## **Activity Report for FY 2022-23**

Aditi Mahavidyalaya, University of Delhi in collaboration with TISS has been implementing Saksham Pravaah

project in the Northern region of India. Aditi Mahavidyalaya is coordinating with the states and union territories of Northern India (Delhi, Himachal Pradesh, Uttarakhand, Jammu and Kashmir, Ladakh, Uttar Pradesh, Haryana, Chandigarh, Punjab). To achieve Pravaah's mission Aditi Mahavidyalaya has been working towards making a pool of master trainers oriented on Counselling Soft Skills to assist the TB patients for seeking treatment. As part of the project, Aditi Mahavidyalaya has conducted the first National Master Training Program in India on Counselling Soft Skills from 23rd August 2022 to 27th August 2022 at the University Guest House, University of Delhi. The program was attended by 23 NTEP staff from Delhi and Non-NTEP participants which consisted of Professors from Delhi University, Jammu University, Doon University, Uttarakhand.





The Second National Training of Trainer's Program was organised by Aditi Mahavidyalaya, University of Delhi from 26<sup>th</sup> September 2022 to 30<sup>th</sup> September 2022 at Chandigarh. The program was attended by 29 NTEP staff from States of Jammu and Kashmir, Haryana, Chandigarh and Punjab. Dr. Sushma Arora (Deputy Director) STDC Haryana was the Chief Guest of the Program. Dr. Rajesh Raju (STO) Haryana, Dr. Pooja Gupta (WHO) Consultant from Punjab, Dr. Rajesh Kumar (STO) Chandigarh, also graced the program with their benign presence.

The Third National Training of Trainers Program was organised from 15<sup>th</sup> November 2022 to 19<sup>th</sup> November 2022 at Agra, Uttar Pradesh. The program was attended by 28 NTEP staff from UP. Dr. S.K.Lavanya SDTC Director) U.P. and Dr. Anurag Srivastava—Training In Charge, STDC Agra graced the program and addressed the participants on the importance of counselling in the health sector specially with TB patients and how counselling can help in better adherence.





Aditi Mahavidyalaya organised the Fourth National Training of Trainer's Program from 29<sup>th</sup> November 2022 to 3<sup>rd</sup> December 2022 in New Delhi for the States of Himachal Pradesh and Uttarakhand staff (26 NTEP Staff )Prof. (Dr.) Mamta Sharma was the Chief Guest of the training program. Prof Sharma addressed the participants on how this project is being implemented and the importance of the role of Aditi Mahavidyalaya for successfully achieving the mission to end TB by 2025.

Aditi Mahavidyalaya, University of Delhi further started planning and organising the Cascade Training program with concerned State Training and Demonstration Centre (STDC) of Northern states of India to train the NTEP TB frontline workers Senior Treatment Supervisors(STS )and TB Health Visitor(TBHV ). Aditi Mahavidyalaya conducted its first cascade training with Delhi STDC from 10<sup>th</sup> January 2023 to 3<sup>rd</sup> March 2023. During this period, Aditi Mahavidyalaya trained around 21 STS and 157 TBHV Staff from Delhi.





Aditi Mahavidyalaya, University of Delhi initiated the cascade training program in the state of Uttar Pradesh in collaboration with STDC from 13<sup>th</sup> Feb 2023 to 17<sup>th</sup> Feb 2023 and from 6<sup>th</sup> June2023 to 9<sup>th</sup> June 2023 at STDC,Agra.

On 17<sup>th</sup> March 2023, Aditi Mahavidyalaya, University of Delhi organised a TB Free Campus initiative for the G-20 Presidency Summit at the University Conference Centre, North Campus. The Guest of Honour for the initiative was Dr. K.K. Chopra, Director, State TB Demonstration Centre and gave knowledge through his valuable lecture on Tuberculosis.





Aditi Mahavidyalaya celebrated World TB day on 21<sup>st</sup> March 2023 in collaboration with Narela Chest Clinic in the college campus for G20 Presidency Summit, Dr.M.K Singla (Chief Administrative Medical Officer), Dr. Rath were special guest of honour and Dr. Chandra Mauli District TB Officer (DTO) Narela and Dr. Manoj (Medical Officer) Narela were the Resource Persons of the Program. They provided several insights about TB and by adopting healthy lifestyle, how we can prevent ourselves from TB.

Aditi Mahavidyalaya, University of Delhi in collaboration with Tata Institute of Social Sciences (TISS), Mumbai, and with the support of State Institute of Health & Family Welfare, Himachal Pradesh successfully conducted Counselling Soft Skill Training from 5<sup>th</sup> April to 9th May 2023, for the front line National Tuberculosis Elimination Programme (NTEP) staff. Aditi Mahavidyalaya, University of Delhi has completed the trainings in Himachal Pradesh and has trained 87 front-line NTEP staff from Bilaspur, Chamba, Hamirpur, Kangra, Kinnaur, Kullu, Lahaul & Spiti, Mandi, Shimla,



Sirmaur, Solan and Una districts of Himachal Pradesh in counselling soft skills in our support "To END TB"



A State level training was organized in Chandigarh with National Tuberculosis Elimination Programme (NTEP) staff from 11<sup>th</sup> May – 12<sup>th</sup> May 2023. 17 NTEP staff from Chandigarh attended the training at Government Multi Specialty Hospital for two days and developed their understanding on the counselling soft skills. During the training, Dr. Sheeba Oberoi, Medical Officer, State TB Cell was present as the Chief Guest of honour and addressed the participants on the importance of counselling for the TB elimination and adherence of the patient for better treatment.

As part of cascade training Aditi Mahavidyalaya has conducted trainings in Haryana with state TB cell NTEP staff from 27<sup>th</sup> February to 26<sup>th</sup> May 2023 and trained 104 staff till date. 3 more trainings are planned in the month of June on counselling soft skills. STO Haryana inaugurated the training program and provided insights on the importance of counselling while working with TB patient.

