

*“Speak up if  
you want to  
bring change  
to the world.”*



**EXCURSION TRIP**  
LODHI GARDEN



**STREET PLAY  
WORKSHOP**



**RURAL CAMP**  
NAINITAL

## DEPARTMENT OF SOCIAL WORK ADITI MAHAVIDYALAYA UNIVERSITY OF DELHI



### Department of Social Work at Aditi Mahavidyalaya

Our department offers a dynamic and comprehensive B.A. Honours program in Social Work. With a total faculty of nine dedicated professionals, we provide students with an enriching academic experience rooted in theory, practice, and community engagement. Our curriculum is designed to equip students with the knowledge, skills, and values necessary to address contemporary social issues and contribute meaningfully to the well-being of individuals, families, and communities.

The program is dedicated to fostering a diverse learning environment where respect for the dignity of all individuals and understanding of diverse conditions are prioritized.

Through a combination of rigorous theory, fieldwork placements, and experiential learning opportunities, we prepare our students to become competent and compassionate social work professionals.

## Orientation Programme

The Department of Social Work at Aditi Mahavidyalaya organized an Orientation Programme spanning from August 16th to August 18th, 2023. On the inaugural day, faculty welcomed first, second, and third-year BSW students with warmth, setting the tone for an enriching experience. The sessions on day one covered crucial aspects such as course objectives, community practice, report writing, working with diverse groups, organizational visit protocols, and time management, delivered by esteemed faculty members and experts in the field. Moving forward to the second day, students embarked on an institutional visit to Children, Bawana, an NGO, gaining practical insights into social work challenges. The day continued with discussions on the global agenda for social work in 2030, narratives of empowerment, cross-cultural competencies, and problem-solving techniques. An interactive feedback session allowed students to reflect on their field experiences, fostering a deeper understanding of real-world applications. On the final day, a panel discussion on 'Inclusive Development in India' brought together esteemed resource persons, including Prof. Archana Kaushik from the University of Delhi and Mrs. Rita Panicker Pinto from Butterflies NGO. Coordinated by Dr. Aneesh T.V. and guided by Dr. Seema Rani, the session, moderated by Prof. Sunita Bahmani, delved into the challenges and achievements in fostering inclusive growth in India, drawing from the rich experiences of the panelists. The Orientation Programme proved to be highly successful, equipping students with a comprehensive understanding of social work's intricacies. From theoretical foundations to hands-on experiences, the programme ensured that students are well-prepared for the multifaceted journey ahead in the realm of social work.

### Orientation Programme



By familiarizing students with campus facilities, support services, and extracurricular opportunities, orientations empower them to navigate their college journey more confidently. Additionally, they foster a sense of belonging and connection to the institution, promoting student retention and academic success.





## Panel discussion on 'Inclusive Development in India'

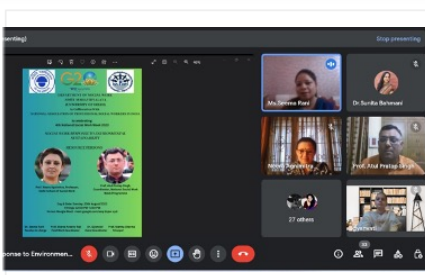
The concept of 'Inclusive Development' is one of the major themes of 'Panch Pran' announced by the Hon'ble Prime Minister Shri Narendra Modi. The Department of Social Work organised a panel discussion on 'Inclusive Development in India' on August 18, 2023, as part of the closing ceremony of the Azadi Ka Amrit Mahotsav celebration

Dr. Seema Rani delivered the welcome speech as well as the keynote address. The principal, Prof. Mamata Sharma, delivered the inaugural speech. Dr. Manisha Wadha, Azadi Ka Amrit Mahotsav's Nodal Officer, attended the occasion and delivered a speech. Prof. Sunita Bahmani, Professor of Social Work at Aditi Mahavidyalaya, introduced distinguished panellists and moderated panel discussions.

The panel discussion highlighted distinctive interventions by civil society organisations in the areas of elderly people and children to ensure inclusive development.

One of the resource persons was Prof. Archana Kaushik, a professor of social work at the University of Delhi. Professor Kaushik has made significant contributions to gerontological social work. She discussed the demographic transition and the importance of older people's values and experiences in the development of nations. She also emphasised the country's growing elderly population and the role of youth in protecting and collaborating with elders for inclusive development in India. Rita Panicker is the founder and director of Butterflies, a non-governmental organisation in New Delhi. Mrs. Rita shared the experience of the NGO Butterflies, which implemented various measures to combat poverty during COVID. She discusses the importance of economic freedom and financial independence for street-connected children in terms of an inclusive development approach. She presented several case studies involving the NGO Butterflies' money-saving programmes for street-connected children. Students had the opportunity to learn about various case studies of non-governmental organisations (NGOs) working with the elderly and children in the development field.





## Online session on 'Social Work Response to Environmental Sustainability'

The Department of Social Work, in collaboration with the National Association of Professional Social Workers in India (NAPSWI), organized an online session on 'Social Work Response to Environmental Sustainability' on 20<sup>th</sup> August 2023. Prof. Mamta Sharma (Principal, Aditi Mahavidyalaya) inaugurated the session. Dr. Seema Rani (Teacher In-Charge), Department of Social Work, welcomed Prof. Neera Agnimitra (Resource Person), Department of Social Work, University of Delhi, and Prof. Atul Pratab Singh (Coordinator, National Social Work Week Programme). Prof. Sunita Bahmani presented the keynote address of the session. Prof. Atul Pratab Singh highlighted the concept and history of sustainable development and mentioned various strategies related to environmental sustainability. Prof. Neera Agnimitra stressed the significance of the role of the social work profession in environmental sustainability and emphasized environmental justice and injustice.

## Excursion Trip

The Department of Social Work organized its annual excursion trip for B.A. (H) Social Work students at Lodhi Garden, New Delhi, on October 10, 2023, Tuesday. Accompanied by faculty members, students engaged in various activities and games within the garden's premises. They had free time to explore, sketch, photograph, or simply unwind amidst the serene surroundings. Discussions on the historical significance of the place were observed, alongside playful interactions in the expansive green spaces. A communal lunch provided an opportunity for students and faculty to enjoy homemade dishes together. The day concluded with a feedback session where students shared their experiences, insights, and suggestions for future excursions. This excursion once again underscored the department's dedication to providing holistic educational experiences, fostering camaraderie, relaxation, and thoughtful reflection among its students.





## Session on the Health Benefits of Millets

The Department of Social Work, in collaboration with the Social Work Department of Dr. B. R. Ambedkar College, University of Delhi, organized a session on the Health Benefits of Millets at Aditi Mahavidyalaya on 5<sup>th</sup> December 2023, as part of the ICSSR BRCA Health Benefits of Millets project. Ms. Bidisha Borgohain, a Research Associate, delivered insights into the concept, types, and advantages of consuming millets to 120 students from various disciplines. The session provided valuable information, enhancing the understanding of the attendees regarding the health benefits associated with millets.



## Session on Mobile Kitchen for Cooking Millets Recipes

The Department of Social Work, in collaboration with the Social Work Department of Dr. B. R. Ambedkar College, University of Delhi, organized a session on Mobile Kitchen for Cooking Millets Recipes at Aditi Mahavidyalaya on 15<sup>th</sup> December 2023, as part of the ICSSR BRCA Health Benefits of Millets project. The session, attended by Dr. Tushti Bhardwaj (Project Coordinator and Project Director), Ms. Bidisha Borgohain (Research Associate), Mr. Deepak (Research Assistant), Ms. Shalu (Field Investigator), and Ms. Nandini

(Volunteer), provided hands-on learning opportunities to twenty students on various millet recipes and cooking techniques. The session was highly engaging and allowed participants to gain practical experience in millet-based cooking.



## PEARL MEMORIAL

The Pearl Memorial Poster Making Competition, in fond memory of Pearl Gupta, was organized by Ekta Society, Department of Social Work on 23<sup>rd</sup> January 2024. The theme of the poster-making was “Building Bridges: The Power of Unity”. The winners of the competition were: First place - Ms. Ipsita Dutta, B.A. (H) Social Work, Third year; Second place - Ms. Madhu Mourya, B.A. (H) Social Work, Third year; Third place - Ms. Premlata, B.A (H) Geography.



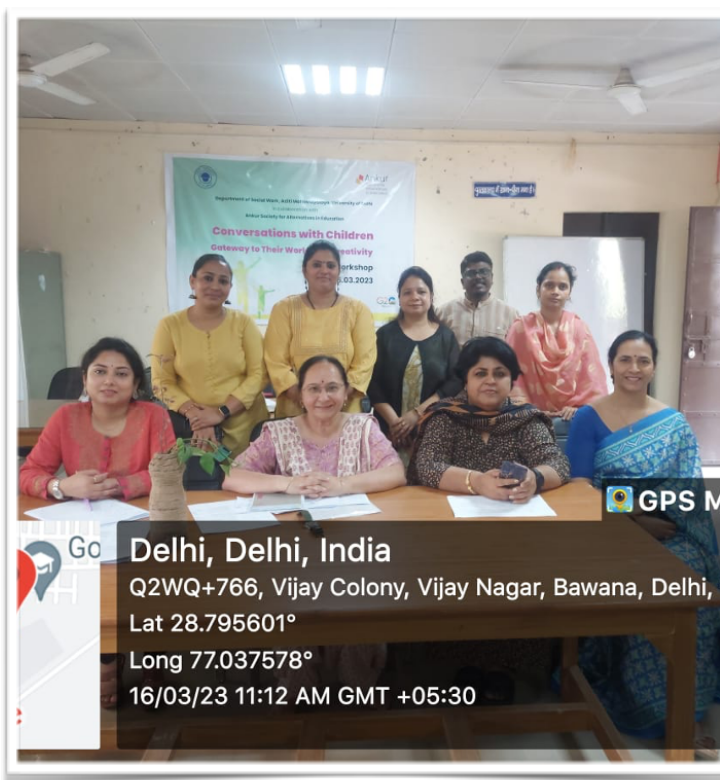


## Participation in the National Workshop on Health Benefits of Millets

Fifteen students of Social Work, along with two faculty members (Prof. Beena Antony Reji & Dr. Gyanvati), attended and participated in the National Workshop on Health Benefits of Millets and National Seminar on 19th February 2024, at the Social Work Department, Dr. B. R. Ambedkar College, University of Delhi, in collaboration with the implementation of the ICSSR BRCA Health Benefits of Millets project. Five students participated in the Rangoli making competition, poster making competition, and millet cooking competition. Ms. Sneha Jha, a second-year Social Work student, secured the second position in the poster exhibition competition on the same day.

## Workshop on Introduction to Palliative Care

The Department of Social Work, Aditi Mahavidyalaya, University of Delhi, in collaboration with CanSupport organization, organized a one-day Workshop on Introduction to Palliative Care on 5<sup>th</sup> March 2024 in the reading hall. Prof. Mamta Sharma (Principal, Aditi Mahavidyalaya) inaugurated the workshop. Dr. Seema Rani (Teacher In-Charge), Department of Social Work, welcomed Dr. Ishita Gandhi (Director, Palliative Medicine at CanSupport) and Ms. Anamika Pandey (Director Psycho-Social Counselling at CanSupport). Dr. Aneesh T.V. (faculty, Department of Social Work) presented the concept note of the workshop. Both resource persons highlighted the concept of palliative care, the need for home-based palliative care, communication in palliative care, and the challenges of home-based care. Students asked many questions on these topics.



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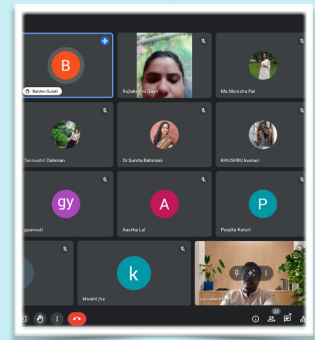


## Career Guidance Session

Career Guidance session was organized on 21<sup>st</sup> March 2024. The objective was to explore and familiarize students with various academic aspects of different universities. Prof. Beena Antony Reji (Field Work Coordinator) welcomed both the resource persons. Mr. Ram Chauhan introduced himself and his prominent organization named Silver Line Foundation. He provided information about many projects run by the organization. Mr. Akhand from ISRD, who is also an advocate, works for TI and mainly focuses on HIV/AIDS & Drug users. Thirty-three students attended and participated in the session.

## Webinar on “Accessing Universities for Social Work as a Career: An Awareness Session”

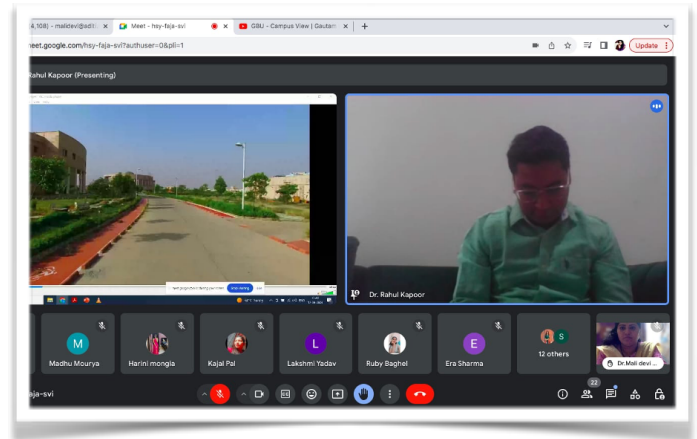
The Department of Social Work successfully hosted a webinar titled "Accessing Universities for Social Work as a Career: An Awareness Session" on Wednesday, April 17th, 2024. Coordinated by Dr. Mali Devi Sawariya, this webinar aimed to provide valuable insights for students interested in pursuing social work as a career path. The session was inaugurated by Prof. Beena Antony Reji and was further highlighted by the presence of Dr. Rakesh Choudhary. Dr. Rahul Kapoor, Assistant Professor at Gautama Buddha University, Noida, served as the



## Webinar on “Scope of social Work”

The Department of Social Work organized a webinar on the "Scope of Social Work" on March 23rd, 2024. Dr. Kirti Arya, Medical Social Welfare Officer at AIIMS, New Delhi, served as the resource person for the webinar. Dr. Arya provided insights into the nature and scope of medical and psychiatric social work in India, drawing from her extensive experience at AIIMS, particularly during the pandemic. The session proved enlightening for students, introducing them to emerging areas within the field of social work and highlighting the crucial role it plays in various sectors of society.

resource person. His expertise and guidance focused on the nuances of accessing universities for further studies in social work. Targeted specifically at second and third-year students pursuing B.A. (H) in Social Work, the webinar served as a vital platform for students to gain insights into university admissions and career prospects in the field. Through collaborative efforts and insightful discussions, the webinar significantly enhanced awareness and empowered students to make informed decisions about their academic and professional futures.



## Rural Camp at Sattal, Nainital

During the academic year 2023-2024, the rural camp was organized at the Young Men's Christian Association (YMCA), Campsite, Sattal, Uttarakhand from 1st April to 4th April 2024. YMCA is a non-governmental federation, with each independent local YMCA affiliated

with its national organization. Students visited Kotani and Mehra villages and conducted various Participatory Rural Appraisal (PRA) techniques such as Transect walks, social and resource mapping, daily routine, seasonal diagrams, and timelines. Dr. Seema Rani, Teacher in Charge (TIC), Dr. Mali Devi Sawariya, Dr. Aneesh T.V., and Dr. Rakesh Choudhary accompanied students to the village for PRA. Students conducted presentations based on PRA conducted in villages.

