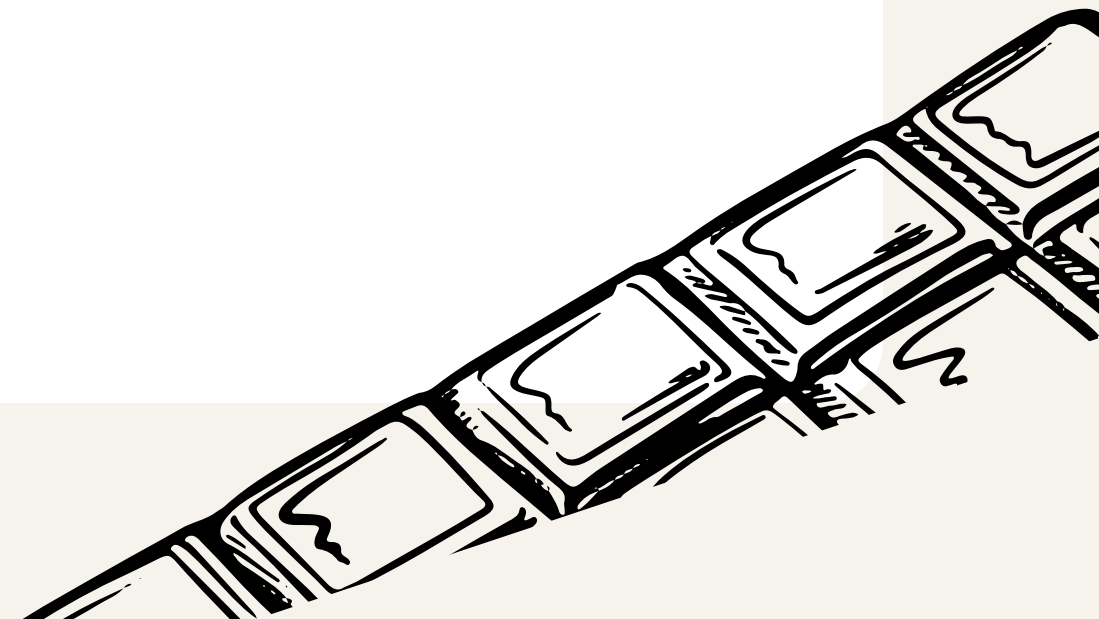


# WELCOME TO Chhaya\_handmade\_chocolates



# INTRODUCTION

My name is Harshita Chauhan

As I mentioned in 1st slide "Chhaya\_handmade\_chocolates " is my mother's name, these days she is giving company to God.

I used her name to start my small business to feel her presence around me all the time.

Today whatever I'm is just because of her Motivation and Courage. She always motivated me to do something extra in my life to create my own individual identity.

Keeping this in mind I moved ahead to convert my hobby into my small business and thought to share all my learnings with all of you.



# ABOUT ME

I started my baking journey when I was 16 years old. I was inspired by my mom as she was very talented and multi tasking. She was a pilot, a doctor, a teacher and an excellent mother. All the praise in the world is less for what she was. The way my mother was multi tasking in the same way she wanted her daughter to be i.e a multi-tasker. She didn't wanted her daughter to be depended on anyone. Earlier she use to put me in different co curriculum activities to see what I am interested in and I use to be angry at my mother for putting me in different courses. But now I realize why she did that and now I feel very that she did that. It is because of that only that I am here today running my own small business. I started making chocolates as my hobby but after I lost my mother making chocolates became my passion. My mother was my biggest inspiration. After I lost my mother there is my "mausi" with whom I share all my talks. I told her about my hobbies but I was more interested in making chocolates.

After knowing this she started supporting me in baking. She always encouraged me by saying “ tu kar sakti hai ” (you can do it). After this from hobby it turned into a passion and I started selling it. Earlier nobody supported me they use to say “ye sab faltu hai padhai kro aur kuch acha bno” (all this are of no use, start studying and become something). I have interest in this and I want to make my mom proud by doing this. Lots of ups and downs were there but then a good time also came and now everyone supports me. My chacha (uncle) and chachi (auntie) also supports me in baking chocolates. The more I say THANK YOU to everyone the less it is.

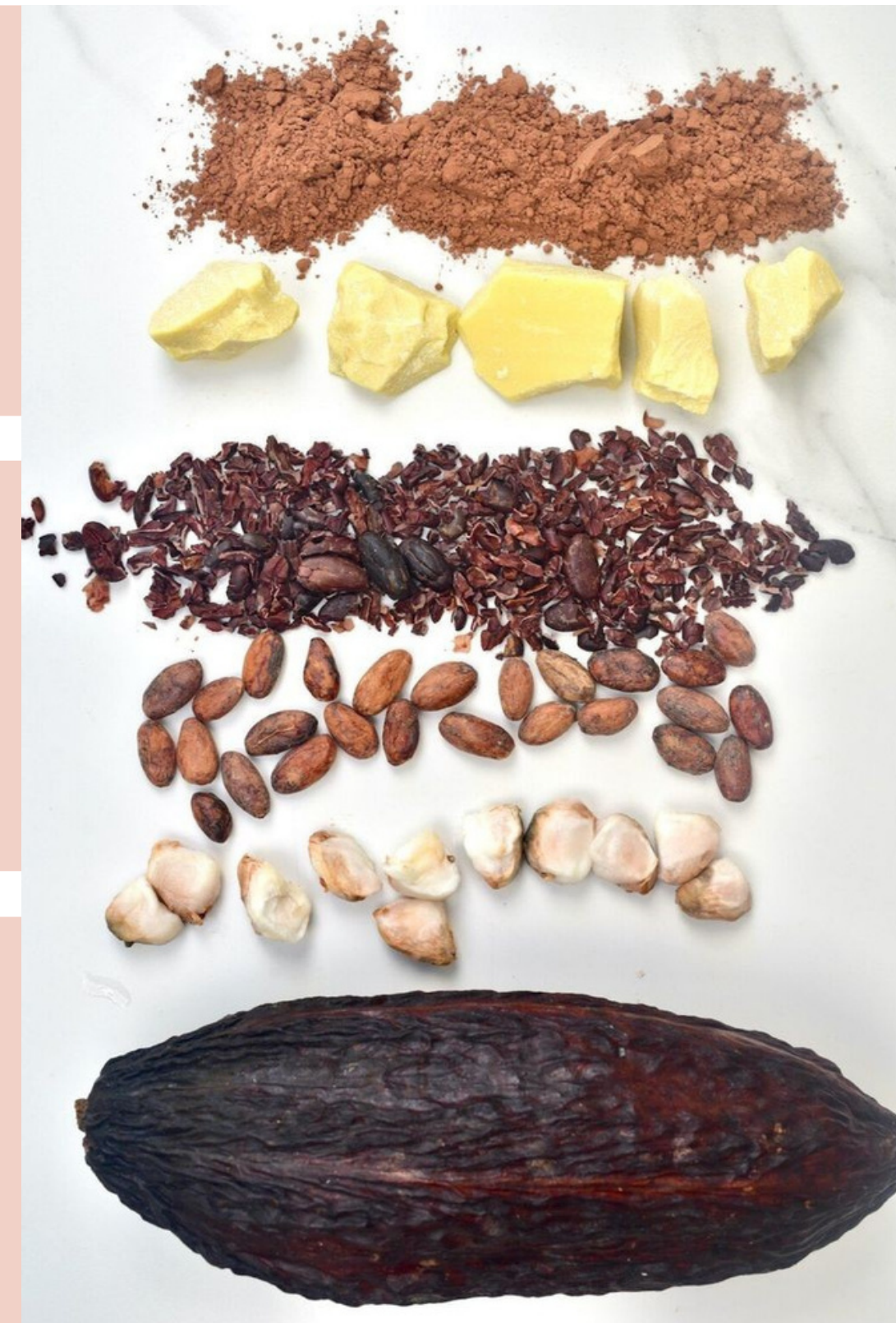
#thiswasmystory



# What is chocolate?

Chocolate is nothing other than it is a plant.

- Cocoa Tree
- Cocoa Seed
- Cocoa Powder
- Cocoa Butter
- Chocolate



# Types of chocolates



- Dark
- Milk
- White

# Surprising health benefits of dark chocolate



- Heart Healthy
- Lowers Blood Pressure
- Improves Memory
- Boosts Brain Function
- Reduce period cramps
- Reduce Stress
- Lower Cholesterol Level
- Makes You Happy





# Thank You!



Chhaya\_handmade\_chocolates



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