

Annual report - Food Technology

(2024-2025)

- 1) Department of Food Technology had organized an orientation session on 9th September 2024 for Semester 1 students to brief them about the course and laboratory facilities.
- 2) The World Food Day-24 Celebration was held on **14th November 2024** at **Aditi Auditorium**, organized by the **Department of Food Technology** in collaboration with the **Nutrition Society of India, Delhi chapter**. The event aimed to promote awareness about **food security, nutrition, and food safety**, and was attended by around **50 students and faculty members**. The celebration began with a **traditional Saraswati Vandana and lamp lighting ceremony**, followed by a **Ganesh Vandana** performed by first-year students. The **Principal** delivered an opening address on the significance of food security and sustainable practices. The **keynote speaker, Prof. Rajni Chopra**, shared insights on **used cooking oil safety** and global food challenges.

Highlights of the event included:

A **skit** titled "*Adrishya Khatron Ka Swad*" on food safety by first-year students.
A **poem narration** by a third-year student focused on food and nutrition.
Poster competition results announcement by the NHE Department, recognizing students for creative expression on food-related issues.

The event concluded with a **vote of thanks**, appreciating the contributions of all participants and organizers. Overall, the event was a **successful, engaging, and informative** celebration that reinforced the importance of healthy eating and food safety.

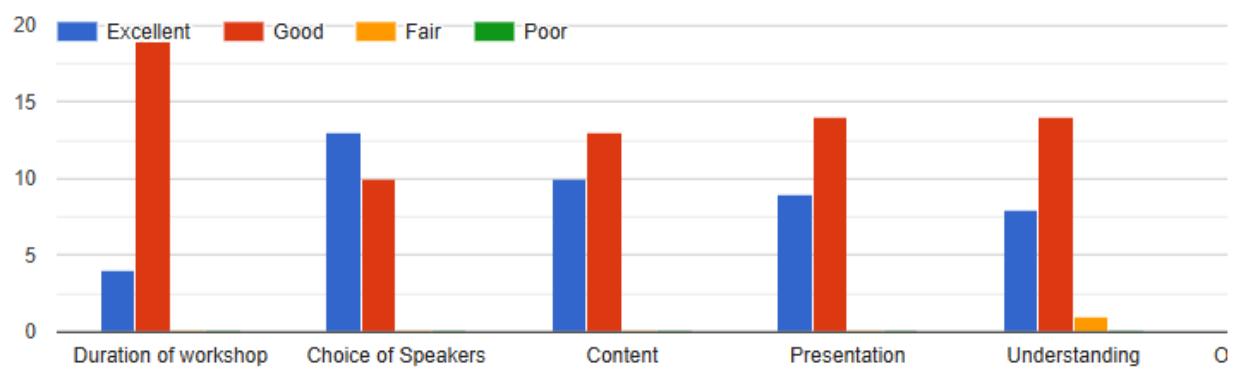
FEW GLIMPSES







FEEDBACK FOR THE SEMINAR



LIST OF FACULTIES AND STUDENTS PARTICIPATED IN WORLD FOOD DAY
EVENT-24 HELD ON 14 NOVEMBER 2024

S.No	Name of the Faculty and Staff
1	Prof. Dr.Upasna Seth
2	Prof.Poonam Lakra
3	Prof.Dr.Reema Lamba
4	Ms.Neerja Nagpal
5	Dr.Lakshmi Bhatia
6	Ms.Vandana
7	Ms.Shashi
8	Dr.Pukhraj Meena
9	Ms.Pawan
10	Ms.Sudesh

S.No	College Roll No	Name of the Student
1	2201131	Khushboo
2	2201271	Riya Ojha
3	2201168	Anjali
4	2201300	Anushka
5	2401121	Diya Chahbra
6	2401216	Athithya AP
7	2401064	Mishti
8	2401045	Rashi
9	2401137	Parul chauhan
10	2401142	Annu
11	2401147	Ranjana
12	2401206	Jhanvi
13	2401062	Prachi
14	2401035	Gauri Joshi
15	2401201	Srishti Ghosh
16	2401266	Madhvi

17	2401137	Priyal Yadav
18	2401402	kanishka
19	2401384	Anshika
20	2401415	Elisha
21	2401315	Laiba
22	2301603	Aasma Yadav
23	2301333	Alishba Ahmad
24	2301600	Diya Limbu
25	2301604	Gauri Singh
26	2301670	Juhi Kumari
27	2301595	Kavita Yadav
28	2301392	Komal Singh
29	2301512	Poonam Rao
30	2301182	Sakshi
31	2301527	Samridhi Gupta
32	2301058	Shalini Gautam
33	2301718	Shikha Pandey
34	2301639	Sneha Yadav
35	2301498	Sonika Kumari
36	2201040	Bejorn
37	2201131	Khushboo
38	2201186	Diksha Maan
39	2201168	Anjali Kumari
40	2201161	Isha Shrivastva
41	2201232	Shruti Singh
42	2201252	Riya Bajaj
43	2201249	Shruti Mukhrjee

44	2201271	Riya Ojha
45	2201273	Varsha
46	2201280	Sneha Gupta
47	2201300	Anushka Sриja
48	2201353	Kanjika Kumari
49		Sneha khan
50		Anchal yadav
51		saniya sharma
52		Khyati
53		Sadhana Singh
54		Nishigandha Mudgal
55		Kaavya Bansal
56		Sheshadri
57		Ritika

- 3) **The Philositos Club of the Nutrition and Health Education & Food Technology disciplines, Department of Home Science, Aditi Mahavidyalaya, proudly hosted FOOD FEST-25: "Small Bites" on February 25, 2025, at the college campus.** The event was inaugurated by Prof. Mamta Sharma, Principal of Aditi Mahavidyalaya (University of Delhi), who ceremoniously cut the ribbon, accompanied by Prof. Upasna Seth, Prof. Poonam Lakra, Ms. Shashi Prabha, Ms. Vandana Arya, and the office bearers of the Philositos Club, marking the official commencement of the much-anticipated fest. The heart and soul of the festival were the vibrant and diverse stalls, set up by students from various interdisciplinary departments of the college. A total of 15 stalls showcased an array of mouth-watering food items, including Kanji, Poha Aaloo Tikki, Bhel Puri, Sandwiches, Cakes, Pastries, Pizza, Vada Pav, Drizzled Strawberries, Popcorns, and beverages such as Squashes, Jal Jeera, Mocktails, and Soft Drinks. In addition to the food stalls, the fest also featured Body Paints, Mehndi, and Game stalls, offering an exciting mix of experiences for all attendees. The cultural program began with a soulful rendition of Saraswati Vandana by Ms. Priyal, Executive Head of the Philositos Club. This was followed by a captivating solo semi-classical dance performance by Ms. Shristi Ghosh, Secretary of the Philositos Club. The Regina Crew, the dance society of Aditi Mahavidyalaya, delivered a high-energy group dance performance, leaving the audience

mesmerized. The musical performances by the talented budding singers Mr. Rohit and Mr. Dhanraj Sharma added a magical touch, with their melodious voices creating a captivating ambiance. As the evening progressed, the energy peaked with the entire college dancing to the beats of the DJ, creating an electrifying atmosphere of pure joy and celebration. Certificates of participation were awarded to all stall owners in recognition of their contribution. The Best Food Stall awards were presented to: Kanji and Poha Aaloo Tikki by Nishigandha, a second-year student from the Nutrition and Health Education discipline, and Squashes by Asma and Shikha Pandey, second-year students from the Food Technology discipline. FOOD FEST-25: "Small Bites" was not only a spectacular event but also a remarkable achievement for the department, demonstrating its ability to organize and execute such a large-scale and successful celebration.





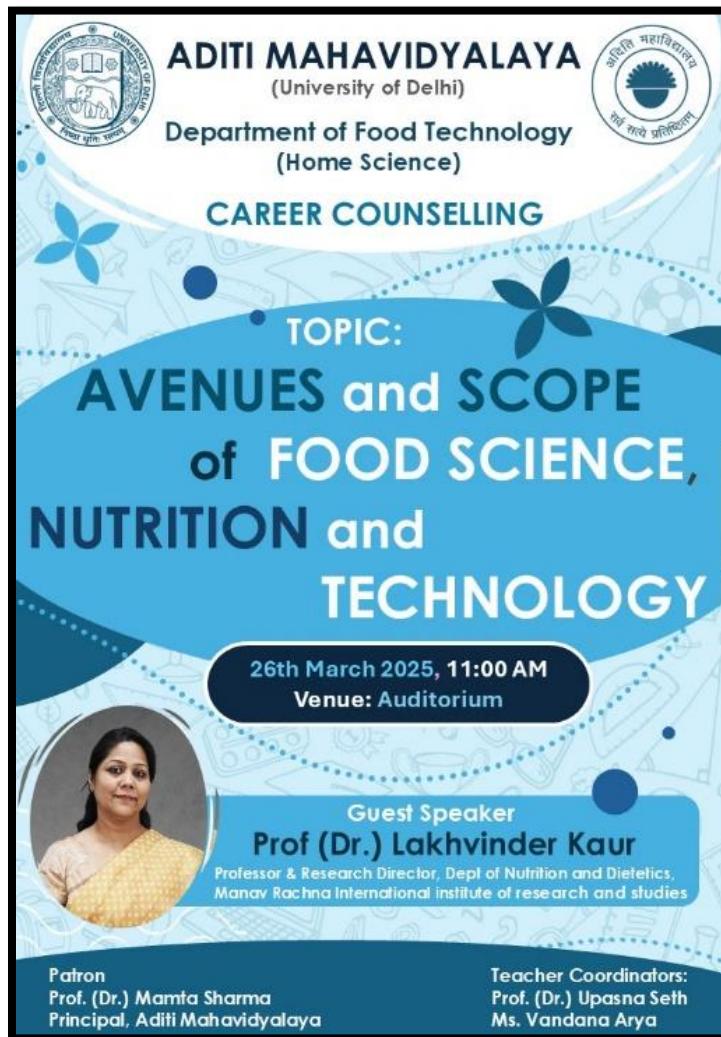
- 4) A Career Counselling Session on Food Technology was held on **26th March 2025** at **11:00 AM** in **Aditi Auditorium** for **44** undergraduate students from the **Home Science (NHE and FT)** streams. The session was led by **Prof. Dr. Lakhwinder Kaur**, Professor and Research Director at the Department of Nutrition and Dietetics, Manav Rachna International Institute of Research and Studies.

The session aimed to:

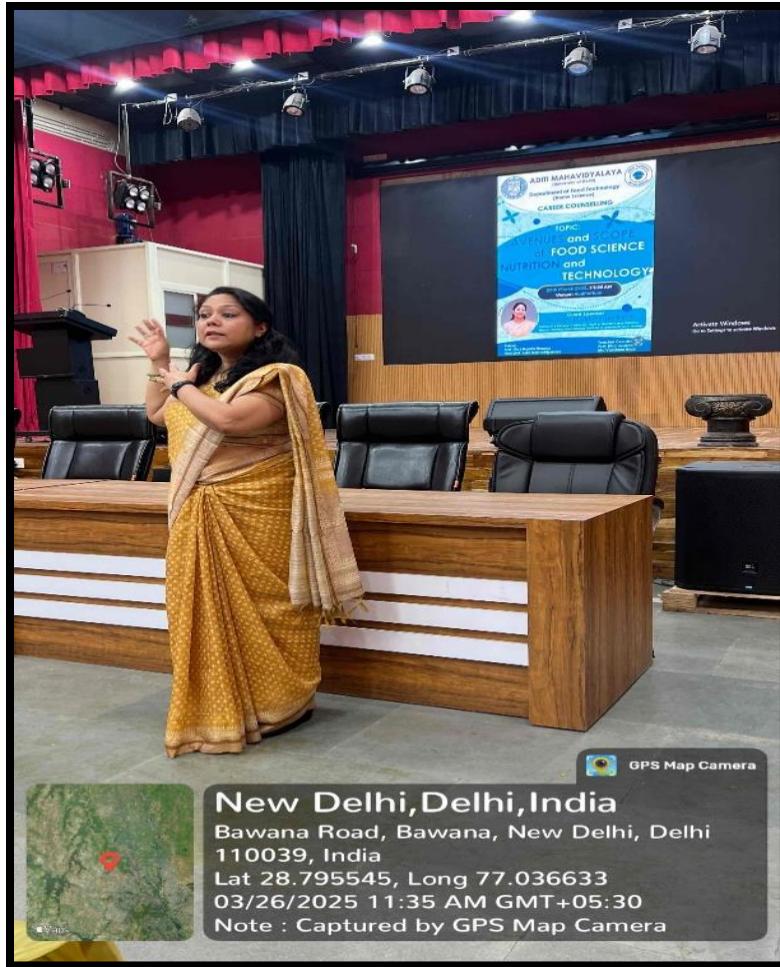
- **Guide students** on academic and career opportunities in **Food Science, Nutrition, and Technology**.
- Highlight **emerging trends, required skills**, and **educational pathways** including bridge courses from BA to M.Sc in Food Technology.

- Emphasize career roles in **food safety, quality control, research and innovation, product development, and processing industries**, both in **national and international markets**.

Prof. Kaur also shared her **personal journey**, inspiring students and offering practical advice on skill development, internships, and further studies. The session concluded with an **interactive Q&A** where students asked about **job prospects** and **research opportunities**. Additionally, **Ms. Misha**, an alumni and budding entrepreneur, shared her perspective on career avenues in Food Science. The event ended with a **vote of thanks** from the department, appreciating the insights shared and the enthusiastic participation of the students. Overall, the session was **informative and motivational**, offering a clear roadmap for students interested in building a career in Food Technology and Nutrition.



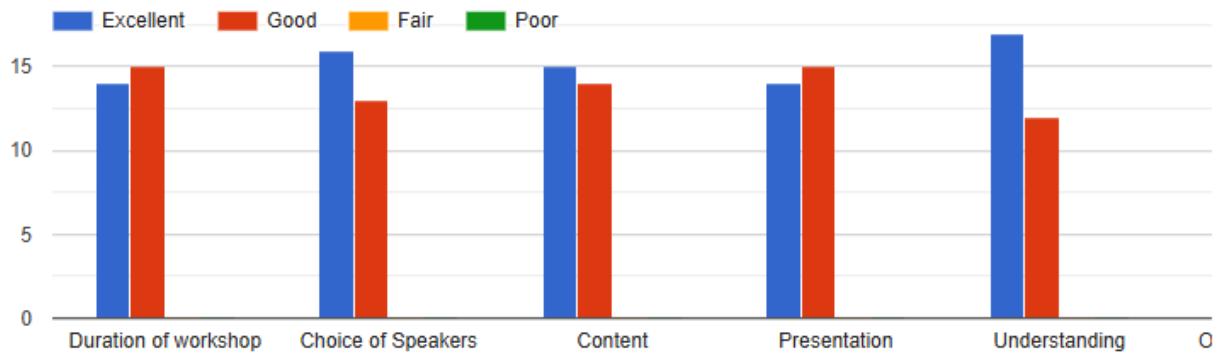




FEEDBACK OF THE SEMINAR

Give the rating for the workshop

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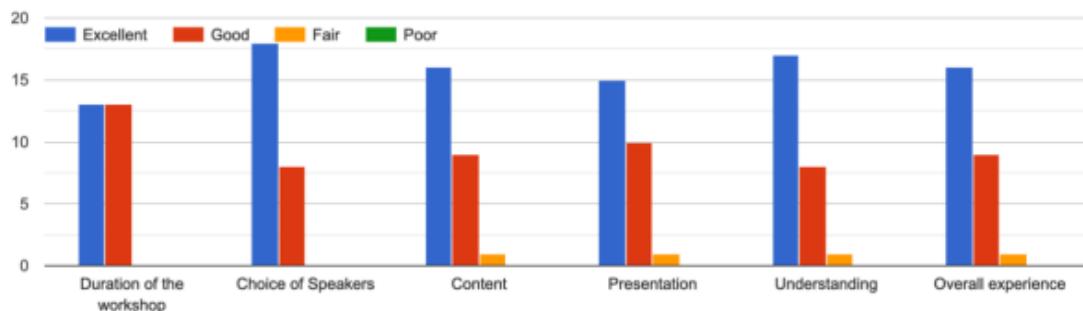
ATTENDANCE SHEET

LIST OF STUDENTS → CAREER COUNSELLING SESSION [26 th March, 2023]			
1. 2401142	Ranjana	Yogita	II nd Sem
2. 2401266	Priyal yadav	Chiyal	II nd Sem
3. 2401035	Shristi Ghosh	Bethi	II nd Sem
4. 2401021	Madhvi	Meethi	II nd Sem
5. 2401384	Anshika Dwivedi	Anjika	II nd Sem
6. 2401062	Gauri Joshi	Gauri	II nd Sem
7. 2301595	Kavita Yadav	Kavita	4 th Sem
8. 2201131	Khushboo	Khushboo	II nd Sem
9. 2301600	Diya Limbu	Diyalima	4 th sem
10. 2301603	Aasma yadav	Aasma	4 th sem
12. 2401064	Misthi	Misti	II nd sem
12. 2301527	Chamundi Gupta	Chamundi	II nd sem
13. 2201353	Kanjika Kumari	Kanjika	III rd Sem
14. 2401206	Poojali	Poojali	II nd sem / 3 rd year
15. 2401147	Jhanvi	Jhanvi	II nd Sem / 1 st year
16. 2301447	Wdyo Singh	Wdyo	II nd sem / 1 st year
17. 2301670	Juli Kumari	Juli	IV th Sem / 2 nd year
18. 2301604	Gauri Singh	Gauri	IV th sem
19. 2301498	Sonika	Sonika	IV th sem
20. 2201168	Angali Kumari	Angali	VI th Sem
21. 2201103	Yashika	Yashika	VI th sem
22. 2201139	Anvesha	Anvesha	VI th sem
23. 2201215	Vandana	Vandana	VI th sem
24. 2201056	Sneha	Sneha	VI th Sem
25. 2301337	Brajendra Jain	Brajendra	IV th Sem
26. 2301569	Riya Dwivedi	Riya	IV th Sem
27. 2301524	Romila Bhondhani	Romila	IV th Sem
28. 2301718	Shikha Pandey	Shikha	IV th Sem
29. 2301058	Sneha	Sneha	III rd Sem
30. 2201063	Muskan Bhagat	Muskan	VI th Sem
31. 2201109	Parul	Parul	VI th Sem
32. 2201068	Manisha Yadav	Manisha	VI th Sem
33. 2201252	Kiya Bajaj	Kiya	VI th Sem
34. Poonam - Rao	2301512	Poonam	IV th Semester
35. Sakshi	2301182	Sakshi	IV th Sem
36. Latika Hussain	2401315	Latika	II nd Semester
37. Jyoti	2201196	Jyoti	VI th Semester
38. Shubhi	2201291	Shubhi	VI th Sem
39. Kajal	2201301	Kajal	VI th Sem
40. Khushi	2201309	Khushi	VI th Sem
41. Bejor	2201040	Bejor	VI th Sem
42. Icomalsingh	2301292	Icomalsingh	IV th Sem
43. Annu	2401137	Annu	5 th Sem
44. Nishantika	2301553	Nishantika	IV th Sem

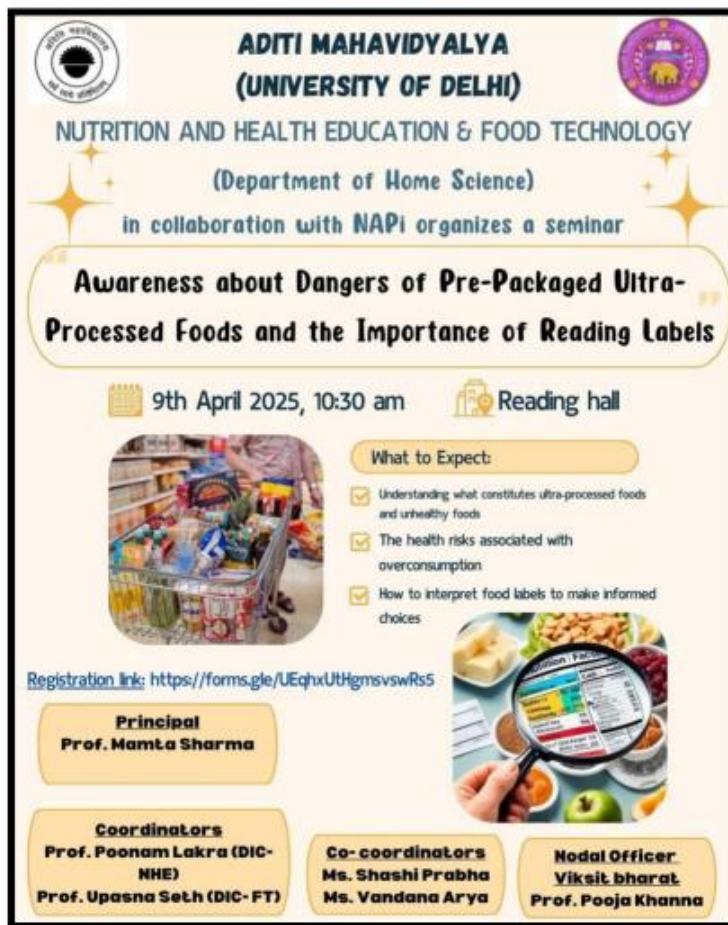
- 5) A workshop titled "Awareness about Dangers of Pre-Packaged Ultra-Processed Foods and the Importance of Reading Labels" was organized under the flagship of Viksit

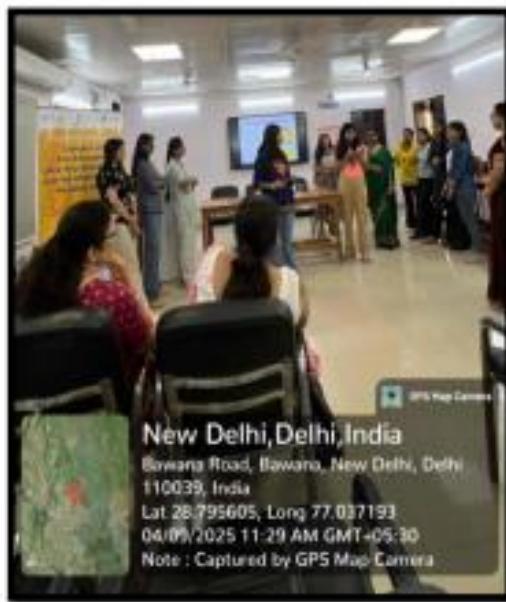
Bharat on 9th April 2025 at 10:30 AM in the Reading Hall of Aditi Mahavidyalaya (University of Delhi). The event was conducted under the joint initiative of the Nutrition and Health Education (NHE) and Food Technology (FT) disciplines, Department of Home Science, in collaboration with NAPi (Network for Advocacy in Public interest). The aim of the workshop was to raise awareness among students and faculty about the growing consumption of ultra-processed foods and the potential health hazards associated with them. Emphasis was laid on educating attendees about how to identify ultra-processed and unhealthy foods and the significance of reading nutrition labels before purchasing food items. The total participants registered for the workshop were 61, however 48 attended. Their participation was enthusiastic and instrumental in promoting nutritional literacy, especially in the context of growing concerns over lifestyle-related health issues. The collaborative efforts of the faculty and students contributed to the success of this educational initiative. Key Takeaways: - Understanding the composition and identification of ultra-processed foods. - Learning about the health risks posed by excessive consumption of such foods. - Gaining practical knowledge on how to read and interpret food labels to make informed dietary choices. The organizing team included: - Principal: Prof. Mamta Sharma - Coordinators: Prof. Poonam Lakra (DIC-NHE) and Prof. Upasna Seth (DIC-FT) - Co-Coordinators: Ms. Shashi Prabha and Ms. Vandana Arya - Nodal Officer (Viksit Bharat): Prof. Pooja Khanna Feedback of the participants were recorded after the session through google form and the analysed responses are as follows

Give the rating for the workshop:



Few glimpses of the workshop







ATTENDANCE SHEET

College Name: Dept. of Home Science NHE-Aditi Mahavidyalaya, (University of Delhi) Address: Delhi Auchandi Road, Bawana, Delhi-110039	Date: 9/4/2025
	Signature of the Teaching Supervisor:

S.no	Student Name	Grade	Signature
1.	Riya Bafaj	3 rd Year	Riya
2.	Khushboo	3 rd Year	Khushboo
3.	Anuska Bhuja	3 rd year	Anuska Bhuja
4.	Vanshika	3 rd year	Vanshika
5.	Shanti Singh	3 rd Year	Shanti
6.	Bejor Maziya Bawar	3 rd year	Bejor Maziya Bawar
7.	Khushi Tiwari	3 rd year	Khushi Tiwari
8.	Shubhi Kaurik	3 rd year	Shubhi Kaurik
9.	Vanshika	3 rd year	Vanshika
10.	Shikha Yadav	3 rd year	Shikha Yadav
11.	Riya Ojha	3 rd year	Riya Ojha
12.	Sneha	2 nd year	Sneha
13.	Riya Dwivedi	2 nd year	Riya
14.	Sonika Kumari	2 nd year	Sonika
15.	Neelam Gupta	2 nd year	Neelam
16.	Gayatri Jain	2 nd year	Gayatri
17.	Anku	1 st year	Anku

S.no	Student Name	Grade	Signature
18.	Priya Ch	1 st year	Priya
19.	Misti	1 st year	Misti
20.	Romila	2 nd Year	Romila
21.	Gauri Joshi	1 st Year	Gauri Joshi
22.	Sodha Singh	3 rd	Sodha
23.	Khushi Kumari	2 nd	Khushi
24.	Akriti	3 rd	Akriti
25.	Jehi Kumari	2 nd	Jehi
26.	Gauri Singh	2 nd	Gauri
27.	Priyal Yadav	1 st year	Priyal
28.	Kaavya Bansal	1 st year	Kaavya
29.	Ritika	1 st year	Ritika
30.	Chanchi	1 st year	Chanchi
31.	Ranjana	1 st year	Ranjana
32.	Shristi Ghosh	1 st year	Shristi
33.	Nivedita Mahara	3 rd year	Nivedita
34.	Shanti Mukherjee	3 rd year	Shanti
35.	Anisha Gang	2 nd year	Anisha
36.	Aarne Yadav	2 nd Year	Aarne
37.	Sakshi	2 nd year	Sakshi
38.	Poonam Rao	2 nd year	Poonam
39.	Diya Linton	2 nd year	Diya Linton

S.no	Student Name	Grade	Signature
40.	Bernaditi Gupta	III rd year	Bernaditi
41.	Kanjika Kumari	III rd year	Kanjika
42.	Mamta Kumarani	III rd year	Mamta
43.	Priyadi Tiwari	II nd year	Priyadi
44.	Neelamanda Mudgal	II nd year	Neelamanda
45.	Shanti Mukherjee	III rd year	Shanti
46.	Sheshadri	II nd Sem	Sheshadri
47.	Ishani	II nd Sem	Ishani
48.	Parul	III rd Sem	Parul
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LIST OF ATTENDEES