# A HANDBOOK OF MENTAL HEALTH AND WELLBEING

Edited by Seema Rani Neeraj



### Worldwide Circulation through Authorspress Global Network First Published in 2023

### by

## Authorspress

Q-2A Hauz Khas Enclave, New Delhi-110 016 (India)

Phone: (0) 9818049852 E-mail: authorspressgroup@gmail.com Website: www.authorspressbooks.com

### A Handbook of Mental Health and Wellbeing

ISBN 978-93-5529-670-2

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Printed in India at Thomson Press (India) Limited

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## **Intellectual Disability**

Dr. Gyanvati

### Abstract

Intellectual disability is one of the learning disability. The conceptual framework of intellectual impairment is examined in the current chapter. Firstly, the chapter looks into situation of intellectual disability in the country. Secondly, the chapter reflects on signs, level, characteristics and causes of intellectual disability. Thirdly, the paper highlights management, role of social worker and government initiative for persons with intellectual disabilities. Lastly, the chapter concludes by emphasising the social work intervention for issuing the needs and challenges of the person with intellectual disability.

Keywords: Intellectual Disability, Symptoms, Diagnosis and Management.

### Introduction

Intellectual disability earlier known as mental retardation as one of the disability. It is connected to learning disabilities in terms of intellectual development that is delayed, education performance that is below average, and limits in social, communication, and self-help abilities. Generally, children are slow in reaching developmental milestones as compared to other normal children.

The WHO and the International Society for the Scientific Study of Intellectual Disabilities (ISSSID) both use the term "intellectual disability." After a vote among its members, the American Association on Mental Retardation changed its name to Intellectual Disability in 2009 (Schroeder, Gerry, Gertz, & Velazquez, 2002). The definitions characterize intellectual disability as a condition using functional and educational terminology rather than clinical terms, shifting from a medical paradigm to a rehabilitative approach. The shift in how intellectual impairments is described has been reported chronologically.



# Apratim Bharat Azadi ka Amrit Mahotsav

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# Colonialism And The Death of A Culture in Twilight in Delhi

-Prof. Neenu Kumar

### **Abstract**

The current article is about a groundbreaking work that mourns the loss of cultural norms as an outcome of colonial invasion.

Twilight in Delhi, Ali's novel, explores the world both inside and around the Nihal home in Delhi. Mir Nihal's family sees a series of catastrophes which culminate in the patriarch's near-death, as he becomes comatose and remains 'more dead than alive.' Colonialism, as witnessed through Mir Nihal's eyes, means the end of Mughal dominance. He regrets the loss since he no longer feels connected to the city of his birth, which is decaying as a result of colonialism. The sense of loss of the Nihal family is all pervasive yet very personal. The non-co-operation movement has little or no meaning for Asghar, the youngest son of the family, who '... had his own sorrows to think of, his own life to set right. He was unconcerned whether the country lived or died.' Nihal cannot come to terms with these nationalist movements because, according to him, these movements had given in to the foreign, colonial way of thinking. 'New ways and ideas

# India's Role in the G20 Summit

Fostering Diversity in Global Policy and Economic Cooperation





**Editors**:

Mamta Sharma • Pooja Khanna Beena Antony Reji

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# India's Leadership in the G20 Summit: A Catalyst for Global Trade, Commerce, and Finance

Rajeev Kaur Nitu Rana

The G20 holds a crucial position in the constantly evolving global economic arena, serving as a forum where nations come together to jointly tackle urgent matters and influence the direction of international trade, finance, and commerce. Its importance doesn't solely stem from its sheer size but from the breadth of its impact and the possibility it holds to bring about substantial global transformations. With India taking the helm of this assembly, it becomes imperative to explore the historical context and importance of the G20.

## Navigating the Global Economy - The G20 Odyssey

"The world is interconnected, and the decisions of one nation can send ripples across the globe. We need a forum that mirrors this interconnectedness, a platform where nations can come together to address the most pressing economic challenges of our time." These remarks by a G20 leader, London at the inauguration of Summit, 2009 sums up the sentiment of humanity across the globe. In the turbulent waters of the global economy, where trade routes across continents and fiscal storms can ravage nations overnight, a group of economic giants emerged in the late 20th century to chart a new course. The genesis of G20 resulted as an aftermath of a financial crises. Since then, the



# Apratim Bharat Azadi ka Amrit Mahotsav

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# Financial Inclusion: Current Scenario in India and Future Prospects

-Dr. Nitu Rana -Dr. Rajeev Kaur

"Financial inclusion is the process of ensuring access to financial services and timely and adequate credit where needed by vulnerable groups such as weaker sections and low-income groups at an affordable cost."

Committee on Financial Inclusion, Chairman, Dr. C. Rangarajan RBI 2008

## Introduction

Financial inclusion is making financial products and services available, affordable and accessible to all the people irrespective of their financial status. It also refers to removing all the barriers and constraints which prevents the individuals and small businesses from active participation in the financial sector and using the financial services for improving their standard of living. Financial Inclusion has become one of the very important priorities of the Indian Government. The main purpose of financial inclusion is to make financial services available to the underprivileged and marginalised population of the country for the overall growth and



# अप्रतिम भारत आज़ादी का अमृत महोत्सव

प्रो. ममता शर्मा प्रो. नीलम राठी

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–डॉ. सरिता

साराश

स आलेख में भारत में ब्रिटिश राज से लेकर वर्तमान समय तक शिक्षा की स्वतंत्रता ज अध्ययन किया गया है। ब्रिटिश राज में शिक्षा व्यवस्था कैसी थी? उद्देश्य एवं नक्ष क्या थे? इन उद्देश्यों एवं लक्ष्यों में स्वतंत्रता के उपरांत क्या बदलाव समय-समय पर आए? क्या शिक्षा की स्वतंत्रता को पूर्णतया प्राप्त किया जा सका वर्तमान में शिक्षा की स्वतंत्रता की स्थिति क्या है? इन प्रमुख प्रश्नों को केन्द्र ं खकर इस आलेख को गढ़ा गया है। साथ ही साथ वर्तमान समय में शिक्षा की क्तंत्रता की आवश्यकता को समझने का प्रयास भी इसमें रहा है। आत्मनिर्भरता, भाक्तीकरण एवं राष्ट्र विकास तथा शिक्षा की स्वतंत्रता के संबंध का भी विवेचनात्मक <sup>अध्ययन</sup> इस आलेख में किया गया है।

प्रमुख शब्द : शिक्षा, स्वतंत्रता, आत्मनिर्भरता, सशक्तीकरण

परिचय

भी आलेख में शिक्षा की स्वतंत्रता से तात्पर्य शिक्षा की व्यवस्था भारतीयों के हित भारतीयों के दृष्टिकोण से करने से है। इसे सरल शब्दों में कहें तो शिक्षा में भारतीयों की स्वतंत्रता से है जिसमें वे अपने स्वयं एवं देश के हित में शिक्षा व्यवस्था का सकें। शिक्षा की स्वतंत्रता एक बहुत ही व्यापक शब्द है जिसमें सम्पूर्ण शिक्षा णाली की अधारिशला भारत के संदर्भ में, भारतीयों के दृष्टिकोण से रखने एवं <sup>ऐसिको</sup> कार्यान्वित करने से है।

दृष्टि से प्रमान तिकार किया ग्याः

सौंदर्यमयी औः 🎣

ीयता, भानवीय

क्षि को संकीता है।

विता में भारत है।

विभाजन, पृ.४.न

प्रकाशन बीकाने. प्रकाशन बीकाने 🅬

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### Chapter- 8

### Inclusive and Sustainable Environment

Anu Jain

Hema Gupta

#### Introduction

G20 was created after the 1997–1998 Asian financial crisis. During this period central bank governors and finance ministers from key economies started meeting informally to discuss various methods to improve the global financial system. The G20 was formally founded in 1999.

The G20 initially concentrated mostly on financial and economic issues, such as exchange rates, financial regulation, and stability of the global economy. It served as a forum for dialogue amongst significant economies and had the goal of averting upcoming financial crises.

The G20's mandate has grown over time to include a wider variety of economic issues facing the world. It started addressing topics including energy security, climate change, and development cooperation. India helped to shape the G20 agenda by actively participating in negotiations to take emerging economies' concerns into account.

The G20 evolved into a venue for discussing trade, investment, and financial regulation-related concerns and coordinating economic strategies.

The G20 is now acknowledged as a key player in fostering global economic cooperation. It organizes yearly conferences of top international officials and keeps working to address urgent issues like climate change, digitization, and health disasters like the COVID-19 pandemic. The G20 continues to play a significant role in determining global economic governance and policy coordination.

The G20 has transformed from a meeting that largely addressed financial and economic issues into an essential force for global economic cooperation. By standing up for the interests of

# Examining the Synergy between Carbon Credits and Sustainable Investment Instruments in the Context of Green Finance

Dr. Anu Jain (Professor, Aditi Mahavidyalaya, University of Delhi) Dr. Hema Gupta (Professor, Aditi Mahavidyalaya, University of Delhi)

#### Abstract:

The urgency to address climate change has spurred the emergence of green finance, aiming to direct capital towards sustainable investments. This research paper explores the integration of carbon credits and sustainable investment instruments within the framework of green finance. It investigates the potential synergy between these two key components and their collective impact on environmental sustainability and financial returns. By examining relevant quotations and studies, this research paper seeks to shed light on the effectiveness of carbon credits and sustainable investment instruments in achieving environmental objectives while generating economic value.

Several studies highlight the significance of carbon credits as a tool to incentivize emission reductions. As stated by John Elkington, a renowned sustainability expert, "Carbon credits create financial value for reducing greenhouse gas emissions" (Elkington, 2019). These credits provide economic incentives for organizations to adopt cleaner technologies and mitigate their carbon footprint. Additionally, the study conducted by Smith et al. (2021) emphasizes the potential of carbon credits to promote sustainable development, stating that "carbon credits can contribute to the financing of renewable energy projects and foster sustainable economic growth."

Furthermore, sustainable investment instruments, such as green bonds and impact funds, play a pivotal role in channelling funds towards environmentally friendly projects. A study by Jones and Rottier (2020) underscores the growing popularity of sustainable investment instruments, stating that "green bonds have witnessed substantial growth in recent years, indicating investors' increasing appetite for environmentally conscious investments." These instruments not only provide investors with opportunities to support sustainable initiatives but also offer potential financial returns.

This research paper aims to analyze the integration of carbon credits and sustainable investment instruments and their collective impact on green finance. By synthesizing existing literature, it will evaluate the potential for synergy between these components and the implications for both environmental sustainability and financial performance. The findings of this study will contribute to the ongoing discourse on green finance, providing insights for policymakers, investors, and organizations seeking to align their financial objectives with environmental stewardship.

#### Introduction:

In recent years, the urgency to combat climate change and promote sustainable development has prompted the rise of green finance as a vital mechanism for redirecting