## NSS 2019 -20

The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969.15 volunteers were per day available for helping students to take admission systematically.

- 1. An orientation program for all the NSS volunteers was organised on 13th of August 2019 with the motive to welcome all the new students of the college and tell them about NSS. Its objective was to motivate them to start taking initiatives for helping people around them. On 21st August 2019, a rally was held at Shahbad dairy to promote Swachh Bharat Abhiyan. 100 volunteers total participated in it. The main objective of the rally was to motivate students and people around to know about the importance of cleanliness in our daily lives.In addition to this movement, revival of local water bodies (johad) was also taken up on 19th August 2019. Number of volunteers who participated in it was 50. In addition to this on 10th August 2019 a donation drive was taken up by 30 volunteers for mission education NGO. The students were invited to donate anything related to education to help in the education of poor children.
- 2. Another event taken up was a a UGC sponsored conference on beti bachao beti padhao scheme on 28 August 2019 where 20 volunteers participated enthusiastically. Moreover every Saturday 10 students from NSS team visit old age homes spend some time with senior citizens to make them feel loved and revive their life with happiness.
- 3. The team also organised a workshop on a prevailing disease coronavirus. The main objective was to make people aware about its treatment and prevention. On 29th January,2020, 30 volunteers were enlightened on the issue by the CMO from North MCD about the disease and its symptoms and also the treatment and the methods to cure it. The team has always been enthusiastic to organise competitions to improve and appreciate the artistic skills of students. In the same regard a poster making competition based on swachata pakwada was organised by 10 volunteers on 30th Jan 2020 on the importance of cleanliness in our life.
- 4. Keeping in mind the issues of self safety, NSS organised a self defence training program where 30 NSS volunteer and some NCC volunteers participated to learn the techniques of self defence. The training started from 24th February 2020. Swachh Bharat Abhiyan (SBA): Swachh Bharat Abhiyan conducted rallies within the college, at Shahabad Dairy and places in and around Bawana to disseminate the information about maintaining cleanliness along with NSS and Delhi Public Library. Students generated awareness about importance of cleanliness, urged people to stop open defecation and shun single use plastic items.
- 5. The students of Aditi Mahavidyalaya also made posters and wrote slogans on 'Importance of cleanliness' Aditi Mahavidyalaya also celebrated 'Hand Washing Day' along with NSS. The college students were sensitized about importance of hand washing

and correct manner of hand washing. They were also told what other items can be used in place of soap and how hand washing can help in containing the spread of infectious diseases. They were mobilized to use cloth bags made out of worn out clothes. Aditi Mahavidyalaya celebrated 'Swachhta Pakhwara'. The students took 'Swachhta Pledge'. This was followed by poster competition. Slogan writing and poem composition competition was also organized.

6. The NSS committee of the college also participated in it. Best posters were awarded by the Head of the institution. The SBA committee along with NSS conducted a sensitization lecture on 'Spread and Prevention of Corona Virus'. The Chief Medical Officer, MCD, Dr NK Indra sensitized the students, faculty and other staff of the college about causes, spread, incubation period, myths and misconceptions and facts about Corona virus. He also threw light on how to prevent oneself from getting the infection. The students and faculty clarified their doubts about it. They attended the lecture with utmost attention. The lecture was in line to keep students updated about the current issues, concerns, prevention and treatment affecting the health of the individuals. The entire team of SBA expresses heartfelt gratitude to the able leadership (Principal, Prof. Mamta Sharma)for motivating one and all to think, organize, and conduct activities concerning the pertinent issues.