

TEACHER'S LESSON PLAN FOR YEAR 2023-2024

Teacher's name:	Department:	Course	Subjects
DR. ANEESH T. V.	SOCIAL WORK	B.A. SOCIAL WORK (H)	

SUBJECT NAME: PROGRAMME MEDIA (SEC)

Units	Sub Topics of Units
Unit I: Mass Media	2.1 Types of programme media: Talk, public meeting & hearing, group discussion, press conference, movement, advertisement, campaign, storytelling and entertainment/games
Unit II: Mediums and Methods	2.2 Information and digital literacy: Concept, importance and components 2.3 People's participation in programme: Film screening, discussion and review
Unit III: Handmade Creations	3.1 Creative writings: short story writing, slogans writing and preparing, brochures, hand-outs & pamphlets, FAQs 3.2 IEC materials: Flip chart, flash cards, flyers, leaflets, banners, hoardings and standee

4
3
3
3
4
Grand Total 17

SUBJECT NAME: RURAL AND URBAN COMMUNITY DEVELOPMENT (DSE)

Units	Sub Topics of Units
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Unit I: Understanding Basic Concepts and Societies, Rural and Urban Governance	1.1 Characteristics and Nature of Rural and Urban Societies, Rural and Urban Governance	4
	1.2 Socio-economic & political structure of rural and urban communities, Rural and Urban Community development	4
	1.3 Social work response to community development	3
Unit II: Rural Development : Policy and Panchayati Raj	2.1 Key Policies and Programmes – MGNREGA, PMAY-G, PMGSY, DDUGKY, MISSION ANTODYA, NSAP, SAGY, DAY-NRLM, SPMRM (RURBAN), Microfinance and Credit, Forest Rights Act, Agriculture related Policy and Panchayati Raj	4
	2.2 Role of IT and ICT in rural development, Social Advocacy in Rural Sector, social entrepreneurship, Role of Social Work Professionals	4
	2.3 Case Studies – Best Practices in rural development	4
	3.1 Urban Sites of Development – Slum Resettlements, J J Clusters, Authorised and Unauthorised Colonies, Gated Communities and Ghettoization, Key issues: Homeless, Public Health and Sanitation	4
Unit III: Urban Community Development	3.2 Approaches – Urban Growth, Sustainable Development and Participatory Action Plan	4
	3.3 Key Policy/Programme Initiatives - SMART City mission , AMRUT, PMAY (U), PMSAVNidhi, DAY-NULM, SBM, URBAN TRANSPORT, JAL SHAKTI, HRIDAY, JNNURM,NERUDP	3
	4.1 Community profile and mapping	3
Unit IV: RUCD and Social Work	4.2 Need Assessment: Community power structure, Sociogram, SWOC Analysis, Stakeholder Analysis, Problem tree, Digital and Technological Skills for Social Workers	4

Grand

44

SUBJECT NAME

Sub Topics of Units

4

4

4

4

4

4

4

3

4

c. India in Global Happiness Indices

**Grand
Total**

3

39

SUBJECT NAME

**HUMAN GROWTH AND PERSONALITY
DEVELOPMENT (DSC)**

Units

Sub Topics of Units

Unit I: Growth and Development

a. Growth and development: Concepts, Principles, and

Differences

4

b. Developmental tasks, needs and challenges: Prenatal,
infancy and babyhood periods, Early childhood and Late
childhood

4

c. Developmental tasks, needs and challenges:
Adolescence, Adulthood, Old age

4

**Grand
Total**

16

	TEACHER'S LESSON PLAN July 2023 to July, 2024		
Teacher's name	Department	Course	Subjects
Dr. Gyanvati	Social Work	B.A. (H) Social Work	Social Work
SUBJECT NAME		Heath and social work	
UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
	1	Understanding Health	
1	a	Health and Well-Being: Concepts, components, determinants, Indicators of health status	8
	b	Understanding diseases, Community health and Life style diseases: communicable and non-communicable (HIV/AIDS, T.B., Cancer, diabetes,	16
	c	Health scenario of India: Major Government Programmes and Policies	8
	2	Mental Health & Illness	
2	a	Concept, Definitions and components of mental health; Mental health as a positive concept	2
	b	Approaches to mental Illness: Biological, psychological and sociological	2
	c	Concept of abnormal behavior, Psychoactive substance use disorders, Schizophrenia, Mood disorders, Neurotic, Stress related, Somatoform	12
	3	Health Care and Social Work	
3	a	Public Health, Health education, Reproductive and	6
	b	Structure of health care services in India: Primary, Secondary and tertiary level,	3
	c	Roles of social work profession in health settings : Preventive, promotive and rehabilitative approaches	3
	4	Palliative Care and Social Work	
4	a	Concept, meaning, scope, origin and models of	6
	b	Understanding patient and families -distress, coping, adaptation, truth telling, psycho-social care, spiritual care, caregiving burden, Grief and	8
	c	Ethical and legal issues in palliative care- euthanasia, withdrawal of assistive treatment, issues death and	4
	TOTAL		78

	Social Welfare Administration	
	Sub Topics of Units	No. of Lectures
	Sub topics	
1	Introduction to Social Welfare Administration	
a	Concept, nature and components of social welfare ad	6
b	History of social welfare administration	2

c	Principles of social welfare administration	2
2	Structures and Processes	
a	Central and State Social welfare boards, Ministry of W	6
b	Registration of social welfare organizations: Societies	8
c	NGOs and GOs as service providers	6
3	Organization of Human Services	
a	Management of human service organizations	4
b	Decision making processes, Role of Communication in	6
c	Group processes in welfare administration	4
4	Emerging Trends in Welfare Administration	
a	Fund Raising, Resource Mobilization, Grant-in-aid, soc	10
b	Practice of Social Welfare Administration in different	6
c	Social welfare Administration as an instrument of Soc	2
TOTAL		62

	Social Work With Youth	
	Sub Topics of Units	No. of Lectures
	Sub topics	
1	Understanding Youth	
a	Concepts and perspectives of youth	4
b	Socio-demographic variables (like gender, caste, class, locale) influencing youth development and	6
c	Youth empowerment : Needs, Importance and	6
2	Challenges before Youth	
a	Interpersonal concerns and dynamics: Urban and Rural youth,	4
b	Intergenerational challenges faced by youth	2
c	Youth Unrest, Unemployment, skill development, depression & suicidal tendency	8
3	Youth Policies and Programme	
a	National Youth Policy	2
b	Youth Development Programmes: National Cadet Corps (NCC), National Service Scheme(NSS), Nehru Yuva Kendra Sangathan (NYKS)	6
c	Entrepreneurship schemes: Technology, and education for youth development	4
4	Social Work With Youth	
a	National Youth Policy	4
b	Youth Development Programmes: National Cadet Corps (NCC), National Services Scheme (NSS), Nehru Yuva Kendra Sangathan (NYKS)	6
c	Entrepreneurship schemes: Technology and education for youth development	4
TOTAL		56

	Understanding Gender	
	Sub Topics of Units	No. of Lectures
	Sub topics	
1	Gender Mainstreaming	
a	Understanding gender vulnerability and Sexual minority	4
b	Gender mainstreaming	4
c	Case studies: SEWA, Vishakha, Shah Bano, Manorama,	6
2	Policy and Programmes	
a	Constitution and legislative safeguards	4
b	National Policy and programmes	4
c	Institutional mechanisms: National and State Commissions, Rashtriya Mahila Kosh, Crime Against	6
TOTAL		28

	Working with People	
	Sub Topics of Units	No. of Lectures
	Sub topics	
1	Documentation in field Work	
a	Case Records	4
b	Group Work Records	4
c	Community Profile	4
	Total	12

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TEACHER'S LESSON PLAN FOR YEAR 2023-24

DR. MANISHA PAL

Department	Course	Subjects
Social Work	B.A. (Hons.) Social Work	Social Work

Fundamentals of Social Work

Sub Topics of Units		No. of Lectures
	sub topics	
a	Concept, definitions , scope and goals of social work Related concepts: Social welfare, Social development, Social service and Social reform	5
b		6
c	Social Justice and Human Rights	6
a	Principal and Values of Social Work	5
b	Code of Ethics in social work	6
c	Skills and Role of Professional Social Work	5
a	Development of professional social work in UK & USA	6
b	Development of professional social work in Asia, Australia & Africa	7
c	Development of professional social work in India	3
a	Social Work practice in field	2
b	Project work in field setting	2
c	Case studies in field work setting	3
TOTAL		56

Working with People (2336000001)

Sub Topics of Units		No. of Lectures
	sub topics	
a	Understanding personal self and professional self	3
b	Professional Ethics	2
c	Goal setting and time managment	2
a	Prepration of field work learning plans and strategies	2
b	Rapport building, initiating dialouges and sustaining communication	4
c	Thematic learning modules for targeted populations	2
a	Project work: SWOT Analysis, Johari Window	3
b	Project work: Mobilising community support	2
c	Project work: Understanding self	2
a	Case records	2

b	Community Profile	4
c	Group work records	2
		30

Indian Constitution and Social Justice

Sub Topics of Units		No. of Lectures
	sub topics	
a	Basic Framework of the constitution: Preamble, fundamental rights, fundamental duties and directive principles of state policy	5
b	Indian Legal System: Relevant sections for women and children from Indian Penal Code (IPC)	5
c	Role of Juvenile Justice Board, Child welfare committees and special women cell	5
a	Social Justice: Concepts, philosophy, features and forms	5
b	Manifestations of social injustice in the Indian context: Exclusion, oppression and marginalization	5
c	Social justice as a core value and principle of social work profession	5
a	Instruments of social justice: positive and protective discrimination, legal and public advocacy, public interest litigation (PIL), Legal Literacy and Right to Information (RTI)	5
b	Statutory bodies for justice: National and state commissions for women, minorities, scheduled castes, scheduled tribes and human rights	5
c	Role of professional social workers and mass media in promoting social justice	5
a	Application of instruments of social justice: Legal literacy/free legal aid RTI/PIL	15
b	Approaches of intervention: Children, women, elderly, persons with disability	15
		75

TEACHER'S LESSON PLAN 2023- 24

Teacher's name	Department	Course	Subjects
Dr. Sunita Bahmani	Social Work	B.A. (H) Social Work	Social Work

SUBJECT NAME **Working with Individuals**

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
1	a	Concept of social casework: meaning, evolution, nature and objectives	4
	b	Principles of social case work	4
	c	Components of social case work: person, problem, place and process	4
2	a	Human needs and problems faced by individuals and families	3
	b	Factors impacting personality development of individuals	2
	c	Concept of social role and reasons for poor role performance	3
3	a	Client-worker relationship and use of authority	2
	b	Case work tools: listening, observation, interview and home visits	4
	c	Skills of case work: communication, resource mobilization, rapport building and case work recording	3
4	a	Approaches to Case Work: psycho-social, problem solving and task-centered	4
	b	Phases of case work process: study, assessment, intervention, termination and evaluation	4
	c	Case work practice in different settings: family, hospital and mental health	4
TOTAL			41

SUBJECT NAME **Working with Communities**

UNITS	Sub Topics of Units		No. of Lectures
		sub topics	
1	a	Concept of community: Meaning and definitions	4
	b	Types of community	4
	c	Functions of community	2
2	a	Concept of community organization: Nature, evolution and characteristics	6

3	b	Principles of community organization	3
		People's participation of community organization	3
	c		
3	a	Steps of community organization	4
		Models: Locality Development, Social Planning and Social Action	3
	b		
4		Approaches: Welfarist, Social Development and Empowerment	3
	c		
	a	Community development: Concept, aims & objectives and basic elements	4
		Community organization and community development	3
	b		
	c	Role of community organizer	2
TOTAL			41

Academic Session- 2023-24

Teacher's name		Department	Course
Seema Rani		Social Work	B.A.(H) Social Work

Semester-V

SUBJECT NAME	Social Action & Movements	Sub Topics of Units	No. of Lectures
UNITS			
	Understanding		
1	Social Action	a) Social action: Concept and meaning	2
		b) Models and strategies of social action.	6
		c) Social action and socialchange	4
	Social Work and		
2	Social Action	a) History of radical social work practice	4
		b) Anti Oppressive Social Work practice	4
		c) Structural and Critical Social Work Social Work practice.	6
	Approaches of		
3	Social Action	a) Concept of conscientisation and critical awareness	5
		b) Paulo Friere contribution to Social Action	4
		c)Saul Alinsky's contribution to Social Action	4
4	Social Movements	a) Social Movements: Concept, nature and components	4
		b) Classification of Social Movements: Peasant, Women, Dalit, Tribal and environmental movements in India.	6
		c) Understanding Social Movements with Indian perspective	6
		Total	55

Academic Session- 2023-24

Teacher's name		Department	Course
Seema Rani		Social Work	B.A.(H) Social Work

Semester-VI

SUBJECT NAME	Social Work with Families and Children	Sub Topics of Units	No. of Lectures
UNITS			

Understanding dynamics of family 1 system	a) Family: concept, definitions, structures, functions and contemporary concerns b) Marriage: concept, relevance, structures and functions c) Family in problem: types, causes and consequences, Families in vulnerable situations (poverty, disaster, communal violence)	6 3 6
Social work response with 2 Families	a) Family counseling and family therapy b) Skills and techniques of working with families c) Family enrichment programmes	6 3 5
Child Development: Issues and 3 Challenges	a) Child development: concept and Demographic state of children in India: health, education, protection b) Early childhood care and development, Child rearing practices and implications c) Child Rights, Constitutional provisions, Policies and legislations for child well being	4 3 5
Children in difficult situation: policy and social work 4 response	a) Children in difficult circumstances: disability, poverty, migration, orphaned, trafficked, in prostitution, abuse b) Legislations and programmes for child protection c) Social work response to children in need of care and protection, Child counseling, therapy, skills and techniques in working with children	6 3 6
	Total	56