

## Minutes of Skill Development Committee

Date: 20.6.22

Members Present

Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav

Minutes of the meeting

1. All the members were requested to suggest activities/webinars to be conducted in the academic year 2022-23 along with the proposed budget after discussing with the students.
2. The members were also requested to propose short-term courses which are of relevance to students for the current academic year along with the proposed budget.
3. The next meeting was decided to be held on 26. 6.22.

## Minutes of Skill Development Committee

Date: 27.6.22

Members Present

Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav

Minutes of the meeting

1. The proposed activities and budget was prepared for the academic year 2022-23 which is attached with the minutes
2. It was decided to start three 30 hours short-term courses for students. These were Yoga and Meditation, Skill Building Training Course with special reference to disaster management, and Monitoring and Evaluation course. It was decided to share the modules and the coordinators of the courses from the college as well as from outside the college.
3. The meeting ended with thanks

## Minutes of Skill Development Committee

Date:04.7.22

Members Present

Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav

### Minutes of the meeting

1. Dr. Rashmi Gupta and Prof Sadhna Jain shared the course modules of 3 short-term courses ie Yoga and Meditation, Skill Building Training Course with special reference to disaster Management, Monitoring, and Evaluation with the committee
2. It was decided to share the same with the short-term courses committee.
3. It was also decided that the minimum number of participants in each course will be 50. The courses will be conducted either online /hybrid mode as per the need of the courses.
4. It was decided to request the college to pay the fees for the above courses from college funds
5. It was also decided that one student can pursue one course at a time so that she can focus effectively on academics too.
6. The members were informed that the Course Coordinators and students need to abide by the rules formulated by Short-term Committee Courses

## Minutes of Skill Development Committee

Date:14.11.22

Members Present

Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav

1. Members of the Skill Development Committee were informed that all three short-term courses were placed before the Short-term Courses Committee for approval.

## Minutes of Skill Development Committee

Date: 14.12.22

Members Present

Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav

1. The members were informed that all the short-term Courses proposed by the committee have been approved
2. Dr. Rashmi Gupta was bestowed with the responsibility of creating WhatsApp groups for different courses which she readily accepted.
3. All the concerned course coordinators were asked to get the MoU prepared and signed by both parties and conduct Orientation Programme for the same.

## Minutes of Skill Development Committee

Date: 27.1.23

Members Present

Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav

It was decided to start with Yoga and Meditation Course.

It was decided to hold the Orientation of the course in offline mode on 30.1.23

It was decided to share the following Google forms with Principal Mam to be shared at aditi@official for the students:

For Skill Development

<https://docs.google.com/forms/d/e/1FAIpQLSfaoLmCuqxl8sti1R8eBvOoyE4Gq-z2Bwlqr8WdnSDLs5GfrQ/viewform>

For Yoga and Sports Nutrition

[https://docs.google.com/forms/d/e/1FAIpQLSdc39eMOGAJrsQKacallpuEjKb2QZcnz0Bsiq\\_30Z1EiAjUpw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdc39eMOGAJrsQKacallpuEjKb2QZcnz0Bsiq_30Z1EiAjUpw/viewform)

Monitoring and Evaluation Course

<https://chat.whatsapp.com/Cqv2XaTYDRb6pWyr88jKX>

Skill Building Training Course

<https://chat.whatsapp.com/J0rPOP80BBWFmSjm31MpLx>

### Minutes of Skill Development Committee

Date: 13.2.23

Members Present

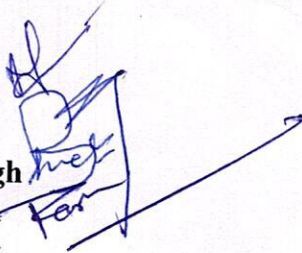
Prof. Sadhna Jain

Sh Baldev Gulati

Prof. Suruchi Singh

Dr. Rashmi Gupta

Dr. Santosh Yadav



The committee was informed that Short -term Course on Yoga and Sports Nutrition has commenced on 07.2.23

The committee members were requested to start conducting webinars on topics of relevance to students

It was decided to conduct webinars on topics that can build and enhance the skills required for living in the 21<sup>st</sup> century.

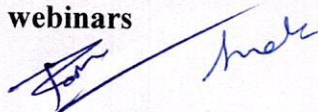
Sh Baldev Gulati proposed to have a webinar on 'Digital Marketing' as students wanted to know the use of technology in generating income and in becoming self-reliant.

Dr. Santosh Yadav proposed to conduct a webinar on Career Prospects in Skill enhancement Courses.

Prof Sadhna Jain proposed to abreast students with Careers in Special Education.

It was also proposed to conduct workshops, online talks on gender empowerment, entrepreneurship etc in coming months

The committee accepted the proposals and requested members to make the necessary arrangements for the webinars



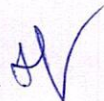
Minutes of Skill Development Committee

Date:03.4.23

Members Present

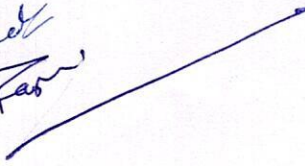
Prof. Sadhna Jain

Sh Baldev Gulati



Prof. Suruchi Singh  
Dr. Rashmi Gupta  
Dr. Santosh Yadav

*hel*  
*Rashmi*



Sh Baldev Gulati informed the committee that an online talk on 'Digital Marketing' will be held on 06.4.23. He also informed that the talk will be delivered by Mr. Neeraj Gupta, Manager, HDFC Bank

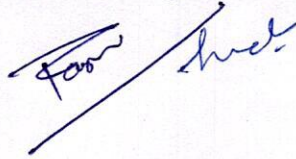
The committee informed that the talk on 'Career Prospects in Skill Enhancement Courses' will be conducted on 14.4.23. It was informed that the talk will be delivered by Dr. Santosh Yadav who is UGC Coordinator MOOC

Prof Sadhna Jain informed that the talk on 'Careers in Special Education' will be held on 16.4.23. She also informed that the talk will be delivered by Dr. Meenu Jain, Principal, of Aarambh School (An early Intervention School).

Since the final exams of students of semesters 4 and 6 were about to commence in the month of May, 23, it was decided to hold on the conduct of webinars till the end of May, 23.

Glimpses of Orientation Program on Yoga and Sports Nutrition

*Rashmi* *hel*





# ADITI MAHAVIDYALAYA (University Of Delhi)

**SKILL DEVELOPMENT COMMITTEE  
AND  
DEPARTMENT OF PHYSICAL EDUCATION  
IN COLLABORATION  
ARE  
ORGANISING**

**"SKILL DEVELOPMENT COURSES"**

**COURSES:- YOGA AND SPORTS NUTRITION COURSE**

## **ORIENTATION PROGRAM**

**MONDAY 30TH JANUARY**

**TIMING:- 1:30PM**

**VENUE:- COLLEGE MAIN HALL**

**FOR ALL REGULAR AND NCWEB  
STUDENTS**



**DR. VIKRAM SINGH  
DIRECTOR,  
RESEARCH AND  
TRAINING, NSSS**



**DR. NAVDEEP JOSHI  
FOUNDER NAVYOGA  
SURYODAYA SEWA  
SAMITI**



**PROF. MAMTA  
SHARMA  
PRINCIPAL**

**PROF. SADHANA JAIN  
CONVENER  
SKILL  
DEVELOPMENT  
COMMITTEE**

**PROF. SURUCHI SINGH  
CONVENER  
SHORT TERM  
COURSE  
COMMITTEE**

**DR. RASHMI GUPTA  
TEACHER-IN-CHARGE  
PHYSICAL  
EDUCATION**











Q2WP+5RJ, Vijay Colony, Shahbad Daulatpur Village,  
Rohini, Delhi, 110042, India

Latitude

28.795446666666667

Longitude

77.036845°

Altitude 174.7 meters

Monday, 30-01-2023

Local 03:02:20 PM

GMT 09:32:20 AM



GPS Map  
Camera Lite

Q2WP+5RJ, Vijay Colony, Shahbad Daulatpur Village,  
Rohini, Delhi, 110042, India

Latitude  
28.7954337°

Longitude  
77.0368825°

Local 02:45:39 PM  
GMT 09:15:39 AM

Altitude 170.8 meters  
Monday, 30-01-2023



GPS Map  
Camera Lite

Q2WP+5RJ, Vijay Colony, Shahbad Daulatpur Village,  
Rohini, Delhi, 110042, India

Latitude  
28.7954337°

Longitude  
77.0368825°

Local 02:45:34 PM  
GMT 09:15:34 AM

Altitude 170.8 meters  
Monday, 30-01-2023



# ADITI MAHAVIDYALAYA

(University of Delhi)



## Online talk on Digital Marketing

**Organized by:**  
Skill Development Committee

**Principal:**  
Prof. Mamta Sharma

**Convener:**  
Prof. Sadhna Jain

**Co-Convener:**  
Shri Baldev Gulati

**Members:**  
Prof. Suruchi Singh,  
Dr. Santosh Yadav,  
Dr. Rashmi Gupta

**Student Co-ordinator:**  
Ms. Lakshita Tehlan  
Ms. Anushka Saha



**Shri Neeraj Gupta,**  
Manager,  
HDFC Bank  
(Digital Insurance)

**Date : 07.04.2023**

**Day : Friday**

**Time : 5.30 pm onwards**

**Platform : Google Meet**

**Register now**

**Link to Register - <https://forms.gle/xN9QCdHbEBk8n5LT6>**

**Goggle Meet Link : <https://meet.google.com/srr-ocji-oft>**

Google Meet Link: <https://meet.google.com/srr-ocji-oft>



Skill Development Committee invites you for  
Online talk on  
**Career Prospects in Skill  
Enhancement Courses**

Organized by: Skill Development Committee  
Principal: Prof. MAMTA SHARMA  
Convenor: Prof. SADHNA JAIN  
Co Convenor: Sh. BALDEV GULATI  
Members: Prof. SURUCHI SINGH, Dr. SANTOSH  
YADAV, Dr. RASHMI GUPTA  
Student Co-ordinator: LAKSHITA TEHLAN,  
ANUSHKA SAHA  
Date and Day: 14.4.23: FRIDAY  
Time: 6:00pm onwards  
Platform: Google meet

Resource person: Dr Santosh Kumar Yadav,  
UGC Co-ordinator MOCC

Online talk on CAREER PROSPECTS IN SKILL ENHANCEMENT COURSE

Friday, 14 Apr

Google Meet joining info

Video call link: <https://meet.google.com/jpp-xzvz-gmt>



ADITI MAHAVIDYALAYA  
(UNIVERSITY OF DELHI)



# ONLINE TALK ON *Careers in* **SPECIAL EDUCATION**

Resource person: Dr. Meenu Jain,  
Principal, Aarambh School  
(An Early Intervention School)

**Organized by Skill Development Committee:**

Principal: Prof. Mamta Sharma

Convenor: Prof. Sadhna Jain

Co Convenor: Sh. Baldev Gulati

Members: Prof. Suruchi Singh, Dr. Santosh Yadav,

Dr. Rashmi Gupta

Student Co-ordinator: Lakshita Tehlan, Anushka  
saha

**Date: 16.04.23**

**Time: 5-6pm**

**Platform: Google meet**



Online talk on careers in special education.

Sunday, 16 Apr

Google Meet joining info

Video call link: <https://meet.google.com/mni-srhk-eiu>

## Minutes of Skill Dev Committee (January 2020-December, 2021)

Members of the Committee

Dr. Sadhna jain: Convenor

Sh Baldev Gulati: Co-Convenor

**Meeting dates: 04.5.2020, 11.5.2020, 29.6.2020, 05.8.2020, 31.8.2020, 09.8.2021, 06.09.2021, 15.9.2021, 24.9.2021, 30.10.2021,**

Minutes:

1. In the first meeting of the Skill Development Committee, it was decided to organize Web Lecture Series on 'Care and Concerns during N Covid-19 Pandemic' to enable students, faculty, and common man to equip themselves with the necessary skills.
2. Since the objective of organizing the lecture series was to enable people with the novel situation of Coronavirus infection and lockdown, it was decided to keep the Web Series which lasted till 09.9.2020 open for all irrespective of college, status, education background, etc
3. It was decided to start the Web Series with 'Relevance of Shrimad Bhagwad Geeta in Crisis Management' and to decide other topics as per the need and availability of resource persons.
4. It was decided to involve students in preparing E poster, registration link, attendance cum feedback link, and e certificates.
5. It was decided to give certificates to participants for each web lecture.
6. All the meetings were held either telephonically or on Zoom/Google Meet.

The rest of the meetings were held to decide the pertinent topics for webinars.

Following are the various topics of the webinars held from 09.5.2020-27.9.2021

1. Relevance of Shrimad Bhagwad Geeta in Crisis Management by Dr. Dyal Singh Panwar- Associate Professor, Lal Bahadur Shastri National Sanskrit University held on 09.5.2020
2. Harnessing Immense Healing Potential of the Body in collaboration with Swasthya Bachao Andolan held on 16.5.2022 by Dr. Salila Tiwari -A renowned Naturopath
3. Inter-Personal Conflict Resolution in collaboration with Bharatiya Counselling Psychology Association conducted by Dr. Ashutosh Srivastava-President BCPA on 20.7.2020
4. Suicide Prevention Awareness Programme in collaboration with Sisters Living Works, conducted by Ms. Ketki on 25.8.2020
5. Empower your subconscious mind to unfold your infinite potentials by Shri Ram Verma (India's number 1 Mind and Wellness Coach) on 09.9.2020
6. Career Opportunity after Graduation by Dr S K Yadav -Co-ordinator, UGC MOOCs on 17.8.2021
7. Thalassemia Awareness Programme on 10.9.2021 by Dr Tejinder Singh
8. Road Safety Programme in collaboration with Hero Motor Corp on 27.9.21
9. Orientation cum Inaugration Programme of Skill Building Training Programme on 18.1.2021 in Association with Zone 4 Solutions.



## **Minutes of the meeting held from 2021-2022**

**18.8.2021**

It was decided to explore the short-term course initiated by SOL on 'Entrepreneurship'. The concerned member of SOL was contacted and was asked to send the details of the course along with MoU. After going through the course and MoU, necessary changes were made in it and was placed for approval in Short term Committee Courses on 08.10.2021.

It was decided to place one more Skill Building Training capsule Course which included disaster management, training on First Aid, communication and leadership, secretarial practices etc for approval to Short term Courses Committee. The course was collaborated with Zone 4 Solutions.

**Minutes of the meeting 06.10.2021**

A meeting with Dr Sanjay Vohra from ANDC was held to collaborate for various activities conducted by them under Entrepreneur Cell of their college. It was decided to sign MoU with ANDC. It was decided to mail a formal letter to the Principal, ANDC stating the above request.

It was also decided to induct a few more members in the committee. Dr. Suruchi Singh, Dr. Santosh Yadav, and Dr. Rashmi Gupta were inducted in the committee. It was decided to create a google registration link for students to be part of the Skill Development Committee.

**Minutes of the meeting held on 30.11.2021**

A meeting with students was held. They were informed about the objectives of the committee, its future plan and the launch of the two courses namely- 'Skill Building Training Course' and a course on 'Entrepreneurship'. The students were asked to register for any one course at a time. They were also informed about their roles and responsibilities as members of the committee.

**Minutes of the meeting held on 09<sup>th</sup>, December 2021**

All the members were informed that the Orientation cum Inaugural Programme for two short term courses namely 'Skill Building Training Programme' and 'Entrepreneurship' will be held on 18.12.21 and 21.12.2021 respectively

2. The committee members were requested to allocate the duties to the students.
3. Committee members were also requested to create posts like student Coordinator and Co Coordinators.
4. List of the tasks to be performed before, during and after the Orientation cum inauguration Programmme were listed and members gave voluntary consent for the tasks which they would like to perform which is as follows:

Responsibilities

1. Google form and coordination of google meet- Dr Suruchi Singh and student volunteers,

2. Handling of imp Social Media including Youtube- Dr Santosh Yadav and student volunteers,
3. Report writing and student mobilization- Sh Baldev Gulati and Rashmi Gupta along with student volunteers,
- 4 Coordination with college staff, institutions, e-poster and programme schedule - Sadhna Jain.

The meeting ended by thanking all.



**Minutes of the meeting held on 10.2.2022**

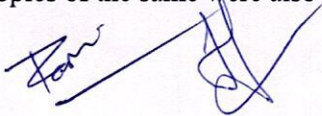
All the committee members and students were informed about the beginning of the Short-term Course on 'Entrepreneurship' from 12.2.2022 on Wednesdays and Fridays from 6-7 pm in online mode. All were requested to attend the classes.

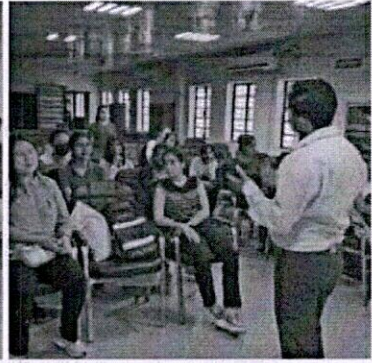
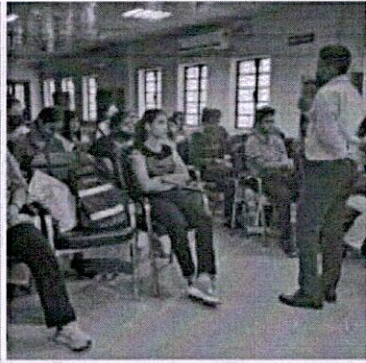
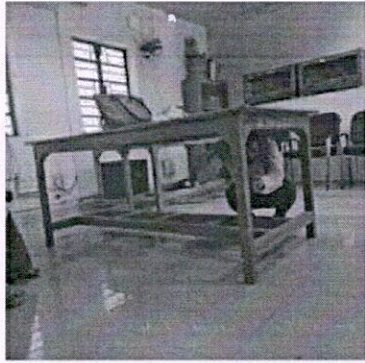
The students and teachers were informed that the links will be shared in the WhatsApp group of registered candidates.

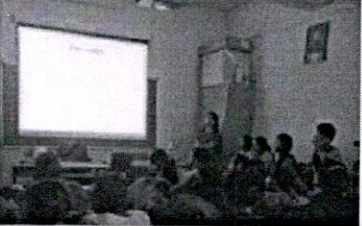
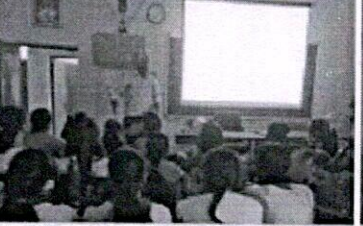
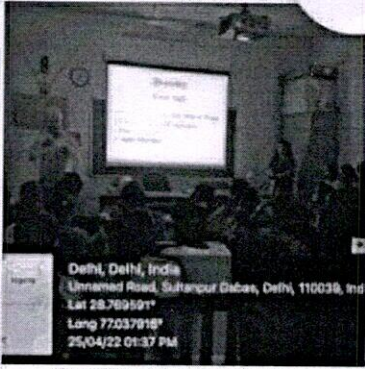
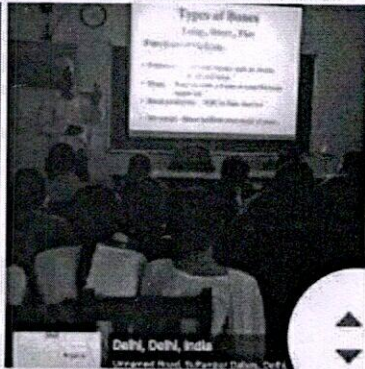
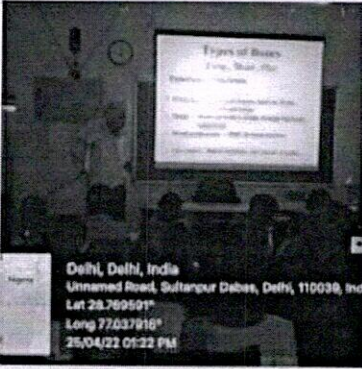
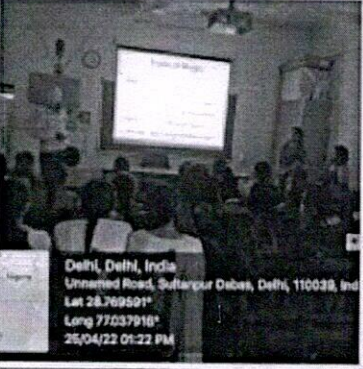
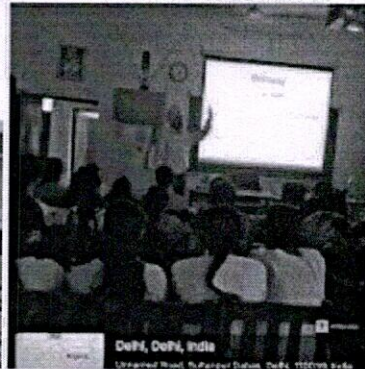
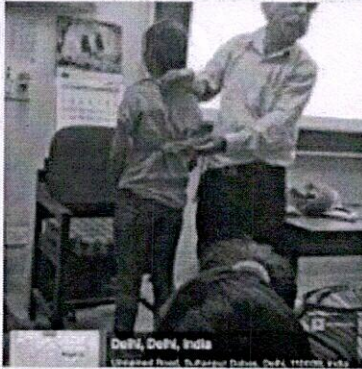
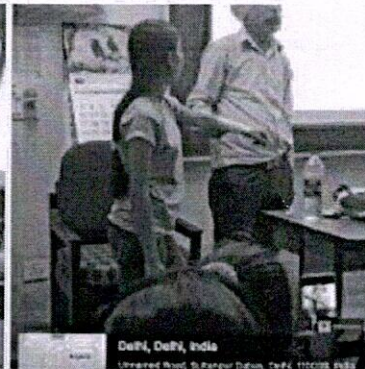
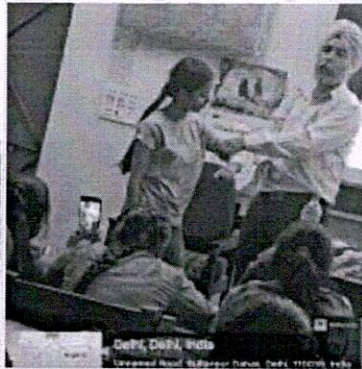
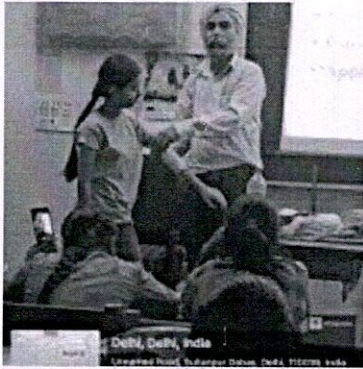
All the committee members and students were informed about the beginning of the Short-term Course on Skill Building Course from 20.2.2022. It was informed that the classes will be held from 2-4 pm

It was informed that classes will be held till April 2022. There will be offline hands-on training sessions for a week. Afterwards, the students will have to appear for an online test and secure a minimum of 60 per cent marks to get the certificate.

It was decided to prepare E-Newsletter showcasing the work done by the Skill Development Committee which would be released during the Annual Day of the year 2022. Five hard copies of the same were also taken out.







Date: 10<sup>th</sup> Jan 2019.

Venue: Staff Room

Skill development committee conducted its meeting to orient students about essay writing competition, to be organised by Delhi Police Jan Road Safety Programmes whose responsibility.

This orientation programme on 'Road Safety Measures' was also discussed.

Hero MotoCorp was also issuing free license to the girls after completion of this training programme. So many girls gave their names for Jan Rd programmes.

This meeting of Skill development was held with the students concern.

Shally 10<sup>th</sup> Jan 2019.

Minutes of the Meeting

Date: 5 Nov 2018

Venue: Principal's Room

A meeting of skill development committee took place to discuss the proposal made by Mr. Sunil, the Project Manager of HERO Moto club to engage our girls in teaching them "safe bike handling". All concerned issues were discussed regarding safety of the girls and it was decided to take help from Sports Teacher to keep records of the girls and arrest them in training camps. The date for programme was fixed for 9th Nov. 2018

Meeting ended with vote of thanks.

Convener

Dr. Acharya

5 Nov 2018

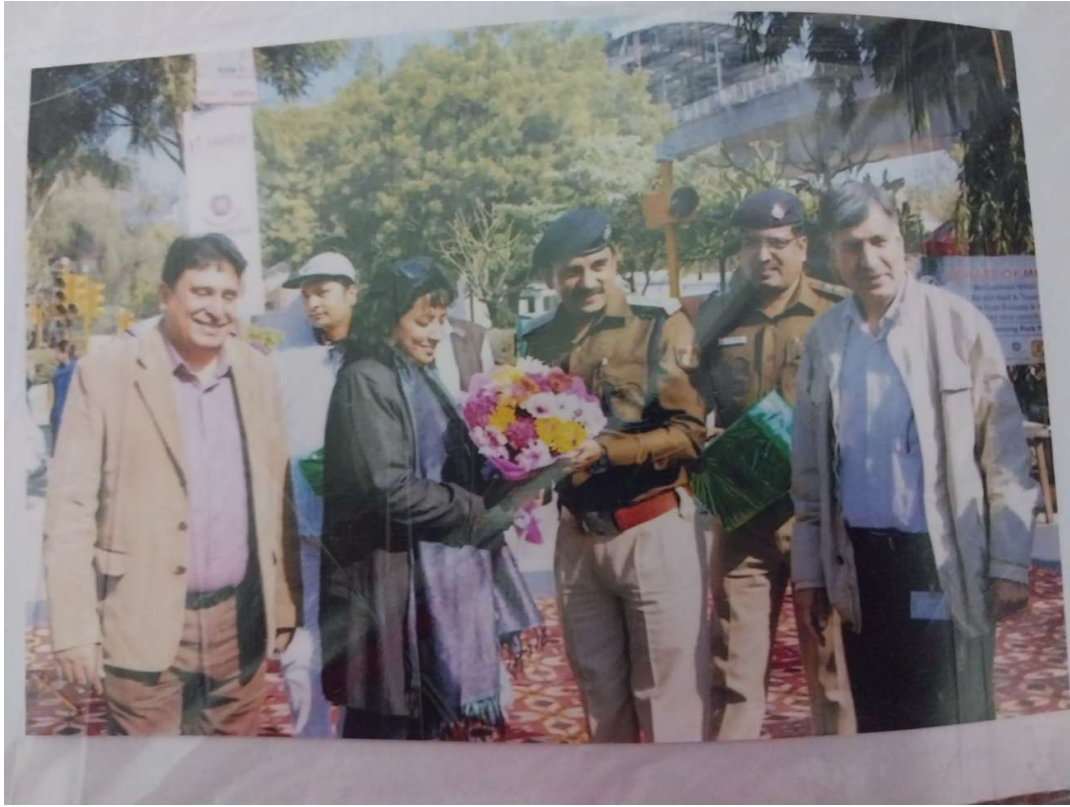
Principal

Dr. Mamta Sharma









Invited to Guest of Honour



By  
Honda group and  
Delhi Traffic  
Police



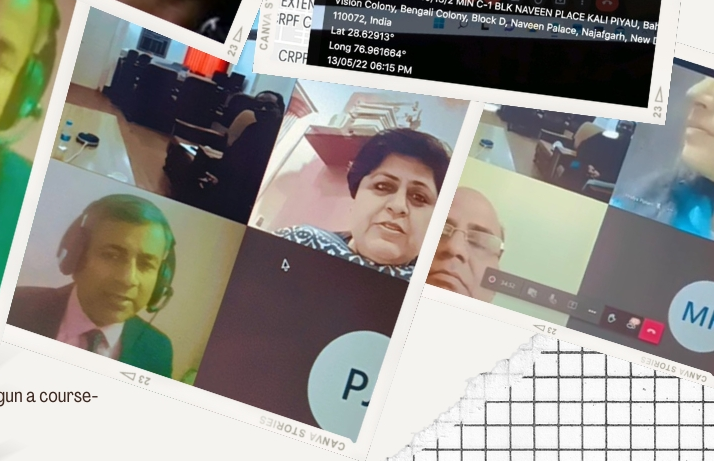
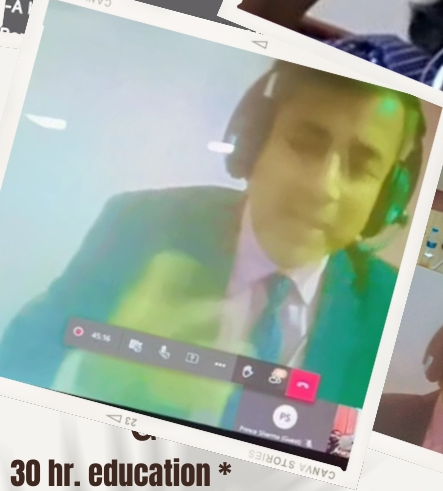
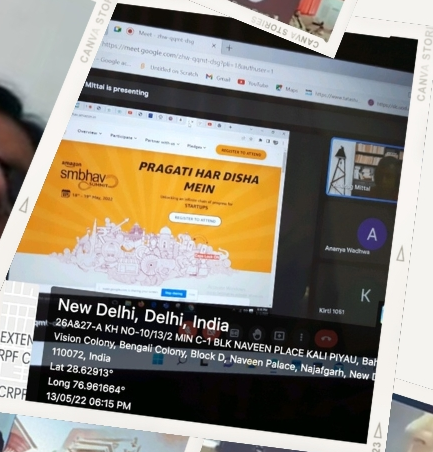
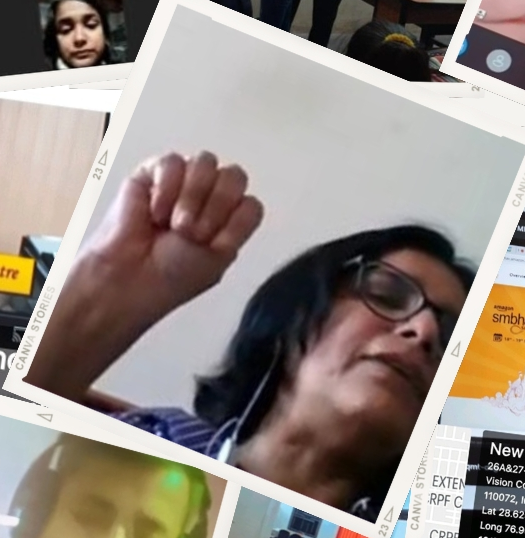
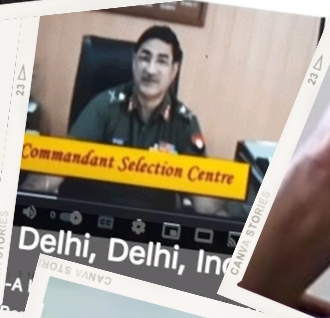
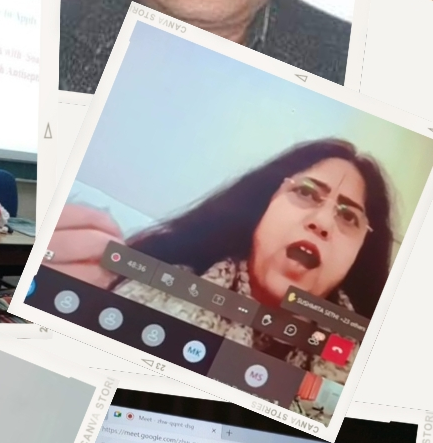


Adity Mahavidyalaya  
Women's college - University of Delhi

# Aditi mahavidyalaya University of Delhi



## Skill Development Committee Newsletter 2021-22



**30 hr. education \***  
Aditi mahavidyalaya, University of Delhi has begun a course-  
skill training programme



# Members of Skill Development Committee... ☆☆☆



Prof. MAMTA SHARMA, Principal,  
Aditi Mahavidyalaya



Prof. SADHNA JAIN,  
Convener, Skill Development  
Committee



Sh. BALDEV GULATI, Co-  
Convener, Skill Development  
Committee



Prof. SURUCHI SINGH,  
Member, Skill Development  
Committee



Dr. SANTOSH YADAV, Member, Skill  
Development Committee



Dr. RASHMI  
GUPTA, Member, Skill  
Development Committee



Miss. LAKSHITA TEHLAN,  
Student, Coordinator

**ADITI MAHAVIDYALAYA**  
(UNIVERSITY OF DELHI)

**NATIONAL SERVICE SCHEME**  
In collaboration with

**THE SKILL DEVELOPMENT COMMITTEE**  
is organizing a  
webinar on

**CAREER OPPORTUNITIES AFTER GRADUATION**

**PROF. MAMTA SHARMA**  
PRINCIPAL (ADITI MAHAVIDYALAYA)

**DR. SANTOSH KUMAR YADAV**  
(RESOURCE PERSON)  
COORDINATOR  
UGC MOOCs (A VERTICAL of SWAYAM)

**SH. BALDEV GULATI**  
(NSS P.O.)

**PROF. SADHNA JAIN**  
(CONVENOR OF SKILL DEVELOPMENT COMMITTEE)

**DATE - 17TH AUGUST 2021**  
**TIME - 3:00 PM**  
**VENUE - GOOGLE MEET**

**KHUSHBOO RAGHUVANSHI**  
(NSS PRESIDENT)

**PRIYANKA**  
(NSS VICE PRESIDENT)

**MEDIA PARTNERS -** @nss.delhi.university.official , @du\_unify , @D.U. OFFICIAL @youth.delhi

## Career Opportunities after Graduation

A great and very effective webinar was held on August 17th, 2021 at 3 P.M for students to sensitise them to choose out career after graduation. The resource person for the webinar was Dr. SANTOSH KUMAR YADAV; Coordinator, UGC MOOCs (A Vertical of SWAYAM); Prof. MAMTA SHARMA, PRINCIPAL, (ADITMAHAVIDYALAYA); Prof. SADHNA JAIN, Convenor of Skill Development Committee); Sh. BALDEV GULATI, Co-Convenor of Skill Development Committee.

# THALASSEMIA AWARENESS PROGRAM



RESOURCE PERSON:  
DR. TEJINDER SINGH

10.09.21 | 11 AM  
GOOGLE MEET

<https://meet.google.com/fjpx-qvnh-yfuk>

Prof. MAMTA SHARMA  
PRINCIPAL

SKILL ENHANCEMENT  
COMMITTEE  
DEPARTMENT OF SOCIAL  
WORK  
DEPARTMENT OF HDFE

## Thalassemia awareness

Thalassemia is a group of blood disorders passed from parents to children through genes (inherited). A person who has thalassemia makes fewer healthy red blood cells. Their red blood cells do not produce enough hemoglobin, the protein that carries oxygen throughout the body.

Gynaecologists can be very useful and effective in creating awareness in people and prevent thalassemia.

They can include the test for thalassemia trait in routine check-up of pregnant women. School text books should have a chapter on thalassemia. Blood donation camps can be held at schools and colleges









**HERO MOTOCORP  
ORGANISING VIRTUAL  
ROAD SAFETY QUIZ  
FOR  
ADITI MAHAVIDYALAYA  
UNIVERSITY OF DELHI  
DATE: SEPTEMBER 27TH 2021  
TIME: 03:00 PM TO 04:00 PM**



**PROF. MAMTA SHARMA**  
PRINCIPAL ADITI  
MAHAVIDYALAYA



**MR. SUNIL MALHOTRA**  
ASST. GM, HERO MOTOCORP

**ORGANISED BY:  
SKILL DEVELOPMENT COMMITTEE  
NSS  
DEPARTMENT OF SOCIAL WORK**

**HERO MOTOCORP CONDUCTED VIRTUAL ROAD SAFETY QUIZ**

Road safety is of prime importance as road accidents are among the biggest causes of deaths in the country. With the number of vehicles on our roads increasing with every passing hour, it's of vital importance for everyone to have traffic awareness and understand and respect all the road safety rules in India. For that our Skill Development committee conducted a quiz related to road safety, with Mr. SUNIL MALHOTRA, AST, GM, HERO MOTOCORP and with the inspiration of Prof. MAMTA SHARMA, PRINCIPAL, ADITI MAHAVIDYALAYA



# Orientation Programme on **Skill Training**

@ Aditi Mahavidyalaya  
University of Delhi

18 December, 2021  
11.00 AM - 12.30 PM

zoom

Meeting Id: 874 1596 3425  
Password: ZONE4S

\*REGISTRATION IS FREE  
\*e-CERTIFICATE WILL BE PROVIDED TO ALL ATTENDEES

BREAK THE CHAIN OF COVID19



GET VACCINATED



SANITIZE HANDS



WEAR MASK



MAINTAIN SOCIAL DISTANCING

Panellists



**KEYNOTE GUEST**  
Shri Rajendra Singh,  
Member NDMA, Gol



**SPECIAL GUEST**  
Dr Santosh Kumar  
Professor & Head,  
GIDRR Division, NIDM, Gol



**INAUGURAL ADDRESS**  
Prof. Rajni Abbi  
Chairperson, GB  
Aditi Mahavidyalaya



**WELCOME ADDRESS**  
Prof. Mamta Sharma  
Principal, Aditi Mahavidyalaya



**CONVENOR**  
Mr. Nakul Kr Tarun  
Director, Zone4solution



**RESOURCE PERSON**  
Dr Nitin Malik  
Registrar  
Ambedkar University Delhi



**RESOURCE PERSON**  
Er. Awdhesh Kumar  
Assistant Professor  
(Civil Engineering)  
Invertis University, UP



**SPECIAL GUEST-ORGA**  
Ms. Tanushree Verma  
Head Training & Research  
Zone4solution



**SPEAKER**  
Prof. Neelam Nathi  
IQAC



**SPONSER**  
Dr. Saruchi Singh  
Coordinator,  
IQAC Sub Committee



**MODERATOR**  
Prof. Sadhna Jain,  
Aditi Mahavidyalaya

Other Members

Sh Baldev Gulati  
Ms Rashmi Gupta  
Dr Santosh Yadav

zone4solution

@zone4solution

+91-99999-95582

Info@zone4solution.in

www.zone4solution.in

## Orientation Programme on Skill Building Training

In this webinar panellists sensitise students about Disaster Management Skills. The Students were updated and learnt something extra as additional from their respective subjects or courses. The resource person gave the overview of the 30 hrs. short term course on skill building training with special reference to disaster management







SCHOOL OF OPEN LEARNING  
(Campus of Open Learning)  
University of Delhi, KaRo-110027



# Inauguration cum Orientation Programme of Short - Term Course on 'Entrepreneurship'



27 January, 2022  
02.00 pm onwards



Platform:  
Microsoft Teams

Q n A by:  
Sh Anurag Mittal (Moderated by Dr Suruchi Singh)



*Skill Development Committee Members*  
Sh Baldev Gulati,  
Ms Rashmi Gupta, Dr Santosh Yadav  
*Vote for Thanks by*  
Sh. Baldev Gulati

## Short-term course on Entrepreneurship

A great entrepreneur must be able to effectively communicate, sell, focus, learn, and strategize. An ability to continuously learn is not just a key entrepreneurial skill, but also a very valuable life skill. Growing a business requires a sound strategy based on inherent business sense and skills entrepreneurial skills are those normally associated with being an entrepreneur, although anyone can develop them. Being an entrepreneur usually means starting and building your own successful business, but people with entrepreneurial skills can thrive within larger organisations, too.

The course is running in association with  
School of Open Learning (SOL)





**OVERVIEW OF  
SHORT-TERM COURSE  
ON  
Disaster  
Management**

[Project](#)[Gallery](#)[Blog](#)[About](#)

## Introduction

A disaster occurs when a community's usual functioning is disrupted unexpectedly and severely, resulting in human, economic, physical, livelihood, and environmental losses and consequences

that exceed the community's ability to cope (UNISDR, 2009). On the other hand, Disaster Risk

Reduction (DRR) is the concept and practice of reducing disaster risks through systematic efforts

to analyse and manage disaster causal factors, such as reduced exposure to hazards, proactive

approach to people and property vulnerability reduction, smart land and environmental management, and improved preparedness for adverse events (UNISDR, 2009).

However, we often ignore women and girls during disaster planning and responses. The gender-specific behaviour makes women and girls susceptible to underlined risks.

The social, economic,

ethnic, cultural, biological, and environmental factors not only affect the disaster response and

recovery but their coping strategies and their participation in the disaster management cycle. We

have also witnessed that during COVID-19 Lockdowns domestic violence, child marriage,

cybercrime, and girl trafficking were the issues women faced.

Though, it is not that women's safety and empowerment have been overlooked throughout the

years; the latest global forums and Indian government has made it a priority concern to close the

gender gap.

# INSTITUTIONALIZATION OF DISASTER MANAGEMENT IN INDIA

PRESENTER: MR. NAKUL KUMAR TARUN,  
DIRECTOR, ZONE4SOLUTIONS

## KEY TAKEAWAYS

Mr. Tarun initiated the discussion while defining Disaster Management as a process that effectively prepares for and responds to disasters, catastrophes and emergencies. It includes preparedness, mitigation, prevention, response and recovery as phases involving pre, during and post-disaster action strategies.

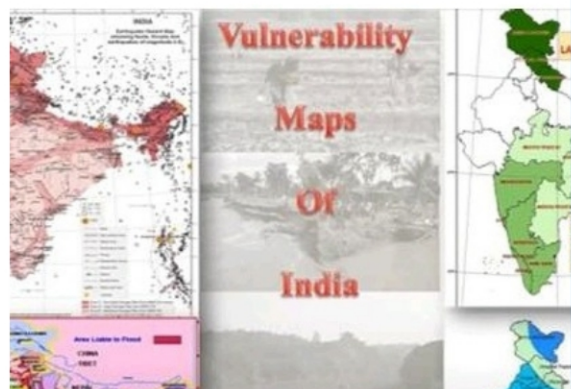
Mr. Tarun highlighted that the goal of the National Policy on Disaster Management is to foster a culture of prevention, preparedness, and resilience at all levels via knowledge, innovation, and education. Furthermore, it stressed the necessity of community-based DM, which requires last-mile policy, plan, and execution integration, as well as all-around capacity building.



## UNDERSTANDING HAZARD VULNERABILITY AND RISKS

PRESENTER: **Ms. TANUSHREE VERMA, HEAD (TRAINING AND RESEARCH), ZONE4SOLUTIONS**

**SHE DEFINED DISASTERS AS CATASTROPHIC EVENTS THAT HOMOGENOUSLY IMPACT THE POTENTIALLY AFFECTED POPULATION WHICH IS BEYOND THEIR COPING CAPACITY AND NEEDS EXTERNAL AID TO NORMALIZE LIFE. SHE INTERACTIVELY EXPLAINS THE HAZARD RISK FUNCTION WHILE EXPLAINING THE TERMS HAZARD, VULNERABILITY, RISK, AND CAPACITIES. A HAZARD IS A PHYSICAL EVENT WHICH IS POTENT TO TURN INTO A DISASTER IF NOT COPED WITH EFFECTIVELY. A RISK IS A POSSIBILITY THAT SOMEONE COULD BE HARMED BY A HAZARD. WHEREAS VULNERABILITY WILL BE EXPOSED TO ATTACK OR HARM AND IS DETERMINED BY PHYSICAL, SOCIAL, ATTITUDINAL AND ECONOMIC CONDITIONS, AND ENVIRONMENTAL SITUATIONS. SHE EXPLAINED CAPABILITIES AS THE ABILITY TO FIGHT AGAINST THE ADVERSE IMPACTS OF THE DISASTER/ EMERGENCY. FOR INSTANCE, IN TERMS OF THE COVID-19 PANDEMIC, THE COVID-19 VACCINATION DRIVES ALL OVER THE WORLD HAVE INCREASED COMMUNITIES' PHYSIOLOGICAL COPING CAPACITIES AGAINST THE CORONAVIRUS.**



# SEARCH AND RESCUE IN DISASTER

PRESENTER: DR. ITINDERPAL SINGH  
BALI, MASTER TRAINER

## KEY TAKEAWAYS

Dr. Singh discussed search and rescue and its objectives like:

To rescue the survivors trapped

To provide first aid services to the injured survivors and dispatch them for medical care.

To take immediate necessary actions for temporary support and protection.

To hand over, recover and dispose of the bodies of the deceased

To train, demonstrate and raise awareness among the affected population and comfort them.

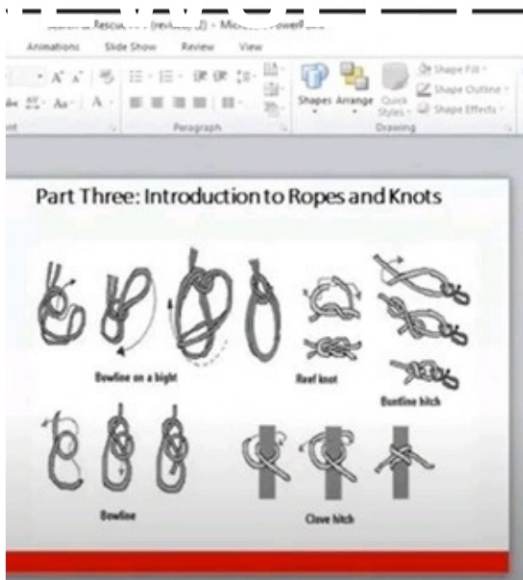
In this sense, the duty of the rescuer: Assessment, Information, Observation (Look, listen, Feel)



Human Crutch Technique



Pick-A-Back Technic



He also emphasised teamwork and search and rescue are not an individual task, rescue is a team effort that needs coordination and planning and therefore, is focused on manpower, equipment, and methods.

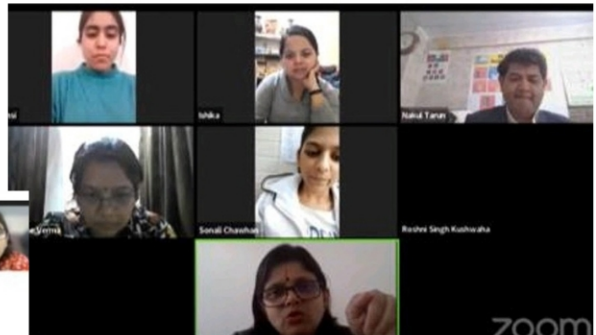
He introduced emergency transportation techniques such as:

# SEARCH AND RESCUE IN DISASTER CHILD RIGHTS ISSUES AND CHALLENGES - DURING AND POST-DISASTER

PRESENTER: DR SANGITA PANT, SENIOR MANAGER (TRAINING AND CAPACITY BUILDING), KAILASH SATYARTHI, CHILDREN'S

## KEY TAKEAWAYS

Dr Pant introduced the term 'Child', a male/female/transgender who is below 18 years of any religion and socio-economic background. Children account for 38% of the Indian total population (470 million). Though we are called the young population but this population is vulnerable to exploitation, trafficking, labour, early marriage, discrimination, neglect, emotional abuse, sexual abuse, physical abuse.



## DEVELOPING LEADERSHIP QUALITY IN YOUTH

Presenter: Mr. Awadesh Kumar, Associate Professor, Invertis University

### Key Takeaways

- Mr. Kumar initiated the discussion by giving a brief overview of disasters, classifying them, and defining DRR as the process of decreasing risk as much as feasible. He introduced the global international disaster resilience frameworks such as HFA (2005–2015), SFDRR 92015–2030) intended to accomplish a significant decrease in disaster risk and losses in lives, livelihoods, and health, as well as in the economic, physical, social, cultural, and environmental assets of individuals, enterprises, communities, and nations, during the time period specified through capacity building, policy and advocacy, youth action and knowledge management; SDGs setting out a vision to combat poverty, hunger, disease and disasters (10 out of 17 goals are in the view with DRR).

## OFFLINE TRAINING PROGRAMME

OBSERVERS: DR.SANTOSH YADAV AND DR.RASHMI GUPTA SKILL DEVELOPMENT COMMITTEE,ADITI MAHAVIDYALAYA

### KEY TAKEAWAYS

.The session initiated with different transportation techniques:

FIREMAN'S LIFT

FOUR HAND SEAT METHOD

LOG AND ROLL METHOD



### FIRST AID

It was highlighted that during the event, the victim may suffer casualties, and panic resulting chaos and if provided with appropriate first aid and morale support, many lives can be save.

The session also demonstrated dressing of wounds such as bleeding, head injuries, fractures



*Disaster  
management*







**OVERVIEW OF  
SHORT-TERM COURSE  
ON  
Entrepreneurship**

[Project](#)[Gallery](#)[Blog](#)[About](#)[Contact](#)

# Prime Minister's Employment Generation Programme

LATEST [Physical verification and Geo tagging of PMEGP units Click here -> to Download](#)

For Upgradation / Expansion of existing PMEGP / REGP / MUDRA units

Apply for 2nd Loan upto Rs.1.00 Crore  
(Avail Government Subsidy from 15% to 20%)

[Apply Online](#) (For Second Loan)

[Online Application form for Individual](#)[Online Application form for Non-Individual](#)[Login form for Registered Applicant](#)[Feedback form for Applicant](#)

OFFICIAL LOGIN FOR  
KVIC /KVIB /DIC  
/COIR

EDP Training  
Center

BANK LOGIN  
Bank Login

PMEGP  
Dashboard

## Entrepreneurship skills

Entrepreneur skills include various skill sets such as leadership, business management, time management, creative thinking and problem-solving. You can apply these skills in many job roles and industries. These entrepreneur skills are vital for promoting innovation, business growth and competitiveness.



STUDY PLAN 16 DAYS(32 HOURS)  
ENTREPRENEURSHIP PROGRAM

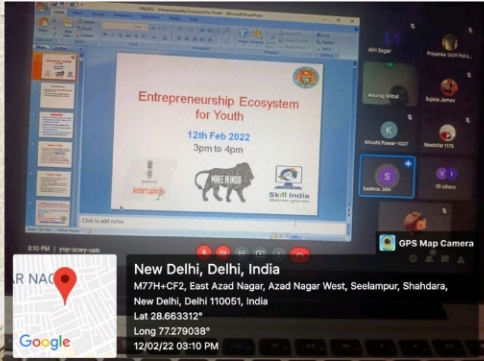
Day 1	Opening Session – What, Why and How of Entrepreneurship
Day 2	Entrepreneurship Ecosystem – Govt of India
Day 3	Entrepreneurship Ecosystem – Govt of India
Day 4	Entrepreneurship Ecosystem – State Govts
Day 5	Entrepreneurship Ecosystem – State Govts
Day 6	Entrepreneurship Ecosystem – International
Day 7	Introduction about PMEGP Scheme, Govt of India
Day 8	Walkthrough of PMEGP Modules.... Cont
Day 9	Walkthrough of PMEGP Modules.....cont
Day 10	Project Report Preparation under PMEGP Scheme of Govt of India
Day 11	Project Report Preparation under PMEGP Scheme of Govt of India
Day 12	Closing Ceremony – Award of Certificates to participants

PRESENTER:MR.ANURAG MITTAL

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# ENTREPRENEURSHIP ECOSYSTEMS FOR YOUTH



In this session Mr. Anurag Mittal introduced us from entrepreneurship ecosystems for youth, where An entrepreneurial ecosystems or entrepreneurship ecosystems are peculiar systems of interdependent actors and relations directly or indirectly supporting the creation and growth of new ventures

## HOW STUDENTS GET CONFIDENCE TO TAKE STEPS FOR THEMSELVES-STUDENTS INDEPENDENCY

With shown site n more other sites similar to this; MR.ANURAG MITTAL explained that how can we start our own new startups and earn income. With that he also helped us to set our mind as business mind by showing presentations and online sites



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# E-COMMERCE



Electronics Commerce or E-Commerce

E-commerce is the process of buying and selling over the Internet, or conducting any transaction involving the transfer of ownership or rights to use goods or services through a computer-mediated network without using any paper document.

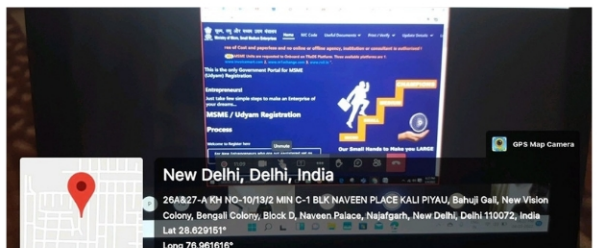
E-commerce refers to paperless exchange of business information using following ways.

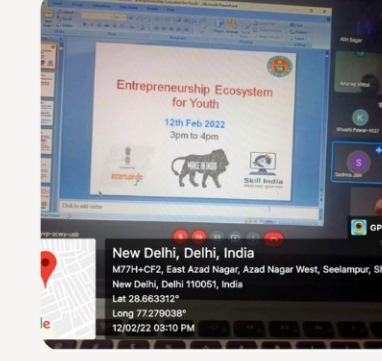
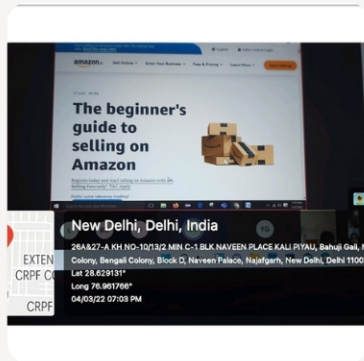
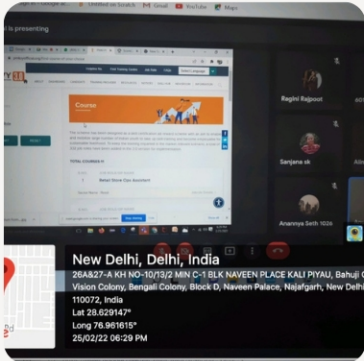
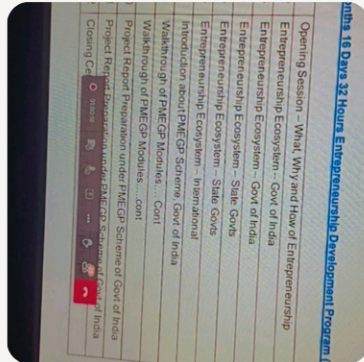
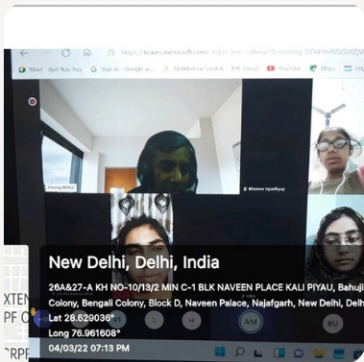
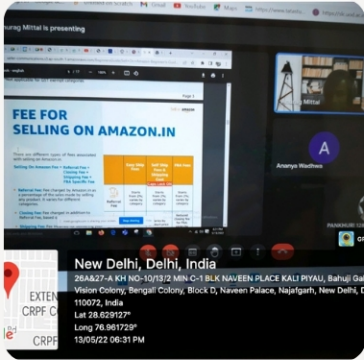
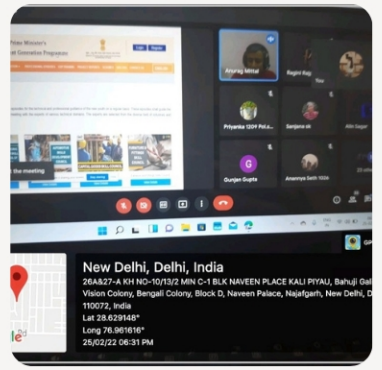
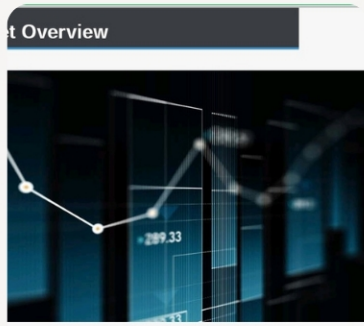
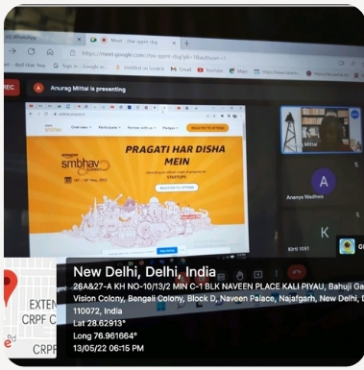


With all this Mr. Mittal also helped student to learn how to communicate n how to attend persons, with their communication skills as additional.



Other side Mr. Mittal familiar students with the shopping apps; where then can gave a platform to their products, and many more....





The course is still going on!!



# ADITI MAHAVIDYALAYA University of Delhi



## SKILL DEVELOPMENT COMMITTEE E-NEWSLETTER 2022-23



### Release of 2021-22 E-Newsletter

**ADITI MAHAVIDYALAYA**  
(University Of Delhi)  
**ORGANISES**

**INVENTORY MANAGEMENT WORKSHOP**  
(For Teaching And Non Teaching Staff)

**DATE:** 3 NOVEMBER, 2022 **THURSDAY** : 11:00 AM ONWARDS

**VENUE:** LIBRARY READING HALL

**MR NK MISHRA**  
SECTION OFFICER (S)  
UNIVERSITY OF DELHI

<https://docs.google.com/forms/d/1FAlpQLd41MeWotRtAL0ESg/viewform>

**ADITI MAHAVIDYALAYA**  
**SKILL DEVELOPMENT COMMITTEE**

**MR PRINCE SHARMA**  
(CHAIRMAN)

**PROF. NEELAM BATHI**  
IAC CONVENOR

**TEAM MEMBERS:**  
Dr. Sunita Dhalya  
Ms. Lovely

Ms. Manisha Pal  
Dr. Rashmi

**Azadi Ka Amrit Mahotsav** **ADITI MAHAVIDYALAYA** (University of Delhi) **G20**

Skill Development Committee invites you for  
**Online talk on Career Prospects in Skill Enhancement Courses**

Organized by: Skill Development Committee  
Principal: Prof. MAMTA SHARMA  
Convenor: Prof. SADHNA JAIN  
Co Convenor: Sh. BALDEV GULATI  
Members: Prof. SURUCHI SINGH, Dr. SANTOSH YADAV, Dr. RASHMI GUPTA  
Student Co-ordinator: LAKSHITA TEHLAN, ANUSHKA SAHA

Date and Day: 14.4.23: FRIDAY  
Time: 6:00pm onwards  
Platform: Google meet

Resource person: Dr. Santosh Kumar Yadav.  
UGC Co-ordinator MOCC

**ADITI MAHAVIDYALAYA**  
(University of Delhi)

**G20** **75 Azadi Ka Amrit Mahotsav**

**Online talk on Digital Marketing**

Organized by:  
Skill Development Committee

Principal:  
Prof. Mamta Sharma

Convenor:  
Prof. Sadhna Jain

**Shri Neeraj Gupta,**  
Manager,  
ADITI MAHAVIDYALAYA  
(University of Delhi)

**DEPARTMENT OF PHYSICAL EDUCATION**  
IN COLLABORATION WITH  
**ADITI MAHAVIDYALAYA**  
ARE ORGANISING  
**"SKILL DEVELOPMENT COURSES"**

**COURSES:- YOGA AND SPORTS NUTRITION COURSE**

**ORIENTATION PROGRAM**  
**MONDAY 30TH JANUARY**  
**TIMING:- 1:30PM**  
**VENUE:- COLLEGE MAIN HALL**  
**FOR ALL REGULAR AND NCWEB STUDENTS**

**DR. VIKRAM SINGH**  
DIRECTOR,  
RESEARCH AND  
TRAINING, NSS

**DR. NAVDEEP JOSHI**  
FOUNDER NAVYOGA  
SURYODAYA SEWA  
SAMITI

**PROF. MAMTA SHARMA**  
PRINCIPAL

**ONLINE TALK ON**  
*Careers in*  
**SPECIAL EDUCATION**

Organized by Skill Development Committee:  
Principal: Prof. Mamta Sharma  
Convenor: Prof. Sadhna Jain  
Co Convenor: Sh. Baldev Gulati  
Members: Prof. Suruchi Singh, Dr. Santosh Yadav, Dr. Rashmi Gupta  
Student Co-ordinator: Lakshita Tehlan, Anushka saha

Date: 16.04.23  
Time: 5-6pm  
Platform: Google meet

Resource person: Dr. Meenu Jain,  
Principal, Aarambh School  
(An Early Intervention School)

**Dr. Meenu Jain**

# EDITORIAL BOARD OF THE NEWSLETTER

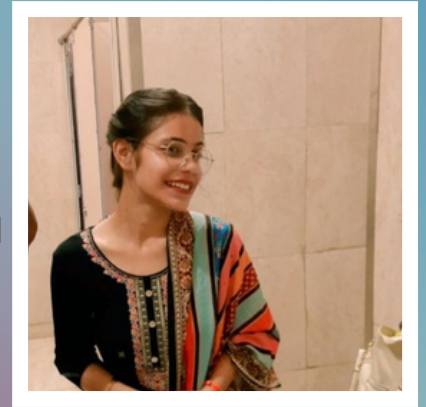


**Chief Editor of E-Newsletter**

Prof. (Dr.) SADHNA JAIN

**Student Editor**

Ms. LAKSHITA TEHLAN



## Message from the Principal's Desk

I am pleased to have the Skill Development Committee at our esteemed college. The committee aims to enhance your practical skills and foster your overall growth not only during your time at Aditi Mahavidyalaya but also as an alumnus too. Comprising experienced faculty members, the committee has organized workshops, webinars, and short-term courses to equip you with essential skills for a successful career and a fulfilling and rewarding life. We believe that honing these skills alongside academic learning has empowered you to excel in today's competitive world. Stay tuned for upcoming events and make the most of this valuable opportunity. Let us together embark on a journey of skill development and unlock our true potential.

Warm regards,

PROF. MAMTA SHARMA

PRINCIPAL

## Message from the Convenor

Dear Students,

It is a matter of immense pleasure for me to serve as the Convenor of the Skill Development Committee of the prestigious Aditi Mahavidyalaya. Our sole objective is to provide you with a platform to learn and develop practical skills that complement your academic journey. Through a series of engaging workshops, interactive sessions, and hands-on training programs, the committee has aimed to equip you with the necessary skills to thrive in the professional world with the skills of the 21st century. The committee invited dedicated and eminent experts to guide and boost your growth and success. Stay tuned for our upcoming initiatives, and make the most of this incredible opportunity to enhance your skill set. Together, let us take a transformative journey of skill development.

Best regards

Prof (Dr Sadhna Jain), Convenor, Skill Development Committee



# Members of Skill Development Committee...☆☆☆



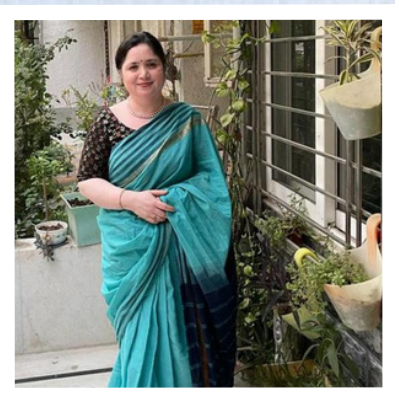
**Prof. MAMTA SHARMA,**  
Principal,  
Aditi Mahavidyalaya



**Prof. SADHNA JAIN,**  
Convenor, Skill Development  
Committee



**Sh. BALDEV GULATI,**  
Co-Convenor, Skill  
Development  
Committee



**Prof. SURUCHI SINGH,**  
Member, Skill Development  
Committee



**Dr. SANTOSH YADAV,**  
Member, Skill Development  
Committee



**Dr. RASHMI GUPTA,**  
Member, Skill Development  
Committee



**Miss. LAKSHITA TEHLAN,**  
Student, Coordinator

# Skill Development committee E-Newsletter

Develop your skills with Skill Development committee...

## Here we go!

# SESSION 2022-23

### WHAT IS SKILL DEVELOPMENT?

Skills development is generally used to refer to the productive capabilities acquired through all levels of learning and training, occurring in formal, non-formal, informal and on-the-job settings. It enables individuals to become fully and productively engaged in livelihoods, and to have the opportunity to adapt these capabilities to meet the changing demands and opportunities of economy and labour market. The acquisition of such capabilities depends on many factors, including a quality lifelong learning system and a supportive learning environment.

### WHY?

Skill development helps people get better jobs by improving existing skills or learning new ones. This includes improving communication skills with colleagues; problem-solving skills; reading faster; making better decisions etc.

Skill Development Courses help to perform a particular activity in a very experienced manner can be known as a skill. Skill Development courses are normally offered in various forms of programs like certification, Diploma and PG Diploma, UG of bachelor's level, PG or master's level, Ph. D. doctorate level.



**ADITI MAHAVIDYALAYA**  
(University of Delhi)

**Online talk on Digital Marketing**

Organized by:  
Skill Development Committee

Principal:  
Prof. Manita Shama

Convener:  
Prof. Sadhna Jain

Co-Convener:  
Shri Baldev Gulati

Members:  
Prof. Suruchi Singh,  
Dr. Santosh Yadav,  
Dr. Rashmi Gupta

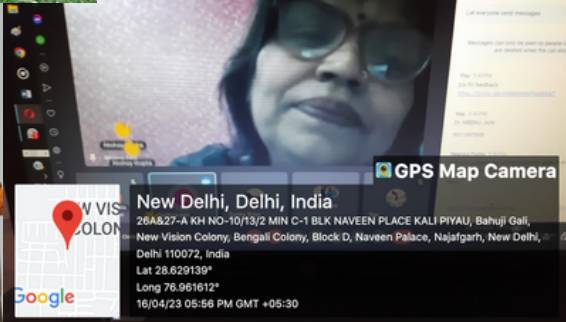
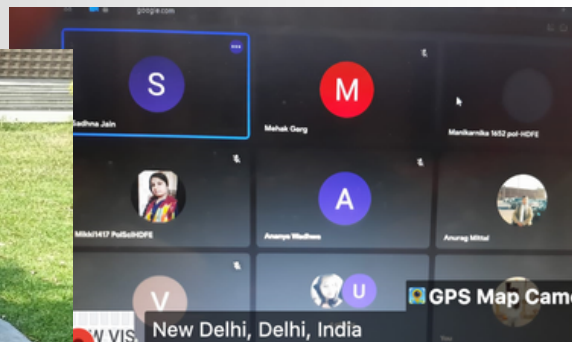
Student Co-ordinator:  
Ms. Lakshmi Tejwan  
Ms. Anushka Saha

**Shri Neeraj Gupta,**  
Manager,  
HDFC Bank  
(Digital Insurance)

Date : 07.04.2023  
Day : Friday  
Time : 5.30 pm onwards  
Platform : Google Meet

[Register now](#)

Link to Register - <https://forms.gle/xN9QC9hbEBk8n5L6>  
Google Meet Link - <https://meet.google.com/vsr-cqj-qn>





# ADITI MAHAVIDYALAYA

PRESENTS.....



## INVENTORY MANAGEMENT

### ABOUT

Inventory management helps companies identify which and how much stock to order at what time. It tracks inventory from purchase to the sale of goods. The practice identifies and responds to trends to ensure there's always enough stock to fulfill customer orders and proper warning of a shortage

### Registration Link

<https://docs.google.com/forms/d/e/1FAIpQLSdUbDUXNwKnSoa1Mqxol1rRzAYCiX1Uc1me8WotHuLO6Sgg/viewform?vc=0&c=0&flr=0>

**ADITI MAHAVIDYALAYA**  
(University Of Delhi)  
ORGANISES

**INVENTORY MANAGEMENT WORKSHOP**  
(For Teaching And Non Teaching Staff)  
ON

DATE : 3 NOVEMBER, 2022 THURSDAY : 11:00 AM ONWARDS  
VENUE: LIBRARY READING HALL

**MR NK MISHRA**  
SECTION OFFICER (STORE) RETD,  
UNIVERSITY OF DELHI

<https://docs.google.com/forms/d/e/1FAIpQLSdUbDUXNwKnSoa1Mqxol1rRzAYCiX1Uc1me8WotHuLO6Sgg/viewform?vc=0&c=0&flr=0>

REGISTRATION LINK  
Payment details are as follows:  
Account number: 520101222441654  
IFSC Code: UBIN0905704

**MR. PRINCE SHARMA**  
(CHAIRMAN)

**PROF. MANTA SHARMA**  
CONVENOR (PRINCIPAL)

**PROF. NEELAM RATHI**  
ISAC CONVENOR

**PROF. SADHNA JAN**  
CO-CONVENOR

**TEAM MEMBERS**

Dr. Sunita Dhalya  
Ms. Lovely

Ms. Manisha Pal  
Dr. Rashmi

Dr. Ritu Khatri  
Ms. Shashi Prabha

Dr. Sheetal Sharma



\* RESOURCE PERSON : Mr. NK Mishra

THURSDAY  
3 NOV  
2022

# YOGA AND SPORTS NUTRITION COURSE

30 hours certificate course in Yoga and Sports Nutrition being organized jointly by NAVYOGA and ADITI College (University of Delhi) from April 2023 to June 2023

## ABOUT

What is sports nutrition?

Sports nutrition is the study and implementation of a diet/plan that is designed to increase athletic performance. Best performance is achieved by providing the right amount of food type (protein, carbohydrates, fats, fibre, etc.), fluids and nutrients to maximise energy and aid in sports recovery.

What is yoga nutrition?

The holistic concept of yoga nutrition aims at cleansing, strengthening, and developing all levels of our human existence. While most other nutrition systems focus on the physical and chemical effects of nutrition, yoga nutrition also considers the mental and spiritual aspects of our food



**100 YEARS**

**ADITI MAHAVIDYALAYA**  
(University Of Delhi)

**SKILL DEVELOPMENT COMMITTEE**  
AND  
**DEPARTMENT OF PHYSICAL EDUCATION**  
IN COLLABORATION  
ARE  
ORGANISING  
**"SKILL DEVELOPMENT COURSES"**

**COURSES:- YOGA AND SPORTS NUTRITION COURSE**

**ORIENTATION PROGRAM**  
**MONDAY 30TH JANUARY**  
**TIMING:- 1:30PM**  
**VENUE:- COLLEGE MAIN HALL**  
**FOR ALL REGULAR AND NCWEB STUDENTS**

 <b>DR. VIKRAM SINGH</b> DIRECTOR, RESEARCH AND TRAINING, NSSS	 <b>DR. NAVDEEP JOSHI</b> FOUNDER NAVYOGA SURYODAYA SEWA SAMITI	 <b>PROF. MAMTA SHARMA</b> PRINCIPAL
<b>PROF. SADHANA JAIN</b> CONVENER SKILL DEVELOPMENT COMMITTEE	<b>PROF. SURUCHI SINGH</b> CONVENER SHORT TERM COURSE COMMITTEE	<b>DR. RASHMI GUPTA</b> TEACHER-IN-CHARGE PHYSICAL EDUCATION

\*

RESOURCE PERSON: Dr. Vikram Singh,  
Director, Research and Training, NSSS

MONDAY  
30 JAN  
2023

# REPORT OF THE COURSE

## YOGA AND SPORTS NUTRITION

The course has been designed keeping in view the industry requirement of skilled professionals, to train the students who are looking for career as yoga teacher, personal trainer, gym trainer, group fitness instructor, nutrition counselor. The certification will be jointly done by Navyoga Suryodaya Sewa Samiti & Aditi College, University of Delhi. In view of the launch of Government of India schemes like QCI, Khelo India, Fit India, Corporate wellness, Pradhanmantri kaushal Vikas Yojan, NCVET, SPEFL-SC, formed by the Ministry of Skill Development and Entrepreneurship (MSDE), promoted by National Skill Development Corporation & Federation of Indian Chambers of Commerce & Industry (FICCI), there is an urgent need to fill the gap between the skill ecosystem and industrial demand to develop skilled and effective workforce. The students get the opportunity to enhance their knowledge and qualification, get certified to work part time - earn additional income, keep themselves and their family fit and healthy. Earlier there was a tendency to go abroad to get certified but it is now available in India itself so the students can save their money, work online and offline. Build their level of confidence in delivering at all levels. Why do we stand apart from others in the industry the objective of this collaboration is to provide best opportunities by

1. Free updation after the course.
2. Provide easy to understand and well Researched study material after the program.
3. Guidance & Support at all times by the most competent faculty.
4. Promotion & Placement guidance.
5. Regular up date through workshops, meeting and seminars by National & International presenters.
6. Be a Part of the Yoga Sports and Fitness Revolution - Help people to Look Good Feel Good.



# ONLINE TALK ON DIGITAL MARKETING

## ABOUT

The term digital marketing refers to the use of digital channels to market products and services to consumers. This type of marketing involves the use of websites, mobile devices, social media, search engines, and other similar channels. Digital marketing became popular with the advent of the internet in the 1990s.

Digital marketing involves some of the same principles as traditional marketing and is often considered an additional way for companies to approach consumers and understand their behavior. Companies often combine traditional and digital marketing techniques in their strategies. But digital marketing comes with its own set of challenges, including implicit bias.

Registration Link

<https://forms.gle/xN9QCHBk8n5LT6>

Google meet Link

<https://meet.google.com/sr-ocji-of>

**ADITI MAHAVIDYALAYA**  
(University of Delhi)

G20 India 2023 | Azadi Ka Amrit Mahotsav

### Online talk on Digital Marketing

**Organized by:**  
Skill Development Committee

**Principal:**  
Prof. Mamta Sharma

**Convener:**  
Prof. Sadhna Jain

**Co-Convener:**  
Shri Baldev Gulati

**Members:**  
Prof. Suruchi Singh,  
Dr. Santosh Yadav,  
Dr. Rashmi Gupta

**Student Co-ordinator:**  
Ms. Lakshita Tehlan  
Ms. Anushka Saha

**Shri Neeraj Gupta,**  
Manager,  
HDFC Bank  
(Digital Insurance)

**Date :** 07.04.2023  
**Day :** Friday  
**Time :** 5.30 pm onwards  
**Platform :** Google Meet

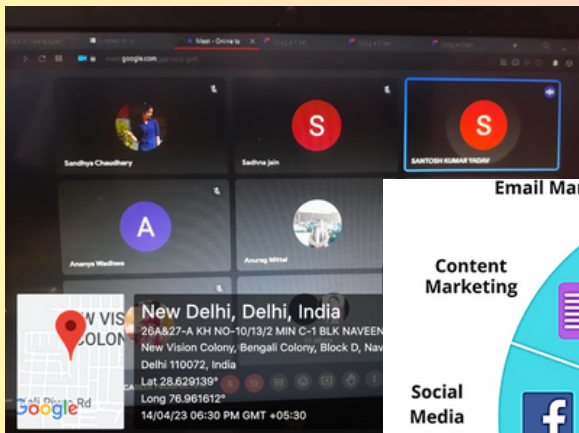
[Register now](#)

Link to Register - <https://forms.gle/xN9QCHBk8n5LT6>  
Google Meet Link : <https://meet.google.com/sr-ocji-of>

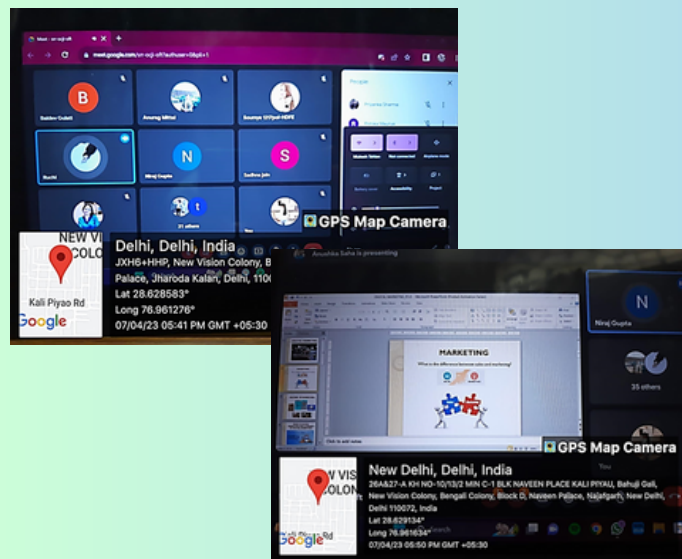
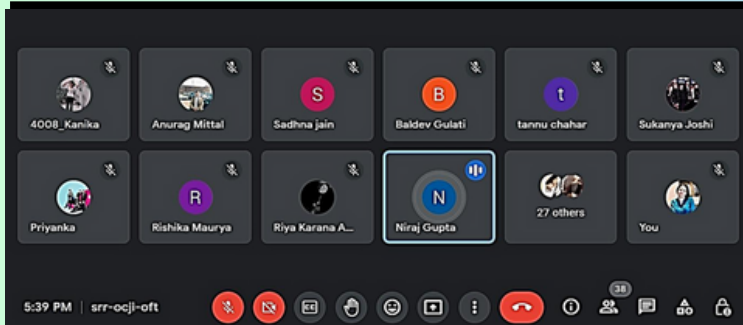
\* RESOURCE PERSON: Shri Neeraj Gupta,  
Manager, HDFC Bank



FRIDAY  
07 APR  
2023



# REPORT OF THE COURSE



## DIGITAL MARKETING

The Skill Development Committee (SDC) plays a crucial role in shaping the future of students by identifying and addressing skill gaps in academics and skills required by industries. In the era of digitalization, the need for skilled professionals in the field of digital marketing is on the rise. Digital marketing is a rapidly growing industry that encompasses a range of activities such as search engine optimization, social media marketing, email marketing, content marketing, and more. The digital landscape is constantly evolving, and professionals need to keep pace with the latest trends and technologies to stay relevant. This is where the role of the SDC comes into play. Therefore, it is important to have talks under the SDC to discuss and plan the required skill development initiatives in the field of digital marketing. Keeping these points in mind, the committee has organized a sensitization talk on Digital Marketing. I hope, the talk would satisfy many of your queries and may motivate you to explore this field as an area for career and entrepreneurial activities. With these words, I request the student co-ordinator to move forward with the program

### The keypoints of the talk includes:

- What is Digital marketing - Digital marketing, also called online marketing, is the promotion of brands to connect with potential customers using the internet and other forms of digital communication. This includes not only email, social media, and web-based advertising, but also text and multimedia messages as a marketing channel.
- Marketing - Marketing refers to activities a company undertakes to promote the buying or selling of a product or service. Marketing includes advertising, selling, and delivering products to consumers or other businesses.
- What is the difference between sales and marketing? Marketing is building awareness about your brand and products to attract customers, while sales are converting these potential customers into prospective buyers.
- History of marketing – In his talks he has explained the concept very well through examples from Mughal time till now with pictures. He also showed an ad related to contraception, that who Indian family get awkward around there children after seeing that.



THE TALK ENDED WITH A VOTE OF THANKS TO SHRI NIRAJ GUPTA BY PROF. SADHNA JAIN.

# CAREER PROSPECTS IN SKILL DEVELOPMENT ENHANCEMENT COURSES

## ABOUT

Skill enhancement provides the opportunity and knowledge for a individual to develop and strengthen the necessary skills to gain, maintain, and advance in a chosen area. Skill enhancement programs are focused around training that combines the best practices from education, psychology, social work, career counseling, sports, and technology training. Through skill training a person can improve their overall performance in any identified area and in so doing can improve the overall quality of life. Skill enhancement or training typically uses a combination of cognitive and behavior problem solving approaches, both of which are used to strengthen a person's positive skill develop.

Google meet link

<https://meet.google.com/jpp-xzvz-gmt>

Registration link

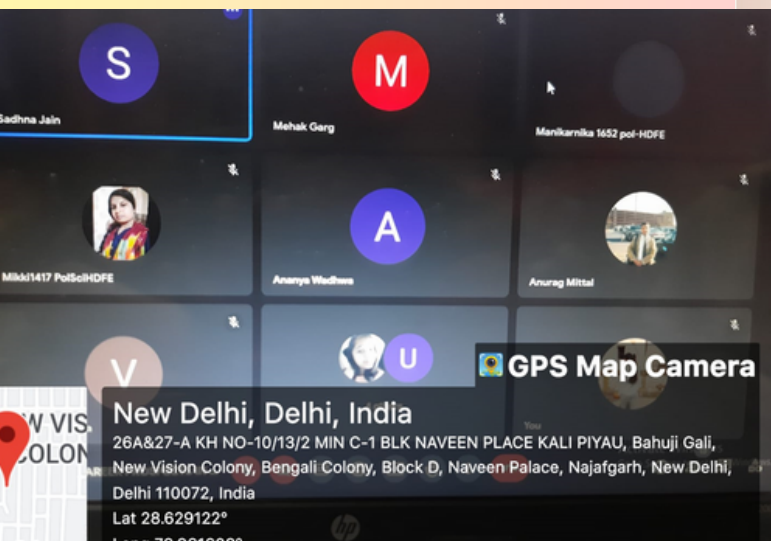
<https://meet.google.com/jpp-xzvz-gmt>

**Azadi Ka Amrit Mahotsav** **ADITI MAHAVIDHYALYA (University of Delhi)** **G20 INDIA 2023**

Skill Development Committee invites you for  
Online talk on  
**Career Prospects in Skill Enhancement Courses**

Organized by: Skill Development Committee  
Principal: Prof. MAMTA SHARMA  
Convenor: Prof. SADHNA JAIN  
Co Convenor: Sh. BALDEV GULATI  
Members: Prof. SURUCHI SINGH, Dr. SANTOSH YADAV, Dr. RASHMI GUPTA  
Student Co-ordinator: LAKSHITA TEHLAN, ANUSHKA SAHA  
Date and Day: 14.4.23: FRIDAY  
Time: 6:00pm onwards  
Platform: Google meet

Resource person: Dr Santosh Kumar Yadav,  
UGC Co-ordinator MOOC



\* RESOURCE PERSON : Dr. Santosh kr. Yadav,  
UGC Co-ordinator MOOC

FRIDAY  
14 APR  
2023



# REPORT OF THE COURSE



According to Resource person: when you become a good student, parent, friend even then also your skills get developed. In coming years (by 2025) the skill development course will be asked in every field (for getting well educated, profession, through out society) and for getting succeed these 15 skills will be must / these 15 points will work as SUCCESS MANTRA .

With that he give some examples of countries that how they don't even have the name of unemployment, each and every graduated people gets a job.

## CAREER PROSPECTS SKILL ENHANCEMENT COURSES

Skill enhancement courses are incredibly important for both personal and professional development. Here are a few reasons why:

**Improved Job Performance:** Skill enhancement courses can improve an individual's job performance by providing them with the necessary tools and knowledge to perform their job more effectively. This can lead to increased productivity, higher job satisfaction, and better job security.

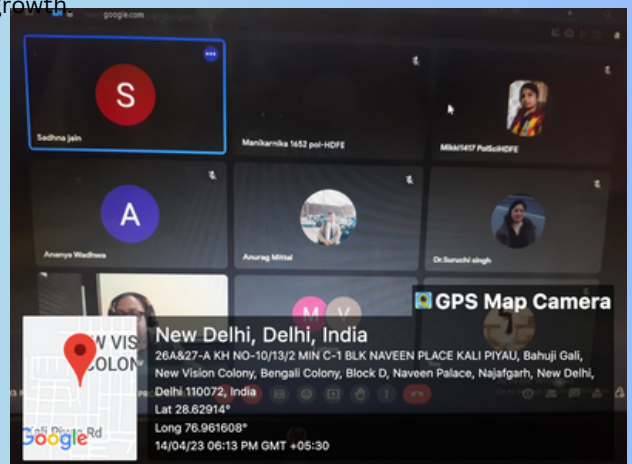
**Increased Employability:** Skill enhancement courses can also make an individual more attractive to potential employers by demonstrating that they are committed to their professional development and willing to invest in their skills.

**Career Advancement:** Skill enhancement courses can provide an individual with the skills and knowledge needed to take on more advanced roles within their organization or industry. This can lead to promotions, higher salaries, and increased job satisfaction.

**Adaptability to Change:** In today's rapidly changing job market, it's essential to stay up-to-date with the latest technology, industry trends, and best practices. Skill enhancement courses can help individuals adapt to new technologies and changes in their industry, making them more valuable to their employer and more competitive in the job market.

**Personal Development:** Skill enhancement courses can also help individuals develop new skills and explore new interests outside of their current job. This can lead to personal growth, increased confidence, and a more fulfilling life.

In summary, skill enhancement courses are essential for professional development, career advancement, adaptability to change, and personal growth.



THE TALK ENDED WITH A VOTE OF THANKS TO DR. SANTOSH KR. YADAV BY LAKSHITA TEHLAN

# CAREERS IN SPECIAL EDUCATION

## ABOUT

Special Education, also called special needs education, the education of children who differ socially, mentally, or physically from the average to such an extent that they require modifications of usual school practices. Special education serves children with emotional, behavioral, or cognitive impairments or with intellectual, hearing, vision, speech, or learning disabilities; gifted children with advanced academic abilities; and children with orthopedic or neurological impairments.

Google meet link

<https://meet.google.com/mni-srhk-eiu>

Registration link

<https://forms.gle/LxX2B7xpCRtod8vE8>

**G20**  
INDIA 2023

**ADITI MAHAVIDYALAYA**  
(UNIVERSITY OF DELHI)

**75**  
Azadi Ka  
Amrit Mahotsav

## ONLINE TALK ON *Careers in* **SPECIAL EDUCATION**

Resource person: Dr. Meenu Jain ,  
Principal, Aarambh School  
( An Early Intervention School)

*Organized by Skill Development Committee:*  
Principal: Prof. Mamta Sharma  
Convenor: Prof. Sadhna Jain  
Co Convenor: Sh. Baldev Gulati  
Members: Prof. Suruchi Singh, Dr.Santosh Yadav,  
Dr. Rashmi Gupta  
Student Co-ordinator: Lakshita Tehlan, Anushka  
saha

**Date: 16.04.23**  
**Time: 5-6pm**  
**Platform: Google meet**

**K** **B**

Kamlesh Wadhwa Bhawna Upadhyay

**S**

Sadhna jain Sunita Bose

14 others

**GPS Ma**

**New Delhi, Delhi, India**  
26A&27-A KH NO-10/13/2 MIN C-1 BLK NAVEEN PLACE KALI PIYA  
New Vision Colony, Bengali Colony, Block D, Naveen Palace, Najafgarh,  
Delhi 110072, India  
Lat 28.629131°

\* RESOURCE PERSON: Dr. Meenu Jain,  
Principal,

**SUNDAY**  
**16 APR**  
**2023**

# REPORT OF THE COURSE

## CAREER IN SPECIAL EDUCATION

A career in special education can be rewarding and challenging. Special education professionals work with students who have disabilities and need extra support to achieve their educational goals. Here are some careers in special education:

**Special Education Teacher:** Special education teachers work with students who have disabilities such as autism, learning disabilities, and emotional disturbances. They develop individualized education plans (IEPs) for each student and work closely with other professionals to ensure that the student receives the appropriate support.

**Speech-Language Pathologist:** Speech-language pathologists work with students who have communication disorders. They help students improve their speech, language, and social communication skills. They may also work with students who have difficulty swallowing.

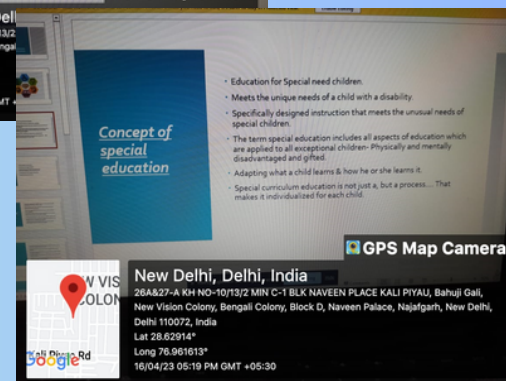
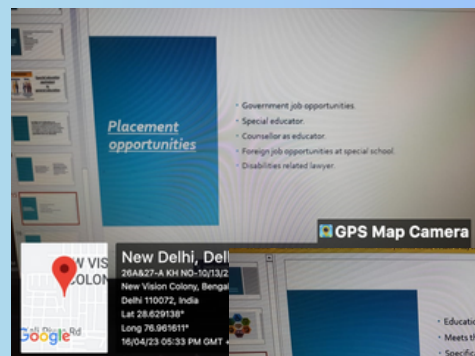
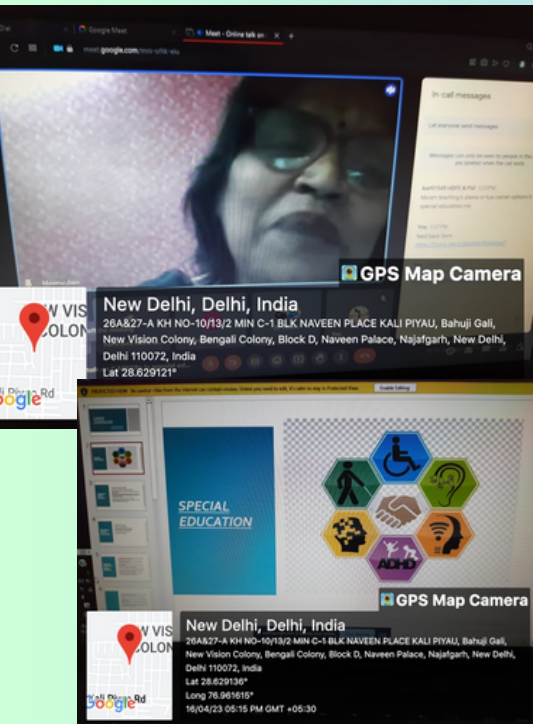
**Occupational Therapist:** Occupational therapists work with students who have physical or developmental disabilities. They help students improve their fine motor skills, such as handwriting, and their gross motor skills, such as walking.

**School Psychologist:** School psychologists work with students who have emotional or behavioral issues. They conduct assessments, provide counseling, and work with teachers and parents to develop strategies to help students succeed.

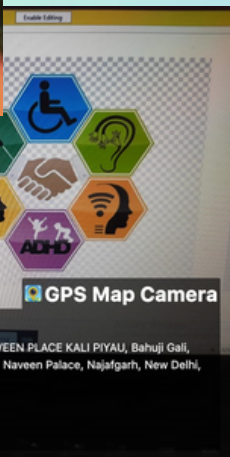
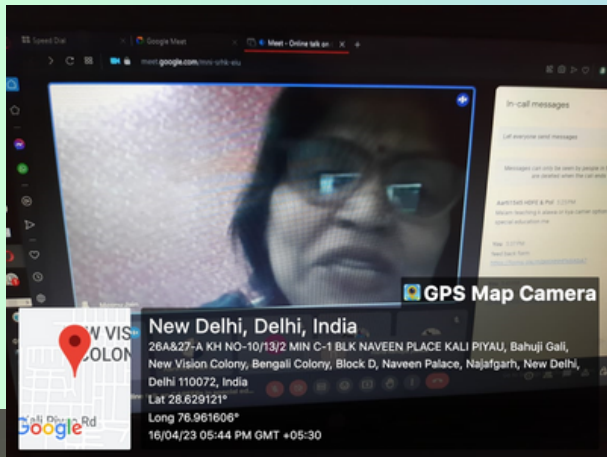
**Behavior Analyst:** Behavior analysts work with students who have behavioral issues. They develop behavior plans to help students learn appropriate behaviors and reduce problem behaviors.

**Assistive Technology Specialist:** Assistive technology specialists work with students who have disabilities that affect their ability to learn or communicate. They assess the student's needs and provide them with technology, such as computer software or devices, to help them succeed.

These are just a few of the many careers available in special education. Each of these careers requires specialized training and education, but they all offer opportunities to make a positive impact on the lives of students with disabilities



# REPORT OF THE COURSE



## The keypoints of the talk includes:

What is special education:

Special education is a kind of inclusive education. It is a specially designed education system for children who are different – socially, mentally, or physically, as compared to the average population.

Role of special education:

The special educator develops skills, concepts and behaviors related directly to the disability of students with additional requisites that should take place inside the school.

Objectives of special education:

- To develop motivational patterns in the handicapped that will produce achievement in school.
- To develop a realistic self-concept in handicapped children.
- To reach the maximum level of effectiveness in school subjects.
- To produce in the handicapped a desire to participate in the activities of non-handicapped persons. Etc....

Courses (eligibility):

- D.Ed (Diploma in Special Education)
- B.EdSpe. Edu. (Bachelor of Special Education)
- Diet

[https://www.rciapproval.org/rci\\_admission/college](https://www.rciapproval.org/rci_admission/college)  
(site shared or more information of courses)

Special education equivalent to general education:

In this topic Dr. Meenu talked about law (high court order) Special Education is a degree programme and minimum qualification for entrance is graduation and the successful candidates are eligible to impart education to the secondary level of students. Hence it is equivalent to B. Ed. (General).

Dr. Meenu Jain's line to motivate us.... \* Do any work by being dedicated, there will be opportunities in every field\*

The talk ended with a vote of thanks to Dr. Meenu Jain by Sh. Baldev Gulati.