

## SPORTS CERTIFICATE 2022-2023

SwatiSaini

First position in All India open dead lift and bench-press Championship2022held at Muradnagar on 7<sup>th</sup>April 2022



**Radhika**

The First position in All India open Deadlift and bench press championship 2022 held at Muradnagar on 7<sup>th</sup> April 2022

## **ALL INDIA OPEN DEAD LIFT & BENCH PRESS CHAMPIONSHIP 2022**



This is to certificate Mr/Miss RADHIKA.....

S/o ..... — ..... has secured

Place 1<sup>st</sup> ..... (Deadlift) ..... in the ..... 68 - 76 ..... Kg. weight class

With a total of ..... 105 kg ..... competition held at MURADNAGAR

GHAZIABAD

All India Bench Press & Deadlift  
Championship 2022

**SH. MANSOOR ALI**  
OWNER  
ROYAL GYM MURADNAGAR.

Manju

Third position in Khelo India University Games 2022 held in Bengaluru held from 24<sup>th</sup> April to 3<sup>rd</sup> May 2022



## Palak

First position in 12th national junior and sub-junior para-athletics championships at Gujarat held from 27<sup>th</sup> January to 29<sup>th</sup> January 2023





# FITNESS INDIA CLASSIC

# DEADLIFT AND BENCHPRESS CHAMPIONSHIP

14-15 December, 2023 - Pragati Maidan, New Delhi

Sub-Junior / Junior / Senior (Men), Junior & Senior (Women)

## CERTIFICATE OF MERIT

Certified that Mr./Ms. Nishigandha

participated in 'Fitness India Classic Deadlift AND BENCHPRESS Championship' in Sub-Junior / Junior / Senior (Men), Junior & Senior (Women) Category held at at Pragati Maidan, New Delhi.

Weight Category

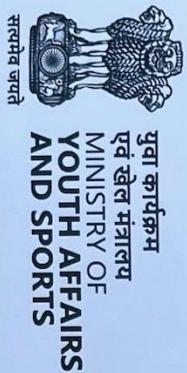
60 kgs.

Lift

75 kgs.

Place

1st



B. Singh

JUDGE

S. Singh

CHIEF JUDGE

S. Singh

REFEREE





# DEADLIFT AND BENCHPRESS CHAMPIONSHIP

14-15 December, 2023 - Pragati Maidan, New Delhi

Sub-Junior / Junior / Senior (Men), Junior & Senior (Women)

## CERTIFICATE OF MERIT

Certified that Mr./Ms. Anoma Sharma

participated in 'Fitness India Classic Deadlift AND BENCHPRESS Championship'

in Sub-Junior / Junior / Senior (Men), Junior & Senior (Women) Category held at

at Pragati Maidan, New Delhi.

Weight Category

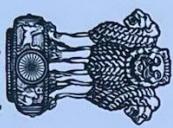
75+ kgs.

Lift

105 kgs.

Place

2nd



Co-Sponsored by:

युवा कार्यक्रम  
एवं खेल मंत्रालय  
MINISTRY OF  
YOUTH AFFAIRS  
AND SPORTS

सलमान जाते

JUDGE

CHIEF JUDGE

REFEREE

