLANI
- 2 SHEETAL
- 3 CHANDRIKA
- 4 JITIKA
- 5 SAMTEN
- 6 YASHIKA
- 7 ASHI GUPTA
- 8 SANGEETA
- 9 DEEPA
- 10 ANITA
- 11 AMRITA DUBEY
- 12 ANANAYA
- 13 SHREYA
- 14 HIMANI
- 15 MONIKA TOMAR
- 16 NEHA VERMA
- 17 SONALI
- 18 SARASWATI
- 19 POOJA
- 20 NISHA DAHIYA

- 21 NIDHI DABAS
- 22 Nikita
- 23 Laxmi
- 24 Sakshi
- 25 Kalanidhi Kaushik
- 26 Anjali Sharma
- 27 Rinky Joshi
- 28 Anshita Sharma
- 29 Aarti Sagar
- 30 Shubhangi
- 31 Priyanka
- 32 Apurva Singh
- 33 Anuti
- 34 Nikita Sharma
- 35 Surbhi giri
- 36 Jyoti Sharma
- 37 Kirti pahuja
- 38 Ritika
- 39 Drishti Narang
- 40 Jhalak Parasar
- 41 Shivani Chauhan
- 42 Nishita singh
- 43 Pooja Ranjan
- 44 Priyanka
- 45 Sakshi Bardia
- 46 Sneha Kumar
- 47 Snehal Jain
- 48 Swati
- 49 Taniya Tyagi
- 50 Tannu Singh
- 51 Bharti sharma

2. Webinar Report on e-Waste Management



**ADITI MAHAVIDYALAYA
(UNIVERSITY OF DELHI)
NATIONAL SERVICE SCHEME**
in collaboration with
SWACHH BHARAT ABHIYAN COMMITTEE organizes *a webinar on*
e-waste Management

Guest Speaker
Sh. R. B. Srivastava
Principal Consultant
PrimaFocus Technologies

Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya

Join us via
Google Meet :
<http://meet.google.com/gzg-noxv-bjs>
14th September 2021
at 11a.m.

WINNERS OF THE COMPETITIONS- 'GREEN ADITI, MY EFFORTS' WILL ALSO BE ANNOUNCED

Dr Mali Devi Sawariya
Programme Officer
National Service Scheme

Prof. Bhawna Rajput
Convenor
Swachh Bharat Abhiyan

Prof. Mamta Sharma
Principal
Aditi Mahavidyalaya

The webinar on e-waste management was inaugurated by Prof. Mamta Sharma, Principal of Aditi Mahavidyalaya on 14th September 2021 at 11 am in the presence of our Guest speaker – Sh. R.B. Srivastava, Principal Environmental Consultant, PrimaFocus Technologies. It was organised by joint efforts and opening remarks by Prof. Bhawna Rajput (Professor, Department of Commerce, Aditi Mahavidyalaya), Convenor, Swachh Bharat Abhiyan and Dr Mali Devi Sawariya (Assistant Professor, Department of Social Work, Aditi Mahavidyalaya), Programme Officer, National Service Scheme. This webinar was organised as a series of initiatives taken by our college to create awareness about the relative importance of maintaining cleanliness in our surroundings. Maintaining cleanliness is not only important for our physical wellbeing but is associated with our spiritual and emotional wellness as well. As Gandhi ji said 'clean mind lives in a clean body', true liberation can be achieved only if we are liberated from bondages of all kinds -slavery, impure thoughts and ill health. For a nation to prosper, there must reside people who thrive in a healthy social, political and ecological environment. This webinar was a significant endeavour on our part to create sensitization about imminent need to maintain a clean, healthy and e waste free environment, where each of us is able to contribute to our greatest potential. With this spirit, on behalf of Aditi Mahavidyalaya, Prof Mamta Sharma announced the winners of Multi-Talent Competition on 'Green Aditi, My Efforts' and welcomed our guest speaker for this webinar - Sh R. B Srivastava, who has been Senior Principal Environment Consultant in PRIMA Focus Technologies. He carried immense experience in the field of e waste management and has been eminent part of many international and national training programmes in e-waste management.

Then Sh R.B. Srivastava shared in detail about technological ways to reuse, reduce and recycle e-waste:

- Be a good consumer. Do some research when you're ready to buy a new product. Make sure it's one that won't break easily or become damaged shortly after you purchase it. In

other words, look for products likely to have a much longer lifespan so you won't need to replace it within a few years, or even months.

- Reuse as often as possible. If you have parts and equipment that are still working, try repairing the electronic device before getting a new one. And if the device is beyond the point of being repaired, then recycle it.
- Educate yourself on what gets put into your electronics. Knowledge is power. Doing some research about the raw materials being used to manufacture your mobile phone or laptop helps you understand how harmful those materials and toxins can be if they're tossed into a landfill. The more you educate yourself the more you can purchase items that won't be harmful to the environment.
- Look for an environmentally friendly label. For example, see if the products you buy are labeled Energy Star, or have been certified by the Electronic Product Environmental Assessment Tool.
- Consider limiting the number of electronics you own. If you don't really need an extra gadget, look for devices that have multiple functions.
Teach kids about e-waste. Children are our future, and it helps if we can instill within them at a young age a commit to e-waste recycling.
- Recycle, recycle, recycle. No matter what you have, it's important to always dispose of your e-waste properly. That means recycling all of your used electronics, with the understanding that improperly disposing of e-waste is becoming more and more hazardous, particularly since the volume of e-waste has skyrocketed.

At the end of the session Dr. Mali Devi Sawariya presented vote of thanks to Prof. Mamta Sharma, Prof. Bhawna Rajput, Shri. R. B Shrivastava, Judges of Multi-Talent Competition – Dr. Punita Gupta, Dr. Rajeev Kaur, Dr Santosh Kumar Yadav, Dr. Annie and Ms Lovely, Sh. Baldev Gulati and Ms Meena S. (The We Nurture Foundation), our dedicated Medical Committee team and competition coordinators – Dr Sunita Dahiya, Dr. Juhi, Dr Manish Vats, Sh Baldev Gulati and NSS Volunteers students for their enthusiastic participation.

Minutes of Meeting

An online meeting of Medical Committee with NSS members was held on 13th September 2021 at 11.30 am to discuss the matters concerning the holding of Webinar on E-Waste Management.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali
4. NSS Volunteers

It was decided that the Webinar on E-waste Management in collaboration with NSS wing of the college will be organized on Google Meet on 14th September 2021 at 11 am in the presence of our Guest speaker – Sh. R.B. Srivastava, Principal Environmental Consultant, Prima Focus Technologies. With this spirit, on behalf of Aditi Mahavidyalaya, it was also decided to hold the Multi-Talent Competition on 'Green Aditi, My Efforts' in the college.

Glimpses of the Webinar



Our Chief Guest

Principal and Senior professional Environmental Consultant with a rich experience across different industry sectors in a variety of domains having acquired necessary skill sets. The industries served are Environmental Management through Circular Economy, Energy & Water Conservation Mechanism, CDM, Pharmaceuticals & Renewable Energy. He has worked for Environmental Protection - on a Global Canvas- Roles & responsibilities of various stake holders like Industries, Community & Regulatory Authorities. Expert advice on various Acts of Central Pollution Control Board viz; E-waste Rules, Plastic Waste Management Rules-2016/amended 2018, Hazardous Waste management Rules-2016, Battery Waste management-2001 etc. He has conducted & carried out Awareness Development programs with corporate & industries, academics etc on Environmental Legislations & issues. In-depth industrial orientation on Waste in the country like E-waste, Plastic, Bio Medical & MSW- ways to deal with growing menace and study on various pollution abatement programs initiated by Govt of India. Training cum Awareness program conducted for

- Ghana delegation of M Tech & B Tech students passed out from different University of Ghana under the banner of m/s Acreaty Management Solution at NIESBUD Noida in 2017. Special emphasis on E-waste Management.
- Conducted workshop on measures of Environmental Protection for Sustainable Development for MBA students of Symbiosis Institute of Management, Noida.

We welcome you SIR!!!



Results of Competitions:

Photography competition winners

1st position

Panil aggarwal, BA prog, 2nd year



2nd position

Ningthoumjam sharmila devi, Ba prog, 3rd year



3rd position

Rashmi Mishra, BA Programme, 3rd year



Vinita Chaturvedi, BA Hons. Hindi Patrikarita, 2nd year



Shivangi, BA Programme, 2nd year



Poster Making Competition Winners

1st position



2nd position



3rd position



Video making competition winners

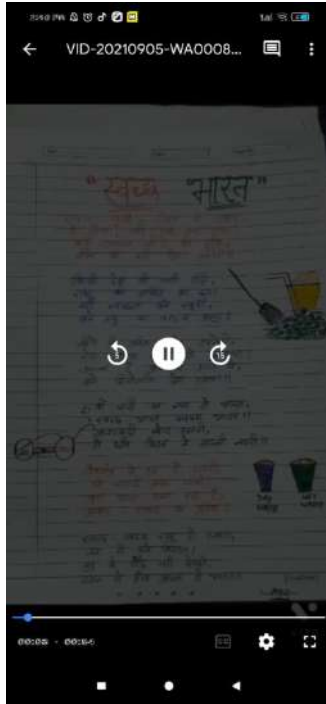
1st position

Riya Jha , BA Programme, 2nd year



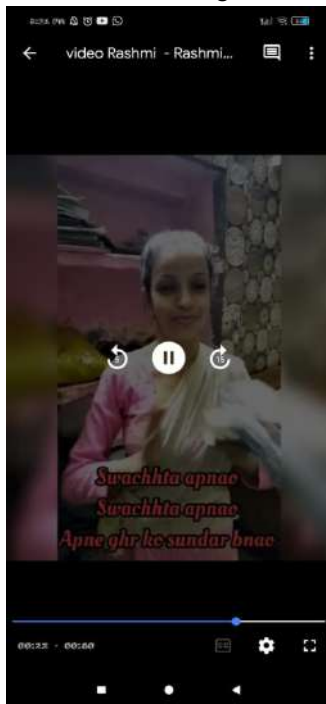
2nd position

Shagun, BA Programme, 2nd year



3rd position

Rashmi, BA Programme, 3rd year



Slogan Writing Competition Winner

1st position

Muskan Kshatriya, Ba (hons.) BSW, 3rd year

सफाई से खुद को स्वस्थ बनाना है,
स्वच्छता से पूरे विश्व में अपनी पहचान
बनाना है।

स्वच्छता का रखें ध्यान,
स्वच्छता से देश बनेगा महान ।

स्वच्छता है महा अभियान,
स्वच्छता में दीजिए अपना योगदान।

स्वच्छता की ज्योति जलाओ,
देश को सुंदर बनाएं।

देश विकास आएगा,
जब हर व्यक्ति स्वच्छता बनाएगा।

2nd position

Nikita Verma, BA Program, 2nd year

जब हर घर और हर मानव मन से साफ होगा,
स्वस्थ रहेगा देश तन से मन से और धन से ,
तब जाकर मानवता और देश का विकास होगा।।

3rd position

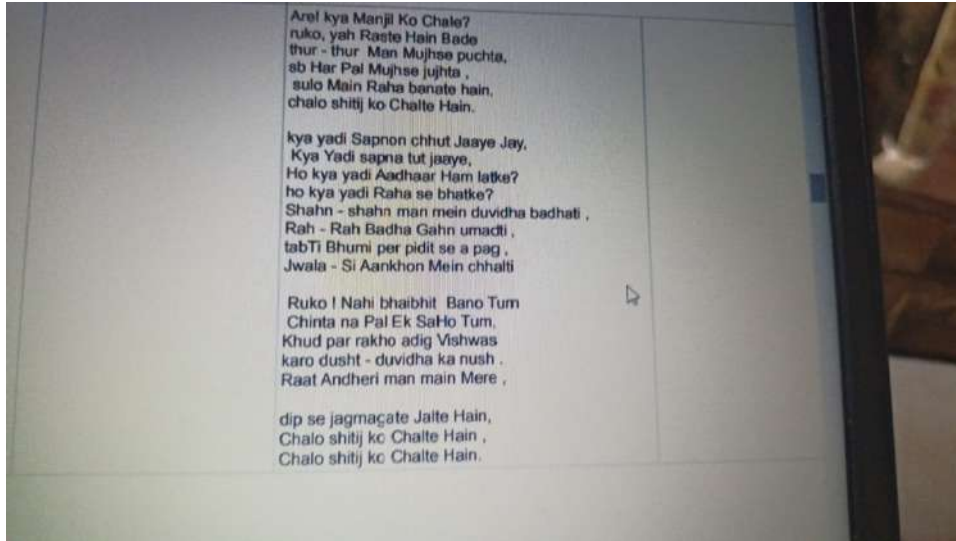
Prerna Mirag, BA programme, 2nd year

आओ हाथ बढाओ , गंदगी को दूर भगाओ ।
अपना कर्तव्य निभाओ , और देश को स्वच्छ बनाओ।

Poetry Competition Winners (Hindi)

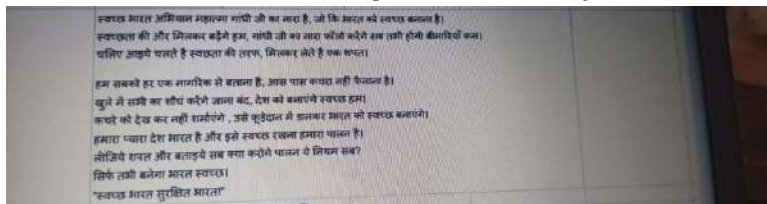
1st position

Chandni, BA program, 2nd year



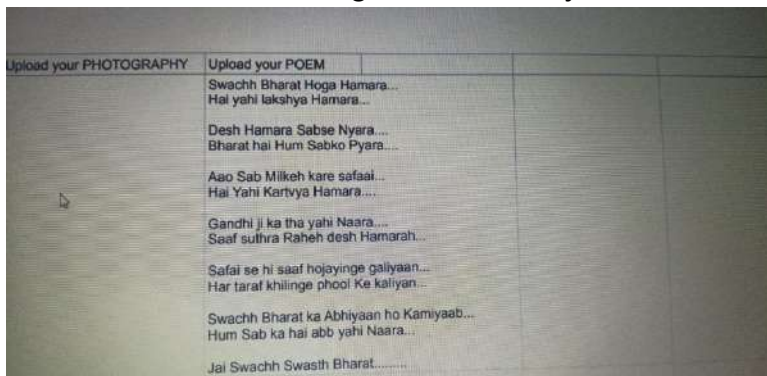
2nd position

Monica Chahal, BA Programme, 2nd year



3rd position

Prerna Anand, BA Programme, 2nd year



Poetry Competition Winners (English)

1st position

Prerna, BA programme, 2nd year

Let's swear together to follow cleanliness,
together we clean To Make country proud,
You won't get sick if you don't put rubbish on the ground,
Let's plant trees together to make environment green,
The streets shine brightly,
our country shines in the world,
It's our service to drive the cleanliness campaign,
Remind yourself, again and again
When water flows, it just keeps on flowing.
I dropped the garbage,
Darely forget to put it in the dustbin.
Dropping anything anywhere we go,
They have made their home courtyard dirty and forget that.
This cleanliness fortnight is just a reminder,
To make your home and outside clean and hygienic.
Why not take steps together with everyone,
Decorate yourself with this campaign with everyone today.
The meaning of these fortnights is meaningful only when,
these are followed every day, every moment.
So the request is from myself to all of you,
So the request is again and again to all of us.
Know that we will not let the dirt happen from now on,
Be determined - we will not let the mess happen from now on.

2nd position

Tanushree Mishra, BA programme, 2nd year

The long straight path,
With no ups and down,
Surrounded by tall trees,
Clear sky,
Gentle wind blowing all over,
The chirping of birds,
Enthralled with sweet-scented of blooming flowers,
Free with foulness,
Walking all over without any deadwood,
Cluster clear water,
Everything around will be magnificence,
Still a dream of millions of others like me,
It can be veracious,
If one keeps their promise,
Moving ahead their tiny step.

3rd position

Nimisha Shree, BA programme, 2nd year

EARTH AND ITS CLEANLINESS

Mother earth is crying,
Because now she's dying,
To save her life, none is trying,
They're just making excuses and 're lying...

Suffocating in smoke and dirt (for air),
Losing every drop of her blood (for water),
She's sinking in the swamp of mud (for lands),
Now, she needs treatment for must...

Purify that smoke and let her breathe!
Donate her some blood and let her blood level increase!
Clean that swamp and give her a new life to live!
Treat her well and make her free of every disease...

Now for all this, I've a little advice,
Clean your surroundings and give mother earth a surprise,
If not, then be ready to pay the price!
Again, it's all up to your choice,
That, how you want your mother (earth) to recognise?
A monster of hell or as a queen of paradise?

Attendance Sheet

Particulars	NAME of the Participants
Student	Vanshika Goyal
Student	Vyoma Karana
	Prerna
Student	AKANSHA
Student	ANJALI
Student	Manasvi chaudhary
Student	Nishita singh
Student	Pooja Ranjan
Student	Preeti Raj
Student	ANSHU
Student	ANUSHKA MADAAN
Student	APURVA RAI
Student	ARCHITA MALIK
Student	ARTI
Student	DIVYA
Student	GAGANJOT KAUR
Student	GUNJAN
Student	HARSHITA TRIPATHI
Student	KARISHMA GUPTA
Student	KASHISH GARG
Student	KHUSHBOO NEGI
Student Student	KHUSHBU
Student	Aita Pranavi
Student	Chandni
Student	Ashmita
Student	Himanshi
	Monica Chahal
Student	Isha
	Nikita Verma
Student	Kashish Arora
Student	Laxmi
Student	PRERNA
Student	RASHI AGGARWAL
Student	RIYA ARORA

Student	SHRISTY KUMARI
Student	SOMYA SHARMA
Student	VANYA SINDWANI
Student	Priyanka
Student	Sakshi Bardia
Student	Sneha Kumar
Student	Snehal Jain
Student	Swati
Student	Taniya Tyagi
Student	Tannu Singh
	Tanushree Mishra
Student	Aparna Anand
Student	Arshiya Afsar
Student	Shagun
Student	Beauty kumari
Student	Deepika
Student	Diksha chaudhary
Student	Disha somani
Student	Dishita Chaudhary
Student	Divya
Student	Anushka Singh
	Muskan Kshatriya
Student	Divyanshi Rawat
Student	Diya kakraniya
Student	Garima Gulati
Student	Shivangi
Student	Gungun Chand
Student	Hema sharma
Student	Hitika

Student	Ishika Gupta
Student	Jeenu Priya
Student	Annu
Student	Nimisha Shree
Student	Kashish singh
Student	Vinit Panil aggarwal
Student	Anjali roy
Student	Ankita
Student	Kajal pandey
Student	Anupreksha
Student	Divyanshi pal

Minutes of the Meeting

An Online meeting of Medical Committee with NSS members was held on 31st August 2021 at 10.30 am to discuss the matters concerning the Swachh Bharat Pakhwada to be held from 1st Sept. -15th Sept. 2021 in the current times of global Covid 19 pandemic.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali
4. Dr. Juhi Bhatnagar

It was decided that the online hygiene awareness lectures will be organized on Google Meet in collaboration with NSS wing of the college. Swachta e-Pledge will also administered amongst the participants. . It was also decided to place the Swachhta awareness banners at prominent locations in the college for the awareness across all courses.

Minutes of Meeting

An online meeting of Medical Committee with NSS members was held on 13th September 2021 at 11.30 am to discuss the matters concerning the holding of Webinar on E-Waste Management.

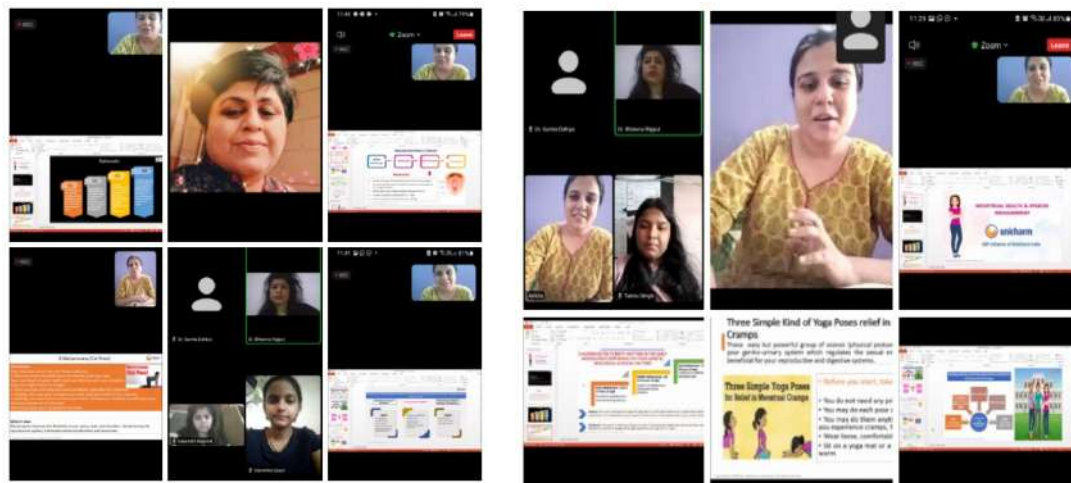
The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali
4. NSS Volunteers

It was decided that the Webinar on E-waste Management in collaboration with NSS wing of the college will be organized on Google Meet in the presence of our Guest speaker – Sh. R.B. Srivastava, Principal Environmental Consultant, Prima Focus Technologies. With this spirit, on behalf of Aditi Mahavidyalaya, it was also decided to hold the Multi-Talent Competition on ‘Green Aditi, My Efforts’ in the college.

Webinar on the topic “Menstrual Hygiene Awareness”

Aditi Mahavidyalaya - Medical Committee organizes a webinar on the topic “Menstrual Hygiene Awareness” on October 11, 2021 at 11:00 am. The resource person for the session was Ms. Ankita Sukhwai (CSR Executive, Unicharm India). Prof. Mamta Sharma (Principal, Aditi Mahavidyalaya), Prof. Bhawna Rajput (Convener, Medical committee) and other team members organizes the event that aimed to break the silence, raise awareness and change negative social norms surrounding menstrual hygiene. Around 100 participants from Aditi Mahavidyalaya and other colleges attended the session. Participants were made aware of menstrual hygiene, associated topics and use of sanitary napkins. Ms. Ankita Sukhwai highlighted that a large number of adolescent girls from rural areas of India are still not aware about issues related to menstruation and maintaining personal hygiene during this period and dealing with associated physical problems. They usually don't get a proper platform to get information or discuss such issues. This awareness session was conducted in which all associated topics related to menstruation were explained to adolescent girls, like what is menstruation, calculation of the period, physical problems faced by girls during their periods and ways to deal with it like doing some physical exercise and yoga, maintaining personal hygiene during this period and importance of maintaining hygiene, avoiding the traditional methods of using dirty cloths and promoting use of sanitary napkins, etc. Traditional myths and misconceptions related to menstruation were discussed. At the end of the session FAQs by the girls related to the topic were answered by the facilitator.



Online Session on Menstrual Hygiene Awareness

Minutes of the Meeting

An Online meeting of Medical Committee on 8th Oct 2021 at 3.00pm to discuss the matters concerning the holding of Webinar on Menstrual Hygiene Awareness on October 11, 2021 at 11:00 am

The following Members attended the meeting

- 1. Dr. Bhawna Rajput**
- 2. Dr. Sunita Dhaiya**
- 3. Dr. Mali**

It was decided that will be organized on Google Meet for the students for creating the awareness of menstrual hygiene, associated topics and use of sanitary napkins. . The resource person for the session will be Ms. Ankita Sukhwai (CSR Executive, Unicharm India).

List of Students

Sem	NAME
Sem 3	Hina
Sem 3	Anjali
Sem 3	Shalu
Sem 3	Drishty
Sem 5	Rakhi
Sem 3	Aanchal
Sem 5	Yogita
Sem 3	Aastha
Sem 3	Vidushi Sharma
Sem 5	Simran
Sem 5	Preeti
Sem 3	Komal
Sem 5	Vishakha
Sem 5	Preeti
Sem 3	Pooja
Sem 5	Pooja
Sem 3	PreetiMaan
Sem 3	Teena
Sem 3	Teena

	NehaRana
Sem 3	
Sem 5	Shikha
Sem 5	Kalanidhi Kaushik
Sem 5	Anjali Sharma
Sem 3	Rinky Joshi
Sem 3	Anshita
Sem 3	Aarti
Sem 5	Shubhangi
Sem 5	Priyanka
Sem 5	Apurva Singh
Sem 3	Anuti
Sem 3	Nikita Sharma
Sem 3	Surbhi giri
Sem 5	Jyoti Sharma
Sem 5	Kirti pahuja
Sem 3	Ritika
Sem 3	Drishti
Sem 5	Jhalak
Sem 5	Shivani Chauhan
Sem 5	Bhumika Singh
Sem 5	Liza Sharma
Sem 3	Diksha
Sem 3	Sonal Gupta
Sem 5	Divya
Sem 5	Yashika Juneja
Sem 5	Kiran Rani
Sem 5	Kashika
Sem 3	Pooja
Sem 3	Renu
Sem 5	Debanjali Nag
Sem 5	Deeksha Garg
Sem 5	Siddhi Singh
Sem 5	Bhumika
Sem 3	Shahin
Sem 3	Riya Raj
Sem 3	
	Bharti sharma
Sem 5	Nancy aggarwal

Sem 5	Neha
Sem 5	Sonia kaushik
Sem 3	Bhoomika Sharma
Sem 3	Preeti
Sem 5	neetu yadav
Sem 5	Manisha kumari
Sem 3	priyanka
Sem 3	Nidhi rawat
Sem 3	Neetu
Sem 5	Gauri shokeen
Sem 5	Mansi sharma
Sem 5	Monika sharma
Sem 3	Swati
Sem 3	Sapna
Sem 5	Sushma komriyal
Sem 5	Pinki
Sem 5	pooja yadav
Sem 5	Parul
Sem 3	Priyanka sain
Sem 3	Puja kiran
Sem 5	Madhu
Sem 5	Susmita rani
Sem 3	Mansi

Webinar on ‘All About Corona: New Strains & Vaccination’

The Medical Committee of Aditi Mahavidyalaya in association with BLK-MAX Super Speciality Hospital Delhi organised a Webinar on ‘All About Corona: New Strains & Vaccination’ on 12th February 2022. Prof. Bhawna Rajput formally, Convener, Medical Committee gave the welcome address. The Principal Prof. Mamta Sharma inspired all of us through her speech and highlighted the programs initiated by the college to fight against the pandemic. The guest Speaker Dr. Anil Handoo, Senior Director- Lab Services & Chief- Academic Affairs, Research & Continued Education, BLK-MAX Super Speciality Hospital Delhi shared his thoughts about new strains of Coronavirus and elaborated upon the importance of Vaccination. He emphasised that the social distancing, effective use of sanitizers and masks can fight against this pandemic. The webinar was attended by 100 participants and provided a deeper insight into the ways of protecting ourselves from the disease and making this pandemic end forever.

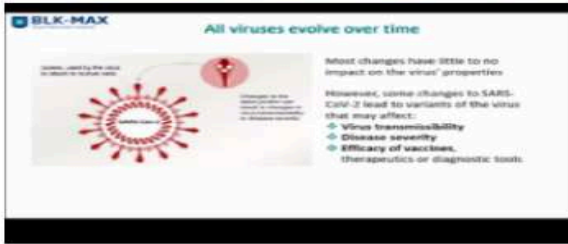
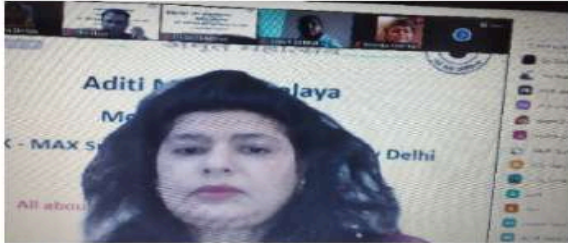
Minutes of Meeting

An Online meeting of the Medical Committee was held on 10th feb 2022 at 2.30 pm to discuss the matters concerning the holding of Webinar on “All About Corona: New Strains & Vaccination” in association with BLK-MAX Super Speciality Hospital Delhi.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali

It was decided that will be organized on Google Meet for the students and Dr. Anil Handoo, Senior Director- Lab Services & Chief- Academic Affairs, Research & Continued Education, BLK-MAX Super Speciality Hospital Delhi will be the resource person.



Online Session on All About Corona: New Strains & Vaccination

			write NA)			studies & career	r students	in the allo tted time	mu nica tor	on the topi c	ng mor e lect ures / wor ksh op/e vent in futu re of simi lar kin d	
2- 12- 202 2 23:0 0:56	Pall avi kum ari	Bcom prog.	210 521 4	Tiwarip allavi58 @gmail. com	878 932 918 9	Agr ee	YE S	Stro ngly agr ee	Stro ngly agr ee	Stro ngly Agr ee	Agr ee	Exc elle nt
2- 12- 202 2 23:0 1:11	Sha shi kum ari	Commerce	Na	shashi@ aditi.du. ac.in	971 675 200 2	Stro ngly agr ee	YE S	Stro ngly agr ee	Stro ngly agr ee	Stro ngly Agr ee	Agr ee	Exc elle nt
2- 12- 202 2 23:0 1:25	Kas hish Aro ra	B.com hons.	200 609 7	siya.kas hish.aro ra@gma il.com	991 004 339 8	Dis agr ee	YE S	Agr ee	Agr ee	Agr ee	Agr ee	Good
2- 12- 202 2 23:0 1:38	Shr eya jain	Bcom program	210 508 0	shreyaaj ain2003 @gmail. com	+91 767 825 640 9	Stro ngly agr ee	YE S	Stro ngly agr ee	Stro ngly agr ee	Stro ngly Agr ee	Stro ngly agr ee	Exc elle nt
2- 12- 202 2 23:0 1:53	Vish akh a sing h	B.com program	210 507 5	chaudha ry.visha kha9311 @gmail. com	931 140 663 7	Stro ngly agr ee	YE S	Stro ngly agr ee	Stro ngly agr ee	Stro ngly Agr ee	Stro ngly agr ee	Exc elle nt
2- 12-	Pooj a	B.com	190 507	uniquep ooja989	098 186	Agr ee	YE S	Stro ngly	Stro ngly	Stro ngly	Agr ee	Exc elle

2022-23:02:06	Kumar Sahani		6	5@gmail.com	76895			agree	agree	Agree		nt
2-12-2022-23:02:16	Simran khurana	B.com program	1905040	khurana simran2312@gmail.com	07988356026	Agree	YES	Agree	Strongly agree	Strongly Agree	Agree	Good
2-12-2022-23:02:42	Chandra kanta	B.com(prog.)/commerce	1905082	shanya malhotra99@gmail.com	8882249373	Agree	YES	Agree	Agree	Agree	Agree	Good
2-12-2022-23:02:53	Dimple Mehra	Ba program eco+pol	21018	dimple m095@gmail.com	9971736476	Agree	YES	Agree	Agree	Agree	Agree	Good
2-12-2022-23:03:12	Vanika Kohli	B. Com	21520	kohlivan dana407@gmail.com	08860100532	Neutral	YES	Agree	Strongly agree	Strongly Agree	Agree	Good
2-12-2022-23:03:20	Aarti kumari	B.com (p)	1905057	aartipawan807@gmail.com	8076609674	Strongly agree	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022-23:03:20	Shubhangi	B.A. Program	1901144	shubhi.232000@gmail.com	8006471837	Neutral	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022-23:03:21	Anjali roy	Bcom 1 st yr	2105246	roy499076@gmail.com	06207290514	Strongly agree	YES	Neutral	Strongly agree	Strongly Agree	Strongly agree	Good
2-12-2022	Sarita	Bcom program	1905047	saritasin gh8999@gmail.com	888257770	Strongly agr	YES	Agree	Strongly agr	Strongly Agr	Strongly agr	Excellent

2-12-2022 23:03:21				com	6	ee			ee	ee	ee	
2-12-2022 23:03:25	Diksha	BA Programme (Economics+Food Technology)	1901501	Khuranadiksha047@gmail.com	08398854976	Agree	YES	Agree	Strongly agree	Strongly Agree	Agree	Excellent
2-12-2022 23:03:42	Vishakhasingh	B.com program	2105075	chaudhary.vishakha9311@gmail.com	9311406637	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:03:47	Tanayashrivastava	Bcom programme	21542	shrivastava21@gmail.com	7982793095	Agree	YES	Agree	Agree	Agree	Agree	Excellent
2-12-2022 23:03:52	Priya	B. Com	21524	Priyashrivastava417@gmail.com	8076449175	Strongly agree	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:04:10	Kavitauniyal	B.A program	1901429	uniyalkanchan2@gmail.com	8368596654	Strongly agree	YES	Agree	Agree	Strongly Agree	Agree	Excellent
2-12-2022 23:04:17	Princysharma	B. Com(program)	2105161	Princysharma502@gmail.com	7428792580	Agree	YES	Agree	Agree	Agree	Agree	Excellent
2-12-2022 23:04:57	Sakshi	B.com	2105126	Jangrasakshi2604@gmail.com	9813160830	Agree	YES	Agree	Strongly agree	Strongly Agree	Agree	Excellent
2-12-2022 23:0	JyotiVerma	B.Com(Hons.) 3rd year	1906071	jyotiverma24092002@gmail.com	9540150313	Agree	YES	Neutral	Agree	Agree	Strongly agree	Good

5:02												
2-12-2022 23:05:18	Anjali	B.A(program Hindi+omsp)	1901309	anjalik9716@gmail.com	7703949253	Strongly agree	YES	Agree	Agree	Agree	Agree	Excellent
2-12-2022 23:05:36	Shubhisharma	Ba programming (ASPSM+Maths)	2001395	shubhisarma578@gmail.com	9899938530	Strongly agree	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:06:29	Suman Jha	Ba program aspsm + eco	1901468	sj886036@gmail.com	9911610144	Neutral	YES	Agree	Agree	Agree	Agree	Average
2-12-2022 23:06:49	Deepti Sharma	B. Com (P)	1905008	deeptisharma4312@gmail.com	+919548352853	Agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Good
2-12-2022 23:07:01	Sandhya Kumari	Bcom 1 year	21523	ksandhya0811@gmail.com	9971237815	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:07:02	Anusha Suresh	BA program	1901051	anushauresh2001@gmail.com	8826570751	Neutral	YES	Agree	Agree	Strongly Agree	Agree	Good
2-12-2022 23:07:08	Shivani	First semester (aditi Mahavidyalay)	21501	Shivani958235@gmail.com	9582352023	Agree	YES	Agree	Agree	Agree	Agree	Good
2-12-2022 23:08:06	Nupur	B.com(p)	2005169NA	mouryaanuj2002@gmail.com	9555253224	Agree	NO	Agree	Agree	Agree	Disagree	Good
2-	Yas	BA	190	garima	971	Agree	YES	Agree	Agree	Stro	Agree	Good

11-2022 23:11:45	hika Juneja	Programme (Economics + Food Technology) 3rd Year	152 6	mohakj uneja@ gmail.co m	103 463 0	ee	S	ee	ee	ngly Dis agree	ee	d
2-12-2022 23:13:08	Sakshi	B.com	210 512 6	Jangras akshi26 04@gm ail.com	981 316 083 0	Neu tral	YE S	Agr ee	Stro ngly agr ee	Stro ngly Agr ee	Agr ee	Exc elle nt
2-12-2022 23:13:18	Anju	B.a program 3rd year	190 111 9	anjudah iya0808 @gmail. com	946 705 048 6	Agr ee	YE S	Agr ee	Agr ee	Agr ee	Agr ee	Good
2-12-2022 23:13:18	Anshu Kumar i	Bcom program	200 510 8	mehraa nshu843 @gmail. com	805 341 602 4	Stro ngly agr ee	YE S	Agr ee	Stro ngly agr ee	Agr ee	Stro ngly agr ee	Good
2-12-2022 23:13:33	Shalini Sharma	Bcom (sem1)	210 507 6	ashishrk sharma2 000@g mail.co m	097 209 668 59	Agr ee	YE S	Agr ee	Agr ee	Agr ee	Agr ee	Good
2-12-2022 23:14:28	Pav tri	BA programme	210 170 6	shakyap avitrigm ai@gma il.com	989 649 274 2	Agr ee	YE S	Stro ngly disa gree	Agr ee	Stro ngly Agr ee	Agr ee	Exc elle nt
2-12-2022 23:14:44	Sonal Gup ta	B.A programme (Food technology +Economics)	190 152 1	yash161 714@g mail.co m	965 451 260 5	Neu tral	YE S	Agr ee	Stro ngly agr ee	Stro ngly Agr ee	Agr ee	Exc elle nt
2-12-2022 23:15:43	Iti Aga rwal	B.com program	190 501 9	itiagarw al729@g mail.co m	954 882 796 2	Neu tral	YE S	Stro ngly agr ee	Stro ngly agr ee	Stro ngly Agr ee	Agr ee	Exc elle nt
2-12-2022	sakshi sola	b.com hons.	190 604 9	sakshiso lanki940 @gmail.	920 576 737	Agr ee	YE S	Agr ee	Stro ngly agr	Stro ngly Agr	Stro ngly agr	Exc elle nt

2-23:16:08	nki			com	7				ee	ee	ee	
2-12-2022 23:16:15	Pallavi Saini	Bcom program	1905062	sainipallavi04@gmail.com	09911916949	Strongly agree	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:16:19	Sarika Sharma	Bcom(hons.)	1906042	sarika2001kishori@gmail.com	8595681657	Neutral	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:16:21	Sakshi Dev	<u>B.Com</u>	5104	devsaksahi73@gmail.com	7668514789	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:16:22	Vanshika Suryavanshi	Commerce	1905090	vanshikasuryavanshi5@gmail.com	09810419062	Disagree	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:16:38	Radha	B.com(p)	1905079	yaduvanshiradhaa59@gmail.com	08398815859	Agree	YES	Agree	Agree	Agree	Agree	Good
2-12-2022 23:16:49	Ruchi	B com semester 1	21554	ruchikumar94333@gmail.com	8882022089	Agree	YES	Neutral	Agree	Strongly Agree	Strongly agree	Good
2-12-2022 23:17:09	Himanshi Bhardwaj	Advertisement sales promotion and sales management +Mathmatics	2001505	bhardwajhimanshi454@gmail.com	8700401558	Agree	YES	Agree	Agree	Strongly Agree	Agree	Good
2-12-2022	Reetu	B.com program	21541	Reetushrivastav30@gmail.com	9315660109	Agree	YES	Agree	Agree	Agree	Agree	Excellent

23:1 7:13												
2-12-2022 23:17:21	Dr He ma Gupta	Commerce	NA	hemagupta212@gmail.com	9868440845	Agree	YES	Agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:17:25	Dr. kamlesh wadhwa	Hindi	NA	drkamleshwadhwa@gmail.com	09873648517	Agree	YES	Agree	Agree	Strongly Agree	Agree	Excellent
2-12-2022 23:17:33	Bhumika Diwan	B.com(Hons)	1906052	bdiwan7428779498@gmail.com	7428779498	Neutral	YES	Agree	Strongly agree	Strongly Agree	Agree	Good
2-12-2022 23:17:48	Shetal	B. A. (prog.)	1901106	dsheetal662@gmail.com	8053683490	Agree	YES	Neutral	Strongly agree	Strongly Agree	Neutral	Excellent
2-12-2022 23:17:55	Meenakshi	B.com (P)	1905045	meenakshidhalal8@gmail.com	8920354571	Agree	YES	Strongly agree	Strongly agree	Agree	Agree	Excellent
2-12-2022 23:18:05	Swejal Gupta	BA Programme	1901482	mailmeswejal@gmail.com	7412946442	Agree	YES	Agree	Agree	Agree	Neutral	Excellent
2-12-2022 23:18:05	Nidhi Babli	BA programme	1901452	mnidhi320@gmail.com	9818291511	Strongly agree	YES	Agree	Agree	Strongly Agree	Agree	Good
2-12-2022 23:18:06	Ashok Kumar Wadhwa	Sr. PA to Principal	NA	ashokwadhw@gmail.com	9873558517	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent

	a											
2-12-2022 23:18:06	Sonia	B.com(program) 1st year	21547	soniasoniverma01@gmail.com	844919247	Strongly agree	YES	Agree	Strongly agree	Agree	Strongly agree	Excellent
2-12-2022 23:18:11	Shubhisharma	Ba programming (apsm+maths)	2001395	shubhisharma578@gmail.com	9899938530	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:18:13	Isha Gupta	B.com	21550	guptaisha2003@gmail.com	8459397712	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:18:13	Teena	B.A(History +Sanskrit)	1901581	teenaraj12q@gmail.com	9711932944	Agree	YES	Agree	Agree	Agree	Strongly agree	Excellent
2-12-2022 23:18:17	Ms. Lovely	Commerce	Na	lovely@aditi.du.ac.in	8588095943	Agree	YES	Strongly agree	Agree	Agree	Agree	Excellent
2-12-2022 23:18:29	Tannu Maurya	B. Com 1st semester	21539	tannumaurya578@gmail.com	9560464049	Agree	YES	Agree	Agree	Agree	Agree	Good
2-12-2022 23:18:36	Sakshi Dev	B.Com	5104	devsaksahi73@gmail.com	7668514789	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:18:42	Sarita	B.A. program	1901503	Saritasingh7101@gmail.com	8376813730	Agree	YES	Agree	Agree	Agree	Agree	Good
2-	Neh	B.com	215	mohanla	958	Stro	YE	Stro	Stro	Stro	Stro	Exc

12-2022 23:18:42	a	program	48	l72412@gmail.com	2750411	ngly agree	S	ngly agree	ngly agree	ngly Agree	ngly agree	ellent
2-12-2022 23:18:45	Kavita uniyal	B.A program	1901429	uniyalkanchan2@gmail.com	8368596654	Strongly agree	YES	Agree	Agree	Strongly Agree	Strongly agree	Excellent
2-12-2022 23:18:53	Dimple Mehra	Ba program eco +pol	21018	dimplem095@gmail.com	9971736476	Agree	YES	Agree	Agree	Agree	Agree	Good
2-12-2022 23:18:56	Rajnee	B.com 1st year	21553	Singhrajnee633@gmail.com	8683933842	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Good
2-12-2022 23:18:56	Chanchal Sharma	B.com	1905091	chanchalsharma7049@gmail.com	7678225470	Agree	YES	Agree	Strongly agree	Strongly Agree	Agree	Excellent
2-12-2022 23:19:03	Yashika Juneja	BA Programe (Economics + Food Technology) 3rd Year	1901526	garimamohakjuneja@gmail.com	9711034630	Agree	YES	Agree	Agree	Strongly Disagree	Agree	Good
2-12-2022 23:19:04	Ruchi	B com	21554	ruchikumar9433@gmail.com	8882022089	Agree	YES	Neutral	Agree	Strongly Agree	Strongly agree	Good
2-12-2022 23:19:06	Ashok Kumar Wadhwa	Sr. PA to Principal	NA	ashokwadhw@gmail.com	9873558517	Strongly agree	YES	Strongly agree	Strongly agree	Strongly Agree	Strongly agree	Excellent
2-12-	Dr. Suni	Commerce	Na	Sunitadahiya@	991176	Strongly	YES	Strongly	Strongly	Strongly	Strongly	Excelle

Medical Health Check-up Camp for the College Employees



Medical Team from BLX-MAX super specialty hospital with College Staff Members

The medical health check-up camp for the college employees was organized in association with BLX-MAX super specialty hospital on 19th April 2022 at Aditi Mahavidyalaya, Bawana, New Delhi under the leadership of Principal Prof. Mamta Sharma. The medical camp was coordinated by the Medical Committee convener Prof. Bhawna Rajput. A team of fifteen medical and para-medical staff members of the hospital provided the medical facilities such as Blood Pressure check-ups, Blood sugar, ECG, Consultation with a Cardiologist, physiotherapist, and Bone Mineral Density ((BSD). Over 80 people availed the benefits of this medical camp. The principal emphasized that the medical camps would be beneficial in providing preventive healthcare and creating awareness about a healthy lifestyle amongst the employees in the college.

Minutes of the Meeting

An Online meeting of Medical Committee was held on 5th April 2022 at 4.30pm in the college to discuss the matters concerning the holding of Medical Health Check up Camp for the students and staff Members of the college on 19th April 2022 at Aditi Mahavidyalaya, Bawana, New Delhi.

The following Members attended the meeting

1. Dr. Bhawna Rajput 2. Dr. Sunita Dhaiya 3. Dr. Mali

It was decided that the camp will be held in the seminar hall and medical room of the college. Nurse of the college will assist the medical team. A team of medical and para-medical staff members of the hospital will provide the medical facilities such as Blood Pressure check-ups, Blood sugar, ECG, Consultation with a Cardiologist, physiotherapist, and Bone Mineral Density ((BSD) to the staff members of the college at the venue.

Health Checkup Camp for B.H.U. Kapoor
 Hospital Teaching/ Non Teaching 19/04/22
Staff

S.No	Name	Faculty
1.	Ashutosh Aggarwal	Non-Teaching
2.	Ashok Kumar Yadav	Non-Teaching
3.	Rajesh Kumar Jain	Non-Teaching
4.	Shekhar Sharma	Non-Teaching
5.	Seema Bhatnagar	Non-Teaching
6.	Lado Devi	Non-Teaching
7.	Pardab Sabas	Non-Teaching
8.	Amar Singh	Non-Teaching
9.	Toginder Singh	Non-Teaching
10.	Jatten Singh	Non-Teaching
11.	Maninder Nisad	Non-Teaching
12.	Sunita Devi	Non-Teaching
13.	Anil Kumar	Non-Teaching
14.	Sangeeta	Non-Teaching
15.	Dheerendra Singh	Non-Teaching
16.	Dhwan Lal	Non-Teaching
17.	Nareth Kumar	Non-Teaching
18.	Ramesh Kumar	Non-Teaching
19.	Beermali	Non-Teaching

Health Checkup

Health Camp for B.K.U. Vapur Hospital
Teaching & Non Teaching Staff 19/04/23

S.No	Name	Faculty
20.	Satya Parpath	Non-Teaching
21.	Ashu	Non-Teaching
22.	Rajender Uman	Non-Teaching
23.	Jitender Culla	Non-Teaching
24.	Anurag Rathi	Non-Teaching
25.	Pardeep Sharma	Non-Teaching
26.	Bishan Lal	Non-Teaching
27.	Ashwari Uman	Non-Teaching
28.	Pankaj Uman	Non-Teaching
29.	Harita	Non-Teaching
30.	neeraj	Non-Teaching
31.	Sanjay Panwar	Non-Teaching
32.	Pankaj Nigam	Non-Teaching
33.	Sudesh	Non-Teaching
34.	Pawan	Non-Teaching
35.	Sulokha	Non-Teaching
36.	Akhendra Uman	Non-Teaching
37.	Rajesh Uman	Non-Teaching
38.	Anju Panchal	Non-Teaching
39.	Rajesh Rana	Non-Teaching

Hospital Health Checkup Camp B.L. & Udaipur

19/04/22

S.No.	Name	Faculty
40.	Mitesh Mann	Faculty
41.	Naveen	Non-Teaching
42.	Jamil	Non-Teaching
43.	Qusay	Non-Teaching
44.	Aleelora	Non-Teaching
45.	Breel	Non-Teaching
46.	Manisha Wadwa	Teaching Staff
47.	Indu Nathier	Teaching Staff
48.	Punita Gupta	Teaching Staff
49.	Nidhi Goel	Teaching Staff
50.	Ritu Choudhary	Teaching Staff
51.	Sarita	Teaching Staff
52.	Rajew Vaur	Teaching Staff
53.	Shawna Rajput	Teaching Staff
54.	Anu Jain	Teaching Staff
55.	Heema Gupta	Teaching Staff
56.	Nitu Dabas	Teaching Staff
57.	Manisha	Teaching Staff
58.	Pooja Sharma	Teaching Staff

Health Checkup Camp for BHL Labors
Hospital Teaching Non Teaching Staff

19/04/22

S.N.	Name	Category
59	Neelja Nagpal	Teaching staff
60	Neelu Gupta	Teaching staff
61	Neelu Verma	Teaching staff
62	Neelja Dewal	Teaching staff
63	Sunita Dhanlan	Teaching staff
64	Manjya	Teaching staff
65	Sadhana Jain	Teaching staff
66	Reema Lamba	Teaching staff
67	Upasana Singh	Teaching staff
68	Anju Singh	Teaching staff
69	Upasana Sath	Teaching staff
70	Malvi Mishra	Teaching staff
71	Neelam Rathi	Teaching staff
72	Tripata	Teaching staff
73	Pastor	Teaching staff
74	Vidhi Sharma	Teaching staff
75	Madhu Kometh	Teaching staff

One day medical camp for B.L.U. Gurgaon Hospital		
No	Name	Faculty
76.	Poonam Kapoor	Teaching staff
77.	Kamlesh Rani	Teaching staff
78.	Rashmi Paliwal	Teaching staff
79.	Beena Rani	Teaching staff
80.	Seena Rani	Teaching staff
81.	Parul Goel	Teaching staff
82.	Baldev Gulati	Teaching staff
83.	Lovely	Teaching staff
84.	Shashi Prabha	Teaching staff
85.	manish Vats	Teaching staff
86.	Annie	Teaching staff
87.	Anita Beniwal	Teaching staff
88.	Jagmohan	Teaching staff
89.	Priya Ushremey	Teaching staff
90.	Santosh Grewal	Teaching staff
91.	Juhi	Teaching staff

Minutes of the Meeting

An Online meeting of Medical Committee on 8th Oct 2021 at 3.00pm to discuss the matters concerning the holding of Webinar on Menstrual Hygiene Awareness on October 11, 2021 at 11:00 am

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali

It was decided that will be organized on Google Meet for the students for creating the awareness of menstrual hygiene, associated topics and use of sanitary napkins. . The resource person for the session will be Ms. Ankita Sukhwal (CSR Executive, Unicharm India).

Minutes of Meeting

An Online meeting of the Medical Committee was held on 10th feb 2022 at 2.30 pm to discuss the matters concerning the holding of Webinar on “All About Corona: New Strains & Vaccination” in association with BLK-MAX Super Speciality Hospital Delhi.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali

It was decided that will be organized on Google Meet for the students and Dr. Anil Handoo. Senior Director- Lab Services & Chief- Academic Affairs, Research & Continued Education, BLK-MAX Super Speciality Hospital Delhi will be the resource person.

Minutes of the Meeting

An Online meeting of Medical Committee was held on 5th April 2022 at 4.30pm in the college to discuss the matters concerning the holding of Medical Health Check up Camp for the students

and staff Members of the college on 19th April 2022 at Aditi Mahavidyalaya, Bawana, New Delhi.

The following Members attended the meeting

1. Dr. Bhawna Rajput
2. Dr. Sunita Dhaiya
3. Dr. Mali

It was decided that the camp will be held in the seminar hall and medical room of the college. Nurse of the college will assist the medical team. A team of medical and para-medical staff members of the hospital will provide the medical facilities such as Blood Pressure check-ups, Blood sugar, ECG, Consultation with a Cardiologist, physiotherapist, and Bone Mineral Density ((BSD) to the staff members of the college at the venue.

MEDICAL COMMITTEE & SWACHHA BHARAT COMMITTEE

The college maintains basic health care unit, i.e. MEDICAL COMMITTEE , which provides first aid facilities to the staff and students. The College has a well-equipped medical room which is functional during all working days throughout the year. A full - time nurse has been appointed to provide basic health care services to the staff members and students. Students who face chronic medical problems are asked to submit a record of their health issues to the medical room so that these can be consulted if and when the need arises.

The medical camp is organised once in a year for all the students, teaching and non teaching staff, which is free of cost. Ayurvedic Prophylactic Medicine were also distributed among all the staff members and students.

AYUSH PROPHYLACTIC MEDICINE

The Medical Committee of Aditi Mahavidyalaya in association with Rashtriya Ayurveda Vidyapeeth (RAV) organized a webinar on the Distribution of Ayush Prophylactic Medicine in General Public for Covid-19 under Azadi ka Amrit Mahotsav on **12th July 2022** on Google meet at 3:00 p.m. The webinar started with an introduction remarks by Prof. Bhawna Rajput, Convener, Medical Committee of the college. Prof. Mamta Sharma, Principal welcomed all the distinguished speakers of the webinar and emphasized the need to

utilize the vast potential of Ayurveda during the present Covid-19 situation. Shri Prince Sharma, Chairperson congratulated Prof. Mamta Sharma and appreciated the entire team of the Medical Committee and RAV for this great initiative. Dr. Anu Ruhilla, Technical Assistant Editor, provides a glimpse of the activities, functions and important products of RAV. Dr. Ananya Rohtagi, Consultant, RAV elaborated on the relevance of Ayurvedic medicine as a means to attack the root causes and detoxifying, cleansing, strengthening body tissues (dhatus) and balancing bodily doshas, to ensure holistic health care. She highlighted the importance of Samsamani Vati in strengthening the body's immune system and its role to enhance the body's ability to fight against various bacterial and viral infections. Dr. Vishakha Bahri, Domain expert, RAV cleared all the queries of the participants. Around 100 students, teaching and non-teaching members participated in the webinar. The college has taken an initiative for the distribution of Samsamani Vati to the staff as well as the students. The webinar ended with the National Anthem. The session was very enriching and enlightening.

Awareness Campaign for Ayush Prophylactic Medicine in General
Public for Covid-19 under Azadi ka Amrit Mahotsav



SWACHHATA PAKHWADA

"Let's be us on the nature's side and let us make Swachh Bharat Abhiyan our pride"

As per the instructions of the Ministry of Human Resource Development, Government of India, and the Department of Education, Aditi Mahavidyalya, under the National Campaign, SWACHHATA PAKHWADA, 2022 organized the **cleanliness drive** on **1st of August,2022** in the college premises. The principal, Prof. Mamta Sharma, convener of medical committee, Prof. Bhawna rajput, NCC incharge, Dr. Rashmi Gupta, NSS incharge, Dr. Mali Devi Sawariya, other faculty members and around 50 students contributed towards cleanliness of the college. The programme begun when all the faculty members and the students along with non-teaching staff took an oath to keep the premises as well as the surroundings of the department neat and clean. Besides this, the leaked taps of the department were spotted and rectified so to achieve water conservation and eco - friendly environment. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits. At the end students were given refreshments. It was a unique experience for all the students. All were curious to be part of this great drive that could have transformed the face of our country forever.

Similarly, a **Plantation Drive** was also organized in this spirit on **8th August,2022** under the supervision of Prof. Bhawna Rajput, teacher-in-charge of commerce department. All the faculty members, students as well as the non-teaching staff joined hands to enhance the greenery of the campus. Saplings were sown inside as well as outside the department lawns. The students also took pledge to look after their plants and water them regularly. Overall, it was an excellent and glorious event for all. We all felt inner peace by doing something good for our environment.

National Campaign, SWACHHATA PAKHWADA, 2022

ADITI MAHAVIDYALAYA
UNIVERSITY OF DELHI

**Azadi Ka Amrit Mahotsav
Har Ghar Tiranga**

Swachhta Pakhwada

1st August-15th August

Medical Committee and Swachh Bharat Committee
in association with NSS and NCC wing of college
organizes

Cleanliness Drive

Let us be on nature's side
Let us make Swachh Bharat Abhiyan our Pride.
Kindly join us on

1st August 2022 at 10 a.m.

- Refreshments will be given to all.
- E-Certificate will be given to all the participants.

Clean India
स्वच्छता अभियान

Prof. Khawwa Rajput (Convener), Dr. Mali Devi Sawasthi (Program Officer, National Service Scheme), Dr. Rashmi Gupta (Coordinator, National Cadet Corps), Prof. Manoj Sharma (Principal)



TRAINING-CUM-WORKSHOP ON "ACUPRESSURE"

The Medical Committee and Swachh Bharat Committee of the college jointly organised a training-cum-workshop on "Acupressure" by renowned speakers, Dr. Ranbir Singh, MD Acupressure, Mr. Kirpal Singh & Mr. Shyamveer Singh, Acupressure Expert on **20th September 2022**. All the students from various departments were a part of this elucidative program. There were more than 100 participants who attended this offline session.

Then the event started with the felicitation of resource speakers by the principal, Prof. Mamta Sharma via presenting sapling. Then, Prof. Bhawna Rajput, convenor of Medical Committee felicitated the principal. Afterwards, Prof. Bhawna Rajput, gave the opening remark of the session. She discussed about the benefits of acupressure and how it cures the diseases without any harmful side effects. Afterwards, the principal of the college, Prof. Mamta Sharma motivate and enrich students with her energizing words. She encouraged students to not only have a healthy body but also to have a healthy mind to achieve greater heights.

Dr. Ranbir Singh started his session on Acupressure. He emphasized on some of the benefits and uses of Acupressure. Afterwards, the session was then followed up by Mr. Kirpal Singh and Mr. Shyamveer Singh. They explained acupressure as an alternative medicine technique like acupuncture and in treatment, physical pressure is applied to acupuncture points with the aim of

clearing blockages in certain meridians by releasing tension, increasing circulation and reducing pain. Pressure may be applied by hand, by elbow, or with various devices. It was an interactive and informative session. All the students were very attentive and eagerly listened to the session and also put up their queries. The informative seminar culminated with a vote of thanks proposed by Ms. Snehal Jain, student coordinator.

TRAINING-CUM-WORKSHOP ON "ACUPRESSURE"




ADITI MAHAVIDYALAYA
 (UNIVERSITY OF DELHI)
Medical Committee & Swachh Bharat Committee
 organizes
Training cum Workshop on Acupressure
&
Awareness Session on Menstrual Hygiene
 For Staff Members & Students
 on
Tuesday, 20th September 2022
 from 10:30a.m. onwards
 Venue: College Reading Hall

 Dr. Rashmi Singh (B.A.T., M.D. Acupressure) (Bharatpur, Rajasthan)	 Mr. Kirpal Singh (B.A.T., Acupressure Expert) (Bharatpur, Rajasthan)	 Mr. Bhuvanesh Singh (B.A.T., Acupressure Expert) (Bharatpur, Rajasthan)
 Ms. Ankita Kulkarni CSR Executive Lucknow, India	 Prof. Khushi Rajput (Member) (Delhi Branch Committee)	 Prof. Manish Sharma (Principal)

E-Certificates will be given to only those who fill the feedback form.

Dr. Rashmi Singh, Dr. Jyoti Bhatnagar (Teacher Coordinator)	Ms. Vasudha Goyal (President)	Ms. Snehal Jain, Ms. Nikhita Singh (Student Coordinator)
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AWARENESS SESSION ON

MENSTRUAL HYGIENE

The Medical Committee and Swachh Bharat Committee of the college jointly organised an awareness session on Menstrual Hygiene by renowned speaker, Ms. Ankita Sukhwad, CSR Executive on **20th September 2022**. All the students from various departments were a part of this elucidative program. There were more than 100 participants who attended this offline session.

Ms. Ankita Sukhwad started the Awareness session on Menstrual Hygiene. She reflected her profound knowledge on the topic and highlighted how important it is to understand the psychology of every girl during her period days. Menstrual hygiene is fundamental to the dignity and wellbeing of women and girls and an important part of basic hygiene, sanitation and reproductive health services for which every woman and girl has a right. However, menstruation is too often seen as a taboo, with many negative cultural attitudes associated with it, including the idea that menstruating women and girls are ‘contaminated’, ‘dirty’ and ‘impure’. All the students were very attentive and eagerly listened to the session and also put up their queries. At the end, all the the participants received free samples of sanitary napkins by Ms. Ankita Sukhwad. The informative seminar culminated with a vote of thanks proposed by Ms. Snehal Jain, student coordinator.

MEDICAL CAMP

The Medical Committee & Swachh Bharat Committee in association with Max Super Speciality Hospital had jointly organized a Medical Camp on **11th October 2022**. Both the programmes were conducted under the guidance of Prof. Bhawna Rajput, teacher in charge of Commerce Department and Convenor of Medical Committee.

The camp started at 10:30 a.m. in the medical and conference room. It was specially conducted for the teaching and non teaching staff members. There was a team of 25, including doctors and staff members who carried out free blood sugar tests, liver functioning tests, Spirometry test, blood pressure check up, kidney stone check up, BMD, ECG and many more for around 80 staff members of the college. The program ended with an overall report by the doctors about the health of the teachers and a formal vote of thanks to all the doctors and nurses for their time and consideration for our college.

For the consultation, following doctors came to the college:

General physician, Dr. Kunal Aneja (Orthopaedics), Dr. Suneet kaur (Obs & gynae), Dr. Khushboo Puri (Pulmonology), & Dr. Priyanka Sharma (Dietician).

The Medical Committee & Swachh Bharat Committee in association with Max Super Speciality Hospital organized a Medical Camp on 11th October 2022.



ADITI MAHAVIDYALAYA
(University Of Delhi)
Medical Committee & Swachh Bharat Committee
In association with
Max Super Speciality Hospital
organizes
Free Health Check up Camp
For Teaching & Non-Teaching Staff Members
on
Tuesday, 11th October 2022
from 10:00a.m. to 1:00p.m.
Venue: College Medical Room and Seminar Room

Consultation With

- General Physician
- Dr. Himat Arora- Orthopaedics
- Dr. Anand Kumar (Otho & Geriatrics)
- Dr. Ekusob Purj (Pulmonology)
- Dr. Priyanka Sharma (Dietitian)

Investigations

- Blood Pressure
- Random Blood Sugar
- ECG
- ECG on Doctor's Advice
- PPI

- Reports will be given only after submission of feedback form.
- Covid-19 protocols must be followed.
- For registration related queries, contact Ms. Kusum (Staff Nurse).

Prof. Khavva Rajput (Convener) Dr. Sachin Dahiya (Co-Convener) Ms. Varshika (President) Ms. Neetal Jain (President) Ms. Khushi Pathi (President) Prof. Manoj Sharma (Principal)



AWARENESS TALK ON “BREAST CANCER”

The Medical Committee & Swachh Bharat Committee had organized a seminar on Awareness talk on Breast Cancer on **11th October 2022** under the guidance of Prof. Bhawna Rajput, teacher in charge of Commerce Department and Convenor of Medical Committee.

The student's awareness session was organized at 11 a.m. in the reading hall. The session was headed up by a renowned speaker, Dr. Alka Dhaiya, Associate Consultant (Gynae-Oncology). All the students from various departments were a part of this elucidate program. There were 100 participants including faculty members and students who attended the session. At first the welcome speech was given by Ms. Snehal Jain (President of Kaizen). Afterwards, the speaker carried forward the session with her profound knowledge on the topic. She not only taught students about self breast examination but also the myths & facts about it. All the students were very attentive and eagerly listened to the session and also put up their queries. The informative webinar culminated with a vote of thanks.

AWARENESS TALK ON "BREAST CANCER"



ADITI MAHAVIDYALAYA
(UNIVERSITY OF DELHI)

Medical Committee & Swachh Bharat Committee
in association with
Max Super Speciality Hospital
organizes

Awareness Talk
on
Breast Cancer and it's Prevention

Tuesday, 11th October 2022
from 11:30 am onwards
Venue: College Reading Hall

SPEAKER
Dr. Alka Dahiya
Associate Consultant
Gynae- Oncology



Prof. Bhawna Rajput (Convener) Dr. Sumita Dahiya (Committee Members)
Ms. Vanshika Goyal (President) Ms. Snehal Jain (Student Coordinator)
Prof. Manita Sharma (Principal)

