



# ADITI MAHAVIDYALAYA (UNIVERSITY OF DELHI)



## Criterion 5: -Student Support and Progression

### Key Indicator- 5.1 Student Support

**Metric No. 5.1.2 - Capacity building and skills enhancement initiatives taken by the institution include the following**

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene)
4. ICT/computing skills

### Submitted to

**National Assessment and Accreditation Council (NAAC)**

**(2017-22)**



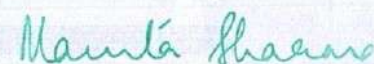
5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following

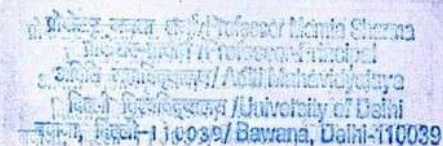
1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
	2017-2018		
<b>1. Soft Skills</b>			
Mock personal interview	31-10-2017	68	Department of Commerce & Placement Committee, Aditi Mahavidyalaya
Special lecture on Introduction to stock market	8/22/2017	50	Department of Commerce, Aditi Mahavidyalaya
Workshop on How to crack a Group Discussion	2017-18	69	Mr. G.N. Mishra
<b>2. Language and Communication Skills</b>			
Career counselling session to crack Bank exam & Special lecture on Opportunities in Banking Sector	22-2-2018	42	Ms. Manisha (Manager, SBI)
Special lecture on How to become a good public speaker	2/21/2018	48	Department of Commerce, Aditi Mahavidyalaya
Workshop on Practical application of GST and Budget	2/21/2018	50	Department of Commerce, Aditi Mahavidyalaya
<b>3. Life skills (Yoga, physical fitness, health and hygiene)</b>			
Seminar on health and hygiene awareness	9/26/2017	72	Dr. Sunil Thakur and Dr. Shweta Gupta
Everyday training and practice of Yoga everyday	2017-18	10	Department of Physical Education, Aditi Mahavidyalaya
Workshop on Yoga and Natural Therapies; Holistic Approach for Health & Well Being	2/23/2018	72	Medical committee, Aditi Mahavidyalaya
<b>4. ICT/computing skills</b>			
Workshop on Tally ERP 9	9/19/2017	85	Dr. Hem Chand Jain, Vice Principal of DDU College, Delhi University & Chairman, Indian
Workshop on When Skills Speak	4/3/2018	47	Lily Foundation - Mr. Paresh Kumar & Mr. Ayush Patel
	2018-2019		
<b>1. Soft Skills</b>			
Workshop on Young Adulthood: handling relationships in society	9/8/2018	54	Dr. Vichitra Dargan Anand
Special Lecture on Application of Algebra in Defence	10/4/2018	14	Mr. Harshdeep Singh, Scientist DRDO
Enhancement of learning through PE Cards	6/2/2019	49	Dr. Mukesh Kohli, CEO, PEC India
<b>2. Language and Communication Skills</b>			
Special Lecture on Career in Finance	1/29/2019	57	Mr. Anil Chopra
Handshake with Life	9/3/2019	31	Mr. Ambuj Jain, Director, Innovative Brainz-The Finishing School
Seminar cum workshop on Electoral Literacy	4/5/2019	33	Department of political science, Aditi Mahavidyalaya

  
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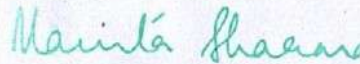
  
 Manita Sharma  
 Head, Department of Physical Education  
 Aditi Mahavidyalaya  
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Workshop on Psychological Testing and Counselling camp for mental health	20/02/2019	43	Dr. Daya Pant and Dr. Puja Dawer Rao
Workshop on personality career and alternate career opportunities	20/8/2018	200	Placement Cell, Aditi Mahavidyalaya
<b>3. Life skills (Yoga, physical fitness, health and hygiene)</b>			
Everyday training and practice of Yoga everyday	2018-19	10	Department of Physical Education, Aditi Mahavidyalaya
Celebrated National Nutrition Month - Food and Health Lifestyle	9/28/2018	120	Department of Home Science, Aditi Mahavidyalaya
Technical lecture on 'health and hygiene awareness	10/3/2018	50	Dr. Thakur
First Aid Training Programme	6/2/2019	56	Medical Committee, Aditi Mahavidyalaya
One day medical check-up and health awareness camp	10/9/2018	71	Medical Committee, Aditi Mahavidyalaya
Inter- Disciplinary lecture cum training series on gender, legal and health issues in women's lives	23-10-2018, 24-10-2018, 25-10-2018 and 02-11-2018	42	Cultural Committee, Aditi Mahavidyalaya
Fitness and Sports Nutrition	3/8/2019	60	Department of Physical Education, Aditi
<b>4. ICT/computing skills</b>			
Workshop on Tally – ERP9 under emerging trends in IT sector	8/24/2018	76	Department of Commerce, Aditi Mahavidyalaya
Workshop on Advance Excel under emerging trends in IT sector	25/08/18	76	Department of Commerce, Aditi Mahavidyalaya
Two day workshop on Q-GIS software version 3.2	2-11-2018 and 3-11-2018	30	Dr. Pankaj Kumar
One day workshop on GIS and future prospects	4/12/2019	30	Mr. Devendra Pratap Singhand Mr. Ravinder Nath tiwari
	<b>2019-2020</b>		
<b>1. Soft Skills</b>			
Discover an entrepreneur in you by Mr. Ravinder Bhatia	19/9/2019	83	Placement Cell, Aditi Mahavidyalaya
Skill Development Programmes on Financial Literacy	24/9/2020	83	Placement Cell, Aditi Mahavidyalaya
<b>2. Language and Communication Skills</b>			
Workshop on peer counselling at Lodhi garden, New Delhi	8/28/2019	120	Department of Social Work, Aditi Mahavidyalaya
Organized an interactive session on "Handling Interviews"	9/4/2019	118	Dr. Tasneem Shahnaaz
Interactive sessions on Out of Office: Too stressed to work	9/17/2019	91	Dr. Vandana Gambhir Chopra
Enhancing Communication skills	9/17/2019	91	Dr. Archana Kaushik
Social lecture on Career after Graduation	11/5/2019	55	Mr. Nihar
Opening Horizons to The Third Gender	24/9/2019	42	Anjan Joshi from NGO-SPACE
Career counselling session	2/6/2020	32	Dr. Deepali Mathur and Dr. Gian Mehra
International Webinar on Changing Times with Coronavirus: Social Workers Adapting to the Changing Scenario	4/27/2020	75	Dr. R. Nalini, Dr. Neena Pandey, Dr. Manju Panwar, Dr. Rashmi Jain, Ms. Kakoli Mann, Dr. Sasmitha Patel, Dr. Tushiti Bhardwaj, Dr. Mali Devi,
Webinar on Career Pathways in Psychology Resource Person: Dr. Priya Bir, Dr. Aakanksha Bhatia	4/21/2020	54	Dr. Priya Bir, Dr. Aakanksha Bhatia
Suicide Prevention Awareness Workshop	7/6/2020	69	Ms Ketki from Sisters Living Works
<b>3. Life skills (Yoga, physical fitness, health and hygiene)</b>			
Students celebrated Hand Washing Day and took Swachhata Pledge	10/14/2019	35	HDFE & NSS, Aditi Mahavidyalaya

  
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श्री देव प्रताप सिंह / Professor Menta Sharma  
 प्रोफेसर / Professor / Principal  
 आदि महविद्यालय / Aditi Mahavidyalaya  
 बहना विज्ञान संस्थान / University of Delhi  
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Training & Certification Workshop: FSS under FSSAI	1/23/2020	23	Department of Home Science (Food Technology & Nutrition and Health Education), Aditi Mahavidyalaya
Students were trained and certified as Food Safety Supervisor (FSS) in Basic Manufacturing	1/24/2020	23	Department of Home Science (Food Technology & Nutrition and Health Education), Aditi Mahavidyalaya
UGC Sponsored National Seminar on Yoga and its Potential to Heal the Planet	28/01/2020 & 29/01/2020	194	Department of Physical education
Five days online workshop on Yoga for self-realization and Aerobics	11/05/2020 to 15/05/2020	173	Yogacharya - Dr. Naveen Shastri, Gen. Sec. Yog sport association, India, and - Dr. Rashmi Gupta, Asst. Professor, Dept. Of Physical Education, Aditi Mahavidyalaya
Power of Nada Yoga	6/21/2020	46	Dr. Navdeep Joshi Founder, Navyog Gram, SFC Member, CCRYN, Ayush, Ministry of Ayush-International Naad Yoga Guru
Nutrition for College Students	6/21/2020	46	Ms. Kirti Chugh Expert in creating nutritional Diet Specialised in pre post pregnancy yoga
<b>4. ICT/computing skills</b>			
Workshop on When Skills Speak	3/2/2020	21	Mr. Ayush Patel (Assistant Manager- MLE) and Mr. Altamash Fatah (Executive- MLE) from The
One-day workshop on GIS and Roundtable discussion on GIS Resource Person: Ms.Bratati Dey	30/1/ 2020	30	Ms.Bratati Dey
<b>2020-2021</b>			
<b>1. Soft Skills</b>			
Certificate course on Content and Language Integrated Learning (CLIL) imparted in partnership with RELO (Regional English Language Office) of the US Embassy, New Delhi	1/2/2021 to 9/4/2021	100+ students completed	Department of Education, Aditi Mahavidyalaya
Webinar on Stock Market	9/Oct/2020	120	Mr. Anil Bhaduria
Workshop on How to do well in group Discussion	13/Apr/2021	80	Ms. Tarannum Naseem Raza, faculty from TIME Education
Special virtual talk session in collaboration with Art of Living on the topic-MIND TALK	7/12/2020	41	Mr. Neeraj Gera
<b>2. Language and Communication Skills</b>			
Webinar on Counselling skills in social work practice	9/25/2020	59	Ms. Amrita Deswal
Webinar on Counselling in Child Rights issues and concerns	9/25/2020	62	Ms. Rita Singh
Webinar on Social entrepreneurship in the development spectrum	10/9/2020	69	Dr. Rakesh Sasidharan

  
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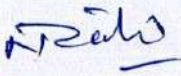
*Mamta Sharma*

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Disability and Social Inclusion in the Society	23/10/2020	61	Dr. Fatemeh Amiri, Founder Director, Ardestani Academy for Students with Disabilities; Prof. Ghulam Rabbani Butt, Former president of Asian blind Union and Professor of political science in a PG college, Rawal Pindi, Pakistan; Mr. Dipendra Manocha, Founder Trustee, Saksham, Voluntary Organisation; Dr. Jagdish Chander, Associate Professor, Hindu college, University of Delhi; Ms. Pratichya Chapagain, Assistant professor, Tribhuvan University, Kathmandu, Nepal and Prof. Ramala Singh, Head, Department of social work, Department of Social Work, Aditi Mahavidyalaya
Career Development Week on Various topics	23-29/4/2021	116	
<b>3. Life skills (Yoga, physical fitness, health and hygiene)</b>			
Webinar on Understanding the concept of menstrual hygiene and sexual abuse	9/18/2020	62	Ms. Muskaan Kohli
Webinar on Roles and skills of social worker in health setting	9/18/2020	62	Dr. Eshita Sharma
Two days Interactive Webinar on Psychology in Action	25/03/21 & 26/03/2021	94	Prof. N.K. Chadha, Dr. Renu Kishore, Dr. Nimisha Kumar, Dr. Vandana Gambhir and Dr. Urvashi
Series of lecture on Work Psychology	29/03/21 & 30/03/2021	94	Dr. Vandana Gambhir & Dr. Nupur Gosain
Online yoga sessions on regular basis	7/21/2020	30	Dr. Parveen Saroha
<b>4. ICT/computing skills</b>			
Webinar on Microsoft Word	9/4/2020	67	Mr. Ayush Patel
Webinar on Microsoft Excel	9/11/2020	69	Mr. Ayush Patel
Webinar on How to create power point presentation	10/9/2020	58	Dr. Aneesh T.V.
Webinar on GPS and it's applications	29/Jun/2021	71	Dr Bratati Dey, Swastik Edustart, Institute of GIS and Remote Sensing, New Delhi
Webinar on GIS Application and Career opportunities	22/Jul/2021	71	Mr. Ravindra Nath Tiwari, NIGMT Foundation (Netra Institution of Geo-informatics Management and Technology Foundation), Institute of GIS, New Delhi
	<b>2021-22</b>		
<b>1. Soft Skills</b>			
Creative writing	24-Jul-21	83	UDAAN
Research and Academic writing	24-Jul-21	78	UDAAN
Digital Literacy Program certificate Course- Certificate course in customer relationship management BPO	7/10/2021	13	CLBPO
Digital Literacy Program certificate Course- Certificate course in showroom operations: retail Trainee Associate-	7/10/2021	10	CLRIM

  
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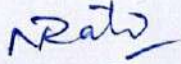
*Mamta Sharma*


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Digital Literacy Program certificate Course- Certificate course in data entry skill	2021 (December)	24	CLDE-For neweb students
Digital Marketing	2021 (December)	99	NSS & NavJyoti Foundation
Webinar on Stock Market	24/Aug/2021	88	Mr. Anil Bhadauria, Senior Regional Head - T.I.M.E.
<b>2. Language and Communication Skills</b>			
Training session on How to do well in Group Discussion	19/Oct/2021	146	Mr. Amit Podda, T.I.M.E EDUCATION (PH NO-9899847488)
Webinar on Career as Company Secretary	16/Sep/2021	116	Mr. Himanshu Sharma, Executive Officer at Institute of Company Secretary of India
Webinar on Impact of Covid on Aviation Industry, Current Scenario and Career Opportunities in the sector	13/Oct/2021	86	Ms. Sonali Joshi, HR Operations at WoodPLC
Five days training summer camp on Road Safety	13-17-Jun-2022	100	Delhi Traffic Police and Hero Motocorp
Webinar on Personal Interview for Higher Studies and Recruitment	31/Dec/2021	146	Mr. Neel Panicker, T.I.M.E EDUCATION (PH NO- 9899847488)
LEAD-4 months e-certificate course in association with Vishwa Yuvak Kendra	1/15/2022 to 7/5/2020	53	Vishwa Yuvak Kendra
Webinar on Time Management- New Situation New Challenges	19/Jan/2022	146	Ms Tarannum Raza, T.I.M.E EDUCATION (PH NO- 9899847488)
JOB FAIR 2022	28/Mar/2022	20	Mr. Sunil Dua, NIIT FOUNDATION (9560036080)
Webinar on Trading in Real World	21/Jan/2022	160	Mr. Sri Harsha, Founder and Managing Director at Shine Projects
Webinar on How to crack case study-problem solving and decision making	14/Mar/2022	46	Mr. Anil Bhadauria, Senior Regional Head - T.I.M.E.
Webinar on Career Opportunities after Graduation	15/Mar/2022	49	Prof. Anil Kumar, Shri Ram College of Commerce, University of Delhi
Webinar on Advertising in the Digital Era-Trends during Covid	16/Mar/2022	77	Dr. Ruchi Gupta, Assitant Professor, Shahid Bhagat Singh College, University of Delhi

  
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Man-made disasters and women as responders since Independence	22/2/2022 to 25/2/2022	60	Prof. Anil K Gupta Head ECDRM; Prof S.C Rai, Head, Department of Geography, Delhi School of Economics, University of Delhi and Prof. Ravi Parkash Tekchandani, Dean, Promotions and Recruitment, University of Delhi; Prof. S. Mohapatra, Department of Geography, IGNOU, Prof. Mamata Swain, Department of Economics, Ravenshaw University and Prof Janki Andheria, Dean, Tata School of Disaster Studies, Jemsetji, Tata Institute of Social Sciences; Mr. Bibhuti Bhushan Gadnayak, Senior Technical Advisor, UNDP, Dr.Kopal Verma Saini, Junior Consultant in ECDRM, NIDM, Dr. Sweta Baidya Das, Consultant in ECDRM, NIDM and Dr. Rajendra K. Pandey, Professor in the Department of Political Science, Ch. Charan Singh University; Dr. Sreeja M.U., Hazard Analyst, Kerela State Disaster Management Authority, Prof. Rahul Sharma, Department of Community Medicine, University College of Medical Sciences, UCMS & amp; GTB Hospital, Delhi Mr. Harshit Sharma and Ms. Fatima Binte Amin, Young Professional ECDRM Division, NIDM, MHA, GOINational Institute of Disaster Management
Webinar on Role of MSME in Sustainable Economic Development since Independence	3/Sep/2021	200	Mrs. Nitisha Mann, IES, Deputy Director of MSME, Cuttack
An event on Stand up against Street Harassment	13/Aug/2021	94	Ms. Bisma Javed lead trainer for Breakthrough India
One-day Webinar on Emotional Intelligence - A Key to Success	28/Dec/2021	94	Prof. N.K. Chadha
One-day webinar on Stand up Against Street Harassment	15/Jan/2022	94	Ms. Bisma Javed
One-day webinar on Body language and deception Detection	31/Jan/2022	94	Mr. Gaurav Gill
Webinar on Thalassaemia Awareness Program	10/Sep/2021	31	Dr. Tejinder Singh
Online career guidance session	29/Mar/2022	35	Ms. Tanya Jain and Ms. Pooja Ghugtyal, TISS
Online career guidance session	5/Apr/2022	32	Dr. Deepali Mathur, Assistant Professor, BPS Mahila Vishawvidyalaya, Khanpur, Haryana
Add-on-course in Legal Awareness	3/Mar/2022	50	DISTRICT LEGAL SERVICES AUTHORITY NORTH
<b>3. Life skills (Yoga, physical fitness, health and hygiene)</b>			
Online workshop on Yoga and Alternate Therapies in Pandemic Situation	14-18-Feb-2022	60	Dr. Bipin Accupressure Therapist, Ms. Anupama Director, Minaacs, Ms. Varsha Yoga Therapist, Ms. Damini, C.E.O. Delhi Yog Studio

  
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 निदेशिका / Vice-Chancellor  
 अदिति महाविद्यालय / Aditi Mahavidyala  
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Two-day workshop on the occasions of International Yoga Day	14-15-Jun-2022	120	Dr. Naveen Chandra Kandpal was the yoga expert along with Ms. Dajee Patel as yoga instructor, Ms. Varsha Gautam, a yoga and naturopathy therapist along with Ms. Priyanshu as yoga instructor
Celebrated International Yoga Day	21/Jun/2022	184	Acharya Ramgopal Dixit a renowned Yoga guru and meditation expert, advanced neurotherapy specialist and Health Consultant at Rastrapati Bhawan(ex.)
21 days Surya Namaskar workshop as a part of 75th anniversary of independence	17-Jan-2022 to 06-Feb-2022	100	Ms. Priyanshu Soni (National Level Yoga Player)
Webinar on the topic Menstrual Hygiene Awareness	11/Oct/2021	75	Ms. Ankita Sukhwai (CSR Executive, Unicharm India).
Webinar on All About Corona: New Strains & Vaccination	12/Feb/2022	76	Dr. Anil Handoo, Senior Director- Lab Services & Chief- Academic Affairs, Research & Continued Education, BLK-MAX Super Speciality Hospital Delhi
<b>4. ICT/computing skills</b>			
Two days workshop on Tally Prime	21-22-Dec, 2021	127	Mr. Salik Khan, NIIT Foundation
30 hours workshop on Geoinformatics Technology	20-28-Sep-2021	70	Netra Institute of Geoinformatics Management & Technologies Foundation, New Delhi
Cyber security essentials	10-3-2022	90	Dr. Rajeev Kaur

  
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