

Teacher's name	Department	Course	Subjects
Prof. Beena Antony Reji	Social Work	B.A. (H) Social Work	Social Work

SUBJECT NAME Social Welfare Administration

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
Unit: 1		Social Welfare Administration an Introduction	
1.1		Concept and nature of social welfare administration	6
1.2		History of social welfare administration	2
1.3		Principles of social welfare administration	4
Unit: 2		Structures and Processes	
2.1		Central and State Social welfare boards, Min of Women and Children, Social welfare Directorate .	8
2.2		Establishment of human service organization	4
2.3		Group processes in welfare administration	4
Unit: 3		Organization of Human Services	
3.1		Management of human service organization	4
3.2		Decision making processes	4
3.3		Role of Communication in administration	4
Unit: 4		Emerging Trends in Welfare Administration	
4.1		Fund Raising, Resource Mobilization, Grant in-aid	6

4.2

Practice of Social Welfare Administration in different settings.

4

4.3

Social welfare Administration as an instrument of Social Change

2

TOTAL

52

Academic Session- 2022-23

Teacher's name	Department	Course
Seema Rani	Social Work	B.A.(H) Social Work Semester-VI

Social Work with Families and Children		Sub Topics of Units	No. of Lectures
UNITS			
1	Understanding dynamics of family system	a)Family: concept, definitions, structures, functions and contemporary concerns b) Marriage: concept, relevance, structures and functions c)Family in problem: types, causes and consequences, Families in vulnerable situations (poverty, disaster, communal violence)	6 3 6
2	Social work response with Families	a) Family counseling and family therapy b) Skills and techniques of working with families c) Family enrichment programmes	6 3 5
3	Child Development: Issues and Challenges	a)Child development: concept and Demographic state of children in India: health, education, protection b) Early childhood care and development, Child rearing practices and implications c)Child Rights, Constitutional provisions, Policies and legislations for child well being	4 3 5
4	Children in difficult situation: policy and social work response	a)Children in difficult circumstances: disability, poverty, migration, orphaned, trafficked, in prostitution, abuse b) Legislations and programmes for child protection c) Social workresponse to children in need of care and protection, Child counseling, therapy, skills and techniques in working with children	6 3 6
		Total	56

Academic Session- 2022-23

Teacher's name	Department	Course
Seema Rani	Social Work	B.A.(H) Social Work Semester-V

Social Action & Movements		Sub Topics of Units	No. of Lectures
UNITS			
1	Understanding Social Action	a) Social action: Concept and meaning b) Models and strategies of social action. c) Social action and socialchange	2 6 4
2	Social Work and Social Action	a) History of radical social work practice b) Anti Oppressive Social Work practice c) Structural and Critical Social Work Social Work practice.	4 4 6
3	Approaches of Social Action	a) Concept of conscientisation and critical awareness b) Paulo Friere contribution to Social Action	5 4

	c)Saul Alinsky's contribution to Social Action	4
4 Social Movements	a) Social Movements: Concept, nature and components	4
	b) Classification of Social Movements: Peasant, Women, Dalit, Tribal and environmental movements in India.	6
	c) Understanding Social Movements with Indian perspective	6
	Total	55

TEACHER'S LESSON PLAN 2022- 23

Teacher's name	Department	Course	Subjects
Dr. Sunita Bahmani	Social Work	B.A. (H) Social Work	Social Work

SUBJECT NAME **Working with Individuals**

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
1	a	Concept of social casework: meaning, evolution, nature and objectives	4
	b	Principles of social case work	4
	c	Components of social case work: person, problem, place and process	4
2	a	Human needs and problems faced by individuals and families	3
	b	Factors impacting personality development of individuals	2
	c	Concept of social role and reasons for poor role performance	3
3	a	Client-worker relationship and use of authority	2
	b	Case work tools: listening, observation, interview and home visits	4
	c	Skills of case work: communication, resource mobilization, rapport building and case work recording	3
4	a	Approaches to Case Work: psycho-social, problem solving and task-centered	4
	b	ases of case work process: study, assessment, intervention, termination and evaluation	4
	c	Case work practice in different settings: family, hospital and mental health	4
TOTAL			41

SUBJECT NAME **Working with Communities**

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
1	a	Concept of community: Meaning and definitions	4
	b	Types of community	4
	c	Functions of community	2
2	a	Concept of community organization: Nature, evolution and characteristics	6
	b	Principles of community organization	3
	c	People's participation of community organization	3
3	a	Steps of community organization	4
	b	Models: Locality Development, Social Planning and Social Action	3
	c	Approaches: Welfarist, Social Development and Empowerment	3
4	a	Community development: Concept, aims & objectives and basic elements	4
	b	Community organization and community development	3
	c	Role of community organizer	2
TOTAL			41

TEACHER'S LESSON PLAN July 2022 to July, 2023			
Teacher's name	Department	Course	Subjects
Dr. Gyanvati	Social Work	B.A. (H) Social Work	Social Work
SUBJECT NAME	Health and social work		
UNITS	Sub Topics of Units		No. of Lectures
	sub topics		
	1	Understanding Health	
1	a	Health and Well-Being: Concepts, components, determinants, Indicators of health status	8
	b	Understanding diseases, Community health and Life style diseases: communicable and non-communicable (HIV/AIDS, T.B., Cancer, diabetes, obesity, PCOD)	16
	c	Health scenario of India: Major Government Programmes and Policies	8
	2	Mental Health & Illness	
2	a	Concept, Definitions and components of mental health; Mental health as a positive	2
	b	Approaches to mental Illness: Biological, psychological and sociological	2
	c	Concept of abnormal behavior, Psychoactive substance use disorders, Schizophrenia, Mood disorders, Neurotic, Stress related, Somatoform disorders	14
	3	Health Care and Social Work	
3	a	Public Health, Health education, Reproductive and Child Health	6
	b	Structure of health care services in India: Primary, Secondary and tertiary level,	3
	c	Roles of social work profession in health settings : Preventive, promotive and rehabilitative approaches	3
	4	Palliative Care and Social Work	
4	a	Concept, meaning, scope, origin and models of palliative care.	6
	b	Understanding patient and families -distress, coping, adaptation, truth telling, psycho -social care, spiritual care, caregiving burden, Grief and Bereavement	12
	c	Ethical and legal issues in palliative care- euthanasia, withdrawal of assistive treatment, issues death and dying	8
	TOTAL		88

Introduction to social psychology		
	Sub Topics of Units	No. of Lectures
	Sub topics	
1	Nature and Scope of Social Psychology	
a	An introduction to social psychology	4

b	Methods of social psychology	8
c	Relevance of social psychology to social workers	2
2	Concepts in Social Psychology	
a	Social Perception, Social Influence	6
b	Aggression, public opinion, propaganda and social change	6
c	Interpersonal Attraction	6
3	Understanding Groups and Crowds	
a	Group: Definition, Types, Process	4
b	Group development and dynamics	5
c	Crowd and mob: Characteristics and dynamics	6
4	Social Attitudes and Leadership	
a	Social attitudes: Definition, Features and formation	9
b	Prejudice and stereotypes	6
c	Leaderships: Traits, styles and types	8
TOTAL		70

	Social Work With Youth	
	Sub Topics of Units	No. of Lectures
	Sub topics	
1	Understanding Youth	
a	Concepts and perspectives of youth	4
b	Socio-demographic variables (like gender, caste, class, locale) influencing youth development and empowerment	6
c	Youth empowerment : Needs, Importance and strategies	6
2	Social Work With Youth	
a	National Youth Policy	4
b	Youth Development Programmes: National Cadet Corps (NCC), National Services Scheme (NSS), Nehru Yuva Kendra Sangathan (NYKS)	4
c	Entrepreneurship schemes: Technology and education for youth development	4
TOTAL		28

TEACHER'S LESSON PLAN FOR YEAR 2022-23

Department	Course	Subjects
Social Work	B.A. (Hons.) Social Work	Social Work

MS. MANISHA PAL

Fundamentals of Social Work

Sub Topics of Units		No. of Lectures
	sub topics	
a	Concept, definitions , scope and goals of social work Related concepts: Social welfare, Social development, Social service and Social reform	5
b	Social Justice and Human Rights	6
c	Principal and Values of Social Work	6
a	Code of Ethics in social work	5
b	Skills and Role of Professional Social Work	6
c	Development of professional social work in UK & USA	5
a	Development of professional social work in Asia, Australia & Africa	6
b	Development of professional social work in India	7
c	Social Work practice in field	3
a	Project work in field setting	2
b	Case studies in field work setting	2
c		3
TOTAL		56

Participatory Learning and Action (233600003) SEC

Sub Topics of Units		No. of Lectures
	sub topics	
a	Participatory learning Action (PLA): Meaning, origin and principles	3
b	Participatory learning: Basic rules and phases	2
c	Preparations for PLA	2
a	PLA techniques I: Community mapping (social & resource mapping), PLA Techniques II: livelihood analysis, Venn(chapati) diagram, Time line analysis, Vector scoring, (preference ranking, issue prioritization, wealth ranking), Calendars (Seasonal calendar, Daily routine diagram), Transect walk	2
b	Roles and responsibilities of PLA teams	4
c	Project work: Community Mapping,	2
a	Project work: Need assessment (Calender/Seasonal Analysis/Transect Walk/Vector scoring)	3
b	Project work: Resource identification & Utilization	2
c	Use of PLA for research and community action	2
a	Processing, analysis and interpretation of data generated through participatory learning tools	2
b	Report writing: Tips and techniques	4
c		2
		30

Indian Constitution and Social Justice

Sub Topics of Units		No. of Lectures
	sub topics	
a	Basic Framework of the constitution: Preamble, fundamental rights, fundamental duties and directive principles of state policy	5
b	Indian Legal System: Relevant sections for women and children from Indian Penal Code (IPC)	5
c	role of juvenile justice board, child welfare committees and special women cell	5
a	Social Justice: Concepts, philosophy, features and forms	5
b	Manifestations of social injustice in the Indian context: Exclusion, oppression and marginalization	5
c	Social justice as a core value and principle of social work profession	5
a	Instruments of social justice: positive and protective discrimination, legal and public advocacy, public interest litigation (PIL), Legal Literacy and Right to Information (RTI)	5
b	Statutory bodies for justice: National and state commissions for women, minorities, scheduled castes, schedule tribes and human right	5
c	Role of professional social workers and mass media in promoting social justice	5
a	Application of instruments of social justice: Legal literacy/free legal aid RTI/PIL	15
b	Approaches of intervention: Children , women, elderly, persons with disability	15
		75

TEACHER'S LESSON PLAN 2022-23

Teacher's name	Department	Course	Subjects
Rakesh Choudhary	Social Work	B.A(H) Social Work	2

Social work intervention in disaster

SUBJECT NAME Management

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
1	Conceptual Framework	1.1 Disaster: Concept, hazard, risk, vulnerability (forms and reduction)	3
		1.2 Types of disasters: Natural (famine, drought, flood, cyclone, tsunami, earthquake)	3
		1.3 Impact of disasters: Physical, socio-economic, ecological, political and and manmade disasters (wars, blasts, industrial, military) major	3
2	Disaster Management in Different Phases	2.1 Pre-disaster: Prevention, mitigation and preparedness	4
		2.2 During disaster: Search & rescue, relief mobilization and management, evacuation	4
		2.3 Post-disaster: Reconstruction, rehabilitation and recovery	4
3	Disaster Management Policy and Programmes	3.1 Disaster management policy & programmes in India	6
		3.2 National disaster management framework; administrative & institutional structure	8
		3.3 International and national Techno-legal framework: Hyogo Framework for Action, Yokohama Strategy, Sendai framework; Disaster Management Act, 2005;	8
4	Social Work Intervention in Emergencies and Disasters	4.1 Social work intervention: Contingency planning & fund raising, mobilization & management of human resources, relief material procurement, crisis management, rapid health assessment & emergency	4
		4.2 Community based disaster preparedness (CBOP) and management (CBDM)	4
		4.3 Post-disaster trauma care and counseling including grief counseling	4
Total			55

SUBJECT NAME Gender and Social Work

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
1	Understanding Gender	1.1 Definitions and Concepts: gender, sexuality, types of gender, gender identity and	3
		1.2 Gender stratification in traditional and modern societies, Gender Stereotyping,	3
		1.3 Major Feminist thoughts: social and radical	4
2	Gender perspective in development	2.1 Historical Overview of Feminist Movements: welfare to rights and empowerment	4
		2.2 Gender equality and empowerment.	4
		2.3 Gender approaches to development: WID, WAD and GAD, Gender development	4
3	Gender Mainstreaming	3.1 Sexual minority: concerns of LGBTQ	5
		3.2 Gender mainstreaming: Principles, strategies and tools	8
		3.3 State and civil society initiatives	8
4	Policy and Programmes	4.1 Constitution and legislative safeguards, international covenants for women	4
		4.2 National Policy and plans with gender focus	4

4.3 Institutional mechanisms: National Commission for Women, Rashtriya Mahila Kosh, Crime Against women Cell, Family Court, Family counselling centers and

Total

4
55

TEACHER'S LESSON PLAN 2022-2023

Teacher's name	Department	Course	Subjects
Dr.Aneesh T. V.	Social Work	B.A. SOCIAL WORK	(HONORS)

SUBJECT NAME Areas of Social Wrok Practice **2022-2023**

UNITS	Sub Topics of Units	No. of Lectures
Unit-1: Disability and Social Work	1.1 Concept and meaning: Disability, Impairment, Handicap, and differently abled	3
	Physical, orthopaedic, visual, motor & sensory, intellectual and multiple disability	2
	1.3 Needs and problems of persons with disability,	3
	1.4 Prevention of Disability, Rehabilitation programmes for the PWDs, Mainstreaming PWDs as empowerment ideology	
Unit-2: Elderly and social work	2.1 Needs and problems of elderly: physical, psychological, financial, social and environmental, Changing family norms, intergenerational gaps, Family relationships and caregiving issues	3
	2.2 Social security measures, Welfare programmes/schemes for the elderly, National Policy for older persons	4
	2.3 Involvement of the elderly in community resource building; Role of NGOs, police system, Empowering elderly: Counselling services for preparation of old age, lifestyle management, retirement plan, second career elderly	4
Unit-3: Conflict mitigation and peace building	3.1 Understanding conflict: definition, concepts of violence, riots, rebellion and genocide implications	3
	3.3 Conflict induced trauma and social work interventions	3
	civil societies	3
Unit-4: Environment, Sustainable Development and Social work	4.1 Environment: Definition and components, impact of environmental degradation on marginalised groups, Environmental social work Social implications and consequences such as disasters; food shortages; migration; conflict challenges organisations in environment conservation	3
		3
		3
		3
		3
Grand Total		43

SUBJECT NAME: Social Work with Elderly

Unit-2: Issues, Policy, Programmes and Initiatives	2.1 Needs and problems of elderly: physical, psychological, financial, social and environmental, Changing family norms, intergenerational gaps, Family relationships and caregiving issues elderly	3
		4
	2.3 National Policy for older persons, international resolution	2

