



कुलसचिव  
REGISTRAR

# दिल्ली विश्वविद्यालय University of Delhi

No. DAA/Misc./09/2023/R-4407  
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## ADVISORY

### **Adoption of Sustainable Environmental Practices within the institution**

All are requested to adopt Sustainable Environmental Practices in line with the Mission Lifestyle for Environment (LiFE) of Government of India. To realise the goals of Sustainable Environmental Practices, all are encouraged to spread awareness, assimilate and adopt practically doable LiFE actions some of which are listed below:

#### List of Actions

##### **Energy Saving**

- Switch off vehicle engines at red lights and railway crossings
- Switch off appliances from plug points when not in use
- Keep temperature of Air Conditioners to 24 degrees
- Keep your electronic devices in energy-saving mode
- Defrost fridge or freezer regularly

##### **Water Saving**

- Create rainwater harvesting infrastructure in home/ schools/ offices
- Fix leaks in flushes, taps and waterpipes

##### **Reduction of Single Use Plastic**

- Carry your own water bottle wherever possible
- Prefer using non-plastic eco-friendly cutlery during gatherings and events
- Use recycled plastic over virgin plastic, wherever possible

##### **Adoption of Sustainable Food System**

- Create kitchen gardens/ terrace gardens at homes/ schools/ offices
- Use smaller plates for daily meals to save food wastage

##### **Reduction of Waste (Swachhata Actions)**

- Set printer default to double-side printing
- Buy paper products made from recycled paper

##### **Adoption of Healthy Lifestyle**

- Plant trees to reduce the impact of pollution
- Avoid purchasing products/souvenirs made from skin, tuskers and fur of wild animals

##### **Reduction of E-Waste**

- Prefer cloud storage over a pen drive / hard drive

All are therefore encouraged to adopt the above listed actions within your institution/office, and thereby become 'Pro-Planet Person' under the terms of Mission LiFE, making meaningful contribution towards safeguarding our environment and ecology.

*Mukul*  
5/6/23  
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